

27.06.2023

the time is now!

B2Run Hannover

Einzelwertung männlich

Wertungen und Altersklassen nach Vorgaben des Veranstalters.

KLASSENWERTUNG

offene Klasse

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|----------------------|------------|---------------|------|------|--------|-------------------------------------|
| 0. | 2833 | Nicolai Riechers | 00:19:49.2 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 1094 | Moritz Marquard | 00:21:43.7 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 52342 | Malte Frerichs | 00:21:54.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1111 | Fabian Nienhaus | 00:22:36.7 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 9762 | Michael Siebert | 00:22:35.7 | offene Klasse | 0 | 0 | GER | Deckelbude |
| 0. | 9759 | Danylo Razagatov | 00:22:37.6 | offene Klasse | 0 | 0 | GER | Deckelbude |
| 0. | 9760 | Jannik Rößler | 00:22:38.9 | offene Klasse | 0 | 0 | GER | Deckelbude |
| 0. | 72 | Mirco Fuhrmann | 00:22:55.7 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 52343 | Jakob Meibeyer | 00:23:05.2 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 5202 | Maximilian Krimm | 00:23:24.4 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 7109 | Jan Gutberlet | 00:23:32.7 | offene Klasse | 0 | 0 | GER | ibk IngenieurConsult GmbH |
| 0. | 4171 | Jan Zawadil | 00:23:47.9 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6533 | Mark Patrick Clemens | 00:23:57.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6190 | Noname | 00:24:00.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 52344 | Niklas Arndt | 00:24:02.2 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 7043 | Tom Marchio | 00:24:07.2 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 1029 | Steffen Graeber | 00:24:14.1 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 2556 | Noname | 00:24:15.7 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 6813 | Maxgeorg Schorr | 00:24:18.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2184 | Malte Hempel | 00:24:19.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 10833 | Janek Nesemeyer | 00:24:21.4 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 6512 | Lars Brauns | 00:24:28.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7528 | Moritz Rüter | 00:24:32.2 | offene Klasse | 0 | 0 | GER | Johanniter - Hannoveraner Teamgeist |
| 0. | 10889 | Tobias Termer | 00:24:33.4 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 4073 | Matthias Scholz | 00:24:35.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11013 | Noname | 00:24:36.6 | offene Klasse | 0 | 0 | GER | VIP |
| 0. | 7274 | Thido Beening | 00:24:47.7 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 8335 | Noname | 00:24:50.2 | offene Klasse | 0 | 0 | GER | Logwin HAJ |
| 0. | 11235 | Noname | 00:24:50.9 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 4584 | Jolan Voßhage | 00:24:51.7 | offene Klasse | 0 | 0 | GER | Dream Chip Runners |
| 0. | 6369 | David Manthey | 00:24:51.7 | offene Klasse | 0 | 0 | GER | Hannoversche Werkstätten gem. GmbH |
| 0. | 10037 | Tobias Riedel | 00:24:54.8 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 9598 | Martin Simon | 00:24:55.7 | offene Klasse | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 6115 | Noname | 00:24:59.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 8834 | Mario Hammann | 00:25:00.8 | offene Klasse | 0 | 0 | GER | Neptune Energy |
| 0. | 169 | Justus Maschmeier | 00:25:00.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 52320 | Weijia Wu | 00:25:02.3 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 4476 | Johns Böhm | 00:25:05.2 | offene Klasse | 0 | 0 | GER | Weber Massivhaus |

| | | | | | | | | |
|----|-------|----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 7061 | Sebastian Waschk | 00:25:07.1 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 8341 | Julius Bode | 00:25:09.1 | offene Klasse | 0 | 0 | GER | Lorenzbau |
| 0. | 6175 | Noname | 00:25:09.5 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 8794 | Kristian Alb | 00:25:19.3 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 11402 | Yorck Hedickeclaus | 00:25:20.9 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 8135 | Janlukas Thielmann | 00:25:21.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 10671 | Thu Phong Trong | 00:25:31.4 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 7132 | Sven Friebe | 00:25:32.3 | offene Klasse | 0 | 0 | GER | IFW - B5 What Else? |
| 0. | 9605 | Julian Kallen | 00:25:32.7 | offene Klasse | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 64 | Yannic Foltyn | 00:25:36.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10044 | Noname | 00:25:39.4 | offene Klasse | 0 | 0 | GER | SportScheck Pacemaker |
| 0. | 5192 | Jean Guiheneuf | 00:25:40.4 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 9753 | Cedric Zink | 00:25:40.7 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 3633 | Eike Wulf | 00:25:40.9 | offene Klasse | 0 | 0 | GER | Creditreform Hannover-Celle |
| 0. | 8865 | Saša Dimitrijević | 00:25:41.6 | offene Klasse | 0 | 0 | GER | NLWKN |
| 0. | 7530 | Dennis Wedekin | 00:25:42.7 | offene Klasse | 0 | 0 | GER | Johanniter - Hannoveraner Teamgeist |
| 0. | 8900 | Daniel Breiter | 00:25:44.9 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 10707 | Louis Wilhelm | 00:25:49.2 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 9471 | Rickard Glöckner | 00:25:49.6 | offene Klasse | 0 | 0 | GER | Sappi Hannover |
| 0. | 948 | Marvin Stryga | 00:25:50.2 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 5439 | Nils Haug | 00:25:50.4 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 6925 | Helge Mensching | 00:25:50.9 | offene Klasse | 0 | 0 | GER | Die Heinzis |
| 0. | 9815 | Boja Hasani | 00:25:51.0 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 4065 | Raphael Schmidt | 00:25:53.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1829 | Robin Syring | 00:25:54.2 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1279 | Udo Merten | 00:25:57.6 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 1965 | Ilas Kraftschik | 00:26:03.7 | offene Klasse | 0 | 0 | GER | STRABAG AG |
| 0. | 10134 | Marvin Spengler | 00:26:03.8 | offene Klasse | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 7120 | Tobias Ullmann | 00:26:05.6 | offene Klasse | 0 | 0 | GER | IC-L Ingenieur Consulting Langenh. |
| 0. | 52316 | Paul Reiche | 00:26:06.3 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 52329 | Gregor Tassilo Veith | 00:26:06.6 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 9042 | Sebastian Wolters | 00:26:06.9 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 8709 | Moritz Taglieber | 00:26:07.5 | offene Klasse | 0 | 0 | GER | Mobil ISC |
| 0. | 1955 | Christopher Härtwig | 00:26:08.1 | offene Klasse | 0 | 0 | GER | SOLI Infratechnik GmbH |
| 0. | 52321 | Piet Dyroy | 00:26:08.9 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 3845 | Rouven Formella | 00:26:10.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11091 | Markus Tietje | 00:26:10.7 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 7294 | Dirk Schaake | 00:26:12.0 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 4878 | Hendrik Priemer | 00:26:15.3 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 11201 | Simon Monteverdig | 00:26:20.7 | offene Klasse | 0 | 0 | GER | Warburg Invest AG |
| 0. | 2072 | Jannik Menke | 00:26:22.5 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8090 | Sven Markwica | 00:26:23.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9246 | Benedict Thomassek | 00:26:24.2 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 5892 | Noname | 00:26:24.3 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3407 | Ioannis Amvrossiadis | 00:26:28.2 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 7892 | Alon Stürmann | 00:26:28.7 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 1335 | Franz Gerbens | 00:26:30.0 | offene Klasse | 0 | 0 | GER | Gundlach Bau und Immobilien |
| 0. | 281 | Michael Tatje | 00:26:30.3 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4228 | Frank Hundgeburth | 00:26:31.9 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 5419 | René Kwoczek | 00:26:32.7 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 3798 | Luiz Botelho | 00:26:32.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2645 | Julian Faubel | 00:26:33.0 | offene Klasse | 0 | 0 | GER | Aspria |
| 0. | 8389 | Melvin Baykal | 00:26:33.6 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |

| | | | | | | | | |
|----|-------|-------------------------|------------|---------------|---|---|-----|---------------------------------|
| 0. | 10731 | Alexander Brose | 00:26:38.5 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 5791 | Alexander Schiller | 00:26:38.9 | offene Klasse | 0 | 0 | GER | Genossenschaftsverband e. V. |
| 0. | 7102 | Tobias Gansauge | 00:26:40.6 | offene Klasse | 0 | 0 | GER | Huber Fock Steuerberatung |
| 0. | 6221 | Noname | 00:26:40.7 | offene Klasse | 0 | 0 | GER | HC Runners |
| 0. | 3405 | Arne Wolkenhauer | 00:26:43.6 | offene Klasse | 0 | 0 | GER | winkler Unternehmensgruppe |
| 0. | 9433 | Markus Rebert | 00:26:45.3 | offene Klasse | 0 | 0 | GER | Röntgenpraxis Am Marstall® |
| 0. | 8363 | Janphilipp Schmidtke | 00:26:49.1 | offene Klasse | 0 | 0 | GER | M6 |
| 0. | 4457 | Maximilian Luttermann | 00:26:49.2 | offene Klasse | 0 | 0 | GER | DHL |
| 0. | 8425 | Sebastian Limper | 00:26:50.1 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 1531 | Alexander Brandes | 00:26:53.1 | offene Klasse | 0 | 0 | GER | Konica Minolta |
| 0. | 4045 | Marcel Röder | 00:26:53.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 9222 | Daniil Kulak | 00:26:54.0 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 10803 | Tom Kühnöhl | 00:26:55.6 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 4723 | Christian Lehmann | 00:26:56.1 | offene Klasse | 0 | 0 | GER | E. ON Energie Deutschland GmbH |
| 0. | 1698 | Kirill Baskal | 00:26:56.3 | offene Klasse | 0 | 0 | GER | MEDIFOX DAN |
| 0. | 9904 | Oliver Levien | 00:26:56.4 | offene Klasse | 0 | 0 | GER | SPIE ICS |
| 0. | 6693 | Luca Lange | 00:26:56.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10479 | Noname | 00:26:57.6 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 3746 | André Daschkin | 00:27:02.1 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 1025 | Patrick Gillmeister | 00:27:02.8 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8680 | Jan Hintze | 00:27:03.5 | offene Klasse | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 8085 | Tim Licker | 00:27:04.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 6886 | Noname | 00:27:05.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8115 | Lukas Schenkemeyer | 00:27:05.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 4992 | Leopold Von Altnordheim | 00:27:05.9 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 1824 | Janhenrik Schuseil | 00:27:06.7 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 52303 | Alexander Nieke | 00:27:08.1 | offene Klasse | 0 | 0 | GER | Jungheinrich Vertrieb |
| 0. | 4727 | Lukas Willann | 00:27:09.1 | offene Klasse | 0 | 0 | GER | E. ON Energie Deutschland GmbH |
| 0. | 6847 | Merlin Temps | 00:27:09.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3808 | Felix Cawello | 00:27:09.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 10441 | Marco Wipperfürth | 00:27:09.8 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 902 | Felix Klautke | 00:27:09.9 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 9734 | Michél Rode | 00:27:10.9 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 8958 | Maurice Lautner | 00:27:11.9 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 8888 | Michael Schliephake | 00:27:12.6 | offene Klasse | 0 | 0 | GER | NORD/FM |
| 0. | 1757 | Hendrik Gring | 00:27:12.7 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2528 | Martin Oesterle | 00:27:13.3 | offene Klasse | 0 | 0 | GER | ALMEX GmbH |
| 0. | 10537 | Silas Föhr | 00:27:17.2 | offene Klasse | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 294 | Kevin Umlauf | 00:27:17.3 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8109 | André Röben | 00:27:17.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 1251 | Michael Tiedge | 00:27:17.4 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 10587 | Dominik Schiller | 00:27:18.2 | offene Klasse | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 11252 | Ilja Schepykin | 00:27:18.2 | offene Klasse | 0 | 0 | GER | Weiss IT - Runner |
| 0. | 5457 | Laurick Peter | 00:27:19.7 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 6569 | Nico Franke | 00:27:20.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2514 | Niklas Thimm | 00:27:21.7 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 9990 | Sven Hagena | 00:27:23.1 | offene Klasse | 0 | 0 | GER | Sven Hagena |
| 0. | 8826 | Maik Homeyer | 00:27:23.1 | offene Klasse | 0 | 0 | GER | Neoskop |
| 0. | 3876 | Fabian Grusemann | 00:27:23.9 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4063 | Bastian Schirmacher | 00:27:24.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7629 | Arian Ahlers | 00:27:24.5 | offene Klasse | 0 | 0 | GER | klartxt racing team |
| 0. | 6588 | Tim Gennrich | 00:27:25.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10882 | Florian Staubach | 00:27:28.7 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |

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|----|-------|------------------------|------------|---------------|---|---|-----|--------------------------------|
| 0. | 3833 | Mathias Müller-Franz | 00:27:29.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8149 | Steffen Wodsack | 00:27:30.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 5655 | Hendrik Donner | 00:27:31.7 | offene Klasse | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 2227 | Noname | 00:27:33.8 | offene Klasse | 0 | 0 | GER | Willenbrock Fördertechnik GmbH |
| 0. | 6258 | Timon Fries | 00:27:34.6 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 6259 | Quint Lenfers | 00:27:34.9 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 5835 | Kaan Karınca | 00:27:34.9 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 9954 | Lukas Arndt | 00:27:35.2 | offene Klasse | 0 | 0 | GER | sib |
| 0. | 8246 | Joscha Komarek | 00:27:35.4 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 1956 | Noname | 00:27:35.4 | offene Klasse | 0 | 0 | GER | STRABAG AG |
| 0. | 9955 | Yannick Tovar | 00:27:35.7 | offene Klasse | 0 | 0 | GER | sib |
| 0. | 3960 | Nick Kummer | 00:27:36.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7488 | Moritz Anderson | 00:27:36.9 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 184 | Rene Mücke | 00:27:37.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6531 | Jacek Bylinski | 00:27:39.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8076 | Henning Kassens | 00:27:39.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 3843 | Jan Fiege | 00:27:41.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8268 | Julian Gaube | 00:27:45.3 | offene Klasse | 0 | 0 | GER | LBS Nord |
| 0. | 2899 | Jad Kafrouni | 00:27:45.8 | offene Klasse | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |
| 0. | 3648 | Bernd Mücke | 00:27:46.6 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 1961 | Philipp Böschen | 00:27:47.2 | offene Klasse | 0 | 0 | GER | STRABAG AG |
| 0. | 212 | Felix Pöhlmann | 00:27:48.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6249 | Hendryk Schulz | 00:27:51.4 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 9276 | Kai Rosenbrock | 00:27:52.1 | offene Klasse | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 1844 | Robin Wittek | 00:27:52.1 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9796 | Noname | 00:27:52.7 | offene Klasse | 0 | 0 | GER | Laufzeitmesser |
| 0. | 3342 | Moritz Hasse | 00:27:53.1 | offene Klasse | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 10809 | Fabian Layritz | 00:27:53.5 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9091 | Phillip Nülle | 00:27:54.6 | offene Klasse | 0 | 0 | GER | Erdnussflip 16 |
| 0. | 9842 | Tim Triefenbach | 00:27:55.0 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 8057 | Marwin Burkert | 00:27:55.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9670 | Hannes Schönearnefeld | 00:27:56.1 | offene Klasse | 0 | 0 | GER | shl ingenieure |
| 0. | 3164 | Gordon Dobslaw | 00:27:57.2 | offene Klasse | 0 | 0 | GER | BNP Paribas |
| 0. | 4897 | Noname | 00:27:57.6 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 8993 | Markus Plewnia | 00:28:00.4 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 230 | Mateusz Ryzewski | 00:28:00.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3358 | Simon Zacharias | 00:28:02.1 | offene Klasse | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 7473 | Noname | 00:28:02.9 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 10755 | Noname | 00:28:04.1 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 5020 | Stefan Knabe | 00:28:04.4 | offene Klasse | 0 | 0 | GER | Eurest Deutschland GmbH |
| 0. | 871 | Ralfchristian Gleber | 00:28:05.0 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 52328 | Jonas Krieger | 00:28:05.0 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 9811 | Timniklas Conrad | 00:28:05.7 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 5397 | Max Keßler | 00:28:06.2 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 1706 | Jannik Bukowski | 00:28:07.1 | offene Klasse | 0 | 0 | GER | MEDIFOX DAN |
| 0. | 2219 | Thorsten Wallbott | 00:28:08.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 4262 | Uwe Dresp | 00:28:09.7 | offene Klasse | 0 | 0 | GER | Team Delticom |
| 0. | 5581 | Hendrik Mysegades | 00:28:10.7 | offene Klasse | 0 | 0 | GER | ECKERT Rechtsanwälte |
| 0. | 4240 | Linusleander Oppermann | 00:28:11.0 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 10140 | Noname | 00:28:11.1 | offene Klasse | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 10893 | Oliver Twelkemeyer | 00:28:11.9 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1802 | Arthur Pakosch | 00:28:12.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7133 | Marcus Nein | 00:28:12.4 | offene Klasse | 0 | 0 | GER | IFW - B5 What Else? |

| | | | | | | | | |
|----|-------|-------------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 7135 | Felix Zender | 00:28:13.1 | offene Klasse | 0 | 0 | GER | IFW - B5 What Else? |
| 0. | 7134 | Simon Johannes Settnik | 00:28:14.1 | offene Klasse | 0 | 0 | GER | IFW - B5 What Else? |
| 0. | 2061 | Sebastian Küsel | 00:28:14.5 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 9083 | Noname | 00:28:14.7 | offene Klasse | 0 | 0 | GER | Perso Plankontor GmbH |
| 0. | 786 | Abdulaziz Mohammed | 00:28:14.9 | offene Klasse | 0 | 0 | GER | Dachser SE |
| 0. | 6121 | Noname | 00:28:15.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 4910 | Eugen Friesen | 00:28:16.1 | offene Klasse | 0 | 0 | GER | Energieversorgung Sehnde GmbH |
| 0. | 8126 | Patrick Schwethelm | 00:28:16.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 1307 | Felix Palmen | 00:28:16.6 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 2449 | Jonas Rappe | 00:28:18.2 | offene Klasse | 0 | 0 | GER | alcera Kommunikationstechnik GmbH |
| 0. | 7049 | Ingo Poschlod | 00:28:18.2 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 4125 | Thomas Taubert | 00:28:18.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5815 | Louis Wendt | 00:28:18.9 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 6458 | Yannick Kranz | 00:28:19.2 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 1231 | Marckevin Pohl | 00:28:19.5 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 9661 | Simon Aspenleider | 00:28:20.3 | offene Klasse | 0 | 0 | GER | shl ingenieure |
| 0. | 9035 | Paul Wedemeier | 00:28:20.7 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 1216 | Philipp Houck | 00:28:20.7 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 3854 | Miguel Manuel Garcia Carrillo | 00:28:21.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 3917 | Marvin Jekel | 00:28:21.9 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8716 | Jonas Landsberg | 00:28:22.6 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 10339 | Justus Funke | 00:28:22.9 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 7292 | Abdullah Sayyad | 00:28:22.9 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 5490 | Marc Schittenhelm | 00:28:22.9 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 10228 | Maximilian Schmidt | 00:28:23.8 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 8400 | Manuel Becker | 00:28:23.9 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 7501 | Philipp Jänecke | 00:28:24.1 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 5031 | Nils Borgerding | 00:28:24.2 | offene Klasse | 0 | 0 | GER | EVC Hannover GmbH |
| 0. | 11393 | Tim Glockemann | 00:28:24.7 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 3689 | Achim Schulte | 00:28:25.2 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 2924 | Julius Hansen | 00:28:26.2 | offene Klasse | 0 | 0 | GER | laufend prüfen |
| 0. | 7374 | Pawel Wilczynski | 00:28:26.6 | offene Klasse | 0 | 0 | GER | inTime Express Logistik GmbH |
| 0. | 9029 | Alexander Vogelsang | 00:28:26.7 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 5939 | Fynnyannik Müller | 00:28:27.0 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 8019 | Robert Strüber | 00:28:27.7 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 10690 | Nicolas Halbach | 00:28:28.2 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 10207 | Mathis Kirste | 00:28:28.4 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 6109 | Noname | 00:28:28.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 8308 | Martin Spendlin | 00:28:28.7 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 5856 | Jonah Riddiough | 00:28:29.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3200 | Niklas Herrmann | 00:28:30.7 | offene Klasse | 0 | 0 | GER | Bucher Municipal |
| 0. | 8119 | Maximilian Schober | 00:28:32.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 10626 | Simon Peter | 00:28:32.4 | offene Klasse | 0 | 0 | GER | VPM Team |
| 0. | 11117 | Noname | 00:28:33.8 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 2653 | Jason Pappenberg | 00:28:34.0 | offene Klasse | 0 | 0 | GER | Aspria |
| 0. | 3057 | Michael Zefanya | 00:28:35.8 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 1287 | Dominik Grunow | 00:28:36.8 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 5858 | Noname | 00:28:37.4 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 737 | Eric Kröhn | 00:28:37.4 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 5552 | Thomas Zerr | 00:28:37.7 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 4424 | Dan Pornhagen | 00:28:39.1 | offene Klasse | 0 | 0 | GER | Dt. Inst. für Kautschuktechnologie |
| 0. | 1533 | Bernd Braumann | 00:28:39.4 | offene Klasse | 0 | 0 | GER | Konica Minolta |
| 0. | 10043 | Noname | 00:28:39.9 | offene Klasse | 0 | 0 | GER | SportScheck Pacemaker |

| | | | | | | | | |
|----|-------|----------------------------------|------------|---------------|---|---|-----|---|
| 0. | 5561 | Jean Marc Bonn | 00:28:40.3 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 7479 | Krzysztof Kulig | 00:28:40.3 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 5220 | Paul Stintat | 00:28:40.9 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 3145 | Noname | 00:28:42.1 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 8092 | Maxime Menges | 00:28:43.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 5839 | Alexander Krause | 00:28:43.3 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7127 | Marco Bleckmann | 00:28:44.3 | offene Klasse | 0 | 0 | GER | IFA |
| 0. | 3616 | Luca Witthaus | 00:28:44.4 | offene Klasse | 0 | 0 | GER | Cratos & BlueTeam |
| 0. | 5681 | Lukas Constabel | 00:28:45.5 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 4381 | Jerrit Rahn | 00:28:46.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 6180 | Noname | 00:28:46.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6571 | Jonas Frenzel | 00:28:47.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5891 | Noname | 00:28:47.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 9794 | Sebastian Vinzens | 00:28:47.3 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 238 | Sebastian Deicke | 00:28:47.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11380 | Felix Diet | 00:28:47.9 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 7451 | Marcel Hitzemann | 00:28:48.2 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 1311 | Julian Rode | 00:28:48.6 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 3261 | Gille Pigasse | 00:28:48.9 | offene Klasse | 0 | 0 | GER | CADFEM Germany |
| 0. | 6179 | Noname | 00:28:49.3 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 4227 | Paul Höft | 00:28:49.7 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 4395 | Matthias Wabnitz | 00:28:49.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 8113 | Marcel Schäfer | 00:28:50.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 10866 | Morten Schievink | 00:28:50.2 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 3553 | Marcsoeren Steinbrecher | 00:28:50.5 | offene Klasse | 0 | 0 | GER | #therealcomNET |
| 0. | 10280 | Miguel Angel Contreras Contreras | 00:28:51.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 9346 | Jakob Eisenbeiss | 00:28:51.6 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 9793 | Lukas Schoppmeyer | 00:28:52.0 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 476 | Johannes Koschel | 00:28:53.6 | offene Klasse | 0 | 0 | GER | Amadeus FiRe |
| 0. | 747 | Daniel Oberheide | 00:28:53.9 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 10912 | Andy Zuchandke | 00:28:54.2 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 11448 | Noname | 00:28:55.4 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 11082 | Christian Reese | 00:28:56.5 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 5611 | Marten Schweinebart | 00:28:56.7 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 9451 | Saif Yattoma | 00:28:57.8 | offene Klasse | 0 | 0 | GER | Rötting & Wessels Partnerschaft Steuerberatungs |
| 0. | 8096 | Michel Müller | 00:28:58.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 4977 | Michael Krone | 00:28:58.9 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 2568 | Joachim Bauch | 00:28:59.1 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 4231 | Noname | 00:28:59.2 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 9245 | Jan Telkämper | 00:29:01.2 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 4178 | Dominik Di Figlia | 00:29:01.6 | offene Klasse | 0 | 0 | GER | Debeka Hannover-Süd |
| 0. | 11067 | Daniel Fricke | 00:29:02.7 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 560 | Benjamin Böning | 00:29:02.8 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 52318 | Meik Sedorf | 00:29:02.9 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 1589 | Tom Rehren | 00:29:03.1 | offene Klasse | 0 | 0 | GER | Konica Minolta |
| 0. | 5339 | Jan Langer | 00:29:03.7 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 5174 | Christian Bunse | 00:29:05.8 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 2921 | Jannis Bestmann | 00:29:06.2 | offene Klasse | 0 | 0 | GER | laufend prüfen |
| 0. | 5974 | Eike Grimmelmann | 00:29:07.1 | offene Klasse | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 9998 | Nils Mönikes | 00:29:07.1 | offene Klasse | 0 | 0 | GER | Sweco GmbH |
| 0. | 9020 | Johannes Stuertz | 00:29:07.2 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 6009 | Oussama Atlagh | 00:29:07.9 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 8433 | Thomas Paterjey | 00:29:08.1 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |

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|----|-------|-------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 1421 | Luca Herklotz | 00:29:08.3 | offene Klasse | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 4964 | Lukualain Bengui | 00:29:08.4 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 9852 | Jens Wirth | 00:29:08.9 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 6177 | Noname | 00:29:11.0 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 7678 | Seyfullah Güldogan | 00:29:11.1 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 8685 | Eric Piesker | 00:29:11.2 | offene Klasse | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 9692 | Maximilian Erbe | 00:29:11.5 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 8116 | Dennis Schmidt | 00:29:11.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9197 | Dario Fischer | 00:29:12.1 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 4661 | Christopher Loitz | 00:29:12.6 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 9741 | Nicolas Stock | 00:29:12.7 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 9867 | Tim Albrecht | 00:29:13.1 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 536 | Noname | 00:29:14.6 | offene Klasse | 0 | 0 | GER | Betonbau |
| 0. | 2016 | Lennart Denecke | 00:29:14.7 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4856 | Robert Weiß | 00:29:15.5 | offene Klasse | 0 | 0 | GER | mundus |
| 0. | 3184 | Christian Kleintje | 00:29:15.6 | offene Klasse | 0 | 0 | GER | BPR |
| 0. | 10583 | Janniclas Born | 00:29:15.8 | offene Klasse | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 11340 | William Schillig | 00:29:16.9 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 2226 | Noname | 00:29:18.5 | offene Klasse | 0 | 0 | GER | Willenbrock Fördertechnik GmbH |
| 0. | 11432 | Maximilian Lippold | 00:29:18.9 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 8125 | Fabian Schwenke | 00:29:19.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2764 | Jan Eversmann | 00:29:19.4 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 1637 | Jasper Krite | 00:29:19.7 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 5888 | Noname | 00:29:20.0 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 5798 | Jens Dahlhausen | 00:29:20.0 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 885 | Marek Hanhoff | 00:29:20.4 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 1806 | Mika Rasch | 00:29:21.2 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7973 | Robert Reinhardt Klein | 00:29:21.4 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 700 | Noname | 00:29:21.5 | offene Klasse | 0 | 0 | GER | COMRAMO AG |
| 0. | 2925 | Konstantin Jaep | 00:29:21.7 | offene Klasse | 0 | 0 | GER | laufend prüfen |
| 0. | 52295 | Felix Brieskorn | 00:29:22.4 | offene Klasse | 0 | 0 | GER | Jungheinrich Vertrieb |
| 0. | 5590 | Martin Horn | 00:29:22.6 | offene Klasse | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 1786 | Jan Erik Lange | 00:29:22.9 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6373 | Mattis Koch | 00:29:23.0 | offene Klasse | 0 | 0 | GER | Hannoversche Werkstätten gem. GmbH |
| 0. | 1857 | Tobias Grube | 00:29:23.1 | offene Klasse | 0 | 0 | GER | nass magnet GmbH |
| 0. | 8124 | Dustin Schweitzer | 00:29:23.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2043 | Uwe Herzog | 00:29:23.5 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 538 | David Shima Ndagijimana | 00:29:24.7 | offene Klasse | 0 | 0 | GER | Bundesdruckerei |
| 0. | 10064 | Noname | 00:29:24.8 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 9718 | Robin Kuhls | 00:29:25.2 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 6544 | Söhnke Dirks | 00:29:26.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8139 | Roman Vogel | 00:29:26.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2214 | Edwin Tkatzyk | 00:29:26.5 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 4776 | Marcel Frommann | 00:29:26.5 | offene Klasse | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 3152 | Noname | 00:29:27.4 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 8902 | Declan Budde | 00:29:27.5 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 7005 | Noname | 00:29:27.7 | offene Klasse | 0 | 0 | GER | Team HOCHTIEF |
| 0. | 7657 | Malte Bisanz | 00:29:27.8 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9592 | Jakob Schiller | 00:29:28.2 | offene Klasse | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 7014 | Noname | 00:29:29.0 | offene Klasse | 0 | 0 | GER | Team HOCHTIEF |
| 0. | 5575 | Fabian Sosa | 00:29:29.1 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 1759 | Mike Hänseroth | 00:29:30.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9044 | Erik Zenker | 00:29:30.2 | offene Klasse | 0 | 0 | GER | NORD/LB |

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|----|-------|-------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 8598 | Stephan Corwin | 00:29:31.1 | offene Klasse | 0 | 0 | GER | Meierhofer AG |
| 0. | 3188 | Alexander Riebe | 00:29:31.1 | offene Klasse | 0 | 0 | GER | BPR |
| 0. | 4222 | Timo Hansen | 00:29:33.2 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 4248 | Thilo Schnittger | 00:29:33.4 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 9253 | Lars Hampe | 00:29:33.8 | offene Klasse | 0 | 0 | GER | Accelerate |
| 0. | 4224 | Felix Helmert | 00:29:35.2 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 9485 | Harm Noname | 00:29:35.4 | offene Klasse | 0 | 0 | GER | Sappi Hannover |
| 0. | 6393 | Franz Schiermeyer | 00:29:35.6 | offene Klasse | 0 | 0 | GER | HAPEKO Hanseatisches Personalkontor |
| 0. | 7205 | Simon Knitter | 00:29:36.0 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 1404 | Jan Tolle | 00:29:37.1 | offene Klasse | 0 | 0 | GER | HELMA Eigenheimbau AG |
| 0. | 8498 | Mario Kiehl | 00:29:37.1 | offene Klasse | 0 | 0 | GER | Martin Braun KG |
| 0. | 824 | Henrik Viets | 00:29:37.4 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 1202 | Christian Roeben | 00:29:37.9 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 7469 | Yassin Skoray | 00:29:38.7 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 2004 | Fabian Bartkowiak | 00:29:38.7 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 7256 | André Olszowy | 00:29:39.1 | offene Klasse | 0 | 0 | GER | #weilwireslieben |
| 0. | 7858 | Tjelle Nolte | 00:29:39.5 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 7262 | Dennis Wypior | 00:29:39.9 | offene Klasse | 0 | 0 | GER | #weilwireslieben |
| 0. | 10548 | Michael Huß Junior | 00:29:39.9 | offene Klasse | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 10814 | Finn Linde | 00:29:40.3 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 2510 | Emrah Sadikovic | 00:29:40.5 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 8727 | Tobias Rode | 00:29:40.7 | offene Klasse | 0 | 0 | GER | Molex-Runners |
| 0. | 4148 | Daniel Vorfeld | 00:29:40.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7239 | Alexander Thole | 00:29:40.8 | offene Klasse | 0 | 0 | GER | imug |
| 0. | 1267 | Louis Borchers | 00:29:41.3 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 5625 | Oscar Giovanni Gil Diaz | 00:29:41.3 | offene Klasse | 0 | 0 | GER | The FUn GROup Runners |
| 0. | 6185 | Noname | 00:29:41.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 10174 | Matthias Kuppardt | 00:29:41.9 | offene Klasse | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 4305 | Benjamin Kloppe | 00:29:42.4 | offene Klasse | 0 | 0 | GER | Hermesläufer |
| 0. | 2567 | Andrej Anker | 00:29:42.4 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 10471 | Vassilios Christu | 00:29:42.4 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 2652 | Ole Pachaly | 00:29:42.5 | offene Klasse | 0 | 0 | GER | Aspria |
| 0. | 4176 | Kadir Altun | 00:29:42.6 | offene Klasse | 0 | 0 | GER | Debeka Hannover-Süd |
| 0. | 9199 | Felix Fuchs | 00:29:42.7 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 7024 | Devin Budow | 00:29:43.2 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 8714 | Marvin Knostmann | 00:29:43.3 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 10475 | Musa Firas | 00:29:43.4 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 7820 | Tim Fuhst | 00:29:43.9 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 5563 | Jan Grupenamuth | 00:29:44.1 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 6482 | Alexander Bandmann | 00:29:44.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5627 | Manuel Koslik | 00:29:44.6 | offene Klasse | 0 | 0 | GER | The FUn GROup Runners |
| 0. | 4423 | Martin Müller | 00:29:44.8 | offene Klasse | 0 | 0 | GER | Dt. Inst. für Kautschuktechnologie |
| 0. | 6756 | Christoph Plamann | 00:29:45.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11399 | Mika Hannekum | 00:29:45.4 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 9527 | Maximilian Schmidt | 00:29:45.6 | offene Klasse | 0 | 0 | GER | Schmitt + Sohn Aufzüge GmbH & Co. KG |
| 0. | 6181 | Noname | 00:29:45.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 9529 | Arne Weirich | 00:29:46.0 | offene Klasse | 0 | 0 | GER | Schmitt + Sohn Aufzüge GmbH & Co. KG |
| 0. | 7295 | Tim Schaake | 00:29:46.2 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 5942 | Yannik Höppner | 00:29:46.5 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 11485 | Jonathan Wetzel | 00:29:46.5 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 4344 | Mario Gluth | 00:29:46.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 4434 | Normann Manka | 00:29:46.9 | offene Klasse | 0 | 0 | GER | Deutsches Taubblindenwerk |
| 0. | 8617 | Luca Keller | 00:29:47.0 | offene Klasse | 0 | 0 | GER | MelzGercke |

| | | | | | | | | |
|----|-------|-----------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 2223 | Noname | 00:29:47.3 | offene Klasse | 0 | 0 | GER | Willenbrock Fördertechnik GmbH |
| 0. | 2383 | Tobias Platte | 00:29:47.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2225 | Noname | 00:29:47.6 | offene Klasse | 0 | 0 | GER | Willenbrock Fördertechnik GmbH |
| 0. | 52326 | Jan Phillipp Wahl | 00:29:47.6 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 8390 | Janosch Körner | 00:29:48.3 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 1258 | Uwe Heuer | 00:29:48.4 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 2178 | Christopher Dale | 00:29:49.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 5499 | Jonah Schweer | 00:29:49.2 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 6606 | Dennis Häbel | 00:29:49.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3656 | Fynn Richter | 00:29:50.5 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 1198 | Georgi Filipov | 00:29:50.9 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 9698 | Christopher Ertelt | 00:29:50.9 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 9626 | Markus Krull | 00:29:52.0 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 1248 | Radij Stolz | 00:29:54.2 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 2234 | Nico Fischer | 00:29:54.3 | offene Klasse | 0 | 0 | GER | 3B Bauconsult GmbH & Co. KG |
| 0. | 5301 | Maximilian Peper | 00:29:54.3 | offene Klasse | 0 | 0 | GER | FIDES Treuhand GmbH & Co. KG |
| 0. | 1462 | Lukas Kleuker | 00:29:55.4 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 1851 | David Bansmann | 00:29:55.6 | offene Klasse | 0 | 0 | GER | nass magnet GmbH |
| 0. | 5770 | Justin Denekejöhrens | 00:29:55.7 | offene Klasse | 0 | 0 | GER | Genossenschaftsverband e. V. |
| 0. | 5683 | Sören Engelke | 00:29:55.8 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 7341 | Lucien Mannsfeld | 00:29:57.4 | offene Klasse | 0 | 0 | GER | INSIDE M2M GmbH |
| 0. | 5374 | Jan Haug | 00:29:57.4 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 7495 | Frank Scheifler | 00:29:57.8 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 11148 | Vincent Krumrey | 00:29:58.4 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 599 | Torsten Senger | 00:29:58.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 1058 | Eduard Kebernik | 00:29:58.7 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6578 | Nils Fuhrmann | 00:29:58.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10637 | Alex Lenk | 00:29:59.4 | offene Klasse | 0 | 0 | GER | VEA |
| 0. | 8676 | Jonas Frank | 00:29:59.5 | offene Klasse | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 8374 | Noname | 00:29:59.6 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 7110 | Luca Heitzmann | 00:29:59.9 | offene Klasse | 0 | 0 | GER | ibk IngenieurConsult GmbH |
| 0. | 3623 | Joey Nabel | 00:30:00.0 | offene Klasse | 0 | 0 | GER | Creditreform Hannover-Celle |
| 0. | 2587 | Noname | 00:30:00.5 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 8162 | Noname | 00:30:00.8 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 9902 | Michael Kaatz | 00:30:00.9 | offene Klasse | 0 | 0 | GER | SPIE ICS |
| 0. | 2224 | Noname | 00:30:01.6 | offene Klasse | 0 | 0 | GER | Willenbrock Fördertechnik GmbH |
| 0. | 4256 | Henrik Wilhelm Becker | 00:30:02.0 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 8535 | Kevin Dietrich | 00:30:02.2 | offene Klasse | 0 | 0 | GER | MEDIAN AmbulantesGesundheitszentrum |
| 0. | 1081 | Enno Leseberg | 00:30:02.2 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8796 | Niklas Böhle | 00:30:02.6 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 9205 | Stefan Haack | 00:30:03.5 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 10018 | Patrick Anke | 00:30:03.8 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 10698 | Oskar Preuss | 00:30:03.9 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 11396 | Tizian Habermann | 00:30:04.0 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 6635 | Maximilian Hölscher | 00:30:04.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7097 | Sven Zahn | 00:30:04.3 | offene Klasse | 0 | 0 | GER | Hempelmann |
| 0. | 7556 | Jasper Zirk | 00:30:04.8 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 7536 | Torben Bals | 00:30:04.9 | offene Klasse | 0 | 0 | GER | JCI |
| 0. | 6657 | Jan Karnatz | 00:30:06.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1179 | Sven Wenzel | 00:30:06.6 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8373 | Noname | 00:30:06.9 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 6525 | Noname | 00:30:07.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1630 | David Gralla | 00:30:08.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |

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|----|-------|--------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 4075 | Jens Schrader | 00:30:08.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5773 | Niklas Gebert | 00:30:09.9 | offene Klasse | 0 | 0 | GER | Genossenschaftsverband e. V. |
| 0. | 8118 | Stefan Richard Schneider | 00:30:10.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 8710 | Tim Oelsner | 00:30:10.8 | offene Klasse | 0 | 0 | GER | Mobil ISC |
| 0. | 4304 | Finn Jüngling | 00:30:11.0 | offene Klasse | 0 | 0 | GER | Hermesläufer |
| 0. | 6236 | Lars Struck | 00:30:11.8 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 7496 | Savas Barlak | 00:30:12.1 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 1411 | Jochen Möller | 00:30:12.6 | offene Klasse | 0 | 0 | GER | Die Hempelmänner |
| 0. | 3142 | Noname | 00:30:12.6 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 8152 | Dominik Ziegler | 00:30:12.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 5934 | Niklas Dinter | 00:30:13.5 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 7450 | Arne Häusler | 00:30:13.7 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 8087 | Jari Lilje | 00:30:13.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 6111 | Noname | 00:30:14.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3220 | Philipp Zimmer | 00:30:15.6 | offene Klasse | 0 | 0 | GER | BImA |
| 0. | 52311 | Johannes Von Alm | 00:30:15.8 | offene Klasse | 0 | 0 | GER | Jungheinrich Vertrieb |
| 0. | 1628 | Ron Fricke | 00:30:16.9 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 8799 | Felix Grünenbaum | 00:30:17.1 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 120 | Luca Janecki | 00:30:17.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8951 | Sebastian Koch | 00:30:17.2 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 6506 | Philipp Bode | 00:30:18.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7474 | Slawomir Czapski | 00:30:18.3 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 8369 | Noname | 00:30:18.6 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 4024 | Mirko Papenhausen | 00:30:18.9 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6139 | Noname | 00:30:19.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 9352 | Jost Plate | 00:30:19.3 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 9665 | Matthias Fankhänel | 00:30:19.8 | offene Klasse | 0 | 0 | GER | shl ingenieure |
| 0. | 52322 | Hossein Salmani Rezaei | 00:30:20.4 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 6047 | Torsten Schultz | 00:30:21.0 | offene Klasse | 0 | 0 | GER | Gutenberg Rechenzentrum GmbH & Co.KG |
| 0. | 2406 | Sascha Wohlgemuth | 00:30:21.1 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 3545 | Marvin Garz | 00:30:21.2 | offene Klasse | 0 | 0 | GER | #therealcomNET |
| 0. | 10147 | Jan Ole Böllert | 00:30:21.2 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 822 | Daniel Süßenbach | 00:30:21.4 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 3820 | Anton Dieckhoff | 00:30:21.9 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 444 | Martin Schöne | 00:30:22.6 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 4511 | Sebastian Gonschorek | 00:30:23.8 | offene Klasse | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 2309 | Dennis Angelstein | 00:30:23.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 5434 | Nils Meinecke | 00:30:23.9 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 8715 | Nikolaus Kochen | 00:30:24.1 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 9869 | Marc Backhaus | 00:30:24.9 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 1778 | David Kozjan | 00:30:25.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11249 | Salam Ali | 00:30:25.7 | offene Klasse | 0 | 0 | GER | Weiss IT - Runner |
| 0. | 526 | Sebastian Kook | 00:30:25.9 | offene Klasse | 0 | 0 | GER | Betonbau |
| 0. | 455 | David Rauls | 00:30:25.9 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 6080 | Arnold Preusche | 00:30:26.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 590 | Thomas Pohler | 00:30:27.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 3576 | Niklas Bielfeldt | 00:30:28.1 | offene Klasse | 0 | 0 | GER | Connox |
| 0. | 8131 | Basil Stähly | 00:30:29.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 6887 | Fabian Wessels | 00:30:29.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4217 | Luca Ehlermann | 00:30:29.9 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 8288 | Robin Denecke | 00:30:30.2 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 9587 | Alexander Limper | 00:30:30.3 | offene Klasse | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 4990 | Alexander Schmiegel | 00:30:30.4 | offene Klasse | 0 | 0 | GER | EY Hannover |

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|----|-------|---------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 3756 | Mohamed Abdelrazek | 00:30:31.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4172 | Clemens Zische | 00:30:31.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1991 | Eduard Brem | 00:30:31.3 | offene Klasse | 0 | 0 | GER | top itservices AG |
| 0. | 4265 | Sven Knedel | 00:30:31.5 | offene Klasse | 0 | 0 | GER | Team Delticom |
| 0. | 7642 | Till Wrede | 00:30:32.0 | offene Klasse | 0 | 0 | GER | klartxt racing team |
| 0. | 4157 | Vincent Weiland | 00:30:32.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 468 | Lennard Brombach | 00:30:32.4 | offene Klasse | 0 | 0 | GER | Amadeus FiRe |
| 0. | 8150 | Timo Wulforth | 00:30:32.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2022 | Michael Erfurt | 00:30:33.0 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8338 | Lukas Ottermann | 00:30:33.6 | offene Klasse | 0 | 0 | GER | Lomavis : Social Media Tools |
| 0. | 10401 | Tilman Schöne | 00:30:33.6 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 9251 | Philipp Linss | 00:30:34.2 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 10455 | Lars Werner | 00:30:34.5 | offene Klasse | 0 | 0 | GER | UKA Umweltgerechte Kraftanlagen GmbH |
| 0. | 5952 | Chris Milnik | 00:30:35.2 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 3619 | Holger Bissel | 00:30:35.7 | offene Klasse | 0 | 0 | GER | Creditreform Hannover-Celle |
| 0. | 43 | Dominik Buzek | 00:30:36.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8750 | Noname | 00:30:36.8 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 2205 | Simon Radonic | 00:30:36.8 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 4989 | Pascal Russu | 00:30:37.4 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 3005 | Jorrit Konert | 00:30:37.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2865 | Noname | 00:30:38.4 | offene Klasse | 0 | 0 | GER | Baufi24 Hannover |
| 0. | 9909 | Jakob Kintrup | 00:30:39.9 | offene Klasse | 0 | 0 | GER | SportScheck GmbH |
| 0. | 5322 | Tim Borkowy | 00:30:39.9 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 11099 | Martin Meinshausen | 00:30:39.9 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 5836 | Marc Kleine | 00:30:40.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6061 | Henning Hanebutt | 00:30:40.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 1777 | Fabian Kothe | 00:30:41.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1849 | Noname | 00:30:41.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2194 | Christian Kollotzek | 00:30:41.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 5331 | Jan Busche | 00:30:41.2 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 3866 | Ilja Gossen | 00:30:42.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5679 | Nils Borkenhagen | 00:30:43.3 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 4037 | Marlow Reckeweg | 00:30:43.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4588 | Leonard Kusch | 00:30:44.1 | offene Klasse | 0 | 0 | GER | Drees & Sommer |
| 0. | 1662 | Roman Renz | 00:30:44.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 543 | Thomas Hähn | 00:30:44.2 | offene Klasse | 0 | 0 | GER | Bundesdruckerei |
| 0. | 6510 | Janik Krallmann | 00:30:44.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5613 | Florian Faulhaber | 00:30:44.5 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 10114 | Jan Peter | 00:30:44.6 | offene Klasse | 0 | 0 | GER | TOPAS |
| 0. | 2297 | Kenneth Keminer | 00:30:44.8 | offene Klasse | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 6462 | Alex Wall | 00:30:45.7 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 9297 | Noname | 00:30:47.4 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 8507 | Fritzlaurens Brose | 00:30:47.8 | offene Klasse | 0 | 0 | GER | Maximum |
| 0. | 3941 | Florian Köster | 00:30:48.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4366 | Robert Leinich | 00:30:48.0 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 5817 | Jonas Albers | 00:30:48.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 8694 | Andreas Tremel | 00:30:48.2 | offene Klasse | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 8510 | Loc Nguyen | 00:30:48.4 | offene Klasse | 0 | 0 | GER | Maximum |
| 0. | 7222 | Martin Malik | 00:30:48.5 | offene Klasse | 0 | 0 | GER | ILFA Hannover 2023 |
| 0. | 52280 | Noname | 00:30:48.9 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 251 | Jannik Schramke | 00:30:49.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6665 | Tim Killig | 00:30:49.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8270 | Stefan Hagena | 00:30:49.4 | offene Klasse | 0 | 0 | GER | LBS Nord |

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|----|-------|-----------------------|------------|---------------|---|---|-----|--|
| 0. | 4976 | Konrad Krauße | 00:30:49.6 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 6920 | Oliver Kohls | 00:30:50.2 | offene Klasse | 0 | 0 | GER | Die Heinzis |
| 0. | 7286 | Mattis Korte | 00:30:50.2 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 7078 | Levent Can Kacar | 00:30:50.6 | offene Klasse | 0 | 0 | GER | Hempelmann |
| 0. | 4525 | Roy Luckow | 00:30:51.1 | offene Klasse | 0 | 0 | GER | DOK SYSTEME GmbH |
| 0. | 780 | Magnus Fröhlich | 00:30:51.7 | offene Klasse | 0 | 0 | GER | Dachser SE |
| 0. | 3246 | Till Henning | 00:30:51.9 | offene Klasse | 0 | 0 | GER | Busse & Coll Steuerberatung GmbH |
| 0. | 4200 | Marcus Lambrecht | 00:30:52.0 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 7408 | Sven Stoffregen | 00:30:52.4 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 4239 | Noname | 00:30:52.5 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 8857 | Noname | 00:30:53.1 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 6782 | Mirko Risch | 00:30:53.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7471 | Sascha Winter | 00:30:54.0 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 9229 | Finn Ole Metterhausen | 00:30:54.0 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 52274 | Noname | 00:30:54.2 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 1468 | Jonas Warneke | 00:30:55.6 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 6254 | Niraj Bista | 00:30:56.1 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 9732 | Daniel Renneke | 00:30:56.2 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 9728 | Paul Paetz | 00:30:56.7 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 11307 | Philipp Leder | 00:30:57.4 | offene Klasse | 0 | 0 | GER | ZAG Personal & Perspektiven |
| 0. | 5267 | Noname | 00:30:57.4 | offene Klasse | 0 | 0 | GER | Feddeck+Mahner |
| 0. | 2612 | Noname | 00:30:57.8 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 1083 | Kieran Lindemann | 00:30:57.9 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 52336 | Jens Grau | 00:30:58.1 | offene Klasse | 0 | 0 | GER | Steuerberater-Verband e.V. |
| 0. | 52335 | Matthias Zink | 00:30:58.4 | offene Klasse | 0 | 0 | GER | Steuerberater-Verband e.V. |
| 0. | 6753 | Marvin Piephoh | 00:30:59.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5675 | Sebastian Baudach | 00:30:59.3 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 7936 | Christoph Groebe | 00:30:59.4 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 7051 | Philip Schönfelder | 00:30:59.7 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 10615 | Lukas Schwenger | 00:30:59.7 | offene Klasse | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 142 | Jonas Krüger | 00:31:00.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5004 | Rafid Yattoma | 00:31:02.1 | offene Klasse | 0 | 0 | GER | C. Förster & Kollegen |
| 0. | 1103 | Marvin Meyer | 00:31:02.6 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1515 | Noname | 00:31:02.8 | offene Klasse | 0 | 0 | GER | Knauf Interfer Stahl Service Center GmbH |
| 0. | 10032 | Timo Michalska | 00:31:02.8 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 7017 | Noname | 00:31:02.9 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 7881 | Leon Schönefeldt | 00:31:03.2 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 272 | Johannes Steudle | 00:31:03.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 755 | Pascal Rettke | 00:31:04.0 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 2260 | Noname | 00:31:04.2 | offene Klasse | 0 | 0 | GER | activelaw |
| 0. | 3516 | Noname | 00:31:04.4 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3320 | Julian Ihn | 00:31:04.8 | offene Klasse | 0 | 0 | GER | CENTERSCAPE |
| 0. | 3618 | Jörn Berheide | 00:31:04.8 | offene Klasse | 0 | 0 | GER | Creditreform Hannover-Celle |
| 0. | 3319 | Matthias Busche | 00:31:05.3 | offene Klasse | 0 | 0 | GER | CENTERSCAPE |
| 0. | 9853 | Nico Hecht | 00:31:05.3 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 10697 | Timon Margraf | 00:31:05.7 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 5017 | Yannic Wilkening | 00:31:05.8 | offene Klasse | 0 | 0 | GER | ETL Treuhand Steuerberatungsges. mbH |
| 0. | 2206 | Marc Röttger | 00:31:06.4 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 3262 | Dirk Schlesselmann | 00:31:07.1 | offene Klasse | 0 | 0 | GER | CADFEM Germany |
| 0. | 1702 | Dominik Heise | 00:31:07.1 | offene Klasse | 0 | 0 | GER | MEDIFOX DAN |
| 0. | 5015 | Andreas Simon | 00:31:07.8 | offene Klasse | 0 | 0 | GER | ETL Treuhand Steuerberatungsges. mbH |
| 0. | 1904 | Finn Sander | 00:31:07.9 | offene Klasse | 0 | 0 | GER | Power |
| 0. | 9790 | Dominik Müller | 00:31:08.0 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft |

| | | | | | | | | |
|----|-------|--------------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 3433 | Eduard Garbowski | 00:31:08.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 10446 | Louis Wollersen | 00:31:08.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 4932 | Nico Nowak | 00:31:08.6 | offene Klasse | 0 | 0 | GER | Enno Roggemann |
| 0. | 9992 | Andreas Bramme | 00:31:08.8 | offene Klasse | 0 | 0 | GER | Sweco GmbH |
| 0. | 8602 | Noah Borgelt | 00:31:09.6 | offene Klasse | 0 | 0 | GER | Der MeKo Laufftreff |
| 0. | 7526 | Lasse Petersen | 00:31:09.7 | offene Klasse | 0 | 0 | GER | Johanniter - Hannoveraner Teamgeist |
| 0. | 7554 | Daniel Wehrenberg | 00:31:10.0 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 11164 | Christoph Rutschke | 00:31:10.1 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 3431 | Denis Farber | 00:31:10.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 8853 | Noname | 00:31:10.4 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 5164 | Mickael Abert | 00:31:11.0 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 11265 | Dorian Heinze | 00:31:11.3 | offene Klasse | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |
| 0. | 4359 | Thomas Kolthof | 00:31:11.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 10440 | Tobias Winkler | 00:31:11.9 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 7201 | Renke Heuer | 00:31:12.0 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 11405 | Rasmus Henschel | 00:31:13.4 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 2009 | Dominique Brettschneider | 00:31:14.2 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 11011 | Noname | 00:31:14.7 | offene Klasse | 0 | 0 | GER | VIP |
| 0. | 128 | Tom Kathmann | 00:31:14.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4242 | Noname | 00:31:15.0 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 7296 | Niklas Schatz | 00:31:15.0 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 3323 | Tobias Lerchner | 00:31:15.0 | offene Klasse | 0 | 0 | GER | CENTERSCAPE |
| 0. | 241 | Carl Schiller | 00:31:16.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2533 | Stephan Wirries | 00:31:16.4 | offene Klasse | 0 | 0 | GER | ALMEX GmbH |
| 0. | 7468 | Torsten Schönwald | 00:31:16.5 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 11487 | Matthias Wille | 00:31:17.2 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 7555 | Michael Wesemann | 00:31:17.3 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 6126 | Noname | 00:31:17.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2173 | Bogdan Taran | 00:31:17.9 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 1952 | Patrick Wilkening | 00:31:18.1 | offene Klasse | 0 | 0 | GER | SOLI Infratechnik GmbH |
| 0. | 6274 | Lucas Krtil | 00:31:18.3 | offene Klasse | 0 | 0 | GER | hannoverimpuls GmbH |
| 0. | 1337 | Lorenz Hansen | 00:31:18.5 | offene Klasse | 0 | 0 | GER | Gundlach Bau und Immobilien |
| 0. | 9269 | Arthur Curi | 00:31:18.8 | offene Klasse | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 6883 | Noname | 00:31:19.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8129 | Bennet Sohns | 00:31:19.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 800 | Stephan Engling | 00:31:19.9 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 4968 | Niclas Hahn | 00:31:20.6 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 52330 | David Reynders | 00:31:20.9 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 1125 | Patrick Ramsay | 00:31:20.9 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 9213 | Tim Holenburg | 00:31:20.9 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 6668 | Jan Klasen | 00:31:21.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4183 | Faruk Yavsan | 00:31:21.4 | offene Klasse | 0 | 0 | GER | Debeka Hannover-Süd |
| 0. | 3922 | Enis Keller | 00:31:21.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 9617 | Jens Hörstgen | 00:31:21.5 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 8079 | Jan Klugescheid | 00:31:21.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 1945 | Alexander Healy | 00:31:22.4 | offene Klasse | 0 | 0 | GER | SOLI Infratechnik GmbH |
| 0. | 6245 | Marco Lehmann | 00:31:23.1 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 8957 | Noname | 00:31:23.5 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 10960 | Noname | 00:31:24.3 | offene Klasse | 0 | 0 | GER | Vincentz Network GmbH & Co. KG |
| 0. | 6294 | Sebastian Beitzel | 00:31:24.5 | offene Klasse | 0 | 0 | GER | AUF DER BULT |
| 0. | 5596 | Timo Lichtenstein | 00:31:24.8 | offene Klasse | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 3105 | Noname | 00:31:24.9 | offene Klasse | 0 | 0 | GER | Bildungsverein Hannover |
| 0. | 7589 | Steffen Weitkamp | 00:31:26.1 | offene Klasse | 0 | 0 | GER | KXL Athlytics |

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|----|-------|-------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 1617 | Alexander Belich | 00:31:26.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 2731 | Bernd Wehner | 00:31:26.4 | offene Klasse | 0 | 0 | GER | Team GiB & AZH |
| 0. | 3587 | Johannes Weber | 00:31:27.4 | offene Klasse | 0 | 0 | GER | Connox |
| 0. | 83 | Markus Göbel | 00:31:27.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4374 | Jens Neumann | 00:31:27.9 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 1638 | Christian Lask | 00:31:28.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 7293 | Shahzad Sayyad | 00:31:28.2 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 7221 | Jan Döring | 00:31:28.5 | offene Klasse | 0 | 0 | GER | ILFA Hannover 2023 |
| 0. | 4437 | Nils Pape | 00:31:29.0 | offene Klasse | 0 | 0 | GER | Deutsches Taubblindenwerk |
| 0. | 5838 | Sebastian König | 00:31:29.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6107 | Noname | 00:31:29.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2750 | Junhyeok Ko | 00:31:29.2 | offene Klasse | 0 | 0 | GER | B&B. : überwegs |
| 0. | 4219 | Henning Engel | 00:31:29.7 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 4635 | Thomas Räder | 00:31:30.1 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 1840 | Lennard Westphal | 00:31:31.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 8378 | Noname | 00:31:31.1 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 1817 | Luka Schillig | 00:31:31.2 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10167 | Maik Piper | 00:31:31.9 | offene Klasse | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 625 | Tiago R. Felix | 00:31:32.9 | offene Klasse | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 9812 | Jan Gebauer | 00:31:32.1 | offene Klasse | 0 | 0 | GER | Sonapar |
| 0. | 10904 | Yannick Wiesberg | 00:31:32.2 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10050 | Hannes Franke | 00:31:32.4 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 3362 | Fabian Feussner | 00:31:32.4 | offene Klasse | 0 | 0 | GER | CGI |
| 0. | 4346 | Johannes Heidelin | 00:31:32.7 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 7064 | Sean Zagola | 00:31:33.2 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 6781 | Leonroman Rinke | 00:31:33.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3071 | Sebastian Noack | 00:31:34.4 | offene Klasse | 0 | 0 | GER | BG RCI |
| 0. | 4302 | Thilo Horstmann | 00:31:34.5 | offene Klasse | 0 | 0 | GER | Hermesläufer |
| 0. | 830 | Hans Ulrich Anke | 00:31:34.7 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 1212 | Fabian Heller | 00:31:34.7 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 52277 | Noname | 00:31:35.2 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 7520 | Björn Horn | 00:31:35.2 | offene Klasse | 0 | 0 | GER | Johanniter - Hannoveraner Teamgeist |
| 0. | 6626 | Bennet Herter | 00:31:35.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3401 | Finn Carus | 00:31:35.3 | offene Klasse | 0 | 0 | GER | winkler Unternehmensgruppe |
| 0. | 4965 | Jonas Betker | 00:31:35.9 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 8356 | Nico Ludemann | 00:31:35.9 | offene Klasse | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 9844 | Friedrich Voß | 00:31:36.0 | offene Klasse | 0 | 0 | GER | Sonapar |
| 0. | 3150 | Noname | 00:31:36.4 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 3613 | Christoph Schunke | 00:31:36.4 | offene Klasse | 0 | 0 | GER | Cratos & BlueTeam |
| 0. | 3610 | Alexander Matter | 00:31:36.4 | offene Klasse | 0 | 0 | GER | Cratos & BlueTeam |
| 0. | 2594 | Noname | 00:31:37.0 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 9531 | Noname | 00:31:37.3 | offene Klasse | 0 | 0 | GER | Schmitt + Sohn Aufzüge GmbH & Co. KG |
| 0. | 4523 | Bernd Klusmann | 00:31:37.8 | offene Klasse | 0 | 0 | GER | DOK SYSTEME GmbH |
| 0. | 8776 | Noname | 00:31:37.8 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 8729 | Philipp Stahlberg | 00:31:37.9 | offene Klasse | 0 | 0 | GER | Molex-Runners |
| 0. | 2182 | Thomas Folz | 00:31:38.3 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 9704 | Henning Gaide | 00:31:38.5 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 9076 | Lian Lange | 00:31:38.9 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 11182 | Stephan Genz | 00:31:39.8 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 4216 | Noname | 00:31:40.7 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 10002 | Bastian Schäfer | 00:31:41.0 | offene Klasse | 0 | 0 | GER | Sweco GmbH |
| 0. | 9619 | Benjamin Job | 00:31:41.2 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 8313 | Mario Viergutz | 00:31:41.4 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |

| | | | | | | | | |
|----|-------|-------------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 3138 | Noname | 00:31:42.1 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 4203 | Jascha Oelke | 00:31:42.2 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 3204 | Jason Lawal | 00:31:42.2 | offene Klasse | 0 | 0 | GER | Bucher Municipal |
| 0. | 8364 | Lukas Heidt | 00:31:42.3 | offene Klasse | 0 | 0 | GER | the lost Vikings |
| 0. | 11119 | Noname | 00:31:42.6 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 972 | Noname | 00:31:42.7 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 8039 | Sören Schecker | 00:31:42.7 | offene Klasse | 0 | 0 | GER | Köttermann GmbH |
| 0. | 11227 | Noname | 00:31:42.7 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 609 | Dirk Wesebaum | 00:31:42.8 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 1682 | Paul Heinisch | 00:31:43.3 | offene Klasse | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 10024 | Lars Grevenstein | 00:31:43.8 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 3202 | Yannik Janßen | 00:31:44.2 | offene Klasse | 0 | 0 | GER | Bucher Municipal |
| 0. | 5761 | Marvin Seemann | 00:31:44.7 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 8328 | Oliver Bunke | 00:31:44.7 | offene Klasse | 0 | 0 | GER | Link Innovation GmbH |
| 0. | 778 | Philip Brüsehaber | 00:31:45.7 | offene Klasse | 0 | 0 | GER | Dachser SE |
| 0. | 4221 | Timo Hänel | 00:31:45.7 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 4147 | Tim Von Ungernsternberg | 00:31:46.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5996 | Jonas Berg | 00:31:46.4 | offene Klasse | 0 | 0 | GER | GSR Strahlentherapie Hannover |
| 0. | 3581 | Felix Krumme | 00:31:46.6 | offene Klasse | 0 | 0 | GER | Connox |
| 0. | 6106 | Edgar Gerner | 00:31:46.6 | offene Klasse | 0 | 0 | GER | FunIT |
| 0. | 1886 | Frederik Boss | 00:31:46.6 | offene Klasse | 0 | 0 | GER | ich bin niels stensen |
| 0. | 8548 | Jonas Schmidt | 00:31:46.7 | offene Klasse | 0 | 0 | GER | MEDIAN AmbulantesGesundheitszentrum |
| 0. | 11259 | Maxim Sofianu | 00:31:46.7 | offene Klasse | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 2701 | Noname | 00:31:46.9 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 1976 | Lennart Lerch | 00:31:47.2 | offene Klasse | 0 | 0 | GER | Ströer Media Deutschland GmbH |
| 0. | 10815 | Matthias Linder | 00:31:47.7 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 7238 | Georg Salamon | 00:31:47.8 | offene Klasse | 0 | 0 | GER | imug |
| 0. | 4587 | Jannis Hartwig | 00:31:47.9 | offene Klasse | 0 | 0 | GER | Drees & Sommer |
| 0. | 7328 | Nils Dosch | 00:31:47.9 | offene Klasse | 0 | 0 | GER | INSIDE M2M GmbH |
| 0. | 11200 | Philipp Kunst | 00:31:48.0 | offene Klasse | 0 | 0 | GER | Warburg Invest AG |
| 0. | 11260 | Lars Stegen | 00:31:48.0 | offene Klasse | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 3370 | Maximilian Ellwein | 00:31:48.3 | offene Klasse | 0 | 0 | GER | CHANNEL21 GmbH |
| 0. | 1148 | Julian Scherp | 00:31:48.4 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6195 | Noname | 00:31:49.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 1521 | Cornelius Bäck | 00:31:50.6 | offene Klasse | 0 | 0 | GER | Konica Minolta |
| 0. | 7561 | Benjamin Pflüger | 00:31:51.4 | offene Klasse | 0 | 0 | GER | Running Bulls |
| 0. | 2203 | Stephen Peters | 00:31:51.8 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 2026 | Thomas Friedrich | 00:31:52.2 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 3736 | Michael Hanel | 00:31:52.8 | offene Klasse | 0 | 0 | GER | Dassault Systemes |
| 0. | 2616 | Noname | 00:31:53.1 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 8143 | Felix Wannow | 00:31:53.2 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 10225 | Eugen Renz | 00:31:54.1 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 8975 | Dirk Müller | 00:31:54.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 3737 | Anton Korol | 00:31:55.1 | offene Klasse | 0 | 0 | GER | Dassault Systemes |
| 0. | 10219 | Eric Müller | 00:31:55.9 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 1178 | Jan Welling | 00:31:56.1 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8117 | Eduardo Schneider | 00:31:56.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 52324 | Alexander Wienke | 00:31:56.3 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 52254 | Hannes Scheland | 00:31:56.7 | offene Klasse | 0 | 0 | GER | Alterric Deutschland GmbH |
| 0. | 4249 | Jonathan Siefke | 00:31:57.2 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 4126 | Felix Tautz | 00:31:57.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4981 | Lars Pantförder | 00:31:58.1 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 8093 | Enno Menke | 00:31:58.4 | offene Klasse | 0 | 0 | GER | KPMG |

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|----|-------|----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 10962 | Alexander Fink | 00:31:58.4 | offene Klasse | 0 | 0 | GER | Vincentz Network GmbH & Co. KG |
| 0. | 3763 | Zaher Almhanni | 00:31:58.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8423 | Alexander Lang | 00:31:58.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 4120 | Nicholas Sungura | 00:31:59.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 3144 | Noname | 00:31:59.1 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 3192 | Dieter Scholz | 00:31:59.9 | offene Klasse | 0 | 0 | GER | btp architekten BDA |
| 0. | 10932 | Lasse Venzke | 00:31:59.9 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 11012 | Noname | 00:32:00.2 | offene Klasse | 0 | 0 | GER | VIP |
| 0. | 8642 | Andreas Zahn | 00:32:00.2 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 10308 | Mathis Dworak | 00:32:00.3 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 3001 | Hayam Khalaf | 00:32:00.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 1193 | Volkan Altun | 00:32:00.9 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 5012 | Mateo Kordic | 00:32:01.0 | offene Klasse | 0 | 0 | GER | ETL Treuhand Steuerberatungsges. mbH |
| 0. | 10046 | Noname | 00:32:01.2 | offene Klasse | 0 | 0 | GER | SportScheck Pacemaker |
| 0. | 1836 | Felix Wedemeyer | 00:32:01.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6182 | Noname | 00:32:01.7 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6708 | Rene Luthmann | 00:32:01.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1012 | Niklas Elvermann | 00:32:02.6 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1741 | Daniel Dreßler | 00:32:02.7 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10630 | Alexander Reimer | 00:32:03.0 | offene Klasse | 0 | 0 | GER | VDI:VDE:IT GmbH |
| 0. | 3426 | Andreas Deschka | 00:32:03.3 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 6072 | Marcel Littmann | 00:32:03.4 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 7212 | Felix Primus | 00:32:03.7 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 4598 | Thorsten Book | 00:32:03.8 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 9851 | Maik Schäfer-Volbeda | 00:32:03.9 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 9858 | Hakan Gümüs | 00:32:03.9 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 7809 | Michael Cramm | 00:32:04.0 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 4300 | Kai Gramberg | 00:32:05.2 | offene Klasse | 0 | 0 | GER | Hermesläufer |
| 0. | 10029 | Marcel Jünemann | 00:32:05.3 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 8102 | Moritz Oßenbrink | 00:32:05.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 10141 | Simon Wasielke | 00:32:05.7 | offene Klasse | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 7361 | Zbigniew Brylka | 00:32:06.0 | offene Klasse | 0 | 0 | GER | inTime Express Logistik GmbH |
| 0. | 2618 | Markus Schakat | 00:32:06.0 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 6256 | Niklas Molle | 00:32:06.1 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 9150 | Olaf Grabe | 00:32:07.0 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 8871 | Aaron Schad | 00:32:07.1 | offene Klasse | 0 | 0 | GER | NLWKN |
| 0. | 11430 | Timo Lerche | 00:32:07.2 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 6641 | Gianluca Ingaliso | 00:32:07.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4541 | Frederic Betcher | 00:32:07.5 | offene Klasse | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 3023 | Gabriel Owono | 00:32:07.6 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 9512 | Hauke Steffen | 00:32:07.9 | offene Klasse | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 1908 | Jannis Finze | 00:32:07.9 | offene Klasse | 0 | 0 | GER | PREUSS Gruppe |
| 0. | 8422 | Steffen Krenz | 00:32:08.1 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 7108 | Simon Dürkes | 00:32:08.7 | offene Klasse | 0 | 0 | GER | ibk IngenieurConsult GmbH |
| 0. | 10509 | Tim Wedemeyer | 00:32:08.9 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 8327 | Tim Wehrmann | 00:32:09.0 | offene Klasse | 0 | 0 | GER | Leuchtfeuer Digital Marketing GmbH |
| 0. | 5574 | Niklas Schönk | 00:32:09.1 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 5576 | Marcel Töpler | 00:32:09.1 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 1651 | Luke Severin | 00:32:09.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 3771 | Myles Kevin Barrabas | 00:32:09.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4445 | Sven Hofmann | 00:32:09.7 | offene Klasse | 0 | 0 | GER | DHL |
| 0. | 11132 | Chris Dummer | 00:32:09.9 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 5479 | Darius Rausch | 00:32:10.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |

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|----|-------|------------------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 8010 | Dennis Fricke | 00:32:10.6 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 649 | Ahmad Ahmadyar | 00:32:10.8 | offene Klasse | 0 | 0 | GER | CC Runners |
| 0. | 11116 | Noname | 00:32:11.8 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 8083 | Leon Kraus | 00:32:11.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 5848 | Florian Panning | 00:32:11.9 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6176 | Noname | 00:32:11.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 9126 | Noname | 00:32:12.0 | offene Klasse | 0 | 0 | GER | Plasma Service |
| 0. | 5041 | Gerd Freiling | 00:32:12.0 | offene Klasse | 0 | 0 | GER | Event it |
| 0. | 6188 | Noname | 00:32:12.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6091 | Noname | 00:32:12.5 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 5897 | Dominik Bormann | 00:32:12.9 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 9405 | Stephan Eschke | 00:32:13.4 | offene Klasse | 0 | 0 | GER | Stiftung Wadentest |
| 0. | 4153 | Jan Henrik Warnecke | 00:32:13.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7542 | Andreas Fechner | 00:32:14.1 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 6119 | Noname | 00:32:14.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6141 | Noname | 00:32:15.3 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3 | Christoph Aretz | 00:32:15.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10021 | Daniel Delekta | 00:32:15.6 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 428 | Jesús Manuel Macías Carrasco | 00:32:16.1 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 4365 | Irina Laube | 00:32:16.3 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 1500 | Vasyl Proshchuk | 00:32:16.3 | offene Klasse | 0 | 0 | GER | Klinikum Peine |
| 0. | 6266 | Guido Degner | 00:32:16.4 | offene Klasse | 0 | 0 | GER | hannoverimpuls GmbH |
| 0. | 9850 | Stefan Rüstmann | 00:32:17.4 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 2703 | Noname | 00:32:17.9 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 965 | Vincent Werner | 00:32:18.4 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 2015 | Yasin Demirci | 00:32:18.7 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 1040 | Noname | 00:32:18.9 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 52332 | Alexander Juretzko | 00:32:18.9 | offene Klasse | 0 | 0 | GER | RG Finance GmbH |
| 0. | 4246 | Nicolai Sakel | 00:32:18.9 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 2940 | Daban Reinicke | 00:32:19.3 | offene Klasse | 0 | 0 | GER | Behncke GmbH |
| 0. | 10065 | Noname | 00:32:19.4 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 11118 | Noname | 00:32:19.5 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 9891 | Christian Zapf | 00:32:19.6 | offene Klasse | 0 | 0 | GER | SPIE ICS |
| 0. | 6924 | Phil Marberth | 00:32:19.7 | offene Klasse | 0 | 0 | GER | Die Heinzis |
| 0. | 8122 | Lukas Schröder | 00:32:19.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2695 | Noname | 00:32:19.9 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 9596 | Janik Schulze | 00:32:20.3 | offene Klasse | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 11120 | Noname | 00:32:21.8 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 7234 | Lukas Grabowsky | 00:32:23.5 | offene Klasse | 0 | 0 | GER | imug |
| 0. | 9162 | David Lenkenhoff | 00:32:23.7 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 2581 | Noname | 00:32:23.8 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 6022 | Henrik Preiß | 00:32:24.1 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 9217 | Niklas Kersting | 00:32:24.2 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 7970 | Andrej Paskalev | 00:32:25.7 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 10642 | Henrik Hapke | 00:32:25.9 | offene Klasse | 0 | 0 | GER | VEA |
| 0. | 8415 | Jannik Heidmann | 00:32:26.1 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 2552 | Noname | 00:32:28.0 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 8930 | Florian Harter | 00:32:28.2 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 8442 | Robert Voelker | 00:32:29.1 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 4530 | Marc Wiesner | 00:32:29.3 | offene Klasse | 0 | 0 | GER | DOK SYSTEME GmbH |
| 0. | 372 | Kilian Riedel | 00:32:29.6 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 3863 | Christoph Glantz | 00:32:29.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 9710 | Patrick Hüstermann | 00:32:30.7 | offene Klasse | 0 | 0 | GER | Siemens AG |

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|----|-------|-----------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 10639 | Manuel Polnau | 00:32:31.4 | offene Klasse | 0 | 0 | GER | VEA |
| 0. | 490 | Marek Biermann | 00:32:32.0 | offene Klasse | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 10810 | Sören Lehmann | 00:32:32.7 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 5614 | Christian Schücke | 00:32:33.2 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 7076 | Dennis Hess | 00:32:33.3 | offene Klasse | 0 | 0 | GER | Hempelmann |
| 0. | 8250 | Tobias Raatz | 00:32:34.6 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 1418 | Darius Sommer | 00:32:35.4 | offene Klasse | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 5657 | Malte Harders | 00:32:36.0 | offene Klasse | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 9231 | Patrick Nguyen | 00:32:37.0 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 9924 | Pascal Dornuf | 00:32:37.0 | offene Klasse | 0 | 0 | GER | STEP-Niedersachsen |
| 0. | 9983 | Nico Obermann | 00:32:37.8 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 2805 | Alexander Reineke | 00:32:38.1 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 7857 | Pierre Kober | 00:32:38.5 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 4552 | Micha Werz | 00:32:38.8 | offene Klasse | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 9830 | Sritharan Myjooran | 00:32:40.5 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 2294 | Christoph Grefe | 00:32:40.5 | offene Klasse | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 974 | Tim Albrecht | 00:32:40.9 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 9723 | Philipp Leimke | 00:32:41.2 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 711 | Fotios Dimitriadis | 00:32:41.7 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 10811 | Florian Lehne | 00:32:41.7 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 2104 | Hendrik Warneke | 00:32:42.0 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 5264 | Fabian Van Lancker | 00:32:42.6 | offene Klasse | 0 | 0 | GER | P16 Dreamteam |
| 0. | 8141 | Steffen Vollmer | 00:32:42.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2390 | Benjamin Saul | 00:32:42.8 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 8065 | Patrick Geisler | 00:32:43.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 266 | Anastasios Sotiriadis | 00:32:43.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8586 | Jörg Stühmeier | 00:32:43.2 | offene Klasse | 0 | 0 | GER | MHH Running Snails |
| 0. | 3781 | Björn Berg | 00:32:43.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6196 | Noname | 00:32:43.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2864 | Noname | 00:32:44.2 | offene Klasse | 0 | 0 | GER | Baufi24 Hannover |
| 0. | 4527 | Jan Steuer | 00:32:44.3 | offene Klasse | 0 | 0 | GER | DOK SYSTEME GmbH |
| 0. | 3329 | Timoliver Rieck | 00:32:44.5 | offene Klasse | 0 | 0 | GER | CENTERSCAPE |
| 0. | 4264 | Arved Jankowski | 00:32:44.7 | offene Klasse | 0 | 0 | GER | Team Delticom |
| 0. | 52297 | Matthias Hanke | 00:32:45.1 | offene Klasse | 0 | 0 | GER | Jungheinrich Vertrieb |
| 0. | 7545 | Jan Klingner | 00:32:45.6 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 5510 | Pablo Sitko | 00:32:46.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 11096 | Michel Bepler | 00:32:48.4 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 5522 | Christoph Thomas | 00:32:48.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 4354 | Michael Karwarth | 00:32:49.0 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 2374 | Felix Moog | 00:32:49.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2233 | Julian Brandt | 00:32:50.1 | offene Klasse | 0 | 0 | GER | 3B Bauconsult GmbH & Co. KG |
| 0. | 2481 | Tobias Haase | 00:32:50.3 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 2684 | Michael Riekenberg | 00:32:50.5 | offene Klasse | 0 | 0 | GER | AUCOTEC AG |
| 0. | 7409 | Florian Andratschke | 00:32:50.6 | offene Klasse | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 5584 | Artem Weimer | 00:32:50.7 | offene Klasse | 0 | 0 | GER | ECKERT Rechtsanwälte |
| 0. | 2240 | Tobias Vogel | 00:32:50.9 | offene Klasse | 0 | 0 | GER | 3B Bauconsult GmbH & Co. KG |
| 0. | 3788 | Robin Blum | 00:32:52.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2671 | Markus Schmid | 00:32:52.5 | offene Klasse | 0 | 0 | GER | Atos GmbH |
| 0. | 7438 | Jan Lauer | 00:32:52.6 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 6057 | Elvis Gacaferi | 00:32:53.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 9277 | Johannes Schneider | 00:32:54.3 | offene Klasse | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 11014 | Noname | 00:32:54.8 | offene Klasse | 0 | 0 | GER | VIP |
| 0. | 3371 | Johannes Felske | 00:32:54.9 | offene Klasse | 0 | 0 | GER | CHANNEL21 GmbH |

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|----|-------|----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 52325 | Tarek Laage | 00:32:55.6 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 2835 | Robin Schneidewind | 00:32:56.2 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 4022 | Florian Papenberg | 00:32:56.9 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5809 | Martin Särchinger | 00:32:57.0 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 7452 | Rainer Schmölling | 00:32:57.5 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 3270 | Seva Gusev | 00:32:57.6 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 8012 | Andrej Ivanov | 00:32:58.0 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 4238 | Noname | 00:32:58.7 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 8538 | Markus Grote | 00:32:58.9 | offene Klasse | 0 | 0 | GER | MEDIAN AmbulantesGesundheitszentrum |
| 0. | 10611 | Tobias Kliem | 00:32:59.2 | offene Klasse | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 7395 | Denis Kiesel | 00:33:00.4 | offene Klasse | 0 | 0 | GER | IT-Choice Software AG |
| 0. | 8046 | Arsen Ayrapetov | 00:33:01.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 7567 | Eike Haan | 00:33:01.8 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 2167 | Christoph Rottmann | 00:33:02.4 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 959 | Christian Unzicker | 00:33:02.4 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 8543 | Christoph Magenfeld | 00:33:02.4 | offene Klasse | 0 | 0 | GER | MEDIAN AmbulantesGesundheitszentrum |
| 0. | 6845 | Julian Teichert | 00:33:05.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3959 | Michael Kummer | 00:33:05.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7605 | Noname | 00:33:05.2 | offene Klasse | 0 | 0 | GER | Kevin Harms |
| 0. | 530 | Nils Schrader | 00:33:05.3 | offene Klasse | 0 | 0 | GER | Betonbau |
| 0. | 3948 | Frieder Kreußel | 00:33:05.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8734 | Finn Kühlcke | 00:33:05.6 | offene Klasse | 0 | 0 | GER | MOSAIK architekt:innen bda |
| 0. | 6120 | Noname | 00:33:05.8 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 5921 | Patrik Stoya | 00:33:06.1 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 8411 | Mauro Guevara | 00:33:06.1 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 52313 | Frank Wilkens | 00:33:06.4 | offene Klasse | 0 | 0 | GER | Jungheinrich Vertrieb |
| 0. | 9338 | Noname | 00:33:06.4 | offene Klasse | 0 | 0 | GER | Gib Gummi |
| 0. | 6613 | Kojin Hasan | 00:33:06.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4168 | Sertac Yurttas | 00:33:06.9 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 10896 | Julian Van Hoek | 00:33:07.0 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 2229 | Noname | 00:33:07.6 | offene Klasse | 0 | 0 | GER | Willenbrock Fördertechnik GmbH |
| 0. | 9206 | Felix Hildebrandt | 00:33:07.8 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 3978 | Timchristopher Macke | 00:33:09.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2861 | Dennis Sniady | 00:33:09.2 | offene Klasse | 0 | 0 | GER | Baude |
| 0. | 7541 | Stephan Brand | 00:33:09.4 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 9610 | Oliver Fisch | 00:33:09.5 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 7692 | Ali Hammod Alhlal | 00:33:09.6 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9628 | Jens Kütemann | 00:33:09.8 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 7128 | Lennart Hingst | 00:33:10.2 | offene Klasse | 0 | 0 | GER | IFA |
| 0. | 9577 | Christoph Knake | 00:33:10.6 | offene Klasse | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 8264 | Noname | 00:33:10.9 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 8111 | Vadim Rubenstein | 00:33:11.2 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9669 | Philip Petersen | 00:33:11.4 | offene Klasse | 0 | 0 | GER | shl ingenieure |
| 0. | 3290 | Marvin Westerholz | 00:33:11.4 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 2527 | Jens Möckel | 00:33:11.6 | offene Klasse | 0 | 0 | GER | ALMEX GmbH |
| 0. | 2163 | Martin Lehrmann | 00:33:11.9 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 2062 | Ümit Kutlucan | 00:33:12.5 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 5651 | Michel Bormann | 00:33:13.2 | offene Klasse | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 10116 | Steffen Theuerkauf | 00:33:13.6 | offene Klasse | 0 | 0 | GER | TOPAS |
| 0. | 9467 | Jonas Geißler | 00:33:14.0 | offene Klasse | 0 | 0 | GER | Sappi Hannover |
| 0. | 9855 | Carl Philipp Franz | 00:33:14.6 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 9332 | Kai Warkotsch | 00:33:14.9 | offene Klasse | 0 | 0 | GER | Gib Gummi |
| 0. | 6043 | Frederic Greber | 00:33:15.1 | offene Klasse | 0 | 0 | GER | Gutenberg Rechenzentrum GmbH & Co.KG |

| | | | | | | | | |
|----|-------|---------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 10042 | Henning Wulff | 00:33:15.8 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 1543 | Marco Foitzik | 00:33:16.1 | offene Klasse | 0 | 0 | GER | Konica Minolta |
| 0. | 7812 | Sebastian Felten | 00:33:16.3 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 8522 | Thomas Hoffmeister | 00:33:16.9 | offene Klasse | 0 | 0 | GER | MBG / NBB Hannover GmbH |
| 0. | 8954 | Morten Krull | 00:33:17.2 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 5985 | Sevkan Seven | 00:33:17.3 | offene Klasse | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 2691 | Noname | 00:33:17.4 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 8523 | Jan Klapproth | 00:33:17.4 | offene Klasse | 0 | 0 | GER | MBG / NBB Hannover GmbH |
| 0. | 8856 | Noname | 00:33:17.6 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 6246 | Marco Siemer | 00:33:17.8 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 5802 | Jonas Kaup | 00:33:18.0 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 11090 | Daniel Tebbe | 00:33:18.0 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 4382 | Carsten Ratz | 00:33:18.0 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 8864 | Janerik Dickopp | 00:33:18.4 | offene Klasse | 0 | 0 | GER | NLWKN |
| 0. | 5988 | Lutz Werner | 00:33:18.6 | offene Klasse | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 8360 | Philipp Eickmeyer | 00:33:18.6 | offene Klasse | 0 | 0 | GER | M6 |
| 0. | 9781 | Malte Glösen | 00:33:18.8 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 4182 | David Tözen | 00:33:18.9 | offene Klasse | 0 | 0 | GER | Debeka Hannover-Süd |
| 0. | 25 | Hannes Birkenbeul | 00:33:18.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10246 | Dominic Wittneben | 00:33:19.1 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 8334 | Noname | 00:33:19.2 | offene Klasse | 0 | 0 | GER | Logwin HAJ |
| 0. | 5330 | Sebastian Bürkle | 00:33:19.2 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 5917 | Patrick Lang | 00:33:19.4 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 4401 | Tobias Zipper | 00:33:19.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 327 | Can Yilmaz | 00:33:19.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1779 | Marco Krebs | 00:33:19.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4628 | Hannes Wilke | 00:33:20.4 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 5542 | Dmytro Werner | 00:33:20.7 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 4335 | Thomas Doleshych | 00:33:20.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 3919 | Pascal John | 00:33:21.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4325 | Sebastian Borchard | 00:33:21.0 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 5666 | Aleksejs Kostromins | 00:33:22.0 | offene Klasse | 0 | 0 | GER | Strate Running Team 2023 |
| 0. | 3555 | Oliver Dawid | 00:33:22.0 | offene Klasse | 0 | 0 | GER | #therealcomNET |
| 0. | 10373 | Jonas Kastl | 00:33:22.1 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 6698 | Christopher Leahy | 00:33:22.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9996 | Ruben Klose | 00:33:22.3 | offene Klasse | 0 | 0 | GER | Sweco GmbH |
| 0. | 3216 | Karsten Reddies | 00:33:22.3 | offene Klasse | 0 | 0 | GER | BImA |
| 0. | 84 | Hannes Goethe | 00:33:22.3 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2550 | Noname | 00:33:23.0 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 5689 | Marco Klages | 00:33:23.0 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 3031 | Timo Rühmkopf | 00:33:23.0 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 5623 | Emanuel Brucker | 00:33:23.1 | offene Klasse | 0 | 0 | GER | The FUn GROup Runners |
| 0. | 2524 | Kelsey Hicks | 00:33:23.3 | offene Klasse | 0 | 0 | GER | ALMEX GmbH |
| 0. | 10154 | Hugo Pivaral | 00:33:23.5 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 10066 | Noname | 00:33:23.9 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 1988 | Dimitri Deichmann | 00:33:23.9 | offene Klasse | 0 | 0 | GER | thyssenkrupp Automation Engineering |
| 0. | 2742 | Lukas Dreyer | 00:33:25.1 | offene Klasse | 0 | 0 | GER | AyeT-Studios |
| 0. | 3004 | Florian Köhler | 00:33:25.3 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 1328 | Gerrit Böse | 00:33:25.5 | offene Klasse | 0 | 0 | GER | Gundlach Bau und Immobilien |
| 0. | 10094 | Lars Labodt | 00:33:25.9 | offene Klasse | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 9714 | Lennart Klußmann | 00:33:25.9 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 2377 | Cengiz Nisanci | 00:33:26.1 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 3446 | Martin Hallmann | 00:33:26.6 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |

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|----|-------|----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 6045 | Karsten Korte | 00:33:26.6 | offene Klasse | 0 | 0 | GER | Gutenberg Rechenzentrum GmbH & Co.KG |
| 0. | 7004 | Noname | 00:33:26.7 | offene Klasse | 0 | 0 | GER | Team HOCHTIEF |
| 0. | 10674 | Olaf Witte | 00:33:27.2 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 803 | Lucas Jurkait | 00:33:27.6 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 6202 | Johann Oelke | 00:33:27.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 5268 | Noname | 00:33:27.7 | offene Klasse | 0 | 0 | GER | Feddeck+Mahner |
| 0. | 7404 | Alex Mboutchouang | 00:33:27.9 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 4765 | Tom Evers | 00:33:28.1 | offene Klasse | 0 | 0 | GER | edding |
| 0. | 4972 | Sebastian Jördening | 00:33:28.4 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 2851 | Fabian Haase | 00:33:28.7 | offene Klasse | 0 | 0 | GER | Baude |
| 0. | 9828 | Dennis Mordhorst | 00:33:29.0 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 6285 | Finn Oberbeck | 00:33:29.3 | offene Klasse | 0 | 0 | GER | HannoVers GmbH & Co.KG |
| 0. | 6739 | Daniel Nguyen | 00:33:29.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8560 | Rendon Hashani | 00:33:29.5 | offene Klasse | 0 | 0 | GER | MT-Schule |
| 0. | 3399 | Tano Roth | 00:33:29.6 | offene Klasse | 0 | 0 | GER | ChillServices |
| 0. | 8486 | Thomas Merziger | 00:33:29.9 | offene Klasse | 0 | 0 | GER | Martin Braun KG |
| 0. | 8495 | Collin Dorn | 00:33:31.4 | offene Klasse | 0 | 0 | GER | Martin Braun KG |
| 0. | 6030 | Hoang Anh Vu | 00:33:31.6 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 6404 | Labinot Demaj | 00:33:31.7 | offene Klasse | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 4358 | Mike Koch | 00:33:31.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 5696 | Christian Otto | 00:33:32.2 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 7216 | Jonas Wippich | 00:33:32.5 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 11483 | Marian Weber | 00:33:32.5 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 9537 | Tobias Leischner | 00:33:32.6 | offene Klasse | 0 | 0 | GER | Rainer Scholz |
| 0. | 6137 | Noname | 00:33:32.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2266 | Robert Puzniak | 00:33:32.9 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 1718 | Christian Schnack | 00:33:33.2 | offene Klasse | 0 | 0 | GER | msg |
| 0. | 8133 | Oliver Strüber | 00:33:33.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 8932 | Björn Heinemeyer | 00:33:33.4 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 3631 | Joel Wauker | 00:33:33.5 | offene Klasse | 0 | 0 | GER | Creditreform Hannover-Celle |
| 0. | 8387 | Dennis Klatt | 00:33:34.6 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 10742 | Tobias Eicke | 00:33:34.7 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 5738 | Christoph Bövers | 00:33:34.9 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 10939 | Alexander Distelkamp | 00:33:35.6 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 7377 | Paul Bartz | 00:33:35.8 | offene Klasse | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 2353 | André Keune | 00:33:35.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 8385 | Hinrich Renken | 00:33:35.1 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 10787 | Simon Köstel | 00:33:36.2 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9708 | Florian Hinse | 00:33:37.2 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 7795 | Malte Auhagenmeyer | 00:33:37.7 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 8388 | Alexander Von List | 00:33:37.9 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 3814 | Tido Davids | 00:33:38.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 874 | Alexander Graf | 00:33:38.2 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 5299 | Karl Niemann | 00:33:38.3 | offene Klasse | 0 | 0 | GER | FIDES Treuhand GmbH & Co. KG |
| 0. | 300 | Melvin Voigtländer | 00:33:38.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5566 | Justus Krause | 00:33:39.3 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 5633 | Timo Haupt | 00:33:39.4 | offene Klasse | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 3169 | Niklas Stark | 00:33:39.7 | offene Klasse | 0 | 0 | GER | BNP Paribas |
| 0. | 10620 | Tobias Borchert | 00:33:40.2 | offene Klasse | 0 | 0 | GER | VPM Team |
| 0. | 6265 | Sven Buchholz | 00:33:41.1 | offene Klasse | 0 | 0 | GER | hannoverimpuls GmbH |
| 0. | 8391 | Michael Müller | 00:33:41.4 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 11404 | Marc Heitkamp | 00:33:41.4 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 9409 | Adrian Fiedler | 00:33:41.8 | offene Klasse | 0 | 0 | GER | Laufteam Ronge |

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|----|-------|------------------------|------------|---------------|---|---|-----|--|
| 0. | 4867 | Konstantin Jugan | 00:33:42.6 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 5850 | Simon Peno | 00:33:42.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 4101 | Jonas Stecker | 00:33:42.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6321 | Christoph Müller | 00:33:43.0 | offene Klasse | 0 | 0 | GER | AUF DER BULT |
| 0. | 11060 | Jonas Webel | 00:33:43.1 | offene Klasse | 0 | 0 | GER | Vogeler |
| 0. | 4098 | Finn Spardel | 00:33:43.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 3002 | Philip Kirchhof | 00:33:43.3 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 4876 | Stephan Müller | 00:33:43.4 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 4011 | Dominik Nerge | 00:33:43.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8377 | Noname | 00:33:43.6 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 5178 | Daniel Castro Lara | 00:33:43.8 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 2837 | Luca Tiedermann | 00:33:43.9 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 8399 | Nikolaus Ahlers | 00:33:44.1 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 11422 | Sebastian Krause | 00:33:44.2 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 4991 | Vladyslav Statland | 00:33:44.6 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 7118 | Maximilian Mäkel | 00:33:44.6 | offene Klasse | 0 | 0 | GER | IC-L Ingenieur Consulting Langenh. |
| 0. | 2614 | Noname | 00:33:45.0 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 5684 | Constantin Feddeler | 00:33:45.0 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 3896 | Robin Heuchel | 00:33:45.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5747 | Adrian Hönicke | 00:33:45.4 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 10936 | Walid Wedi | 00:33:45.6 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 792 | Marius Storch | 00:33:45.7 | offene Klasse | 0 | 0 | GER | Dachser SE |
| 0. | 7188 | Stefan Richter | 00:33:45.7 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 2576 | Arne Rossberg | 00:33:45.8 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 4720 | Thomas Haenel | 00:33:45.9 | offene Klasse | 0 | 0 | GER | E. ON Energie Deutschland GmbH |
| 0. | 8375 | Noname | 00:33:45.9 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 7220 | Ali Zargarian Moghadam | 00:33:46.2 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 156 | Lukas Lehmann | 00:33:46.3 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5874 | Kirill Suprun | 00:33:46.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10153 | Kai Kaminski | 00:33:48.0 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 16 | Theodor Behrens | 00:33:48.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7344 | Noname | 00:33:48.3 | offene Klasse | 0 | 0 | GER | INTEGRA |
| 0. | 5440 | Marcel Musiol | 00:33:49.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 1827 | Matthias Stein 2 | 00:33:50.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 52346 | Fabran Micheli | 00:33:50.2 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 5300 | Lars Niemann | 00:33:50.3 | offene Klasse | 0 | 0 | GER | FIDES Treuhand GmbH & Co. KG |
| 0. | 8753 | Noname | 00:33:50.5 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 10920 | Karstenolaf Hennig | 00:33:50.6 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 9133 | Tim Marvin Bernert | 00:33:50.7 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 8326 | Erk Kosel | 00:33:50.7 | offene Klasse | 0 | 0 | GER | Leuchtfeuer Digital Marketing GmbH |
| 0. | 6248 | Alexander Bittner | 00:33:50.9 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 52300 | Matthias Mehlau | 00:33:51.1 | offene Klasse | 0 | 0 | GER | Jungheinrich Vertrieb |
| 0. | 8721 | Julius Ruschemeier | 00:33:51.3 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 1226 | Fabian Meyer | 00:33:51.7 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 8214 | Dirk Holsten | 00:33:52.1 | offene Klasse | 0 | 0 | GER | LNVG |
| 0. | 11114 | Noname | 00:33:52.3 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 1512 | Sven Wohlert | 00:33:52.3 | offene Klasse | 0 | 0 | GER | Knauf Interfer Stahl Service Center GmbH |
| 0. | 4174 | Mustafa Akcora | 00:33:52.3 | offene Klasse | 0 | 0 | GER | Debeka Hannover-Süd |
| 0. | 3097 | Tobias Irmer | 00:33:52.4 | offene Klasse | 0 | 0 | GER | Bildungsverein Hannover |
| 0. | 10025 | Nils Grohnert | 00:33:52.6 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 5250 | Bastian Geisler | 00:33:53.1 | offene Klasse | 0 | 0 | GER | P16 Dreamteam |
| 0. | 7546 | Lutz Knölke | 00:33:53.4 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 304 | Nikita Wagner | 00:33:53.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |

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|----|-------|----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 10565 | Lorenz Müller | 00:33:54.0 | offene Klasse | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 5263 | Domenic Teuber | 00:33:54.1 | offene Klasse | 0 | 0 | GER | P16 Dreamteam |
| 0. | 10215 | Stefan Lange | 00:33:54.1 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 6552 | Maurizio Dudlitz | 00:33:54.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5055 | Philip Böttcher | 00:33:54.6 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 2708 | Noname | 00:33:54.6 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 367 | Axel Poux Guillaume | 00:33:55.4 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 7480 | Krzysztof Makowski | 00:33:55.6 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 2573 | Vladimir Kurz | 00:33:55.6 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 6775 | Jonas Reiter | 00:33:55.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4184 | Baris Yigit | 00:33:56.6 | offene Klasse | 0 | 0 | GER | Debeka Hannover-Süd |
| 0. | 143 | Sebastian Krumpfe | 00:33:57.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1631 | Aleksej Grenz | 00:33:57.4 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 9066 | Lukas Gorzolka | 00:33:57.6 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 4015 | Julius Nöldeke | 00:33:57.9 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4279 | Leon Kröger | 00:33:58.2 | offene Klasse | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 5235 | Giorgio Carlisi | 00:33:59.0 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 5877 | Sebastian Von Kalben | 00:33:59.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 8696 | Erik Wolfmeier | 00:33:59.5 | offene Klasse | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 4924 | Bartlomiej Hanasiuk | 00:33:59.6 | offene Klasse | 0 | 0 | GER | Enno Roggemann |
| 0. | 3268 | Simon Colin | 00:34:00.1 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 3257 | Florian Wohlgemuth | 00:34:01.6 | offene Klasse | 0 | 0 | GER | Busse & Coll Steuerberatung GmbH |
| 0. | 11220 | Kevin Weidling | 00:34:02.0 | offene Klasse | 0 | 0 | GER | WDT/VLO on Tour |
| 0. | 6102 | Jonas Jagemann | 00:34:02.1 | offene Klasse | 0 | 0 | GER | FunIT |
| 0. | 8886 | Niklas Rappmann | 00:34:02.3 | offene Klasse | 0 | 0 | GER | NORD/FM |
| 0. | 10020 | Stanislav Brailovski | 00:34:02.6 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 10933 | Victor Van Perbandt | 00:34:02.6 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 606 | Tim Uplegger | 00:34:02.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 9077 | Tim Tottewitz | 00:34:02.6 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 10737 | Jan Dettmann | 00:34:03.2 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 3465 | Jonas Krampe | 00:34:03.6 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 2692 | Noname | 00:34:04.2 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 8075 | Ferris Imken | 00:34:04.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 6365 | Patrick Lampe | 00:34:05.5 | offene Klasse | 0 | 0 | GER | Hannoversche Werkstätten gem. GmbH |
| 0. | 1915 | Nicolas Krohn | 00:34:05.6 | offene Klasse | 0 | 0 | GER | ROLAND Rechtsschutz-Versicherungs-AG |
| 0. | 10349 | Noname | 00:34:05.7 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 1390 | Philipp Staude | 00:34:05.8 | offene Klasse | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 975 | Hannes Amelung | 00:34:05.9 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 3975 | Paul Lüders | 00:34:06.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4539 | Syam Vogt | 00:34:07.0 | offene Klasse | 0 | 0 | GER | Dr. Buhmann Schule & Akademie |
| 0. | 8414 | Kilian Haller | 00:34:07.3 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 4973 | Björn Klüber | 00:34:07.4 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 2928 | Nils Meyn | 00:34:07.5 | offene Klasse | 0 | 0 | GER | Team Behn Steuerberatung |
| 0. | 1244 | Christoph Seffner | 00:34:07.7 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 2029 | Malte Fugel | 00:34:08.0 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4533 | Fabian Kirst | 00:34:08.0 | offene Klasse | 0 | 0 | GER | Dr. Buhmann Schule & Akademie |
| 0. | 331 | Nenardt Neubeck | 00:34:08.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5175 | Timo Busch | 00:34:08.5 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 8812 | Robin Zindler | 00:34:08.6 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 114 | Niklas Hoppe | 00:34:08.7 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11101 | Andrej Mezler | 00:34:08.7 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 7502 | Sergej Marz | 00:34:09.4 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 1666 | Noname | 00:34:09.5 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |

| | | | | | | | | |
|----|-------|---------------------|------------|---------------|---|---|-----|---|
| 0. | 7505 | Zejnullah Xhafa | 00:34:09.6 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 2303 | Michael Strube | 00:34:10.4 | offene Klasse | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 3559 | Noname | 00:34:10.5 | offene Klasse | 0 | 0 | GER | Compact |
| 0. | 9450 | Jan Wessels | 00:34:12.3 | offene Klasse | 0 | 0 | GER | Rötting & Wessels Partnerschaft Steuerberatungs |
| 0. | 4982 | Omid Pazoki | 00:34:12.7 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 6623 | Lucas Henning | 00:34:13.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4273 | Sven Franke | 00:34:13.0 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 9792 | Nikolas Richter | 00:34:13.0 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 9376 | Jonas Martin | 00:34:13.9 | offene Klasse | 0 | 0 | GER | Renk |
| 0. | 9609 | Wolfgang Brill | 00:34:14.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 8045 | Nikolas Auth | 00:34:14.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 8148 | André Wilke | 00:34:14.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 11472 | Martin Sonnkvist | 00:34:15.4 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 10869 | Frederik Schmidt | 00:34:15.7 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 8063 | Andrej Fortel | 00:34:16.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9068 | Nikolas Herwig | 00:34:17.6 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 102 | Keanu Helmsing | 00:34:18.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4299 | Frederic Dettmer | 00:34:18.5 | offene Klasse | 0 | 0 | GER | Hermesläufer |
| 0. | 7550 | Bernd Schäfer | 00:34:19.3 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 2713 | Noname | 00:34:19.4 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 3187 | Thomas Pfeiffer | 00:34:21.4 | offene Klasse | 0 | 0 | GER | BPR |
| 0. | 10661 | Tim Kirsch | 00:34:22.0 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 7009 | Noname | 00:34:23.7 | offene Klasse | 0 | 0 | GER | Team HOCHTIEF |
| 0. | 3643 | Christopher Lau | 00:34:24.1 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 6821 | Marvin Schwacke | 00:34:24.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1406 | Jan Fette | 00:34:24.6 | offene Klasse | 0 | 0 | GER | Die Hempelmänner |
| 0. | 6540 | Lars Dethlefs | 00:34:24.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7194 | Hendrik Ulbrich | 00:34:24.8 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 1413 | Tobias Schildhammer | 00:34:24.9 | offene Klasse | 0 | 0 | GER | Die Hempelmänner |
| 0. | 6187 | Noname | 00:34:24.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 52333 | Leonid Juretzko | 00:34:25.4 | offene Klasse | 0 | 0 | GER | RG Finance GmbH |
| 0. | 10048 | Jason Denecke | 00:34:25.6 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 7187 | Nico Radtke | 00:34:25.8 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 5831 | Jonas Heinken | 00:34:25.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10418 | Tim Bauer | 00:34:27.3 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 5977 | Tobias Bremer | 00:34:27.3 | offene Klasse | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 3161 | Sebastian Quellmann | 00:34:27.7 | offene Klasse | 0 | 0 | GER | BNP Paribas RE PM GmbH |
| 0. | 5169 | Yannick Bock | 00:34:27.8 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 4537 | Tobias Scholz | 00:34:28.3 | offene Klasse | 0 | 0 | GER | Dr. Buhmann Schule & Akademie |
| 0. | 8840 | Mathias Schubert | 00:34:28.3 | offene Klasse | 0 | 0 | GER | Neptune Energy |
| 0. | 7637 | Marcus Mientus | 00:34:29.8 | offene Klasse | 0 | 0 | GER | klartxt racing team |
| 0. | 1623 | Thies Dählmann | 00:34:30.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 3172 | Noname | 00:34:30.5 | offene Klasse | 0 | 0 | GER | BNP Paribas |
| 0. | 5822 | Phil Cherkusza | 00:34:30.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7401 | Henrik Horstmeier | 00:34:30.7 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 9810 | Sergej Balde | 00:34:30.7 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 10827 | Daniel Müller | 00:34:31.2 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9639 | Andre Schneider | 00:34:31.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 9169 | Marvin Pieper | 00:34:31.4 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 2457 | Lukas Heinrich | 00:34:32.0 | offene Klasse | 0 | 0 | GER | ALCONTAS Steuerberatungsgesellschaft |
| 0. | 6528 | Hendrik Busch | 00:34:32.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4385 | Martin Schäbitz | 00:34:34.0 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 8362 | Benjamin Wolff | 00:34:34.1 | offene Klasse | 0 | 0 | GER | M6 |

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|----|-------|-----------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 2849 | Grégoire Gavaland | 00:34:34.2 | offene Klasse | 0 | 0 | GER | Baude |
| 0. | 9711 | Marvin Kahl | 00:34:34.4 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 10734 | Ilias Chegday | 00:34:34.5 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 3586 | Maximilian Schulz | 00:34:34.9 | offene Klasse | 0 | 0 | GER | Connox |
| 0. | 8211 | Oliver Cimander | 00:34:35.4 | offene Klasse | 0 | 0 | GER | LNVG |
| 0. | 5617 | Mario Dunz | 00:34:35.7 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 52301 | Niels Meier | 00:34:36.6 | offene Klasse | 0 | 0 | GER | Jungheinrich Vertrieb |
| 0. | 1675 | Noname | 00:34:36.7 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 9576 | Felix Prankel | 00:34:36.7 | offene Klasse | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 7300 | Robert SÜling | 00:34:36.9 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 1685 | Luca Kalne | 00:34:37.0 | offene Klasse | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 9071 | Dennis Karacadag | 00:34:37.4 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 8418 | Bernd Jahns | 00:34:37.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 7587 | Jasper Nemitz | 00:34:37.6 | offene Klasse | 0 | 0 | GER | KXL Athlytics |
| 0. | 3671 | Max Handwerk | 00:34:38.3 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 11233 | Noname | 00:34:38.5 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 5189 | Felix Golly | 00:34:38.5 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 7800 | Norman Berndt | 00:34:38.5 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 1286 | Tobias Zak | 00:34:38.9 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 5842 | Jens Maire | 00:34:39.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6167 | Noname | 00:34:40.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 9835 | Fabian Schmalz | 00:34:41.0 | offene Klasse | 0 | 0 | GER | Sonapar |
| 0. | 2745 | James Lonergan | 00:34:41.8 | offene Klasse | 0 | 0 | GER | AyeT-Studios |
| 0. | 7021 | Fabio Bloise | 00:34:42.0 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 4491 | Sebastianniklas Westa | 00:34:42.1 | offene Klasse | 0 | 0 | GER | DIDImmo |
| 0. | 10635 | Kevin Klevenow | 00:34:42.4 | offene Klasse | 0 | 0 | GER | VEA |
| 0. | 7740 | Aaron Plate | 00:34:42.4 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 10030 | Ron Koenig | 00:34:42.8 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 2926 | Jan Knittler | 00:34:43.0 | offene Klasse | 0 | 0 | GER | laufend prüfen |
| 0. | 4711 | Noname | 00:34:43.1 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 8547 | Jan Plattner | 00:34:44.1 | offene Klasse | 0 | 0 | GER | MEDIAN AmbulantesGesundheitszentrum |
| 0. | 5389 | Patrick Jochem | 00:34:44.2 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 4296 | Jan Borges | 00:34:44.2 | offene Klasse | 0 | 0 | GER | Hermesläufer |
| 0. | 4550 | Marius Vienenkötter | 00:34:45.5 | offene Klasse | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 6400 | Jason Bläsing | 00:34:46.0 | offene Klasse | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 5598 | Rajeswar Reddy Maraka | 00:34:46.0 | offene Klasse | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 10563 | Noname | 00:34:46.5 | offene Klasse | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 11236 | Jan Frister | 00:34:46.6 | offene Klasse | 0 | 0 | GER | Wedemeier Wirtschaftsprüfer |
| 0. | 10733 | Viet Bui | 00:34:46.7 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 5028 | Christian Palis | 00:34:47.0 | offene Klasse | 0 | 0 | GER | EVC Hannover GmbH |
| 0. | 3382 | Moritz Müller | 00:34:47.6 | offene Klasse | 0 | 0 | GER | CHANNEL21 GmbH |
| 0. | 5779 | Manuel Klaus | 00:34:47.7 | offene Klasse | 0 | 0 | GER | Genossenschaftsverband e. V. |
| 0. | 10069 | Jannik Harms | 00:34:48.2 | offene Klasse | 0 | 0 | GER | Team Tecis |
| 0. | 6643 | Jonathan Jäger | 00:34:48.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10870 | Luis Schmidt | 00:34:48.3 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 976 | Lars Andressen | 00:34:48.4 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10075 | Noname | 00:34:48.4 | offene Klasse | 0 | 0 | GER | Team Tecis |
| 0. | 10071 | Ivo Zelzner | 00:34:48.6 | offene Klasse | 0 | 0 | GER | Team Tecis |
| 0. | 10070 | Alexander Panke | 00:34:48.9 | offene Klasse | 0 | 0 | GER | Team Tecis |
| 0. | 10074 | Noname | 00:34:49.4 | offene Klasse | 0 | 0 | GER | Team Tecis |
| 0. | 9225 | Henrik Lietfien | 00:34:49.5 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 312 | Alexander Weiß | 00:34:49.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7478 | Konstantin Dovganenko | 00:34:49.6 | offene Klasse | 0 | 0 | GER | Jäger Group |

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|----|-------|---------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 2333 | Alexander Hartwig | 00:34:49.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 8730 | Noah Sewöster | 00:34:50.6 | offene Klasse | 0 | 0 | GER | MOSAIK architekt:innen bda |
| 0. | 9821 | Marc Kevin Knauth | 00:34:50.7 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 9841 | Frank Tischendorf | 00:34:50.7 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 2202 | Maurin Paskamp | 00:34:50.9 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 6731 | Noname | 00:34:51.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8146 | Haschjar Shamo | 00:34:51.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 5298 | Norbert Kalker | 00:34:51.3 | offene Klasse | 0 | 0 | GER | FIDES Treuhand GmbH & Co. KG |
| 0. | 1121 | Florian Petersen | 00:34:51.9 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4061 | Philipp Schiesgeries | 00:34:52.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6863 | Florian Uhl | 00:34:52.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10099 | Max Rademacher | 00:34:52.1 | offene Klasse | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 2042 | Lucas Hendrichske | 00:34:52.2 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 3148 | Noname | 00:34:52.6 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 52327 | Marcel Rieck | 00:34:53.4 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 6732 | Fynn Müller | 00:34:53.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8669 | Thomas Koch | 00:34:53.9 | offene Klasse | 0 | 0 | GER | Milkron |
| 0. | 10726 | Noname | 00:34:54.0 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 3945 | Nico Kralisch | 00:34:54.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 9908 | Enrico Herzog | 00:34:54.4 | offene Klasse | 0 | 0 | GER | SportScheck GmbH |
| 0. | 8255 | Christian Seiler | 00:34:54.4 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 10627 | Noname | 00:34:54.7 | offene Klasse | 0 | 0 | GER | VPM Team |
| 0. | 8202 | Marco Stefanelli | 00:34:54.9 | offene Klasse | 0 | 0 | GER | KSG - knackig, schön gebaut |
| 0. | 6460 | Robin Lubig | 00:34:55.3 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 9866 | Falk Hennig | 00:34:55.6 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 7368 | Dennis Quante | 00:34:55.9 | offene Klasse | 0 | 0 | GER | inTime Express Logistik GmbH |
| 0. | 2228 | Noname | 00:34:56.1 | offene Klasse | 0 | 0 | GER | Willenbrock Fördertechnik GmbH |
| 0. | 10191 | Michael Grabonovski | 00:34:56.8 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 2428 | Jörn Hengstler | 00:34:57.4 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 4053 | Alexander Sarmiento | 00:34:57.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7008 | Noname | 00:34:57.0 | offene Klasse | 0 | 0 | GER | Team HOCHTIEF |
| 0. | 8702 | Andreas Hüttl | 00:34:57.0 | offene Klasse | 0 | 0 | GER | Mobil ISC |
| 0. | 9898 | Christopher Virchow | 00:34:57.1 | offene Klasse | 0 | 0 | GER | SPIE ICS |
| 0. | 8233 | Marc Garlichs | 00:34:57.2 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 10759 | Tobias Gruhn | 00:34:57.2 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 2588 | Noname | 00:34:58.0 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 816 | Bastian Neubert | 00:34:58.1 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 1769 | Noname | 00:34:58.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11365 | Noname | 00:34:58.7 | offene Klasse | 0 | 0 | GER | ZETCON Ingenieure GmbH |
| 0. | 7376 | Noname | 00:34:59.1 | offene Klasse | 0 | 0 | GER | inTime Express Logistik GmbH |
| 0. | 11364 | Noname | 00:34:59.2 | offene Klasse | 0 | 0 | GER | ZETCON Ingenieure GmbH |
| 0. | 7510 | Yll Topalli | 00:35:00.1 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 409 | Luis Javier Galdámez Rayo | 00:35:00.1 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 9758 | Jens Petersen | 00:35:00.2 | offene Klasse | 0 | 0 | GER | Deckelbude |
| 0. | 9141 | Emrah Ekinci | 00:35:00.4 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 9755 | Daniel Empting | 00:35:01.2 | offene Klasse | 0 | 0 | GER | Deckelbude |
| 0. | 5227 | Léandre Walraevens | 00:35:01.5 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 1948 | Sipan Shamo | 00:35:02.1 | offene Klasse | 0 | 0 | GER | SOLI Infratechnik GmbH |
| 0. | 9292 | Noname | 00:35:02.2 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 11268 | Jonathan Uelschen | 00:35:02.5 | offene Klasse | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |
| 0. | 8428 | Martin Menkhoff | 00:35:02.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 2068 | Michael Mainz | 00:35:02.7 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 289 | Bobí Trpevski | 00:35:03.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |

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| 0. | 2414 | Max Reimer | 00:35:03.9 | offene Klasse | 0 | 0 | GER | AIM |
| 0. | 7058 | Gerald Talhoff | 00:35:03.9 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 2412 | Patrick Liedtke | 00:35:04.2 | offene Klasse | 0 | 0 | GER | AIM |
| 0. | 550 | Thilo Pfläging | 00:35:04.2 | offene Klasse | 0 | 0 | GER | Bundesdruckerei |
| 0. | 4891 | Noname | 00:35:04.2 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 2295 | Eric Hess | 00:35:04.6 | offene Klasse | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 10403 | Lucas Seidel | 00:35:04.6 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 790 | Philipp Schumann | 00:35:05.2 | offene Klasse | 0 | 0 | GER | Dachser SE |
| 0. | 10367 | Jano Martin | 00:35:05.3 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 1454 | Noname | 00:35:05.5 | offene Klasse | 0 | 0 | GER | itsc |
| 0. | 7412 | Noname | 00:35:05.6 | offene Klasse | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 8630 | Andre Maurer | 00:35:05.6 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 811 | Jannik Luhn | 00:35:05.9 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 8580 | Noname | 00:35:06.8 | offene Klasse | 0 | 0 | GER | MHH Radiologie |
| 0. | 2157 | Carsten Gebhardt | 00:35:07.2 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 347 | Max Dorow | 00:35:07.4 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 3166 | Nikolaus Lefarth | 00:35:07.5 | offene Klasse | 0 | 0 | GER | BNP Paribas |
| 0. | 3427 | Maik Deschka | 00:35:07.9 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3165 | Finn Kucharek | 00:35:08.4 | offene Klasse | 0 | 0 | GER | BNP Paribas |
| 0. | 190 | Constantin Neubert | 00:35:09.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 170 | Ivo Meier | 00:35:09.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8855 | Noname | 00:35:09.4 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 4338 | Gregor Fauter | 00:35:10.0 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 5413 | Maximilian Kreuzberg | 00:35:10.8 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 4372 | Vadim Moshkov | 00:35:11.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 5412 | Julian Kreuzberg | 00:35:11.7 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 5591 | René Rückbeil | 00:35:13.1 | offene Klasse | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 6078 | Salar Osso | 00:35:13.6 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 4343 | Julian Gienow | 00:35:14.0 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 10428 | Thilo Weidmann | 00:35:14.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 5918 | Patrick Lindner | 00:35:14.6 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 9013 | Leon Sievering | 00:35:15.2 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 2489 | Yannik Homa | 00:35:15.5 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 11135 | Jan Gaidischki | 00:35:15.9 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 9756 | Uwe Heimann | 00:35:15.9 | offene Klasse | 0 | 0 | GER | Deckelbude |
| 0. | 8167 | Noname | 00:35:16.0 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 10023 | Steffen Goldenstein | 00:35:17.1 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 2301 | Frank Nöhre | 00:35:17.8 | offene Klasse | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 4371 | Tobias Möhlenbrock | 00:35:18.0 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 6171 | Noname | 00:35:18.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2221 | Salar Yousefian | 00:35:18.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 1735 | Christoph Bruns | 00:35:19.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1157 | Edmund Schwarz | 00:35:20.9 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5639 | Mark Moch | 00:35:21.2 | offene Klasse | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 6513 | Lars Breitenstein | 00:35:21.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8774 | Noname | 00:35:21.5 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 8359 | Laurin Hotz | 00:35:21.9 | offene Klasse | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 8357 | Luis Müller | 00:35:22.4 | offene Klasse | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 3881 | Niels Hänseltovar | 00:35:22.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4369 | Christoph Meier | 00:35:22.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 1669 | Noname | 00:35:22.9 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 1672 | Noname | 00:35:23.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 4524 | Jochen Kmietsch | 00:35:23.3 | offene Klasse | 0 | 0 | GER | DOK SYSTEME GmbH |

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|----|-------|-----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 3203 | Nicolas Knüppe | 00:35:24.2 | offene Klasse | 0 | 0 | GER | Bucher Municipal |
| 0. | 9082 | Björn Wittneben | 00:35:24.4 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 7365 | Áron Németh | 00:35:24.6 | offene Klasse | 0 | 0 | GER | inTime Express Logistik GmbH |
| 0. | 2480 | Nils Günther | 00:35:24.7 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 8386 | Nils Schlünzen | 00:35:25.4 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 8825 | Fritz Benning | 00:35:25.4 | offene Klasse | 0 | 0 | GER | Neoskop |
| 0. | 10192 | Dennis Hergert | 00:35:25.4 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 8365 | Noname | 00:35:25.4 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 6618 | Oliver Heilmann | 00:35:25.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8823 | Christopherrobin Bahr | 00:35:25.9 | offene Klasse | 0 | 0 | GER | Neoskop |
| 0. | 8367 | Noname | 00:35:25.9 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 7013 | Noname | 00:35:26.0 | offene Klasse | 0 | 0 | GER | Team HOCHTIEF |
| 0. | 11309 | Niklas Idler | 00:35:26.1 | offene Klasse | 0 | 0 | GER | ZAG Personal & Perspektiven |
| 0. | 6922 | Robert Lerch | 00:35:26.2 | offene Klasse | 0 | 0 | GER | Die Heinzis |
| 0. | 762 | Tim Schmidt | 00:35:26.5 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 11010 | Noname | 00:35:26.5 | offene Klasse | 0 | 0 | GER | VIP |
| 0. | 4519 | Hermann Bauer | 00:35:26.8 | offene Klasse | 0 | 0 | GER | DOK SYSTEME GmbH |
| 0. | 52334 | Malte Schmitz | 00:35:27.2 | offene Klasse | 0 | 0 | GER | RG Finance GmbH |
| 0. | 5680 | Lars Brüggeboes | 00:35:27.5 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 782 | Quentin Guibouret | 00:35:27.5 | offene Klasse | 0 | 0 | GER | Dachser SE |
| 0. | 9291 | Noname | 00:35:28.2 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 8216 | Jakob Kayser | 00:35:28.4 | offene Klasse | 0 | 0 | GER | LNVG |
| 0. | 3247 | Robin Horst | 00:35:28.9 | offene Klasse | 0 | 0 | GER | Busse & Coll Steuerberatung GmbH |
| 0. | 9647 | Jörn Vorwahl | 00:35:29.0 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 11158 | Thomas Owusu | 00:35:29.4 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 136 | Niclas Knemöller | 00:35:29.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3365 | Jason Barkau | 00:35:29.6 | offene Klasse | 0 | 0 | GER | CHANNEL21 GmbH |
| 0. | 5797 | Nikolas Böttcher | 00:35:29.7 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 7539 | Kevin Bohn | 00:35:30.4 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 4789 | Mark Wilms | 00:35:30.7 | offene Klasse | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 8221 | Jens Thurow | 00:35:31.3 | offene Klasse | 0 | 0 | GER | LNVG |
| 0. | 1819 | Olivia Schmidt | 00:35:31.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11111 | Marcus Winkler | 00:35:31.9 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 3258 | Mario Kleo | 00:35:32.1 | offene Klasse | 0 | 0 | GER | CADFEM Germany |
| 0. | 8055 | Malte Brandt | 00:35:32.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 7312 | Daniel Sommer | 00:35:32.2 | offene Klasse | 0 | 0 | GER | IMFun! |
| 0. | 10 | Nail Aydogdu | 00:35:32.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9757 | Nicolaj Meißner | 00:35:33.2 | offene Klasse | 0 | 0 | GER | Deckelbude |
| 0. | 9632 | Nino Pertile | 00:35:33.5 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 6086 | Noname | 00:35:34.2 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 2195 | Sönke Kopp | 00:35:34.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 6049 | Michael Wittkop | 00:35:34.6 | offene Klasse | 0 | 0 | GER | Gutenberg Rechenzentrum GmbH & Co.KG |
| 0. | 217 | Björn Reinecke | 00:35:34.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2064 | Daniel Leuninger | 00:35:34.7 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 6539 | Malte Decker | 00:35:35.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3276 | Moritz Lange | 00:35:35.1 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 1726 | Samira Bendlin | 00:35:35.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11064 | Patrick Dolle | 00:35:35.3 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 6125 | Noname | 00:35:35.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 11052 | Liam Urban | 00:35:35.8 | offene Klasse | 0 | 0 | GER | Vogeler |
| 0. | 9606 | Michael Andre | 00:35:36.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 9645 | Tim Heitmann | 00:35:36.5 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 10238 | Sebastian Stach | 00:35:36.6 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |

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|----|-------|------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 3774 | Asker Batyrov | 00:35:37.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4415 | Alexander Aschemann | 00:35:37.3 | offene Klasse | 0 | 0 | GER | Dt. Inst. für Kautschuktechnologie |
| 0. | 5758 | Tim Mithöfer | 00:35:37.4 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 2218 | Simon Vorndamm | 00:35:37.8 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 4597 | Maximilian Bolesta | 00:35:38.1 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 7884 | Scott Seeler | 00:35:38.7 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 3499 | Patrick Sachsebytomski | 00:35:39.8 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 9250 | Francis Wäse | 00:35:39.0 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 5629 | Jannis Noel Böttcher | 00:35:39.2 | offene Klasse | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 2158 | Moritz Hamm | 00:35:39.6 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 2572 | Thorsten Kurland | 00:35:40.1 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 11113 | Philipp Zobel | 00:35:40.2 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 2859 | Pawel Pielach | 00:35:40.2 | offene Klasse | 0 | 0 | GER | Baude |
| 0. | 6499 | Jonas Berger | 00:35:40.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3982 | Yannick Massafra | 00:35:41.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5866 | Nils Schomburg | 00:35:41.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 5686 | Hendrik Jakobi | 00:35:42.2 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 9633 | Wolfgang Plachetzky | 00:35:42.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 11490 | Noname | 00:35:43.0 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 4871 | Valentin Koch | 00:35:43.1 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 7435 | Sebastian Jäger | 00:35:43.5 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 8765 | Fabian Krabb | 00:35:44.0 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 10045 | Noname | 00:35:44.2 | offene Klasse | 0 | 0 | GER | SportScheck Pacemaker |
| 0. | 9353 | Jannik Schaper | 00:35:44.4 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 52275 | Noname | 00:35:44.4 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 9987 | Okan Sener | 00:35:44.6 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 4574 | Christian Andrä | 00:35:44.9 | offene Klasse | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 2536 | Tjark Edelmann | 00:35:44.9 | offene Klasse | 0 | 0 | GER | Alvotech Hannover |
| 0. | 783 | Marian Hackerott | 00:35:45.0 | offene Klasse | 0 | 0 | GER | Dachser SE |
| 0. | 3887 | Timo Hartenstein | 00:35:45.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 9309 | Georg Arakisvili | 00:35:45.2 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 7275 | Janeric Bewer | 00:35:46.0 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 7177 | Noname | 00:35:46.5 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 4197 | Thimo Eichstädt | 00:35:47.5 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 1711 | Faris Halawani | 00:35:47.7 | offene Klasse | 0 | 0 | GER | msg |
| 0. | 1716 | Lukas Schepers | 00:35:47.7 | offene Klasse | 0 | 0 | GER | msg |
| 0. | 4620 | Felix Pomykaj | 00:35:48.1 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 7903 | Friedrich Giesler | 00:35:48.4 | offene Klasse | 0 | 0 | GER | KOENEN BAUANWÄLTE |
| 0. | 9308 | Santiago Kordian | 00:35:48.7 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 1736 | Moritz Christ | 00:35:48.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7913 | Morten Steimann | 00:35:49.6 | offene Klasse | 0 | 0 | GER | KOENEN BAUANWÄLTE |
| 0. | 340 | Jan Terelak | 00:35:49.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8499 | Ahmet Yildizadoymaz | 00:35:50.2 | offene Klasse | 0 | 0 | GER | Martin Braun KG |
| 0. | 7907 | Dominik Hermann | 00:35:50.4 | offene Klasse | 0 | 0 | GER | KOENEN BAUANWÄLTE |
| 0. | 3225 | Ralf Hansche | 00:35:50.5 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 8621 | Benedikt Grün | 00:35:50.7 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 2574 | Alexander Loth | 00:35:50.9 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 6633 | Christopher Hippler | 00:35:51.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 628 | Ken Rippegather | 00:35:51.2 | offene Klasse | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 5661 | Christian Steglich | 00:35:51.2 | offene Klasse | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 6231 | Andre Moos | 00:35:51.3 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 7165 | Nazar Aldachi | 00:35:51.5 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 11086 | Björn Schütte | 00:35:52.3 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |

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|----|-------|--------------------------|------------|---------------|---|---|-----|----------------------------------|
| 0. | 6059 | Mats Grieß | 00:35:52.3 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 6243 | Felix Berkenkamp | 00:35:52.4 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 8018 | Alexander Stöckmann | 00:35:52.5 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 6108 | Noname | 00:35:53.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 1653 | Philip Soboll | 00:35:53.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 7067 | Maik Huth | 00:35:53.4 | offene Klasse | 0 | 0 | GER | Hörmann KG Verkaufsgesellschaft |
| 0. | 8070 | Yannick Hartwich | 00:35:53.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 4987 | Jannis Ricke | 00:35:54.1 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 6082 | Pascal Van Tübbergen | 00:35:54.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 7544 | Ingo Kanira | 00:35:55.1 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 6084 | Sabine Wuth | 00:35:55.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 2687 | Noname | 00:35:55.4 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 1760 | Tobias Hein | 00:35:55.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5695 | Sven Osterhof | 00:35:55.8 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 9284 | Noname | 00:35:55.9 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 5580 | Markus Kohlstedt | 00:35:56.0 | offene Klasse | 0 | 0 | GER | ECKERT Rechtsanwälte |
| 0. | 9915 | Matthias Wegner | 00:35:56.1 | offene Klasse | 0 | 0 | GER | SportScheck GmbH |
| 0. | 52289 | Noname | 00:35:56.7 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 10994 | Josef Schwarzensteiner | 00:35:56.9 | offene Klasse | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 8101 | Thomas Ortlieb | 00:35:57.2 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 6169 | Noname | 00:35:57.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 5520 | Felix Tebrügge | 00:35:58.2 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 9474 | Maximilian Doelle | 00:35:58.4 | offene Klasse | 0 | 0 | GER | Sappi Hannover |
| 0. | 7551 | Jörg Schubertengelschall | 00:35:58.6 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 559 | Michael Baesgen | 00:35:58.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 390 | Christopher Bachran | 00:35:58.6 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 6122 | Noname | 00:35:58.8 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 5670 | Sören Scheer | 00:35:59.0 | offene Klasse | 0 | 0 | GER | Strate Running Team 2023 |
| 0. | 3489 | Sérgio Pinto | 00:35:59.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 8644 | Noname | 00:36:00.1 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 5959 | Dennis Rudnick | 00:36:01.2 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 4822 | Kevin Pyrk | 00:36:01.4 | offene Klasse | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 5483 | Lennart Runte | 00:36:01.7 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 9168 | Alex Panchenko | 00:36:02.0 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 2613 | Noname | 00:36:02.3 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 2955 | Luca Böhne | 00:36:02.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 8206 | Markus Welzel | 00:36:02.6 | offene Klasse | 0 | 0 | GER | KSG - knackig, schön gebaut |
| 0. | 8839 | Simon Müller | 00:36:03.6 | offene Klasse | 0 | 0 | GER | Neptune Energy |
| 0. | 9017 | Ulf Stockey | 00:36:03.7 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 3563 | Felix Feldmann | 00:36:03.8 | offene Klasse | 0 | 0 | GER | CGM Team Hannover |
| 0. | 5179 | Mikhail Chabanov | 00:36:03.8 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 7537 | Ralf Strohecker | 00:36:03.9 | offene Klasse | 0 | 0 | GER | JCI |
| 0. | 11314 | Paul Stehle | 00:36:04.6 | offene Klasse | 0 | 0 | GER | ZAG Personal & Perspektiven |
| 0. | 4834 | Tobias Ratsch | 00:36:05.1 | offene Klasse | 0 | 0 | GER | M6 |
| 0. | 2427 | Timo Heins | 00:36:05.1 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 2749 | Tobias Genschel | 00:36:05.2 | offene Klasse | 0 | 0 | GER | B&B. : überwegs |
| 0. | 1386 | Tobias Koplin | 00:36:05.2 | offene Klasse | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 2751 | Rega Rauf | 00:36:05.5 | offene Klasse | 0 | 0 | GER | B&B. : überwegs |
| 0. | 2706 | Noname | 00:36:05.7 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 1414 | Kilian Trarbach | 00:36:06.1 | offene Klasse | 0 | 0 | GER | Die Hempelmänner |
| 0. | 1149 | Nicolas Schindler | 00:36:06.1 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6637 | Stefan Hümmer | 00:36:06.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9058 | Rathusannan Gnanaseelan | 00:36:06.6 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |

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|----|-------|--------------------|------------|---------------|---|---|-----|--|
| 0. | 10459 | Dennis Walker | 00:36:07.2 | offene Klasse | 0 | 0 | GER | UKA Umweltgerechte Kraftanlagen GmbH |
| 0. | 6923 | Andreas Lucan | 00:36:07.5 | offene Klasse | 0 | 0 | GER | Die Heinzis |
| 0. | 4245 | Malte Rieger | 00:36:08.7 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 8620 | Fabian Elsing | 00:36:08.7 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 9697 | Björn Ellwert | 00:36:09.0 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 2918 | Noname | 00:36:09.4 | offene Klasse | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |
| 0. | 1128 | Lukas Reddersen | 00:36:09.9 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10003 | Denis Schermacher | 00:36:10.5 | offene Klasse | 0 | 0 | GER | Sweco GmbH |
| 0. | 9078 | Muhammed Urfa | 00:36:10.6 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 2521 | Rainer Bütchhorn | 00:36:10.9 | offene Klasse | 0 | 0 | GER | ALMEX GmbH |
| 0. | 11051 | Lennard Schwarz | 00:36:11.1 | offene Klasse | 0 | 0 | GER | Vogeler |
| 0. | 5912 | Johannes Jurecka | 00:36:11.9 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 2620 | Nico Schröder | 00:36:12.0 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 2553 | Noname | 00:36:12.2 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 5602 | Severin Spill | 00:36:12.3 | offene Klasse | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 9330 | Torge Woth | 00:36:13.8 | offene Klasse | 0 | 0 | GER | Reha Peiner Straße |
| 0. | 2629 | Olli Noname | 00:36:14.0 | offene Klasse | 0 | 0 | GER | ASB Hannover |
| 0. | 6042 | Lutz Akemann | 00:36:14.9 | offene Klasse | 0 | 0 | GER | Gutenberg Rechenzentrum GmbH & Co.KG |
| 0. | 2165 | Andreas Peters | 00:36:15.1 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 1708 | Cord Bendorf | 00:36:15.2 | offene Klasse | 0 | 0 | GER | MEDIFOX DAN |
| 0. | 10875 | Noname | 00:36:15.8 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 5735 | Pascal Bassy | 00:36:15.9 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 1775 | Malte Knudsen | 00:36:16.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6183 | Noname | 00:36:16.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2362 | Frank Kulack | 00:36:16.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 4703 | Noname | 00:36:17.6 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 9637 | Maximilian Roy | 00:36:17.8 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 1661 | Noname | 00:36:18.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 8340 | Noname | 00:36:18.4 | offene Klasse | 0 | 0 | GER | Lomavis : Social Media Tools |
| 0. | 6691 | Kilian Lang | 00:36:18.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4774 | Enrico Dommies | 00:36:19.2 | offene Klasse | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 6465 | Timo Abramowski | 00:36:19.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11295 | Noname | 00:36:19.8 | offene Klasse | 0 | 0 | GER | Yasmin |
| 0. | 10629 | Dominik Höltingen | 00:36:20.5 | offene Klasse | 0 | 0 | GER | VDI:VDE:IT GmbH |
| 0. | 7535 | Joachim Zimmermann | 00:36:20.9 | offene Klasse | 0 | 0 | GER | JCI |
| 0. | 6240 | Jonas Uhrlandt | 00:36:21.1 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 1808 | Jürgen Ripke | 00:36:21.2 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2914 | Leon Semmler | 00:36:22.6 | offene Klasse | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |
| 0. | 9875 | Sebastian Andräe | 00:36:22.1 | offene Klasse | 0 | 0 | GER | Team SOPHIE |
| 0. | 2336 | Martin Hauke | 00:36:23.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 5788 | Pascal Powroznik | 00:36:23.5 | offene Klasse | 0 | 0 | GER | Genossenschaftsverband e. V. |
| 0. | 2659 | Dirk Zeyher | 00:36:24.0 | offene Klasse | 0 | 0 | GER | Atelier für Metallgestaltung und Restaurierung |
| 0. | 1766 | Jan Hüper | 00:36:24.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 8147 | David Wiebe | 00:36:24.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 317 | Oliver Widdel | 00:36:24.5 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11081 | Matthias Peterson | 00:36:24.8 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 8103 | Armando Pena Goede | 00:36:25.2 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 6670 | Marian Knolle | 00:36:25.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7552 | Lothar Schulze | 00:36:25.4 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 7308 | Niklas Huke | 00:36:25.4 | offene Klasse | 0 | 0 | GER | IMFun! |
| 0. | 10284 | Özcan Demir | 00:36:25.8 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 9429 | Noname | 00:36:25.9 | offene Klasse | 0 | 0 | GER | Röntgenpraxis Am Marstall® |
| 0. | 259 | Marco Segel | 00:36:26.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |

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|----|-------|-----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 8112 | Tim Rüdiger | 00:36:26.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9726 | Norbert List | 00:36:26.2 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 9075 | Florian Strüber | 00:36:26.4 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 4349 | David Hoffmann | 00:36:26.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 9463 | Noname | 00:36:26.6 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 5446 | Maximilian Oberdörfer | 00:36:27.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 548 | Stefan Meinicke | 00:36:27.1 | offene Klasse | 0 | 0 | GER | Bundesdruckerei |
| 0. | 10031 | Artur Lange | 00:36:27.8 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 4360 | Sascha Roßmannek | 00:36:28.3 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 9543 | Giuliano Struck | 00:36:28.3 | offene Klasse | 0 | 0 | GER | Rainer Scholz |
| 0. | 3043 | Björn Sorembe | 00:36:29.0 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 9349 | Thomas Liebig | 00:36:29.3 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 8623 | Rüdiger Helbig | 00:36:29.7 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 9865 | Niclas Backes | 00:36:29.9 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 2860 | Fabian Rolfes | 00:36:30.2 | offene Klasse | 0 | 0 | GER | Baude |
| 0. | 9937 | Jörg Timmermann | 00:36:30.3 | offene Klasse | 0 | 0 | GER | STEP-Niedersachsen |
| 0. | 10117 | Christopher Apel | 00:36:30.7 | offene Klasse | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 2586 | Noname | 00:36:31.0 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 6110 | Noname | 00:36:31.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 11063 | Michael Cordes | 00:36:31.7 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 1282 | Julian Wesemann | 00:36:32.4 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 1317 | Fabio Woy | 00:36:32.8 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 8660 | Stephan Hohmann | 00:36:33.4 | offene Klasse | 0 | 0 | GER | MHHERZTEAM |
| 0. | 2339 | Marcel Heinrich | 00:36:33.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 4687 | Noname | 00:36:33.8 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 808 | Michael Kostian | 00:36:34.4 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 4836 | Malte Schröter | 00:36:34.6 | offene Klasse | 0 | 0 | GER | M6 |
| 0. | 9194 | Nico Bührma | 00:36:34.7 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 2682 | Cayd Otten | 00:36:35.0 | offene Klasse | 0 | 0 | GER | AUCOTEC AG |
| 0. | 7353 | Noname | 00:36:35.3 | offene Klasse | 0 | 0 | GER | INTEGRA |
| 0. | 2166 | Florian Rauhut | 00:36:35.4 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 7352 | Noname | 00:36:35.4 | offene Klasse | 0 | 0 | GER | INTEGRA |
| 0. | 7347 | Noname | 00:36:35.4 | offene Klasse | 0 | 0 | GER | INTEGRA |
| 0. | 7346 | Noname | 00:36:35.9 | offene Klasse | 0 | 0 | GER | INTEGRA |
| 0. | 7345 | Noname | 00:36:36.1 | offene Klasse | 0 | 0 | GER | INTEGRA |
| 0. | 7349 | Noname | 00:36:36.1 | offene Klasse | 0 | 0 | GER | INTEGRA |
| 0. | 3146 | Noname | 00:36:36.1 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 4925 | Cedric Helmke | 00:36:36.4 | offene Klasse | 0 | 0 | GER | Enno Roggemann |
| 0. | 8508 | Kevin Diep | 00:36:36.6 | offene Klasse | 0 | 0 | GER | Maximum |
| 0. | 941 | Elmar Schulte | 00:36:36.7 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 7350 | Noname | 00:36:36.9 | offene Klasse | 0 | 0 | GER | INTEGRA |
| 0. | 8164 | Noname | 00:36:37.2 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 7351 | Noname | 00:36:37.4 | offene Klasse | 0 | 0 | GER | INTEGRA |
| 0. | 8168 | Noname | 00:36:37.5 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 2239 | Jannis Rost | 00:36:37.9 | offene Klasse | 0 | 0 | GER | 3B Bauconsult GmbH & Co. KG |
| 0. | 2532 | Torstern Wieckberg | 00:36:38.6 | offene Klasse | 0 | 0 | GER | ALMEX GmbH |
| 0. | 8809 | Nils Timpe | 00:36:38.6 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 2933 | Henri Schroth | 00:36:38.8 | offene Klasse | 0 | 0 | GER | Team Behn Steuerberatung |
| 0. | 6502 | Noname | 00:36:39.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6962 | Lennart Grüne | 00:36:40.0 | offene Klasse | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 6048 | Sven Schütte | 00:36:40.1 | offene Klasse | 0 | 0 | GER | Gutenberg Rechenzentrum GmbH & Co.KG |
| 0. | 821 | Dirk Streicher | 00:36:40.9 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 5987 | Patrick Wack | 00:36:41.1 | offene Klasse | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |

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|----|-------|------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 5316 | Niclas Becker | 00:36:41.2 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 8908 | Torge Decker | 00:36:41.3 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 823 | Jörg Tepelmann | 00:36:41.4 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 4935 | Jan Arne Stübig | 00:36:41.6 | offene Klasse | 0 | 0 | GER | Enno Roggemann |
| 0. | 4979 | Nico Marienfeld | 00:36:42.1 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 8166 | Noname | 00:36:42.7 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 3938 | Christian Köhne | 00:36:42.9 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 643 | Marius Jaschonek | 00:36:43.0 | offene Klasse | 0 | 0 | GER | CC Runners |
| 0. | 5013 | Luca Meier | 00:36:43.8 | offene Klasse | 0 | 0 | GER | ETL Treuhand Steuerberatungsges. mbH |
| 0. | 10108 | Sven Ebeling | 00:36:44.1 | offene Klasse | 0 | 0 | GER | TOPAS |
| 0. | 2942 | Folkert Hensmann | 00:36:44.4 | offene Klasse | 0 | 0 | GER | Behncke GmbH |
| 0. | 3871 | Noname | 00:36:44.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4138 | Julian Turbato | 00:36:45.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4899 | Janniklas Großkreutz | 00:36:45.0 | offene Klasse | 0 | 0 | GER | Energie-Pensions-Management GmbH |
| 0. | 8786 | Daniel Kiechle | 00:36:45.1 | offene Klasse | 0 | 0 | GER | MTB GmbH |
| 0. | 11181 | Andrej Eichholz | 00:36:45.3 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 8775 | Ingo Hoffmann | 00:36:45.3 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 8165 | Noname | 00:36:46.0 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 1004 | Pascal Dieckröger | 00:36:46.4 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 7253 | Jalal Heidari | 00:36:46.6 | offene Klasse | 0 | 0 | GER | #weilwieslieben |
| 0. | 7305 | Dennis Leander Schmidt | 00:36:47.1 | offene Klasse | 0 | 0 | GER | Die schnellen Libellen |
| 0. | 10792 | Fabian Krampe | 00:36:47.7 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9232 | Tobias Plaß | 00:36:47.8 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 2523 | Julian Eichhoff | 00:36:47.8 | offene Klasse | 0 | 0 | GER | ALMEX GmbH |
| 0. | 1408 | Marvin Linke | 00:36:47.9 | offene Klasse | 0 | 0 | GER | Die Hempelmänner |
| 0. | 7476 | Dariusz Jasiak | 00:36:48.1 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 3761 | Ufuk Alakus | 00:36:48.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11089 | Cord Siebert | 00:36:48.5 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 9627 | Uwe Kubon | 00:36:49.5 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 9780 | Thomas Frankl | 00:36:50.3 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 3324 | Ulrich Mühlhoff | 00:36:50.3 | offene Klasse | 0 | 0 | GER | CENTERSCAPE |
| 0. | 11232 | Noname | 00:36:50.5 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 7265 | Larshendrik Hoppe | 00:36:50.5 | offene Klasse | 0 | 0 | GER | infra GmbH |
| 0. | 2863 | Robert Wintersehl | 00:36:51.0 | offene Klasse | 0 | 0 | GER | Baude |
| 0. | 7348 | Noname | 00:36:51.1 | offene Klasse | 0 | 0 | GER | INTEGRA |
| 0. | 5564 | Florian Karlstetter | 00:36:51.1 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 8770 | Noname | 00:36:51.5 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 55 | Tim Eckhardt | 00:36:51.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3620 | Carsten Engelhardt | 00:36:52.0 | offene Klasse | 0 | 0 | GER | Creditreform Hannover-Celle |
| 0. | 11410 | Alexander Hübscher | 00:36:52.5 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 7279 | Joel Erfkamp | 00:36:52.5 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 3530 | Ralf Zirzow | 00:36:52.6 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 2267 | Iaroslav Rudenko | 00:36:52.6 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 1544 | Erik Hasemann | 00:36:52.6 | offene Klasse | 0 | 0 | GER | Konica Minolta |
| 0. | 5828 | Hubertus Frede | 00:36:52.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3404 | Daniel Schünke | 00:36:52.9 | offene Klasse | 0 | 0 | GER | winkler Unternehmensgruppe |
| 0. | 10353 | Tobias Lange | 00:36:52.9 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 4337 | Timo Engwer | 00:36:53.3 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 4180 | Kamil Mnich | 00:36:53.4 | offene Klasse | 0 | 0 | GER | Debeka Hannover-Süd |
| 0. | 1946 | Tristan Lohmeier | 00:36:53.6 | offene Klasse | 0 | 0 | GER | SOLI Infratechnik GmbH |
| 0. | 6466 | Ferhat Aclan | 00:36:53.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3504 | Timo Schrader | 00:36:54.4 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 10303 | Lasse Gebbers | 00:36:54.4 | offene Klasse | 0 | 0 | GER | TUI Group |

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|----|-------|--------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 11224 | Noname | 00:36:54.5 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 10501 | Sascha Reibe | 00:36:54.7 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 5672 | Viktor Volk | 00:36:54.7 | offene Klasse | 0 | 0 | GER | Strate Running Team 2023 |
| 0. | 10490 | Aleister Lier | 00:36:55.7 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 2238 | Sebastian Menzel | 00:36:55.9 | offene Klasse | 0 | 0 | GER | 3B Bauconsult GmbH & Co. KG |
| 0. | 2714 | Hauke Börgerding | 00:36:55.9 | offene Klasse | 0 | 0 | GER | Team GiB & AZH |
| 0. | 1862 | Noname | 00:36:56.1 | offene Klasse | 0 | 0 | GER | nass magnet GmbH |
| 0. | 2159 | Tobias Homey | 00:36:56.1 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 9540 | Sven Noack | 00:36:57.1 | offene Klasse | 0 | 0 | GER | Rainer Scholz |
| 0. | 10460 | Severin Senge | 00:36:57.3 | offene Klasse | 0 | 0 | GER | UKA Umweltgerechte Kraftanlagen GmbH |
| 0. | 8128 | Jörn Siedentopf | 00:36:57.7 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 495 | Kevin Fischer | 00:36:57.9 | offene Klasse | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 1649 | Gerrit Schlüter | 00:36:58.0 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 10514 | Hakan Arikan | 00:36:58.1 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 1663 | Noname | 00:36:58.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 5844 | Stefan Niesen | 00:36:58.3 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 5663 | Mike Gebhardt | 00:36:58.7 | offene Klasse | 0 | 0 | GER | Strate Running Team 2023 |
| 0. | 3048 | Ulrike Stender | 00:36:58.7 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 6077 | Said Osso | 00:36:59.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 5669 | Nils Schmidt | 00:36:59.2 | offene Klasse | 0 | 0 | GER | Strate Running Team 2023 |
| 0. | 9615 | Florian Hauhs | 00:37:00.0 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 1658 | Thomas Uhr | 00:37:00.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 8408 | Peter Fladung | 00:37:00.4 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 7837 | Marcel Leuteritz | 00:37:00.4 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 1650 | Jan Schulze | 00:37:00.5 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 3153 | Noname | 00:37:00.6 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 3214 | Kevin Krawutschke | 00:37:00.8 | offene Klasse | 0 | 0 | GER | BlmA |
| 0. | 8014 | Timm Leibelt | 00:37:00.0 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 7654 | Samuel Bertram | 00:37:01.4 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 3141 | Noname | 00:37:01.4 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 7543 | Philipp Heydebreck | 00:37:01.6 | offene Klasse | 0 | 0 | GER | JUWI GmbH |
| 0. | 8821 | Patrick Müller | 00:37:01.7 | offene Klasse | 0 | 0 | GER | NBank |
| 0. | 7632 | Christoph Düsterbeck | 00:37:02.3 | offene Klasse | 0 | 0 | GER | klartxt racing team |
| 0. | 8445 | John Westphal | 00:37:02.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 906 | Olaf Krause | 00:37:02.7 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 6087 | Noname | 00:37:03.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 11100 | Smail Merhfour | 00:37:03.4 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 7333 | Fabian Heilek | 00:37:04.1 | offene Klasse | 0 | 0 | GER | INSIDE M2M GmbH |
| 0. | 9894 | Uwe Kramer | 00:37:04.9 | offene Klasse | 0 | 0 | GER | SPIE ICS |
| 0. | 1127 | Janphilipp Rauschen | 00:37:05.1 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 2451 | Lian Sewig | 00:37:05.3 | offene Klasse | 0 | 0 | GER | alcera Kommunikationstechnik GmbH |
| 0. | 4448 | Sebastian Jex | 00:37:06.0 | offene Klasse | 0 | 0 | GER | DHL |
| 0. | 82 | Benjamin Gnauk | 00:37:07.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7864 | Lennart Peisker | 00:37:07.8 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 5172 | Fernando Briones Jimenez | 00:37:08.3 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 9733 | Frank Riehn | 00:37:09.0 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 3490 | Henri Engelke | 00:37:09.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 7497 | Andreas Reich | 00:37:09.3 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 3599 | Julian Metje | 00:37:09.4 | offene Klasse | 0 | 0 | GER | Continental Versicherungsverbund |
| 0. | 3147 | Noname | 00:37:09.4 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 6818 | Christoph Schulz | 00:37:10.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6232 | Dennis Wittrin | 00:37:10.1 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 8372 | Noname | 00:37:11.6 | offene Klasse | 0 | 0 | GER | Luther |

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|----|-------|----------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 8771 | Noname | 00:37:12.1 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 8443 | Marvin Vollmers | 00:37:12.1 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 565 | Torsten Dix | 00:37:12.3 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 1075 | Taron Ladoyan | 00:37:12.7 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1153 | Fabio Schomacker | 00:37:12.7 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6495 | Joel Behrendt | 00:37:12.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8044 | Tim Altkemper | 00:37:13.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2365 | Tim Leimeister | 00:37:13.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 6622 | Peter Hempel | 00:37:14.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8773 | Noname | 00:37:14.3 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 10363 | Peter Machts | 00:37:14.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 4213 | Simon Buhr | 00:37:14.5 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 10867 | Oliver Schilling | 00:37:14.5 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 11108 | Sven Schneider | 00:37:14.7 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 9912 | Fabian Richter | 00:37:14.9 | offene Klasse | 0 | 0 | GER | SportScheck GmbH |
| 0. | 1754 | Wunderlich Gahd | 00:37:15.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 8404 | Fritz Edelhoff | 00:37:15.1 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 5812 | Niclas Mundstock | 00:37:15.2 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 6024 | Maximilian Scharf | 00:37:15.4 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 2408 | Oliver Zoufall | 00:37:15.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 219 | Julian Riehn | 00:37:16.7 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8218 | Sebastian Neustock | 00:37:16.7 | offene Klasse | 0 | 0 | GER | LNVG |
| 0. | 1192 | Mike Maronna | 00:37:16.7 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11030 | Christian Kessler | 00:37:17.1 | offene Klasse | 0 | 0 | GER | Viscom AG |
| 0. | 2432 | Noname | 00:37:18.4 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 1189 | Kevin Ziehme | 00:37:18.6 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8447 | Marco Wollschläger | 00:37:18.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 2355 | Philipp Kirchner | 00:37:18.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 7494 | René Borkenhagen | 00:37:18.8 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 1367 | Michael Koch | 00:37:18.9 | offene Klasse | 0 | 0 | GER | H&P Bauingenieure GmbH & Co. KG |
| 0. | 5224 | Maximilian Westphal | 00:37:19.5 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 8719 | Niklas Nötzel | 00:37:19.6 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 8720 | Tobias Wißert | 00:37:19.9 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 3149 | Noname | 00:37:20.4 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 2844 | Andreas Baude | 00:37:20.5 | offene Klasse | 0 | 0 | GER | Baude |
| 0. | 9654 | Alexander Muhamodev | 00:37:22.0 | offene Klasse | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 8058 | Michael Chowaniec | 00:37:22.2 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 1876 | Alexander Brörmann | 00:37:22.7 | offene Klasse | 0 | 0 | GER | ich bin niels stensen |
| 0. | 5228 | Dolunay Kececi | 00:37:23.0 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 9060 | Benjamin Beisner | 00:37:23.1 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 3921 | Godfrey Katua | 00:37:23.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8718 | Colin Nadolny | 00:37:23.9 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 2324 | Philip Doering | 00:37:24.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 8376 | Noname | 00:37:24.6 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 467 | Adrian Schmied | 00:37:24.7 | offene Klasse | 0 | 0 | GER | akut... Personallogistik |
| 0. | 5911 | Mario Habel | 00:37:24.9 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 7230 | Noname | 00:37:25.5 | offene Klasse | 0 | 0 | GER | ILFA Hannover 2023 |
| 0. | 8226 | André Bergmann | 00:37:25.7 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 9532 | Rafael Andrés Kawula | 00:37:25.9 | offene Klasse | 0 | 0 | GER | Rainer Scholz |
| 0. | 8368 | Noname | 00:37:26.1 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 3211 | Jan Haseler | 00:37:26.8 | offene Klasse | 0 | 0 | GER | BImA |
| 0. | 10239 | Lennard Stammschroer | 00:37:26.9 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 6976 | Vincent Wagner | 00:37:27.0 | offene Klasse | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |

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|----|-------|--------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 3506 | Julius Schwab | 00:37:28.2 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 11104 | Hakan Özdemir | 00:37:28.7 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 6716 | Dirk Martens | 00:37:28.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8325 | Niklas Grieger | 00:37:29.0 | offene Klasse | 0 | 0 | GER | Leuchtfeuer Digital Marketing GmbH |
| 0. | 672 | David Yoel Wandschneider | 00:37:29.8 | offene Klasse | 0 | 0 | GER | CC Runners |
| 0. | 5784 | Tim Näfe | 00:37:30.0 | offene Klasse | 0 | 0 | GER | Genossenschaftsverband e. V. |
| 0. | 2437 | Mark Ruschin | 00:37:30.4 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 2704 | Noname | 00:37:30.6 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 757 | Marius Rohde | 00:37:31.2 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 2699 | Noname | 00:37:31.4 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 9788 | Noname | 00:37:31.5 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 6278 | Ramino Mirsanei | 00:37:31.9 | offene Klasse | 0 | 0 | GER | hannoverimpuls GmbH |
| 0. | 8237 | Felix Granow | 00:37:31.9 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 6076 | Ronny Ode | 00:37:32.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 6661 | Robert Griffin | 00:37:32.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2289 | Bastian Toch | 00:37:32.4 | offene Klasse | 0 | 0 | GER | AGL |
| 0. | 7082 | Robert Leppich | 00:37:32.6 | offene Klasse | 0 | 0 | GER | Hempelmann |
| 0. | 1162 | Daniel Spangenberg | 00:37:33.4 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 233 | Fabian Sagebiel | 00:37:33.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6331 | Christoph Galuba | 00:37:34.5 | offene Klasse | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 3240 | Noname | 00:37:34.5 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 2287 | Tim Tiedemann | 00:37:35.4 | offene Klasse | 0 | 0 | GER | AGL |
| 0. | 7204 | Patrick Kläßen | 00:37:36.0 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 9377 | Lukas Meyer | 00:37:36.1 | offene Klasse | 0 | 0 | GER | Renk |
| 0. | 111 | Oliver Hoch | 00:37:36.3 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6349 | Cornel Sperling | 00:37:36.4 | offene Klasse | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 776 | Lenard Bals | 00:37:36.7 | offene Klasse | 0 | 0 | GER | Dachser SE |
| 0. | 6796 | Markus Scheele | 00:37:36.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 416 | Sebastian Heck | 00:37:38.9 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 10622 | Gottfried Gaigg | 00:37:39.2 | offene Klasse | 0 | 0 | GER | VPM Team |
| 0. | 406 | Jonas Ewald | 00:37:39.7 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 4362 | Simon Kremer | 00:37:40.0 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 1762 | Lennart Hibbeln | 00:37:41.2 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 8833 | Johannes Böttick | 00:37:41.6 | offene Klasse | 0 | 0 | GER | Neptune Energy |
| 0. | 11346 | Mehmet Yetis | 00:37:41.9 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 7278 | Aaron Donak | 00:37:42.2 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 92 | Niklas Hafner | 00:37:43.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5687 | Ralf Kamisek | 00:37:43.3 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 8576 | Niko Stamer | 00:37:43.3 | offene Klasse | 0 | 0 | GER | MT-Schule |
| 0. | 1246 | Christopher Slawik | 00:37:43.5 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 4534 | Matthias Limbach | 00:37:43.8 | offene Klasse | 0 | 0 | GER | Dr. Buhmann Schule & Akademie |
| 0. | 9740 | Johannes Stender | 00:37:44.2 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 2983 | Linda Hartmann | 00:37:44.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 652 | Markus Matthies | 00:37:44.5 | offene Klasse | 0 | 0 | GER | CC Runners |
| 0. | 10073 | Noname | 00:37:45.2 | offene Klasse | 0 | 0 | GER | Team Tecis |
| 0. | 4241 | Noname | 00:37:46.0 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 2373 | Markus Misch | 00:37:46.1 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 7807 | Samet Celenk | 00:37:46.6 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 5271 | Nils Ulloth | 00:37:46.7 | offene Klasse | 0 | 0 | GER | Feddeck+Mahner |
| 0. | 8763 | Noname | 00:37:47.1 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 8672 | Christian Schunke | 00:37:47.2 | offene Klasse | 0 | 0 | GER | Milkron |
| 0. | 3560 | Noname | 00:37:47.2 | offene Klasse | 0 | 0 | GER | Compact |
| 0. | 6379 | Mark Glaß | 00:37:47.3 | offene Klasse | 0 | 0 | GER | HPG Runners |

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|----|-------|--------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 8331 | Noname | 00:37:47.4 | offene Klasse | 0 | 0 | GER | Logwin HAJ |
| 0. | 7980 | Niclas Schumburg | 00:37:47.5 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 2763 | Dennis Drexhage | 00:37:47.6 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 4474 | Hans Tapfer | 00:37:47.9 | offene Klasse | 0 | 0 | GER | digital.manufaktur GmbH |
| 0. | 563 | Dirk Deiters | 00:37:48.1 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 2313 | Benjamin Behrens | 00:37:48.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 5622 | Pascal Balewski | 00:37:48.4 | offene Klasse | 0 | 0 | GER | The FUn GROup Runners |
| 0. | 1425 | Nils Doede | 00:37:48.7 | offene Klasse | 0 | 0 | GER | IPH gGmbH |
| 0. | 9208 | Frederik Gödeke | 00:37:48.8 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 6774 | Paul Reiser | 00:37:48.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1816 | Christoph Scheithauer | 00:37:49.7 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1391 | Shqiprim Ujkani | 00:37:50.8 | offene Klasse | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 7195 | Uwe Withus | 00:37:51.8 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 6186 | Noname | 00:37:51.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3561 | Noname | 00:37:52.0 | offene Klasse | 0 | 0 | GER | Compact |
| 0. | 7405 | Andreas Mitscke | 00:37:52.4 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 10149 | Christian Forsblad | 00:37:53.0 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 1755 | Florian Gehrke | 00:37:53.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2323 | Eric Dietze | 00:37:53.6 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 4468 | Alexander Bobzien | 00:37:53.9 | offene Klasse | 0 | 0 | GER | digital.manufaktur GmbH |
| 0. | 3558 | Noname | 00:37:54.0 | offene Klasse | 0 | 0 | GER | Compact |
| 0. | 9644 | Maximilian Tedja | 00:37:54.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 8028 | Thaer Eid | 00:37:54.4 | offene Klasse | 0 | 0 | GER | KD Schmid Runners |
| 0. | 8022 | Jannik Baeßler | 00:37:54.6 | offene Klasse | 0 | 0 | GER | KD Schmid Runners |
| 0. | 7254 | Simeon Hennigs | 00:37:54.9 | offene Klasse | 0 | 0 | GER | #weilwireslieben |
| 0. | 6145 | Noname | 00:37:55.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 971 | Noname | 00:37:55.2 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 8231 | David Elatov | 00:37:55.4 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 6610 | Ole Hansen | 00:37:55.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4421 | Jannik Laages | 00:37:56.0 | offene Klasse | 0 | 0 | GER | Dt. Inst. für Kautschuktechnologie |
| 0. | 342 | Noname | 00:37:56.1 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 9304 | Mert Mercan | 00:37:56.4 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 10249 | Noname | 00:37:56.6 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 6161 | Noname | 00:37:56.7 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 5349 | Darvin Elik | 00:37:57.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 486 | Gerald Spahiu | 00:37:57.4 | offene Klasse | 0 | 0 | GER | Amadeus FiRe |
| 0. | 8030 | Joric Pretzel | 00:37:57.6 | offene Klasse | 0 | 0 | GER | KD Schmid Runners |
| 0. | 3248 | Peter Krampitz | 00:37:57.9 | offene Klasse | 0 | 0 | GER | Busse & Coll Steuerberatung GmbH |
| 0. | 4517 | Peter Peschel | 00:37:57.9 | offene Klasse | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 716 | Bernd Gerl | 00:37:58.0 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 11157 | Noname | 00:37:58.3 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 2519 | Ruben Braun | 00:37:58.8 | offene Klasse | 0 | 0 | GER | ALMEX GmbH |
| 0. | 6189 | Noname | 00:37:59.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 4074 | Tobias Schön | 00:37:59.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 721 | Niklas Pundschus | 00:38:00.0 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 8130 | Daniel Stahlhut | 00:38:00.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9387 | Michael Schallerschönitz | 00:38:00.1 | offene Klasse | 0 | 0 | GER | Team RHB Hannover |
| 0. | 10383 | Philipp Otto | 00:38:00.1 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 8986 | Pablo Otto | 00:38:00.2 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 6447 | Tom Ulloth | 00:38:00.3 | offene Klasse | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 8011 | Viktoria Haas | 00:38:01.3 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 1865 | Kiron Lohse | 00:38:01.3 | offene Klasse | 0 | 0 | GER | nass magnet GmbH |
| 0. | 52292 | Noname | 00:38:01.9 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |

| | | | | | | | | |
|----|-------|-------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 4188 | Tom Holzky | 00:38:02.7 | offene Klasse | 0 | 0 | GER | Debeka Geschäftsstelle Celle |
| 0. | 2098 | Alexander Struß | 00:38:02.7 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 52287 | Noname | 00:38:02.9 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 8047 | Niklas Bals | 00:38:03.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 1091 | Jan Malchert | 00:38:04.7 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8252 | Arne Schirrling | 00:38:04.7 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 794 | Marco Weidemann | 00:38:04.9 | offene Klasse | 0 | 0 | GER | Dachser SE |
| 0. | 781 | Janphilipp Goetzle | 00:38:05.2 | offene Klasse | 0 | 0 | GER | Dachser SE |
| 0. | 7235 | Serhii Minin | 00:38:05.8 | offene Klasse | 0 | 0 | GER | imug |
| 0. | 1828 | Kevin Strauch | 00:38:06.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5963 | Heiko Teßmer | 00:38:06.2 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 4507 | Josias Lüder | 00:38:06.5 | offene Klasse | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 1809 | Pascal Rode | 00:38:06.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1980 | Björn Nolte | 00:38:08.3 | offene Klasse | 0 | 0 | GER | Ströer Media Deutschland GmbH |
| 0. | 10309 | Tom Wegemann | 00:38:08.6 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 699 | Nico Wolpert | 00:38:09.5 | offene Klasse | 0 | 0 | GER | COMRAMO AG |
| 0. | 3502 | Marek Schleiss | 00:38:09.9 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 4978 | Jinu Lee | 00:38:10.1 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 1753 | Alina Fröling | 00:38:10.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 3621 | Tim Hillebrand | 00:38:10.4 | offene Klasse | 0 | 0 | GER | Creditreform Hannover-Celle |
| 0. | 10977 | Connor Hart | 00:38:10.9 | offene Klasse | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 5894 | Noname | 00:38:10.9 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10291 | Kuzey Esener | 00:38:11.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 4771 | Noname | 00:38:11.6 | offene Klasse | 0 | 0 | GER | edding |
| 0. | 265 | Nils Solga | 00:38:12.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7107 | Martin Brill | 00:38:12.4 | offene Klasse | 0 | 0 | GER | ibk IngenieurConsult GmbH |
| 0. | 6487 | Henner Barthel | 00:38:12.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11400 | Sebastian Harder | 00:38:12.7 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 5601 | Ivo Schüle | 00:38:12.8 | offene Klasse | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 4892 | Jannik Wiggering | 00:38:13.1 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 8431 | Melchior Müller | 00:38:13.4 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 1657 | Matthias Többens | 00:38:13.5 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 9978 | Toni Coffers | 00:38:14.3 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 3383 | Rasmus Nielsen | 00:38:14.4 | offene Klasse | 0 | 0 | GER | CHANNEL21 GmbH |
| 0. | 896 | Frank Kaufhold | 00:38:14.7 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 2180 | Moritz Dempewolf | 00:38:14.8 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 11141 | Timo Holland | 00:38:15.9 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 8861 | Noname | 00:38:16.1 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 1890 | Nils Gabrys | 00:38:16.4 | offene Klasse | 0 | 0 | GER | ich bin niels stensen |
| 0. | 11203 | Christian Mrozek | 00:38:17.0 | offene Klasse | 0 | 0 | GER | Warburg Invest AG |
| 0. | 1432 | Andreas Nitsche | 00:38:17.2 | offene Klasse | 0 | 0 | GER | IPH gGmbH |
| 0. | 1026 | Enrique Giraldo Nogales | 00:38:17.4 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1548 | Lars Holthöfer | 00:38:17.9 | offene Klasse | 0 | 0 | GER | Konica Minolta |
| 0. | 8134 | Noname | 00:38:18.2 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 11372 | Dennis Binder | 00:38:19.2 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 2443 | Florian Winkler | 00:38:19.4 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 8199 | Alexander Schitt | 00:38:20.1 | offene Klasse | 0 | 0 | GER | KSG - knackig, schön gebaut |
| 0. | 3532 | Sebastiano Bellofiore | 00:38:20.1 | offene Klasse | 0 | 0 | GER | Cognizant Mobility |
| 0. | 2290 | Cecil Von Dungern | 00:38:20.6 | offene Klasse | 0 | 0 | GER | AGL |
| 0. | 2447 | Roman Bondarew | 00:38:21.3 | offene Klasse | 0 | 0 | GER | alcera Kommunikationstechnik GmbH |
| 0. | 4348 | Oliver Hemme | 00:38:21.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 4383 | Mathias Rose | 00:38:21.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 746 | Kevin Naths | 00:38:21.9 | offene Klasse | 0 | 0 | GER | Team Concordia |

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|----|-------|-----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 6878 | Simon Weber | 00:38:22.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8228 | Sven Brandt | 00:38:22.1 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 4351 | Sebastian Hüttersen | 00:38:22.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 7162 | Frank Willmann | 00:38:23.1 | offene Klasse | 0 | 0 | GER | IHK Hannover |
| 0. | 3995 | Jovan Mitic | 00:38:23.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11349 | Noname | 00:38:23.5 | offene Klasse | 0 | 0 | GER | Zahnarztpraxis |
| 0. | 2334 | Morton Hattendorf | 00:38:24.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 3301 | Tim Licht | 00:38:24.6 | offene Klasse | 0 | 0 | GER | CARESTONE |
| 0. | 2941 | Paul Gebhardt | 00:38:24.8 | offene Klasse | 0 | 0 | GER | Behncke GmbH |
| 0. | 10289 | Jan Dworog | 00:38:25.2 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 2170 | Philipp Schwartz | 00:38:25.2 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 4912 | Tobias Habich | 00:38:25.7 | offene Klasse | 0 | 0 | GER | Energieversorgung Sehnde GmbH |
| 0. | 2518 | Özcan Ergin Yeter | 00:38:25.8 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 4905 | Ron Breitenherdt | 00:38:26.6 | offene Klasse | 0 | 0 | GER | Energieversorgung Sehnde GmbH |
| 0. | 6759 | Frank Pries | 00:38:26.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4695 | Noname | 00:38:28.6 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 11231 | Noname | 00:38:29.2 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 6238 | Tarik Bajramovic | 00:38:29.4 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 4688 | Noname | 00:38:30.1 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 4926 | Andreas Höweling | 00:38:31.4 | offene Klasse | 0 | 0 | GER | Enno Roggemann |
| 0. | 1784 | Fabienne Küppers | 00:38:31.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5880 | Cord Wiesner | 00:38:32.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 1733 | Isabel Brodda | 00:38:32.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2416 | Maxludwig Stadler | 00:38:32.7 | offene Klasse | 0 | 0 | GER | AIM |
| 0. | 2694 | Noname | 00:38:32.9 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 1914 | Philipp Gurjanov | 00:38:33.1 | offene Klasse | 0 | 0 | GER | ROLAND Rechtsschutz-Versicherungs-AG |
| 0. | 10119 | Sebastian Fritsch | 00:38:34.2 | offene Klasse | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 6193 | Noname | 00:38:35.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 9494 | Johannes Schwarze | 00:38:35.1 | offene Klasse | 0 | 0 | GER | Sappi Hannover |
| 0. | 8610 | Dominic Polley | 00:38:35.5 | offene Klasse | 0 | 0 | GER | MelzGercke |
| 0. | 7893 | Jaden Stürmann | 00:38:35.7 | offene Klasse | 0 | 0 | GER | Klinikum Wahrendorff GmbH |
| 0. | 9791 | Joey Rehkopf | 00:38:36.0 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 11038 | Olaf Szartan | 00:38:36.3 | offene Klasse | 0 | 0 | GER | Viscom AG |
| 0. | 5560 | David Bobb | 00:38:36.3 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 6200 | Noname | 00:38:38.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 4339 | Tobias Flechsenberger | 00:38:38.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 5506 | Fatbardh Shala | 00:38:39.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 9295 | Noname | 00:38:39.2 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 9618 | Jörg Issberner | 00:38:39.8 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 6174 | Noname | 00:38:39.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6921 | Sandro Kubern | 00:38:40.2 | offene Klasse | 0 | 0 | GER | Die Heinzis |
| 0. | 3210 | Peter Fröse | 00:38:40.6 | offene Klasse | 0 | 0 | GER | BlmA |
| 0. | 9847 | Viktor Widder | 00:38:41.5 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 3466 | Ivan Wittich | 00:38:42.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 2400 | Sven Thürnau | 00:38:42.6 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 5092 | Simon Meyer | 00:38:42.9 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 8713 | Thomas Kindling | 00:38:43.1 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 4398 | Hinnerk Wolff | 00:38:44.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 6094 | Noname | 00:38:45.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 2607 | Noname | 00:38:45.3 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 9773 | Alexander Sonnenburg | 00:38:45.4 | offene Klasse | 0 | 0 | GER | SK³ |
| 0. | 10748 | Maico Fritsche | 00:38:45.7 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10112 | Joachim Maaß | 00:38:46.4 | offene Klasse | 0 | 0 | GER | TOPAS |

| | | | | | | | | |
|----|-------|----------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 6472 | Noname | 00:38:46.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9064 | Florian Franke | 00:38:47.1 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 7250 | Pascal Scholz | 00:38:47.6 | offene Klasse | 0 | 0 | GER | Infinigate Racing Team |
| 0. | 6085 | Noname | 00:38:48.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 3630 | Timo Stürwold | 00:38:49.0 | offene Klasse | 0 | 0 | GER | Creditreform Hannover-Celle |
| 0. | 9061 | Tobias Bisgwa | 00:38:49.6 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 773 | Helmuth Winkelmann | 00:38:50.0 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 52302 | André Neudorf | 00:38:50.1 | offene Klasse | 0 | 0 | GER | Jungheinrich Vertrieb |
| 0. | 4610 | Michael Hüls | 00:38:50.8 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 4399 | Mirco Wolff | 00:38:51.2 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 6935 | Arman Yaz | 00:38:52.4 | offene Klasse | 0 | 0 | GER | Die Heinzis |
| 0. | 11288 | Noname | 00:38:53.2 | offene Klasse | 0 | 0 | GER | WTS Group AG |
| 0. | 52308 | Alexander Schulz | 00:38:53.9 | offene Klasse | 0 | 0 | GER | Jungheinrich Vertrieb |
| 0. | 6191 | Noname | 00:38:53.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2310 | Maik Bäck | 00:38:53.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 6828 | Jakub Söffker | 00:38:54.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11278 | Noname | 00:38:54.2 | offene Klasse | 0 | 0 | GER | WTS Group AG |
| 0. | 8762 | Noname | 00:38:54.8 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 5337 | Bastian Degmayr | 00:38:55.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 456 | Peter Kalak | 00:38:55.1 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 8743 | Immo Modersohn | 00:38:55.1 | offene Klasse | 0 | 0 | GER | Motel One Hannover-Oper |
| 0. | 7200 | Archibald Hausser | 00:38:55.2 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 820 | Levin Schmidt | 00:38:56.6 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 7521 | Philip Hornbostel | 00:38:57.0 | offene Klasse | 0 | 0 | GER | Johanniter - Hannoveraner Teamgeist |
| 0. | 1878 | Andreas Bußmann | 00:38:57.2 | offene Klasse | 0 | 0 | GER | ich bin niels stensen |
| 0. | 8919 | Tom Gaertner | 00:38:57.2 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 2647 | David Berger | 00:38:57.5 | offene Klasse | 0 | 0 | GER | Aspria |
| 0. | 10375 | Marcel Werrmann | 00:38:58.1 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 4376 | Stephanie Niendieker | 00:38:58.2 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 52345 | Nico Nürnberger | 00:38:58.4 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 2423 | Leon Daskijevic | 00:38:58.6 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 1771 | Schindler Karin | 00:38:58.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11284 | Mirco Krüger | 00:38:59.2 | offene Klasse | 0 | 0 | GER | WTS Group AG |
| 0. | 5693 | Helge Oberbossel | 00:38:59.3 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 5567 | Thorben Liedtke | 00:38:59.4 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 2847 | Stefan Botterbrodt | 00:39:00.0 | offene Klasse | 0 | 0 | GER | Baude |
| 0. | 2380 | Patrick Petersen | 00:39:00.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 7421 | Florian Wiesener | 00:39:00.6 | offene Klasse | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 1415 | Vincent Bartmer | 00:39:00.9 | offene Klasse | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 2300 | Lucas Wieter | 00:39:01.5 | offene Klasse | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 2422 | Tim Cappelmann | 00:39:01.6 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 3957 | Felix Kühborn | 00:39:01.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6160 | Noname | 00:39:02.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 7638 | Mario Riethmüller | 00:39:03.3 | offene Klasse | 0 | 0 | GER | klartxt racing team |
| 0. | 2767 | Norman Göke | 00:39:04.1 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 8768 | Noname | 00:39:05.1 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 4270 | Florian Seemann | 00:39:05.5 | offene Klasse | 0 | 0 | GER | Team Delticom |
| 0. | 1336 | Arveen Gurmiz | 00:39:06.0 | offene Klasse | 0 | 0 | GER | Gundlach Bau und Immobilien |
| 0. | 4341 | Thomas Franke | 00:39:06.0 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 1352 | Robin Zidorn | 00:39:06.2 | offene Klasse | 0 | 0 | GER | Gundlach Bau und Immobilien |
| 0. | 6910 | Maotaz Khiralla | 00:39:06.4 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 810 | Peter Link | 00:39:06.6 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 8061 | Bernd Boyo Djuren | 00:39:06.7 | offene Klasse | 0 | 0 | GER | KPMG |

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|----|-------|---------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 3937 | Marvin Köhler | 00:39:07.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 3000 | Ulrike Kestler | 00:39:07.3 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 8127 | Patrick Seewöster | 00:39:07.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9271 | Javier Fernandez Scarioni | 00:39:08.3 | offene Klasse | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 592 | Michael Ptaschinski | 00:39:08.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 4375 | Günter Nieft | 00:39:08.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 6909 | Saman Junglundberg | 00:39:08.9 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 6907 | Tillmann Höwing | 00:39:09.1 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 1530 | Aleksej Brack | 00:39:09.6 | offene Klasse | 0 | 0 | GER | Konica Minolta |
| 0. | 4390 | Daniel Stallauke | 00:39:09.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 6905 | Tobias Herrmann | 00:39:09.9 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 2551 | Noname | 00:39:10.2 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 9625 | Lutz Krause | 00:39:10.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 5619 | Gerrit Herrmann | 00:39:11.2 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 2421 | Jeremy Alber | 00:39:11.4 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 6038 | Noname | 00:39:11.9 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 8396 | Eduard Miller | 00:39:12.4 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 9622 | Ralf Kemmesies | 00:39:13.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 5796 | Johannes Becker | 00:39:14.5 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 8987 | Noname | 00:39:14.4 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 6452 | Sinan Dreimann | 00:39:14.5 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 4522 | Florian Dreyer | 00:39:15.3 | offene Klasse | 0 | 0 | GER | DOK SYSTEME GmbH |
| 0. | 9375 | Martin Limmer | 00:39:15.4 | offene Klasse | 0 | 0 | GER | Renk |
| 0. | 328 | Ben Yannick Zinn | 00:39:16.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1803 | Noname | 00:39:16.7 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6252 | Moustapha Sanogo | 00:39:16.9 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 2804 | Karl Reichstein | 00:39:16.9 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 1727 | Noname | 00:39:17.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1833 | Noname | 00:39:17.2 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6178 | Noname | 00:39:17.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3305 | Peter Werheit | 00:39:17.9 | offene Klasse | 0 | 0 | GER | CARESTONE |
| 0. | 10013 | Tjerk Helbig | 00:39:18.1 | offene Klasse | 0 | 0 | GER | Sympacon TS |
| 0. | 6257 | Fred Paletta | 00:39:18.1 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 3432 | Mirko Fietz | 00:39:18.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 4422 | Carlos Lucke | 00:39:18.3 | offene Klasse | 0 | 0 | GER | Dt. Inst. für Kautschuktechnologie |
| 0. | 2317 | Stefankarsten Bode | 00:39:18.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 151 | Robert Wolf | 00:39:18.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1284 | Pit Wilkens | 00:39:19.1 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 3483 | Peter Nowak | 00:39:19.4 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 4414 | Ahmet Akar | 00:39:19.5 | offene Klasse | 0 | 0 | GER | Dt. Inst. für Kautschuktechnologie |
| 0. | 5678 | Sebastian Bode | 00:39:19.5 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 10033 | Henrik Müller | 00:39:19.6 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 5016 | Björn Waltemathe | 00:39:20.0 | offene Klasse | 0 | 0 | GER | ETL Treuhand Steuerberatungsges. mbH |
| 0. | 1954 | Michel Meier | 00:39:21.1 | offene Klasse | 0 | 0 | GER | SOLI Infratechnik GmbH |
| 0. | 3566 | Sablach Hasan | 00:39:21.3 | offene Klasse | 0 | 0 | GER | CGM Team Hannover |
| 0. | 5517 | Julius Süllau | 00:39:21.7 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 2264 | Mustafa Berkay | 00:39:22.1 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 10218 | Jonas Meerheimb | 00:39:22.6 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9982 | David Meier | 00:39:22.6 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 9673 | Christan Adams | 00:39:23.4 | offene Klasse | 0 | 0 | GER | SHP Ingenieure |
| 0. | 9300 | Max Burgard | 00:39:23.7 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 9635 | Peter Roth | 00:39:24.0 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 6114 | Noname | 00:39:24.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |

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|----|-------|----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 4353 | Dennis Karguth | 00:39:24.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 9301 | Noname | 00:39:25.2 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 5800 | Lukas Fricke | 00:39:26.2 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 6113 | Noname | 00:39:26.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 10300 | Frederic Gangnus | 00:39:27.1 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 7988 | Carsten Teske | 00:39:27.2 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 3297 | Wojciech Jonczyk | 00:39:30.1 | offene Klasse | 0 | 0 | GER | CARESTONE |
| 0. | 9307 | Faruk Maulawy | 00:39:30.2 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 2162 | Hubert Kouam | 00:39:30.4 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 11034 | Peter Krippner | 00:39:30.6 | offene Klasse | 0 | 0 | GER | Viscom AG |
| 0. | 10015 | Pascal Radtke | 00:39:30.9 | offene Klasse | 0 | 0 | GER | Sympacon TS |
| 0. | 8577 | Daniel Dux | 00:39:31.1 | offene Klasse | 0 | 0 | GER | MHH Radiologie |
| 0. | 6242 | Ramon Saba | 00:39:31.1 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 5480 | Piere Rostig | 00:39:31.4 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 10722 | Henri Betz | 00:39:32.3 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 8583 | Max Hagemann | 00:39:32.3 | offene Klasse | 0 | 0 | GER | MHH Radiologie |
| 0. | 9946 | Jesper Wellnitz | 00:39:32.4 | offene Klasse | 0 | 0 | GER | Steuerberater am Aegi |
| 0. | 10877 | Maximilian Sendmeyer | 00:39:32.8 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 4934 | Felix Sieverling | 00:39:32.9 | offene Klasse | 0 | 0 | GER | Enno Roggemann |
| 0. | 11075 | Patrick Lohr | 00:39:33.0 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 8578 | David Farke | 00:39:33.3 | offene Klasse | 0 | 0 | GER | MHH Radiologie |
| 0. | 8571 | Kim Paul Schmidt | 00:39:33.5 | offene Klasse | 0 | 0 | GER | MT-Schule |
| 0. | 5081 | Noname | 00:39:34.8 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 7010 | Noname | 00:39:35.2 | offene Klasse | 0 | 0 | GER | Team HOCHTIEF |
| 0. | 2696 | Noname | 00:39:35.4 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 5528 | Jonas Van Laaten | 00:39:36.2 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 1701 | Julian Stelzer | 00:39:37.9 | offene Klasse | 0 | 0 | GER | MEDIFOX DAN |
| 0. | 2410 | Joachim Haenicke | 00:39:38.7 | offene Klasse | 0 | 0 | GER | AIM |
| 0. | 9381 | Noname | 00:39:39.1 | offene Klasse | 0 | 0 | GER | Renk |
| 0. | 2404 | Arne Wetcke | 00:39:39.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 8976 | Lars Timm | 00:39:39.2 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 3603 | Jan Schulte | 00:39:39.6 | offene Klasse | 0 | 0 | GER | Continental Versicherungsverbund |
| 0. | 1320 | Sahap Alptekin | 00:39:39.7 | offene Klasse | 0 | 0 | GER | GRENKE AG |
| 0. | 5871 | Helge Spehr | 00:39:40.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 52252 | Cornelius Kuba | 00:39:40.2 | offene Klasse | 0 | 0 | GER | Alterric Deutschland GmbH |
| 0. | 1324 | Sebastian Mohr | 00:39:41.0 | offene Klasse | 0 | 0 | GER | GRENKE AG |
| 0. | 51 | Charissis Diamantis | 00:39:41.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3088 | Patrick Vogt | 00:39:42.4 | offene Klasse | 0 | 0 | GER | BG-Phoenix GmbH |
| 0. | 10344 | Michael Krämer | 00:39:42.9 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 2307 | Horst Wille | 00:39:43.2 | offene Klasse | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 7040 | Florian Kosanke | 00:39:43.7 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 3507 | Lothar Schwarz | 00:39:44.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 6027 | Oliver Swieca | 00:39:44.1 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 5450 | Julian Otto | 00:39:44.2 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 9769 | Damian Onofrei | 00:39:44.4 | offene Klasse | 0 | 0 | GER | SK³ |
| 0. | 4805 | Muawi Bilek | 00:39:44.7 | offene Klasse | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 9331 | Gunnar Hergemöller | 00:39:45.4 | offene Klasse | 0 | 0 | GER | Gib Gummi |
| 0. | 5662 | Ulf Förster | 00:39:45.5 | offene Klasse | 0 | 0 | GER | Strate Running Team 2023 |
| 0. | 9854 | Armin Djafari Naini | 00:39:45.9 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 2450 | Martin Rogon | 00:39:46.6 | offene Klasse | 0 | 0 | GER | alcera Kommunikationstechnik GmbH |
| 0. | 2286 | Fabian Schneider | 00:39:46.8 | offene Klasse | 0 | 0 | GER | AGL |
| 0. | 6112 | Noname | 00:39:47.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6124 | Noname | 00:39:47.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |

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|----|-------|------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 6123 | Noname | 00:39:47.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 8985 | Manuel Ottlik | 00:39:48.7 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 9355 | Umedjon Urunov | 00:39:49.1 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 1180 | Florian Wernicke | 00:39:49.2 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 7453 | Linus Sobek | 00:39:50.3 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 2320 | Lars Denecke | 00:39:50.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 1458 | Robert Schiffmann | 00:39:51.0 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 11109 | Fabian Schulz | 00:39:51.2 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 4394 | Raimund Vogedes | 00:39:51.2 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 4319 | Louis Baltzer | 00:39:51.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 525 | Dominik Kairies | 00:39:51.6 | offene Klasse | 0 | 0 | GER | Betonbau |
| 0. | 8742 | Ahmed El Merhi | 00:39:51.9 | offene Klasse | 0 | 0 | GER | Motel One Hannover-Oper |
| 0. | 3985 | Luis Matthaei | 00:39:52.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 42 | Niclas Busche | 00:39:52.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6194 | Noname | 00:39:52.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 1616 | Lutz Barnert | 00:39:53.0 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 4658 | Philipp Katzwinkel | 00:39:53.4 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 10179 | Arno Bollin | 00:39:53.6 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 8140 | Christopher Vogt | 00:39:53.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 10735 | Nabil Chegdaly | 00:39:54.3 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9857 | Dirk Fügemann | 00:39:54.3 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 10513 | Singh Gurinder | 00:39:54.9 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 3627 | Lars Schäfer | 00:39:55.0 | offene Klasse | 0 | 0 | GER | Creditreform Hannover-Celle |
| 0. | 2346 | André Holland | 00:39:55.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 8877 | Lars Jungfer | 00:39:55.5 | offene Klasse | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 8873 | David Bent | 00:39:56.3 | offene Klasse | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 5612 | Dirk Frobese | 00:39:56.7 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 8879 | Kilian Kreft | 00:39:56.8 | offene Klasse | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 8874 | Johannes Bertram | 00:39:56.8 | offene Klasse | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 5673 | Marlien Abs | 00:39:57.2 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 8881 | Martin Hiebel | 00:39:57.3 | offene Klasse | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 5674 | Regina Barasinski | 00:39:57.5 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 9350 | Felix Much | 00:39:57.8 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 8878 | Marit Kampner | 00:39:58.0 | offene Klasse | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 5571 | Domenik Pflughaupt | 00:39:58.1 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 5751 | Uwe König | 00:39:58.4 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 3624 | Steffen Osten | 00:39:58.6 | offene Klasse | 0 | 0 | GER | Creditreform Hannover-Celle |
| 0. | 2101 | Noname | 00:39:58.7 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 5778 | Tim Jungmichel | 00:40:00.0 | offene Klasse | 0 | 0 | GER | Genossenschaftsverband e. V. |
| 0. | 1329 | Karsten Bösenberg | 00:40:00.7 | offene Klasse | 0 | 0 | GER | Gundlach Bau und Immobilien |
| 0. | 6459 | Jonas Kühn | 00:40:01.3 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 8778 | Noname | 00:40:02.6 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 4710 | Noname | 00:40:02.6 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 5833 | Christian Holtmann | 00:40:03.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 9063 | Justus Finn Eggerstedt | 00:40:04.4 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 5890 | Noname | 00:40:04.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 2812 | Stefan Sierth | 00:40:04.9 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 2350 | Gabriel Jankuc | 00:40:05.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 1464 | Noname | 00:40:06.8 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 2790 | Marc Mrosk | 00:40:07.3 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 7572 | Krzysztof Milewski | 00:40:07.5 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 11447 | Harald Nobis | 00:40:07.5 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 10212 | Lennard Kording | 00:40:08.1 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |

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|----|-------|------------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 1466 | Alexander Schneider | 00:40:08.3 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 6135 | Noname | 00:40:09.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6133 | Noname | 00:40:09.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 7560 | Matthias Grothe | 00:40:10.1 | offene Klasse | 0 | 0 | GER | Running Bulls |
| 0. | 3237 | Noname | 00:40:11.1 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 9899 | Wilfried Fritz | 00:40:11.1 | offene Klasse | 0 | 0 | GER | SPIE ICS |
| 0. | 8138 | Hannes Unger | 00:40:11.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 11190 | Edmund Schäfer | 00:40:11.7 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 6052 | Besar Berati | 00:40:11.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 3743 | Marco Winter | 00:40:12.6 | offene Klasse | 0 | 0 | GER | Dassault Systemes |
| 0. | 6714 | Marius Mann | 00:40:13.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4637 | Dennis Bahns | 00:40:13.6 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 8568 | Marvin Pasler | 00:40:13.8 | offene Klasse | 0 | 0 | GER | MT-Schule |
| 0. | 8439 | Adrian Schimpf | 00:40:14.2 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 7057 | Christoph Steinberg | 00:40:14.2 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 3889 | Kevin Häseker | 00:40:14.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6134 | Noname | 00:40:15.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 7000 | Roman Czychi | 00:40:16.1 | offene Klasse | 0 | 0 | GER | hm-pp |
| 0. | 2174 | Eric Weise | 00:40:17.7 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 2531 | Daniel Wohnrade | 00:40:17.8 | offene Klasse | 0 | 0 | GER | ALMEX GmbH |
| 0. | 10892 | Manuel Truckses | 00:40:18.0 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1798 | Evers Niccolo | 00:40:18.2 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9787 | Steven Krüger | 00:40:18.8 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 2021 | Eric Ehrke | 00:40:18.8 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 2987 | Ilena Herrera | 00:40:19.3 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 10385 | Noname | 00:40:19.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 4356 | Magdalena Klimek | 00:40:19.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 9351 | Lennart Pfuhl | 00:40:19.6 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 10063 | Noname | 00:40:19.6 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 8098 | Christoph Neunhoeffler | 00:40:19.7 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 7316 | August Dorn | 00:40:20.1 | offene Klasse | 0 | 0 | GER | IZ Runners |
| 0. | 6172 | Noname | 00:40:20.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6184 | Noname | 00:40:20.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 10188 | Chris Gabucan | 00:40:20.9 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 2683 | Matthias Placzko | 00:40:21.0 | offene Klasse | 0 | 0 | GER | AUCOTEC AG |
| 0. | 2977 | Ina Grande | 00:40:21.0 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 6173 | Noname | 00:40:21.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 8395 | Sönke Nicolaysen | 00:40:21.1 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 7810 | Tobias Nordmeyer | 00:40:21.3 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 10773 | Ralf Humke | 00:40:21.7 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 348 | Jan Bungart | 00:40:21.9 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 9977 | Oliver Brendler | 00:40:22.4 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 7898 | Sven Visser | 00:40:23.7 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 8777 | Noname | 00:40:23.8 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 8745 | Matthias Schön | 00:40:23.9 | offene Klasse | 0 | 0 | GER | Motel One Hannover-Oper |
| 0. | 11234 | Noname | 00:40:24.0 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 9575 | Christian Horn | 00:40:24.4 | offene Klasse | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 8436 | Ole Rottmann | 00:40:24.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 1848 | Oscar Zurek | 00:40:24.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2529 | Florian Schacht | 00:40:24.9 | offene Klasse | 0 | 0 | GER | ALMEX GmbH |
| 0. | 7670 | Lennart Dreyer | 00:40:25.1 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9679 | Thomas Kurth | 00:40:25.1 | offene Klasse | 0 | 0 | GER | SHP Ingenieure |
| 0. | 6367 | Constantin Jenner | 00:40:25.2 | offene Klasse | 0 | 0 | GER | Hannoversche Werkstätten gem. GmbH |

| | | | | | | | | |
|----|-------|--------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 4340 | Tanja Franke | 00:40:25.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 1740 | Alexandros Dimou | 00:40:26.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6224 | Johano Röhrs | 00:40:26.3 | offene Klasse | 0 | 0 | GER | HC Runners |
| 0. | 2968 | Robert Errington | 00:40:26.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 10794 | Tim Krenzin | 00:40:26.8 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 4759 | Thomas Sterzer | 00:40:27.4 | offene Klasse | 0 | 0 | GER | Ecovis Hannover |
| 0. | 224 | Bjarne Rogalski | 00:40:28.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7500 | Alexander Jänecke | 00:40:29.1 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 10103 | Gordon Stein | 00:40:29.1 | offene Klasse | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 7630 | Sören Betker | 00:40:29.3 | offene Klasse | 0 | 0 | GER | klartxt racing team |
| 0. | 8301 | Kendrick Macasero | 00:40:29.7 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 7287 | Andreas Kreybohn | 00:40:30.2 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 2216 | Sebastian Ueck | 00:40:30.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 52251 | Nils Algermissen | 00:40:30.7 | offene Klasse | 0 | 0 | GER | Alterric Deutschland GmbH |
| 0. | 655 | Alexander Schmidt | 00:40:31.0 | offene Klasse | 0 | 0 | GER | CC Runners |
| 0. | 5889 | Michael Brusberg | 00:40:31.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 8655 | Andreas Schäfer | 00:40:31.4 | offene Klasse | 0 | 0 | GER | MHHERZTEAM |
| 0. | 8405 | Torben Ellmers | 00:40:31.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 6948 | Max Kenz | 00:40:31.9 | offene Klasse | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 2382 | Marc Pilates | 00:40:32.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 9128 | Noname | 00:40:32.2 | offene Klasse | 0 | 0 | GER | Plasma Service |
| 0. | 2989 | Björn Holst | 00:40:32.8 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 4370 | Jens Meyer | 00:40:33.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 3022 | Lucie Ohlemann | 00:40:33.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 7126 | Leonard Rieke | 00:40:34.3 | offene Klasse | 0 | 0 | GER | IFA |
| 0. | 8332 | Noname | 00:40:34.5 | offene Klasse | 0 | 0 | GER | Logwin HAJ |
| 0. | 2161 | Alexander Kinder | 00:40:34.7 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 11368 | Noname | 00:40:35.0 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 5282 | Jens Trapphagen | 00:40:35.5 | offene Klasse | 0 | 0 | GER | Fedrigoni Team |
| 0. | 647 | Besnik Osmani | 00:40:35.6 | offene Klasse | 0 | 0 | GER | CC Runners |
| 0. | 7798 | Matthias Berg | 00:40:36.0 | offene Klasse | 0 | 0 | GER | Klinikum Wahrendorff GmbH |
| 0. | 597 | David Schulz | 00:40:36.4 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 7614 | Jan Ole Hotze | 00:40:37.1 | offene Klasse | 0 | 0 | GER | Kinderpflege Bärenstark |
| 0. | 6023 | Klaus Scharf | 00:40:37.1 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 8336 | Noname | 00:40:37.5 | offene Klasse | 0 | 0 | GER | Logwin HAJ |
| 0. | 1825 | Jessica Schwitalla | 00:40:38.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4205 | Johan Stolwijk | 00:40:38.7 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 11468 | Florian Schwarze | 00:40:39.5 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 6516 | Kevin Brendler | 00:40:40.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8756 | Noname | 00:40:40.7 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 4263 | Florian Hoppe | 00:40:40.7 | offene Klasse | 0 | 0 | GER | Team Delticom |
| 0. | 5950 | John Lahmann | 00:40:41.0 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 7400 | John Hecht | 00:40:41.4 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 7870 | Christian Rauls | 00:40:41.5 | offene Klasse | 0 | 0 | GER | Klinikum Wahrendorff GmbH |
| 0. | 7879 | Isabel Schneck | 00:40:42.5 | offene Klasse | 0 | 0 | GER | Klinikum Wahrendorff GmbH |
| 0. | 6408 | Metin Ersu | 00:40:42.5 | offene Klasse | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 2604 | Noname | 00:40:42.8 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 7143 | Jürgen Hahn | 00:40:43.4 | offene Klasse | 0 | 0 | GER | IHK Hannover |
| 0. | 6973 | Jasper Sund | 00:40:43.5 | offene Klasse | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 8785 | Tim Kellner | 00:40:43.6 | offene Klasse | 0 | 0 | GER | MTB GmbH |
| 0. | 4820 | Frances Ohm | 00:40:43.9 | offene Klasse | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 8791 | Silas Taherian | 00:40:45.1 | offene Klasse | 0 | 0 | GER | MTB GmbH |
| 0. | 11016 | Noname | 00:40:46.3 | offene Klasse | 0 | 0 | GER | VIP |

| | | | | | | | | |
|----|-------|---------------------|------------|---------------|---|---|-----|----------------------------------|
| 0. | 6937 | Marius Ramm | 00:40:46.4 | offene Klasse | 0 | 0 | GER | Heinz-Piest-Institut |
| 0. | 1409 | Markus Mahler | 00:40:46.6 | offene Klasse | 0 | 0 | GER | Die Hempelmänner |
| 0. | 8832 | Sebastian Barohn | 00:40:46.9 | offene Klasse | 0 | 0 | GER | Neptune Energy |
| 0. | 11137 | Sven Grüneberg | 00:40:46.9 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 2775 | Lars Holtmann | 00:40:47.1 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 5065 | Marius Duda | 00:40:48.8 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 9193 | Max Brückner | 00:40:49.0 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 8772 | Noname | 00:40:49.1 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 9641 | Jörg Simon | 00:40:49.8 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 5067 | Marcel Ellscheid | 00:40:50.4 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 6890 | Jannik Wichheiter | 00:40:50.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9777 | Daniel Brand | 00:40:50.6 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 3076 | Steven Schudy | 00:40:50.8 | offene Klasse | 0 | 0 | GER | BG RCI |
| 0. | 5071 | Marten Gröblichhoff | 00:40:51.1 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 6063 | Florian Hasselbrink | 00:40:51.4 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 2578 | Guezel Kutlucan | 00:40:52.4 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 5119 | Axel Ziegler | 00:40:52.6 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 8582 | Thomas Werncke | 00:40:52.8 | offene Klasse | 0 | 0 | GER | MHH Radiologie |
| 0. | 11406 | Alexander Hoffmann | 00:40:52.9 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 3255 | Kevin Schäfer | 00:40:53.1 | offene Klasse | 0 | 0 | GER | Busse & Coll Steuerberatung GmbH |
| 0. | 11028 | Janhendrik Iser | 00:40:53.4 | offene Klasse | 0 | 0 | GER | Viscom AG |
| 0. | 1366 | Christian Kemper | 00:40:53.7 | offene Klasse | 0 | 0 | GER | H&P Bauingenieure GmbH & Co. KG |
| 0. | 5997 | Dominik Beyer | 00:40:53.9 | offene Klasse | 0 | 0 | GER | GSR Strahlentherapie Hannover |
| 0. | 9746 | Sven Wengzinek | 00:40:54.2 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 4195 | Julian Del Amo | 00:40:54.7 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 11103 | Ethelbert Obinna | 00:40:55.2 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 2265 | Nishant Chouksey | 00:40:55.9 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 817 | Arjanit Osmani | 00:40:56.2 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 8972 | Timo Meyer | 00:40:56.5 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 52256 | Tomas Vaverka | 00:40:56.7 | offene Klasse | 0 | 0 | GER | Alterric Deutschland GmbH |
| 0. | 5333 | Radugabriel Calenic | 00:40:57.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 2571 | Sascha Krueger | 00:40:58.6 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 1749 | Darius Fiebig | 00:40:58.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6628 | Christoph Hessler | 00:40:59.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2569 | Jonas Dworaczek | 00:40:59.1 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 1737 | Dennis Cramer | 00:40:59.2 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5550 | Leon Zehaczek | 00:40:59.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 3999 | Leif Magnus Möller | 00:40:59.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5451 | Paul Pabsch | 00:40:59.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 11033 | Alessandro Kredo | 00:40:59.9 | offene Klasse | 0 | 0 | GER | Viscom AG |
| 0. | 6784 | Wieland Rohde | 00:41:00.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8016 | Marco Morich | 00:41:00.3 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 7124 | Tobias Hiller | 00:41:00.6 | offene Klasse | 0 | 0 | GER | IFA |
| 0. | 7932 | Anastasios Georgiou | 00:41:01.0 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 9337 | Ulf Hanebuth | 00:41:01.2 | offene Klasse | 0 | 0 | GER | Gib Gummi |
| 0. | 5586 | Zois Arnopoulos | 00:41:01.3 | offene Klasse | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 5616 | Robin Polke | 00:41:01.5 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 9069 | Martin Hinzmann | 00:41:01.6 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 5895 | Noname | 00:41:01.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3381 | Tobias Lübke | 00:41:01.7 | offene Klasse | 0 | 0 | GER | CHANNEL21 GmbH |
| 0. | 5652 | Hajo Ostermoor | 00:41:03.4 | offene Klasse | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 6241 | Natalia Pavlenko | 00:41:03.9 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 7125 | Justin Hook | 00:41:04.6 | offene Klasse | 0 | 0 | GER | IFA |

| | | | | | | | | |
|----|-------|-------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 4387 | Marcrobin Schumumachers | 00:41:05.3 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 2522 | Malte Cornelius | 00:41:05.3 | offene Klasse | 0 | 0 | GER | ALMEX GmbH |
| 0. | 7746 | Matthias Richter | 00:41:05.4 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 2697 | Noname | 00:41:05.4 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 5691 | David Linke | 00:41:05.5 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 7644 | Bernward Adams | 00:41:05.6 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 6791 | Noname | 00:41:06.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7850 | Hendrik Machate | 00:41:06.4 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 9334 | Edwin Hertel | 00:41:06.7 | offene Klasse | 0 | 0 | GER | Gib Gummi |
| 0. | 52263 | Finn Knobloch | 00:41:07.7 | offene Klasse | 0 | 0 | GER | DEGENER Verlag & ars mundi |
| 0. | 2670 | David Schulz | 00:41:08.2 | offene Klasse | 0 | 0 | GER | Atos GmbH |
| 0. | 9372 | Azzam Halawani | 00:41:08.6 | offene Klasse | 0 | 0 | GER | Renk |
| 0. | 6497 | José David Bente | 00:41:09.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1937 | Adrian Walter | 00:41:09.4 | offene Klasse | 0 | 0 | GER | medi terra |
| 0. | 6092 | Noname | 00:41:09.4 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 8531 | Daniel Schurzig | 00:41:10.3 | offene Klasse | 0 | 0 | GER | MED-EL Deutschland GmbH |
| 0. | 9281 | Jannik Deseniß | 00:41:11.4 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 6620 | Noname | 00:41:11.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9638 | Thorsten Rust | 00:41:11.8 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 8183 | Andreas Lerch | 00:41:12.6 | offene Klasse | 0 | 0 | GER | KSG - knackig, schön gebaut |
| 0. | 8051 | Michael Bier | 00:41:13.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 7823 | Martin Gloger | 00:41:13.8 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 9984 | Torsten Papenhagen | 00:41:14.9 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 8289 | Pascal Dumann | 00:41:15.7 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 8695 | Olaf Wilde | 00:41:15.7 | offene Klasse | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 5702 | Maximilian Stolle | 00:41:16.2 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 2559 | Noname | 00:41:17.0 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 11169 | Steffen Springer | 00:41:17.2 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 2305 | Daniel Thiemann | 00:41:17.6 | offene Klasse | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 4008 | Kevin Naundorf | 00:41:19.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 10004 | Niklas Schwecke | 00:41:19.0 | offene Klasse | 0 | 0 | GER | Sweco GmbH |
| 0. | 6152 | Noname | 00:41:19.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2340 | Rolf Hennies | 00:41:19.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 6162 | Noname | 00:41:20.7 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 9614 | Andreas Fritz | 00:41:21.0 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 6151 | Noname | 00:41:21.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6146 | Noname | 00:41:21.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 5044 | Philipp Klappstein | 00:41:22.3 | offene Klasse | 0 | 0 | GER | Event it |
| 0. | 9890 | Lutz Ebeling | 00:41:22.4 | offene Klasse | 0 | 0 | GER | SPIE ICS |
| 0. | 1794 | Judith Mattausch | 00:41:23.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2693 | Noname | 00:41:24.2 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 2363 | Claus Lamster | 00:41:24.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 5030 | Steffen Schroth | 00:41:24.5 | offene Klasse | 0 | 0 | GER | EVC Hannover GmbH |
| 0. | 10199 | Jurgen Hoxha | 00:41:24.6 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 2343 | Nigel Heymann | 00:41:24.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2331 | Simon Grabow | 00:41:25.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2328 | Rüdiger Fessler | 00:41:26.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2368 | Phil Lürßen | 00:41:26.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2754 | Noname | 00:41:27.2 | offene Klasse | 0 | 0 | GER | b.telligent GmbH & Co. KG |
| 0. | 5926 | Marcus Wulf | 00:41:27.9 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 4388 | Thomas Schreiber | 00:41:28.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 11230 | Noname | 00:41:29.0 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 3384 | Tore Padula | 00:41:29.1 | offene Klasse | 0 | 0 | GER | CHANNEL21 GmbH |

| | | | | | | | | |
|----|-------|------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 9203 | Luca Groß | 00:41:29.3 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 8215 | Michael Jahns | 00:41:29.7 | offene Klasse | 0 | 0 | GER | LNVG |
| 0. | 11225 | Noname | 00:41:30.0 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 1183 | Niklas Wilde | 00:41:30.1 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 2858 | Besim Nimani | 00:41:30.5 | offene Klasse | 0 | 0 | GER | Baude |
| 0. | 1745 | Alexander Engel | 00:41:31.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 3040 | Ingolf Semper | 00:41:31.8 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 8760 | Noname | 00:41:32.1 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 11183 | Gerwin Gross | 00:41:32.5 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 8757 | Noname | 00:41:32.8 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 5902 | Noname | 00:41:33.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10061 | Noname | 00:41:33.1 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 4350 | Michael Hoppe | 00:41:33.3 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 6696 | Till Langer | 00:41:33.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10492 | Chrisallan Mohaupt | 00:41:33.4 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 7364 | Daniel Lüders | 00:41:33.9 | offene Klasse | 0 | 0 | GER | inTime Express Logistik GmbH |
| 0. | 4420 | Winton Kuprewitz | 00:41:34.3 | offene Klasse | 0 | 0 | GER | Dt. Inst. für Kautschuktechnologie |
| 0. | 4512 | Benjamin Groß | 00:41:35.3 | offene Klasse | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 1799 | Leandra Nikisch | 00:41:37.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 848 | Kinan Chihab | 00:41:38.0 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 8191 | Jan Pasemann | 00:41:38.6 | offene Klasse | 0 | 0 | GER | KSG - knackig, schön gebaut |
| 0. | 2919 | Dragomir Vuksanovic | 00:41:39.4 | offene Klasse | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |
| 0. | 11072 | Jan Kunz | 00:41:39.4 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 4510 | Homam Alfarkh | 00:41:40.3 | offene Klasse | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 9523 | Klaus Neuenfeldt | 00:41:40.6 | offene Klasse | 0 | 0 | GER | Schmitt + Sohn Aufzüge GmbH & Co. KG |
| 0. | 8444 | Victorlennart Weitling | 00:41:40.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 6079 | Markus Pottmeier | 00:41:42.6 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 6319 | Felix Reschke | 00:41:42.7 | offene Klasse | 0 | 0 | GER | AUF DER BULT |
| 0. | 6128 | Noname | 00:41:43.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 5914 | Bernhard Kloth | 00:41:44.1 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 5685 | Lucas Hopgood | 00:41:44.3 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 6127 | Noname | 00:41:44.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 5819 | Jannik Basse | 00:41:44.9 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10675 | Tobias Zillich | 00:41:45.2 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 6262 | Arsalan Vadoudi | 00:41:46.1 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 10549 | Tobias Jagodzinski | 00:41:46.3 | offene Klasse | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 7387 | Kevin Paetzel | 00:41:48.1 | offene Klasse | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 8726 | Florian Reichert | 00:41:48.2 | offene Klasse | 0 | 0 | GER | Molox-Runners |
| 0. | 4391 | Ribanna Stykel | 00:41:50.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 3077 | Ali Zengin | 00:41:50.9 | offene Klasse | 0 | 0 | GER | BG RCI |
| 0. | 5429 | Erik Luhn | 00:41:51.2 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 10152 | Sebastian Jaganathan | 00:41:51.3 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 7938 | Sascha Groß | 00:41:51.8 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 4760 | Nils Bleidistel | 00:41:52.4 | offene Klasse | 0 | 0 | GER | edding |
| 0. | 3191 | Eduardchristian Mica | 00:41:52.4 | offene Klasse | 0 | 0 | GER | btp architekten BDA |
| 0. | 7140 | Christian Grascha | 00:41:52.7 | offene Klasse | 0 | 0 | GER | IHK Hannover |
| 0. | 5531 | Jannek Voßbrink | 00:41:53.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 5270 | Noname | 00:41:53.7 | offene Klasse | 0 | 0 | GER | Feddeck+Mahner |
| 0. | 2316 | Jan Bode | 00:41:53.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2156 | Fabian Bongartz | 00:41:54.0 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 5244 | Sascha Behnsen | 00:41:54.1 | offene Klasse | 0 | 0 | GER | P16 Dreamteam |
| 0. | 3288 | Jonas Von Glahn | 00:41:54.1 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 9363 | Justinlucas Redder | 00:41:54.2 | offene Klasse | 0 | 0 | GER | REMONDIS Industrie Service / Uetze |

| | | | | | | | | |
|----|-------|----------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 9384 | Lars Laßahn | 00:41:55.9 | offene Klasse | 0 | 0 | GER | Team RHB Hannover |
| 0. | 4274 | Wolfgang Graetsch | 00:41:56.5 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 11019 | Noname | 00:41:58.2 | offene Klasse | 0 | 0 | GER | VIP |
| 0. | 767 | Alexander Voltmer | 00:41:58.7 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 3015 | Jaqueline Meyer | 00:41:59.0 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 769 | Tom Voltmer | 00:41:59.5 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 7942 | Janhendrik Helmold | 00:41:59.5 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 5087 | Christian Liemann | 00:42:00.1 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 242 | Oliver Schmidt | 00:42:01.2 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 605 | Özcan Udun | 00:42:02.1 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 290 | Martin Trzewik | 00:42:02.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6564 | Matthias Fey | 00:42:03.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6969 | Pascal Oberthür Schwedhelm | 00:42:03.5 | offene Klasse | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 5068 | Marcel Fröhlich | 00:42:05.4 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 9524 | Thivakaran Ravichandran | 00:42:05.6 | offene Klasse | 0 | 0 | GER | Schmitt + Sohn Aufzüge GmbH & Co. KG |
| 0. | 2077 | Tino Namendorf | 00:42:05.7 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10067 | Noname | 00:42:05.9 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 9971 | Sven Selig | 00:42:06.0 | offene Klasse | 0 | 0 | GER | STR8 GmbH & Co. KG |
| 0. | 2398 | Jan Szimmuck | 00:42:06.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 9973 | Mirko Voges | 00:42:06.2 | offene Klasse | 0 | 0 | GER | STR8 GmbH & Co. KG |
| 0. | 9965 | Jan Anders | 00:42:07.0 | offene Klasse | 0 | 0 | GER | STR8 GmbH & Co. KG |
| 0. | 9972 | Simon Ulbrich | 00:42:07.5 | offene Klasse | 0 | 0 | GER | STR8 GmbH & Co. KG |
| 0. | 5647 | Maurice Wangert | 00:42:07.7 | offene Klasse | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 7640 | Julian Strohmeier | 00:42:08.1 | offene Klasse | 0 | 0 | GER | klartxt racing team |
| 0. | 9970 | Torben Schwienig | 00:42:08.8 | offene Klasse | 0 | 0 | GER | STR8 GmbH & Co. KG |
| 0. | 12 | Noname | 00:42:09.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1676 | Torben Baatz | 00:42:09.5 | offene Klasse | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 2399 | Sebastian Telle | 00:42:10.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 7754 | Benjamin Scholz | 00:42:10.7 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1199 | Wolfgang Pieper | 00:42:11.1 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 6025 | Kai Seidler | 00:42:11.1 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 8697 | Stephan Zimmermann | 00:42:12.0 | offene Klasse | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 982 | Nils Becker | 00:42:12.8 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1203 | Erden Kertmen | 00:42:13.4 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 9054 | Noname | 00:42:13.9 | offene Klasse | 0 | 0 | GER | Nordwest Gruppe / Freiraum 180 Grad |
| 0. | 4226 | Jonas Hintze | 00:42:14.0 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 11321 | Luca Dittrich | 00:42:14.4 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 5957 | Noel Rennefeld | 00:42:14.5 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 4317 | Abdullah Airouta | 00:42:14.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 6978 | Bert Löbe | 00:42:15.0 | offene Klasse | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 10062 | Noname | 00:42:17.1 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 10356 | Timo Lehrmann | 00:42:17.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 10313 | Martin Hartwig | 00:42:18.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 5217 | Junaid Sheikh | 00:42:19.8 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 8761 | Noname | 00:42:20.3 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 7087 | Fabian Rungenhagen | 00:42:22.1 | offene Klasse | 0 | 0 | GER | Hempelmann |
| 0. | 2788 | Michael Mayer | 00:42:22.9 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 107 | Tjard Heuer | 00:42:23.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2155 | Oliver Böhmer | 00:42:23.9 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 639 | Janis Hochbaum | 00:42:23.9 | offene Klasse | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 6036 | Noname | 00:42:24.1 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 8725 | Werner Häder | 00:42:24.7 | offene Klasse | 0 | 0 | GER | Molex-Runners |
| 0. | 3032 | Sabine Rüsemeier | 00:42:25.2 | offene Klasse | 0 | 0 | GER | Bethel im Norden |

| | | | | | | | | |
|----|-------|-------------------------------|------------|---------------|---|---|-----|----------------------------------|
| 0. | 9856 | Jan Kutzt | 00:42:25.9 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 9611 | Elmar Flecke | 00:42:26.8 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 3303 | Raik Lubitz | 00:42:26.9 | offene Klasse | 0 | 0 | GER | CARESTONE |
| 0. | 8281 | Alexander Stockburger | 00:42:27.6 | offene Klasse | 0 | 0 | GER | LBS Nord |
| 0. | 2213 | Christoph Thie | 00:42:27.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 4500 | Noname | 00:42:28.8 | offene Klasse | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 9289 | Alexander Duda | 00:42:28.9 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 3070 | Gunnar Negelmann | 00:42:29.7 | offene Klasse | 0 | 0 | GER | BG RCI |
| 0. | 8409 | Jens Fricke | 00:42:30.9 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 110 | Lars Hlavatschek | 00:42:31.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 52314 | Puja Kadkoda | 00:42:33.4 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 4208 | Rebin Alo | 00:42:34.0 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 3391 | Juri Tichonow | 00:42:34.6 | offene Klasse | 0 | 0 | GER | CHANNEL21 GmbH |
| 0. | 1703 | Alexander Bause | 00:42:36.0 | offene Klasse | 0 | 0 | GER | MEDIFOX DAN |
| 0. | 8800 | Daniel Kobi | 00:42:36.1 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 8751 | Noname | 00:42:36.6 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 6642 | Frederik Jacobs | 00:42:37.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5200 | Noname | 00:42:39.0 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 4697 | Noname | 00:42:39.1 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 8858 | Noname | 00:42:39.8 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 1261 | Matthias Hanke | 00:42:40.6 | offene Klasse | 0 | 0 | GER | ehb electronics gmbh |
| 0. | 8172 | Sebastian Benne | 00:42:40.7 | offene Klasse | 0 | 0 | GER | KSG - knackig, schön gebaut |
| 0. | 6904 | Jawid Hassani | 00:42:41.6 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 4326 | Friedrich Borges | 00:42:41.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 6154 | Noname | 00:42:41.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 7489 | Jensuve Klüver | 00:42:42.2 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 6155 | Noname | 00:42:42.7 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 5465 | Leon Aschemann | 00:42:43.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 7100 | Noname | 00:42:43.1 | offene Klasse | 0 | 0 | GER | Hempelmann |
| 0. | 5452 | Marius Heinen | 00:42:43.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 52298 | Ronny Herzog | 00:42:44.4 | offene Klasse | 0 | 0 | GER | Jungheinrich Vertrieb |
| 0. | 7198 | Alexander Schulze Finkenbrunn | 00:42:45.0 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 4752 | Nicolas Grad | 00:42:45.2 | offene Klasse | 0 | 0 | GER | Ecovis Hannover |
| 0. | 9072 | Maurice Knurr | 00:42:46.4 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 5816 | Christian Wetzels | 00:42:46.5 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 11097 | Torsten Gollhardt | 00:42:46.7 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 9321 | Marius Hesse | 00:42:48.9 | offene Klasse | 0 | 0 | GER | Reha-Konzept |
| 0. | 9895 | Thorsten Schulz | 00:42:49.6 | offene Klasse | 0 | 0 | GER | SPIE ICS |
| 0. | 5656 | Kai Uwe Edinger | 00:42:49.7 | offene Klasse | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 4367 | Regina Leinweber | 00:42:49.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 9324 | Tobias Willert | 00:42:50.1 | offene Klasse | 0 | 0 | GER | Reha-Konzept |
| 0. | 1347 | Ulrich Schneider | 00:42:50.7 | offene Klasse | 0 | 0 | GER | Gundlach Bau und Immobilien |
| 0. | 3229 | Jörn Klocke | 00:42:50.8 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 6383 | Jonas Kuhls | 00:42:51.0 | offene Klasse | 0 | 0 | GER | HPG Runners |
| 0. | 2711 | Noname | 00:42:51.7 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 9545 | Noname | 00:42:53.1 | offene Klasse | 0 | 0 | GER | Rainer Scholz |
| 0. | 8420 | Christian Kaufer | 00:42:53.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 7911 | Marvin Sakowitz | 00:42:54.1 | offene Klasse | 0 | 0 | GER | KOENEN BAUANWÄLTE |
| 0. | 387 | Justin Wischnat | 00:42:54.3 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 5491 | Felix Schmeil | 00:42:54.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 8426 | Oliver Lutz | 00:42:54.9 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 10515 | Noname | 00:42:55.8 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 7231 | Noname | 00:42:57.8 | offene Klasse | 0 | 0 | GER | ILFA Hannover 2023 |

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|----|-------|-------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 6875 | Felix Wagner | 00:42:58.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6480 | Michael Bake | 00:42:58.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5048 | Arved Voges | 00:42:58.8 | offene Klasse | 0 | 0 | GER | Event it |
| 0. | 6866 | Jasper Uthoff | 00:42:58.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 52288 | Noname | 00:42:59.2 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 774 | Sascha Wolgast | 00:42:59.5 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 6073 | Nart Machfej | 00:42:59.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 11017 | Noname | 00:43:00.3 | offene Klasse | 0 | 0 | GER | VIP |
| 0. | 3058 | Barbara Zerner | 00:43:01.8 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 5160 | René Nowak | 00:43:02.4 | offene Klasse | 0 | 0 | GER | fairKauf-Runner |
| 0. | 1801 | Luisa Paatzsch | 00:43:03.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9579 | Christian Kamp | 00:43:03.1 | offene Klasse | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 1834 | Josephine Warns | 00:43:04.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7872 | Marcel Solder | 00:43:04.5 | offene Klasse | 0 | 0 | GER | Klinikum Wahrendorff GmbH |
| 0. | 5708 | Juri Zosim | 00:43:04.8 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 4327 | Sven Börner | 00:43:04.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 11229 | Noname | 00:43:06.5 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 2292 | Roderich Bähr | 00:43:07.4 | offene Klasse | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 4177 | Can Cevirme | 00:43:07.4 | offene Klasse | 0 | 0 | GER | Debeka Hannover-Süd |
| 0. | 9249 | Varun Vijay Kumar | 00:43:08.0 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 4801 | Noname | 00:43:10.0 | offene Klasse | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 8089 | Christof Marek | 00:43:10.2 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 7288 | Lars Krömer | 00:43:11.2 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 11176 | Jakob Osberghaus | 00:43:11.4 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 4833 | Johannes Fritsch | 00:43:12.6 | offene Klasse | 0 | 0 | GER | M6 |
| 0. | 8712 | Stefan Ebbing | 00:43:13.9 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 5729 | Tom Robin Jost | 00:43:14.2 | offene Klasse | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 3600 | Thomas Metje | 00:43:14.7 | offene Klasse | 0 | 0 | GER | Continental Versicherungsverbund |
| 0. | 4975 | Henry Ludwig Krafzcyk | 00:43:16.6 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 2318 | Benjamin Bogenschneider | 00:43:18.6 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 4259 | Moritz Albrecht | 00:43:19.0 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 7910 | Patrick Rudolph | 00:43:20.4 | offene Klasse | 0 | 0 | GER | KOENEN BAUANWÄLTE |
| 0. | 8394 | Leonhard Pralle | 00:43:22.1 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 9393 | Stefan Schulz | 00:43:24.4 | offene Klasse | 0 | 0 | GER | riera - elektrisiert |
| 0. | 2570 | Alexander Klein | 00:43:24.4 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 5922 | Kai Tanevski | 00:43:25.7 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 9117 | Simon Udert | 00:43:26.2 | offene Klasse | 0 | 0 | GER | Plasma Service |
| 0. | 6979 | Sören Marschollek | 00:43:27.0 | offene Klasse | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 9624 | David Kottisch | 00:43:27.6 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 1730 | Maxi Brandau | 00:43:28.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1835 | Chris Waterstradt | 00:43:28.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4100 | Ralf Standop | 00:43:29.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5170 | Noname | 00:43:31.8 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 6486 | Stefan Baron | 00:43:35.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6507 | Felix Bodensteindresler | 00:43:37.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2401 | David Urvat | 00:43:38.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 9824 | Danny Krüll | 00:43:39.7 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 7484 | Jakub Thiemman | 00:43:40.1 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 2387 | Mario Rose | 00:43:40.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 1752 | Ingo Fricke | 00:43:42.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9285 | Veit Rutkowsky | 00:43:43.7 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 3054 | Pascal Vollmann | 00:43:45.0 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 8017 | Melanie Neß | 00:43:46.0 | offene Klasse | 0 | 0 | GER | K&M |

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|----|-------|------------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 404 | Noname | 00:43:46.1 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 9620 | Kai Jutzi | 00:43:46.5 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 9228 | Anton Meissner | 00:43:47.5 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 9335 | Bastian Haas | 00:43:47.6 | offene Klasse | 0 | 0 | GER | Gib Gummi |
| 0. | 5246 | Sören Bödeker | 00:43:48.4 | offene Klasse | 0 | 0 | GER | P16 Dreamteam |
| 0. | 7846 | Christian Loos | 00:43:48.8 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 5257 | Sascha Miedlich | 00:43:48.9 | offene Klasse | 0 | 0 | GER | P16 Dreamteam |
| 0. | 2979 | Sabine Grujic | 00:43:49.1 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 7485 | Janusz Tekieli | 00:43:49.1 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 7182 | Francisco Navarro | 00:43:49.3 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 7243 | Eugen Bohdan | 00:43:49.9 | offene Klasse | 0 | 0 | GER | Infinigate Racing Team |
| 0. | 6138 | Noname | 00:43:50.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6140 | Noname | 00:43:50.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 4917 | Tilman Siegert | 00:43:50.9 | offene Klasse | 0 | 0 | GER | Energieversorgung Sehnde GmbH |
| 0. | 1813 | Laura Rosemeyer | 00:43:51.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5225 | Michael Wielgolaski | 00:43:51.5 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 6192 | Noname | 00:43:51.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 7290 | Philipp Miedza | 00:43:52.3 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 4123 | Ahmet Tanriverdi | 00:43:53.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11085 | Torsten Schmidt | 00:43:53.5 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 1902 | Rene Weber | 00:43:55.2 | offene Klasse | 0 | 0 | GER | ich bin niels stensen |
| 0. | 10135 | Manuel Stähr | 00:43:55.4 | offene Klasse | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 8298 | Alexander Krechowezki | 00:43:55.9 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 6211 | Domenik Heick | 00:43:57.9 | offene Klasse | 0 | 0 | GER | AGS |
| 0. | 1369 | Savvas Nikolaidis | 00:43:58.7 | offene Klasse | 0 | 0 | GER | H&P Bauingenieure GmbH & Co. KG |
| 0. | 11267 | Patric Lindenberg | 00:43:59.5 | offene Klasse | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |
| 0. | 11269 | Noname | 00:43:59.5 | offene Klasse | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |
| 0. | 9294 | Noname | 00:44:00.9 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 4923 | Daniel Hamm | 00:44:01.1 | offene Klasse | 0 | 0 | GER | Enno Roggemann |
| 0. | 223 | Jose Carlos Martins Ferreira | 00:44:01.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 377 | Frithjof Sczesny | 00:44:03.6 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 11195 | Eren Zengin | 00:44:04.0 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 7189 | Ralf Rodens | 00:44:04.0 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 6454 | Andre Hagen | 00:44:04.7 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 4920 | Noname | 00:44:05.1 | offene Klasse | 0 | 0 | GER | Enno Roggemann |
| 0. | 10681 | Noname | 00:44:05.8 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 6412 | Joel Hamchou | 00:44:07.0 | offene Klasse | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 341 | Jens Alfken | 00:44:08.4 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 7244 | Fabian Gisder | 00:44:09.7 | offene Klasse | 0 | 0 | GER | Infinigate Racing Team |
| 0. | 2595 | Noname | 00:44:09.8 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 11015 | Noname | 00:44:11.8 | offene Klasse | 0 | 0 | GER | VIP |
| 0. | 11179 | Joerg Brandt | 00:44:13.5 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 9299 | Noname | 00:44:14.2 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 581 | Niklas Maack | 00:44:14.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 598 | Tim Schulz | 00:44:14.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 9893 | Sven Müller | 00:44:15.9 | offene Klasse | 0 | 0 | GER | SPIE ICS |
| 0. | 2460 | Noname | 00:44:16.8 | offene Klasse | 0 | 0 | GER | ALCONTAS Steuerberatungsgesellschaft |
| 0. | 5690 | Uwe Kolkmann | 00:44:17.3 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 5653 | Martin Meyer | 00:44:17.9 | offene Klasse | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 5459 | Johannes Plenge | 00:44:18.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 10233 | Jannes Segelke | 00:44:18.9 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 52356 | Michael Streietz | 00:44:19.7 | offene Klasse | 0 | 0 | GER | Kone GmbH |
| 0. | 7549 | Sebastian Quetschlich | 00:44:23.4 | offene Klasse | 0 | 0 | GER | JUWI GmbH |

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|----|-------|------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 11312 | Sohail Sohrabi | 00:44:23.6 | offene Klasse | 0 | 0 | GER | ZAG Personal & Perspektiven |
| 0. | 4663 | Tony Moser | 00:44:23.9 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 2370 | Marco Meier | 00:44:23.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 293 | Till Uhlmann | 00:44:24.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6088 | Noname | 00:44:24.6 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 7580 | Waldemar Wosch | 00:44:24.8 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 10077 | Alexander Föst | 00:44:27.4 | offene Klasse | 0 | 0 | GER | Running Winkulaner |
| 0. | 601 | Frank Skodzik | 00:44:30.4 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 3060 | Jorge Zinner | 00:44:31.0 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2169 | Ingo Sauerwein | 00:44:31.2 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 4333 | Saskia Dantzer | 00:44:32.0 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 52255 | Kevin Schröder | 00:44:32.4 | offene Klasse | 0 | 0 | GER | Alterric Deutschland GmbH |
| 0. | 7677 | Sarah Franke | 00:44:32.6 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1517 | Mert Kaan Akdenizli | 00:44:33.5 | offene Klasse | 0 | 0 | GER | Konica Minolta |
| 0. | 8615 | Sebastian Melz | 00:44:34.2 | offene Klasse | 0 | 0 | GER | MelzGercke |
| 0. | 5659 | Maximilian Langanki | 00:44:35.5 | offene Klasse | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 2887 | Sven Engelhardt | 00:44:37.9 | offene Klasse | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |
| 0. | 7573 | Christian Modrzejewska | 00:44:38.1 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 9298 | Noname | 00:44:39.4 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 9290 | Noname | 00:44:40.7 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 8193 | Stephan Prinz | 00:44:42.4 | offene Klasse | 0 | 0 | GER | KSG - knackig, schön gebaut |
| 0. | 8319 | Sebastian Wegel | 00:44:43.9 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 5083 | Henrik Lampe | 00:44:44.6 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 8320 | Roman Witte | 00:44:44.6 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 8315 | Timo Helfers | 00:44:45.6 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 2261 | Mohamad Alkiswani | 00:44:45.9 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 8316 | Martin Klingebiel | 00:44:46.1 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 8321 | Jörn Serrer | 00:44:46.6 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 8322 | Niklas Pöch | 00:44:47.6 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 2735 | Samit Koirala | 00:44:48.7 | offene Klasse | 0 | 0 | GER | Awin AG |
| 0. | 5654 | Hasim Altunöz | 00:44:49.0 | offene Klasse | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 2710 | Noname | 00:44:49.9 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 7280 | Horst Hildebrandt | 00:44:50.2 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 3902 | Steffen Hoffmann | 00:44:50.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11489 | Simon Winkelhoff | 00:44:50.7 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 6066 | Sebatsian Kehres | 00:44:51.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 5699 | Anika Rockel | 00:44:51.3 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 4093 | Veronika Solbach | 00:44:51.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5694 | Luisa Orth | 00:44:52.3 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 9832 | Sebastian Pack | 00:44:54.0 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 8303 | Olaf Meyer | 00:44:56.2 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 5161 | Van Hoang Runge | 00:44:57.1 | offene Klasse | 0 | 0 | GER | fairKauf-Runner |
| 0. | 7301 | Kai Tamms | 00:44:57.5 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 5035 | Viktor Albach | 00:45:00.5 | offene Klasse | 0 | 0 | GER | Event it |
| 0. | 7634 | Dirk Große | 00:45:01.8 | offene Klasse | 0 | 0 | GER | klartxt racing team |
| 0. | 4301 | Wolfram Ermlich | 00:45:04.3 | offene Klasse | 0 | 0 | GER | Hermesläufer |
| 0. | 11115 | Noname | 00:45:05.0 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 5269 | Noname | 00:45:06.7 | offene Klasse | 0 | 0 | GER | Feddeck+Mahner |
| 0. | 9676 | Fabian Kern | 00:45:06.9 | offene Klasse | 0 | 0 | GER | SHP Ingenieure |
| 0. | 8397 | Stefan Gemmeke | 00:45:10.6 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 8234 | Heiko Geiser | 00:45:11.2 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 8242 | Matthias Hirsch | 00:45:11.4 | offene Klasse | 0 | 0 | GER | Naturtalente on tour |
| 0. | 8333 | Noname | 00:45:11.5 | offene Klasse | 0 | 0 | GER | Logwin HAJ |

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|----|-------|---------------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 10104 | Rolf Wolters | 00:45:14.4 | offene Klasse | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 493 | Mustafa Cakir | 00:45:15.4 | offene Klasse | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 6055 | Dirk Christian Bößling | 00:45:16.4 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 4251 | Noname | 00:45:16.5 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 6170 | Noname | 00:45:17.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2836 | Rafael Stiller | 00:45:18.4 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 10922 | Felix Klinke | 00:45:18.7 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 2235 | Steve Hartmann | 00:45:19.4 | offene Klasse | 0 | 0 | GER | 3B Bauconsult GmbH & Co. KG |
| 0. | 10942 | Noname | 00:45:20.4 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 8081 | Adrian Köhne | 00:45:22.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 8883 | Christian Fischer | 00:45:23.6 | offene Klasse | 0 | 0 | GER | NORD/FM |
| 0. | 8267 | Dennis Fröhlich | 00:45:23.6 | offene Klasse | 0 | 0 | GER | LBS Nord |
| 0. | 9395 | Jeton Pacolli | 00:45:25.6 | offene Klasse | 0 | 0 | GER | riera - elektrisiert |
| 0. | 11418 | Noname | 00:45:26.0 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 2575 | Tobias Lueck | 00:45:27.4 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 3039 | Stefanie Schwingefahlberg | 00:45:27.4 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 1763 | Davidjonas Holinka | 00:45:27.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6519 | Sören Brokamp | 00:45:27.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2589 | Noname | 00:45:28.3 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 6500 | Peter Bertram | 00:45:28.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11193 | Renato Vendinha | 00:45:28.9 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 8754 | Noname | 00:45:29.8 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 187 | Hauke Müller | 00:45:30.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3064 | Nils Bauer | 00:45:30.7 | offene Klasse | 0 | 0 | GER | BG RCI |
| 0. | 3042 | Regine Singer | 00:45:31.8 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 10034 | Heiko Mundt | 00:45:32.0 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 6153 | Noname | 00:45:32.7 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6149 | Noname | 00:45:33.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 1342 | Dennis Neumann | 00:45:35.7 | offene Klasse | 0 | 0 | GER | Gundlach Bau und Immobilien |
| 0. | 6150 | Noname | 00:45:36.0 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2186 | David Hughes | 00:45:43.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 11106 | Martin Pulawski | 00:45:43.2 | offene Klasse | 0 | 0 | GER | Volkswagen Group IT Solutions |
| 0. | 8783 | Florian Fengler | 00:45:44.9 | offene Klasse | 0 | 0 | GER | MTB GmbH |
| 0. | 1567 | Daniel Lehmann | 00:45:45.4 | offene Klasse | 0 | 0 | GER | Konica Minolta |
| 0. | 4328 | Petra Brandes | 00:45:45.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 3540 | Noname | 00:45:49.2 | offene Klasse | 0 | 0 | GER | collaboration Factory AG |
| 0. | 1298 | Robert Kamolz | 00:45:54.6 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 7791 | Tomas Zukauskas | 00:45:55.9 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1412 | Michael Müller | 00:45:56.4 | offene Klasse | 0 | 0 | GER | Die Hempelmänner |
| 0. | 1564 | André Kroker | 00:45:56.9 | offene Klasse | 0 | 0 | GER | Konica Minolta |
| 0. | 9612 | Arthur Frank | 00:45:57.0 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 797 | Stefanie Blaeß | 00:45:58.1 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 7314 | Sicong Yu | 00:45:59.9 | offene Klasse | 0 | 0 | GER | IMFun! |
| 0. | 178 | Fabian Micke | 00:46:01.2 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 485 | Noname | 00:46:02.4 | offene Klasse | 0 | 0 | GER | Amadeus FiRe |
| 0. | 2625 | Noname | 00:46:05.2 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 4617 | Mabafei Patasse | 00:46:07.1 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 199 | Oliver Opatzek | 00:46:09.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4927 | Marcel Kipry | 00:46:10.4 | offene Klasse | 0 | 0 | GER | Enno Roggemann |
| 0. | 5900 | Noname | 00:46:12.4 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 9608 | Dennis Bönecke | 00:46:13.8 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 9507 | Florian Meyer | 00:46:15.2 | offene Klasse | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 632 | Florian Schmidt | 00:46:15.2 | offene Klasse | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |

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|----|-------|----------------------|------------|---------------|---|---|-----|--|
| 0. | 7443 | Hennes Beckmann | 00:46:16.3 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 7185 | Thomas Nofz | 00:46:17.8 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 5885 | Noname | 00:46:18.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6233 | Martin Arndt | 00:46:18.9 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 1891 | Yvonne Gattner | 00:46:19.2 | offene Klasse | 0 | 0 | GER | ich bin niels stensen |
| 0. | 2196 | Jens Krüger | 00:46:19.4 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 667 | Andreas Hartkopf | 00:46:19.6 | offene Klasse | 0 | 0 | GER | CC Runners |
| 0. | 1201 | Silvan Roy Franke | 00:46:20.1 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 5365 | Jonas Grefe | 00:46:20.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 2366 | Mathias Lemme | 00:46:20.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2605 | Noname | 00:46:22.5 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 6929 | Andreas Schnee | 00:46:25.2 | offene Klasse | 0 | 0 | GER | Die Heinzis |
| 0. | 8179 | Danilo Kardel | 00:46:25.6 | offene Klasse | 0 | 0 | GER | KSG - knackig, schön gebaut |
| 0. | 1815 | Sperlich Sarah | 00:46:27.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1931 | Luca Moritz | 00:46:30.1 | offene Klasse | 0 | 0 | GER | medi terra |
| 0. | 1927 | David Jörck | 00:46:30.4 | offene Klasse | 0 | 0 | GER | medi terra |
| 0. | 3227 | Marcus Heins | 00:46:32.8 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 7472 | Piotr Adamowicz | 00:46:33.4 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 10692 | Tobias Kerk | 00:46:34.2 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 5025 | Noname | 00:46:41.7 | offene Klasse | 0 | 0 | GER | Eurest Deutschland GmbH |
| 0. | 10145 | Björn Bergau | 00:46:43.0 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 9918 | Ugurcan Yanik | 00:46:44.9 | offene Klasse | 0 | 0 | GER | SportScheck GmbH |
| 0. | 1514 | Noname | 00:46:47.4 | offene Klasse | 0 | 0 | GER | Knauf Interfer Stahl Service Center GmbH |
| 0. | 5764 | Lane Stoschek | 00:46:47.4 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 8006 | Noname | 00:46:47.7 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 7394 | Thomas Winnacker | 00:46:51.4 | offene Klasse | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 6050 | Michael Zwingmann | 00:46:53.7 | offene Klasse | 0 | 0 | GER | Gutenberg Rechenzentrum GmbH & Co.KG |
| 0. | 6044 | Sipan Haggio | 00:46:56.2 | offene Klasse | 0 | 0 | GER | Gutenberg Rechenzentrum GmbH & Co.KG |
| 0. | 8683 | Andy Münster | 00:46:56.5 | offene Klasse | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 10496 | Leon Klages | 00:46:56.7 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 4377 | Marcel Nowicki | 00:46:57.3 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 11168 | Fabian Schwert | 00:46:58.2 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 3163 | Adrian Dinter | 00:47:00.0 | offene Klasse | 0 | 0 | GER | BNP Paribas |
| 0. | 2200 | Patrick Mejza | 00:47:00.4 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 437 | Christian Ostermayer | 00:47:01.7 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 7183 | Pierre Navarro | 00:47:02.0 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 5645 | Marian Skelnik | 00:47:03.1 | offene Klasse | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 6144 | Noname | 00:47:03.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3007 | Franziska Lachmuth | 00:47:03.3 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 5572 | Julian Pradel | 00:47:05.7 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 1370 | Jonas Starke | 00:47:06.9 | offene Klasse | 0 | 0 | GER | H&P Bauingenieure GmbH & Co. KG |
| 0. | 6203 | Andreas Bierbrauer | 00:47:07.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 1362 | Niklas Felder | 00:47:07.4 | offene Klasse | 0 | 0 | GER | H&P Bauingenieure GmbH & Co. KG |
| 0. | 7003 | Tom Hagemann | 00:47:10.5 | offene Klasse | 0 | 0 | GER | Team HOCHTIEF |
| 0. | 1887 | Corinna Mönter | 00:47:10.7 | offene Klasse | 0 | 0 | GER | ich bin niels stensen |
| 0. | 6147 | Noname | 00:47:11.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 8296 | Malte Jäger | 00:47:11.7 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 7028 | Noah Elboraei | 00:47:13.5 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 9859 | Yannick Vahldieck | 00:47:14.9 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 9903 | Markus Klink | 00:47:15.9 | offene Klasse | 0 | 0 | GER | SPIE ICS |
| 0. | 7386 | Noname | 00:47:16.1 | offene Klasse | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 9344 | Marcel Böker | 00:47:16.1 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 517 | Michal Bialy | 00:47:17.9 | offene Klasse | 0 | 0 | GER | Team Többen |

| | | | | | | | | |
|----|------|----------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 2137 | Chris Bürger | 00:47:17.9 | offene Klasse | 0 | 0 | GER | Uniper HR Services |
| 0. | 7649 | Liam Bals | 00:47:19.6 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 5254 | Valon Luka | 00:47:21.1 | offene Klasse | 0 | 0 | GER | P16 Dreamteam |
| 0. | 8013 | Elvira Ivanova | 00:47:25.0 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 8020 | Michael Winterberg | 00:47:25.5 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 3215 | Piotr Poeplau | 00:47:26.6 | offene Klasse | 0 | 0 | GER | BImA |
| 0. | 2549 | Noname | 00:47:26.6 | offene Klasse | 0 | 0 | GER | RunningMILFs |
| 0. | 5899 | Noname | 00:47:28.9 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3263 | Cord Steinbeckbehrens | 00:47:30.4 | offene Klasse | 0 | 0 | GER | CADFEM Germany |
| 0. | 2395 | Tobias Schwengerhohenberg | 00:47:30.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2332 | Timo Grünes | 00:47:31.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 6143 | Noname | 00:47:33.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3056 | Dorota Zawada | 00:47:35.3 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 7525 | Philip Peter | 00:47:38.0 | offene Klasse | 0 | 0 | GER | Johanniter - Hannoveraner Teamgeist |
| 0. | 318 | Benedict Wildmann | 00:47:38.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2951 | Bozena Biegun | 00:47:39.0 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 9519 | Paul Horn | 00:47:40.9 | offene Klasse | 0 | 0 | GER | Schmitt + Sohn Aufzüge GmbH & Co. KG |
| 0. | 2997 | Birgit Kasten | 00:47:42.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 6932 | Alexander Thiele | 00:47:43.7 | offene Klasse | 0 | 0 | GER | Die Heinzis |
| 0. | 3049 | Nicole Stimpel | 00:47:49.9 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 1416 | Janniclas Tamms | 00:47:51.9 | offene Klasse | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 4380 | Basti Probstschweckendieck | 00:47:53.6 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 2371 | Vincenzo Merola | 00:47:54.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 7277 | Dmitri Diener | 00:47:54.5 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 5814 | Ingo Wendt | 00:47:54.5 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 2337 | Frank Heering | 00:47:59.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2970 | Florian Fiedler | 00:48:01.3 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2211 | Sebastian Scholta | 00:48:01.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 9397 | Endrit Raca | 00:48:01.7 | offene Klasse | 0 | 0 | GER | riera - elektrisiert |
| 0. | 3468 | Shubham Krishna Dhumal | 00:48:03.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 9394 | Kurtesh Pacolli | 00:48:03.9 | offene Klasse | 0 | 0 | GER | riera - elektrisiert |
| 0. | 2557 | Noname | 00:48:07.5 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 7482 | Rico Schuhmann | 00:48:08.2 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 2554 | Noname | 00:48:08.3 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 9081 | Jan Winkelmann | 00:48:09.9 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 3523 | Noname | 00:48:10.4 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 6081 | Florian Umbach | 00:48:14.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 7356 | Lars Pfuhl | 00:48:14.2 | offene Klasse | 0 | 0 | GER | interev GmbH |
| 0. | 1789 | Kolonko Lina | 00:48:14.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7357 | Jürgen Recha | 00:48:15.4 | offene Klasse | 0 | 0 | GER | interev GmbH |
| 0. | 7186 | Torsten Preuß | 00:48:20.5 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 9262 | Frank Heck | 00:48:22.6 | offene Klasse | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 1905 | Andreas Weber | 00:48:29.0 | offene Klasse | 0 | 0 | GER | Power |
| 0. | 4931 | Johannes Mund | 00:48:29.1 | offene Klasse | 0 | 0 | GER | Enno Roggemann |
| 0. | 6912 | Hamed Mohammadi | 00:48:29.1 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 6972 | Jan Steinchen | 00:48:30.2 | offene Klasse | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 2598 | Noname | 00:48:30.6 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 3028 | Mirasoa Rafaramalala | 00:48:32.0 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 5682 | Heike Engelhard | 00:48:35.7 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 5697 | Tanja Phlippen | 00:48:35.8 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 6496 | Samy Bengui | 00:48:37.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4198 | Martin Kaka | 00:48:38.0 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 2988 | Anne Hielscher | 00:48:40.2 | offene Klasse | 0 | 0 | GER | Bethel im Norden |

| | | | | | | | | |
|----|-------|-------------------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 5558 | Finn Iffländer | 00:48:40.6 | offene Klasse | 0 | 0 | GER | Finn I. Entertainment |
| 0. | 2956 | Daniel Borchers | 00:48:42.2 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 4694 | Noname | 00:48:42.6 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 2329 | Stefan Friedrichs | 00:48:47.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 11481 | Uwe Vogel | 00:48:49.2 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 8748 | Miriam Wille | 00:48:49.3 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 2555 | Noname | 00:48:53.5 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 6761 | Sascha Deidesheimer | 00:48:55.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10850 | Carsten Rave | 00:48:56.8 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9055 | Noname | 00:48:58.4 | offene Klasse | 0 | 0 | GER | Nordwest Gruppe / Freiraum 180 Grad |
| 0. | 5177 | Carlos Carrillo De Albornoz Sanchez | 00:48:59.8 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 7299 | Marco Sievers | 00:49:00.2 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 6401 | Dino Brumberg | 00:49:01.5 | offene Klasse | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 5497 | Marvin Schubert | 00:49:02.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 2326 | Frank Falkuß | 00:49:02.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2222 | Kai Zimmer | 00:49:04.3 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 2209 | Jan Schneemann | 00:49:05.8 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 5700 | Rolf Röske | 00:49:09.2 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 6862 | Shakya Udugama | 00:49:09.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5705 | Reinhard Will | 00:49:10.0 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 10463 | Steffen Abraham | 00:49:10.8 | offene Klasse | 0 | 0 | GER | Untis Niedersachsen |
| 0. | 4707 | Noname | 00:49:11.1 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 4696 | Noname | 00:49:15.6 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 8178 | Dennis Kandemir | 00:49:16.4 | offene Klasse | 0 | 0 | GER | KSG - knackig, schön gebaut |
| 0. | 3037 | Johanna Schlüter | 00:49:16.6 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 4384 | Hilda Saiz | 00:49:17.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 4330 | Celina Chiavetta | 00:49:17.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 4454 | Noname | 00:49:17.8 | offene Klasse | 0 | 0 | GER | DHL |
| 0. | 793 | Stefan Thiruciluvai | 00:49:17.2 | offene Klasse | 0 | 0 | GER | Dachser SE |
| 0. | 4364 | Tabea Kreykenbohm | 00:49:21.8 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 5218 | Damian Slowinski | 00:49:26.6 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 4842 | Christoffer Korth | 00:49:27.4 | offene Klasse | 0 | 0 | GER | einZA Farben GmbH & Co KG |
| 0. | 2946 | Susann Andersson | 00:49:30.0 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 5526 | Mike Valente | 00:49:33.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 5608 | Jonathan Sauppe | 00:49:37.6 | offene Klasse | 0 | 0 | GER | FREDERIX Hotspot GmbH |
| 0. | 5609 | Jens Von Klitzing Seiß | 00:49:37.9 | offene Klasse | 0 | 0 | GER | FREDERIX Hotspot GmbH |
| 0. | 5607 | Alexander Kondrat | 00:49:38.4 | offene Klasse | 0 | 0 | GER | FREDERIX Hotspot GmbH |
| 0. | 9785 | Noname | 00:49:38.8 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 9215 | Fitore Ismajli | 00:49:43.0 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 8060 | Dennis Djalali Amiri | 00:49:43.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9079 | Aaron Merz | 00:49:44.1 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 10662 | Christoph Knobbe | 00:49:49.0 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 2680 | Ingo Ludwigs | 00:49:49.3 | offene Klasse | 0 | 0 | GER | AUCOTEC AG |
| 0. | 674 | Timon Könneker | 00:49:50.3 | offene Klasse | 0 | 0 | GER | CC Runners |
| 0. | 6226 | Sandro Sciascia | 00:49:51.5 | offene Klasse | 0 | 0 | GER | HC Runners |
| 0. | 7517 | Miquel Argendorf | 00:49:52.2 | offene Klasse | 0 | 0 | GER | Johanniter - Hannoveraner Teamgeist |
| 0. | 11078 | Frank Nehrhoff | 00:49:52.8 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 11083 | Sergej Righer | 00:49:54.0 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 8291 | Percy Garve | 00:49:56.7 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 3408 | Björn Anderd | 00:49:57.7 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3469 | Nico Lampe | 00:49:59.6 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 2236 | Christopher Klenke | 00:50:00.9 | offene Klasse | 0 | 0 | GER | 3B Bauconsult GmbH & Co. KG |
| 0. | 1351 | Marc Weise | 00:50:01.0 | offene Klasse | 0 | 0 | GER | Gundlach Bau und Immobilien |

| | | | | | | | | |
|----|-------|----------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 3524 | Simon Vollbrecht | 00:50:01.4 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 2831 | Robert Herweg | 00:50:02.0 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 3143 | Noname | 00:50:06.4 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 3403 | Sebastian Kunze | 00:50:06.4 | offene Klasse | 0 | 0 | GER | winkler Unternehmensgruppe |
| 0. | 3480 | Daniel Naumov | 00:50:06.7 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3447 | Ruwen Harders | 00:50:06.9 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 1332 | Frank Eretge | 00:50:07.0 | offene Klasse | 0 | 0 | GER | Gundlach Bau und Immobilien |
| 0. | 3450 | Kevin Heinrich | 00:50:07.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 2285 | Noname | 00:50:07.9 | offene Klasse | 0 | 0 | GER | AGL |
| 0. | 6068 | Kevin Krommen | 00:50:12.6 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 4086 | Tom Seidenstücker | 00:50:13.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 10009 | Fabian Altaner | 00:50:16.9 | offene Klasse | 0 | 0 | GER | Sympacon TS |
| 0. | 3434 | Peter Garlichs | 00:50:17.4 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 562 | Jörg Brunke | 00:50:17.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 6089 | Noname | 00:50:17.7 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 7260 | Jens Wemheuer | 00:50:21.6 | offene Klasse | 0 | 0 | GER | #weilwireslieben |
| 0. | 9868 | Alexander Grimm | 00:50:26.1 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 9502 | Dimitri Jedik | 00:50:31.4 | offene Klasse | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 8587 | David Domizlaff | 00:50:35.2 | offene Klasse | 0 | 0 | GER | medsolv GmbH |
| 0. | 6074 | Florian Mahlich | 00:50:36.6 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 8752 | Noname | 00:50:38.8 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 6069 | Lukas Kummerow | 00:50:45.2 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 6090 | Noname | 00:50:46.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 8324 | Sebastian Afeldt | 00:50:50.0 | offene Klasse | 0 | 0 | GER | Leuchtfeuer Digital Marketing GmbH |
| 0. | 9466 | Noname | 00:50:50.6 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 2689 | Noname | 00:50:54.7 | offene Klasse | 0 | 0 | GER | Wirtschaftsraum Hannover |
| 0. | 2579 | Noname | 00:50:55.3 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 9453 | Noname | 00:50:55.9 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 9465 | Noname | 00:50:56.2 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 7499 | Ferdal Savucu | 00:50:56.6 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 9457 | Noname | 00:50:56.6 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 9452 | Noname | 00:50:57.2 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 7303 | Frank Wielitzek | 00:50:57.5 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 9464 | Noname | 00:50:58.9 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 8851 | Noname | 00:51:00.1 | offene Klasse | 0 | 0 | GER | newcubator GmbH |
| 0. | 9459 | Noname | 00:51:00.7 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 9456 | Noname | 00:51:01.2 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 9458 | Noname | 00:51:01.4 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 9455 | Noname | 00:51:01.4 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 9462 | Noname | 00:51:02.2 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 9460 | Noname | 00:51:02.9 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 9454 | Noname | 00:51:02.9 | offene Klasse | 0 | 0 | GER | Saaten-Union GmbH |
| 0. | 4329 | Maike Buchsteiner | 00:51:05.3 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 3038 | Jens Schönfeld | 00:51:08.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 9843 | Hasan Vizir | 00:51:09.2 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 8723 | Mrs./Mr. Modulat | 00:51:11.1 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 5302 | Alexander Warszawski | 00:51:12.9 | offene Klasse | 0 | 0 | GER | FIDES Treuhand GmbH & Co. KG |
| 0. | 5646 | Tobias Stettner | 00:51:13.7 | offene Klasse | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 9347 | Torsten Heeger | 00:51:21.9 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 8594 | Philipp Wollin | 00:51:23.2 | offene Klasse | 0 | 0 | GER | medsolv GmbH |
| 0. | 124 | Magnus Jensen | 00:51:28.2 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5953 | Henrik Niemeier | 00:51:28.7 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 10477 | Noname | 00:51:28.9 | offene Klasse | 0 | 0 | GER | UPS |

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|----|-------|----------------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 2403 | Justin Weiß | 00:51:30.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 7245 | David Hartung | 00:51:32.4 | offene Klasse | 0 | 0 | GER | Infinigate Racing Team |
| 0. | 8591 | Kai Matthias | 00:51:33.0 | offene Klasse | 0 | 0 | GER | medsolv GmbH |
| 0. | 3753 | Sven Thiele | 00:51:33.7 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 4446 | Dennis Jahns | 00:51:35.3 | offene Klasse | 0 | 0 | GER | DHL |
| 0. | 7248 | Marco Möscheid | 00:51:35.7 | offene Klasse | 0 | 0 | GER | Infinigate Racing Team |
| 0. | 5150 | Timo Meyer | 00:51:37.1 | offene Klasse | 0 | 0 | GER | M 6 |
| 0. | 6206 | Noname | 00:51:37.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 4355 | Patrcia Kennedy | 00:51:39.6 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 10277 | Tolga Caglayan | 00:51:42.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 5893 | Noname | 00:51:44.4 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6159 | Noname | 00:51:47.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6163 | Noname | 00:51:50.5 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6165 | Noname | 00:51:50.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6148 | Noname | 00:51:51.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6164 | Noname | 00:51:51.7 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 9073 | Robér L'orange | 00:52:04.2 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 2644 | Luca Daniel Collurafici | 00:52:05.0 | offene Klasse | 0 | 0 | GER | Aspria |
| 0. | 3333 | Joris Bosch | 00:52:17.2 | offene Klasse | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 3355 | Marcel Tunger | 00:52:17.4 | offene Klasse | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 9634 | Bernd Raade | 00:52:22.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 6282 | Noname | 00:52:25.4 | offene Klasse | 0 | 0 | GER | hannoverimpuls GmbH |
| 0. | 566 | Michael Dzaak | 00:52:27.1 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 423 | Georg Karau | 00:52:28.7 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 9590 | Norman Bach | 00:52:33.6 | offene Klasse | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 3140 | Noname | 00:52:38.9 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 8588 | Daniel Finger | 00:52:40.7 | offene Klasse | 0 | 0 | GER | medsolv GmbH |
| 0. | 4712 | Noname | 00:52:42.9 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 4713 | Noname | 00:52:43.4 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 1990 | Noname | 00:52:49.3 | offene Klasse | 0 | 0 | GER | top itservices AG |
| 0. | 3359 | Markus Blume | 00:52:52.7 | offene Klasse | 0 | 0 | GER | CGI |
| 0. | 2969 | Ulrike Fahlberg | 00:52:54.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 3055 | Claudia Wendisch | 00:52:54.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 3011 | Katja Lohre | 00:52:54.7 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2857 | Mario Mucha | 00:52:56.0 | offene Klasse | 0 | 0 | GER | Baude |
| 0. | 4706 | Noname | 00:52:56.1 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 10654 | Felix Ehrich | 00:53:01.0 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 8593 | Andreas Momberg | 00:53:03.5 | offene Klasse | 0 | 0 | GER | medsolv GmbH |
| 0. | 5258 | Jan Mohr | 00:53:03.9 | offene Klasse | 0 | 0 | GER | P16 Dreamteam |
| 0. | 4352 | Miki Ismail | 00:53:10.5 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 8592 | Rémy Michel Sanchez | 00:53:12.2 | offene Klasse | 0 | 0 | GER | medsolv GmbH |
| 0. | 11228 | Noname | 00:53:16.0 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 9616 | Luca Hoppe | 00:53:20.5 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 2201 | Fabian Müller | 00:53:20.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 6032 | Wieland Kannemeier | 00:53:21.6 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 2217 | Javier Velazquez Rodriguez | 00:53:24.4 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 2558 | Noname | 00:53:28.0 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 8792 | Cord Wandmacher | 00:53:35.6 | offene Klasse | 0 | 0 | GER | MTB GmbH |
| 0. | 8787 | Dennis Schäffer | 00:53:37.9 | offene Klasse | 0 | 0 | GER | MTB GmbH |
| 0. | 2314 | David Bindhak | 00:53:38.0 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 6980 | Jens Kröpke | 00:53:42.8 | offene Klasse | 0 | 0 | GER | Team HGK |
| 0. | 4914 | Stephan Kayser | 00:53:43.2 | offene Klasse | 0 | 0 | GER | Energieversorgung Sehnde GmbH |
| 0. | 1841 | Carlotta Wilhelm | 00:54:02.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |

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|----|-------|----------------------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 6255 | Cristian Sperling | 00:54:03.6 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 6718 | Simon Mathioudakis | 00:54:04.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6596 | Tim Gohla | 00:54:06.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5037 | Joel Don Patrick Benjamin Blöchl | 00:54:15.8 | offene Klasse | 0 | 0 | GER | Event it |
| 0. | 11334 | Lukas Rüter | 00:54:17.2 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 8169 | Noname | 00:54:24.5 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 8161 | Noname | 00:54:26.0 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 11226 | Noname | 00:54:26.5 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 11223 | Noname | 00:54:27.3 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 7490 | Sven Königsberg | 00:54:29.8 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 2396 | Torsten Schwindt | 00:54:43.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 3390 | Robert Sternad | 00:54:45.2 | offene Klasse | 0 | 0 | GER | CHANNEL21 GmbH |
| 0. | 2349 | Klaus Huschke | 00:54:45.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2388 | Stefano Rüger | 00:54:46.9 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2369 | Daniel Malarski | 00:54:51.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 9623 | Jörg Klein | 00:55:01.0 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 4111 | Raphael Stiller | 00:55:05.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5347 | Jannis Eickenroth | 00:55:16.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 2828 | Noname | 00:55:16.4 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 7410 | Per Stricker | 00:55:18.6 | offene Klasse | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 7411 | Sven Brunner | 00:55:19.6 | offene Klasse | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 52258 | Billur Alpay | 00:55:22.9 | offene Klasse | 0 | 0 | GER | DEGENER Verlag & ars mundi |
| 0. | 10019 | Andreas Beßler | 00:55:29.9 | offene Klasse | 0 | 0 | GER | TAIFUN Software GmbH |
| 0. | 2376 | Dennis Müller | 00:55:32.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2830 | Alexander Bialas | 00:55:33.5 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 10092 | Florian Froböse | 00:55:33.9 | offene Klasse | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 9268 | Ali Aghaei | 00:55:52.6 | offene Klasse | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 10059 | Michael Seibt | 00:55:58.6 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 10836 | Ralf Ostermann | 00:55:59.0 | offene Klasse | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 8670 | Jörn Künsebeck | 00:56:00.2 | offene Klasse | 0 | 0 | GER | Milkron |
| 0. | 1392 | Florian Vach | 00:56:04.4 | offene Klasse | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 4444 | Henning Hoff | 00:56:05.3 | offene Klasse | 0 | 0 | GER | DHL |
| 0. | 7949 | Dennis Jung | 00:56:08.1 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 11178 | Hans Ahrens | 00:56:17.1 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 5372 | Marc Hartmann | 00:56:18.8 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 9607 | Christian Betz | 00:56:19.0 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 4709 | Noname | 00:56:19.1 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 5908 | Naheed Roomy | 00:56:36.6 | offene Klasse | 0 | 0 | GER | GOENOMICS |
| 0. | 4705 | Noname | 00:56:44.4 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 4715 | Noname | 00:57:02.4 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 2996 | Besa Kameri | 00:57:10.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2949 | Brigitte Baumert | 00:57:28.1 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 10677 | Kai Pfister | 00:57:37.7 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 2773 | Michael Heinecke | 00:57:42.6 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 8205 | Siegfried Volker | 00:57:47.5 | offene Klasse | 0 | 0 | GER | KSG - knackig, schön gebaut |
| 0. | 5296 | Noname | 00:57:51.0 | offene Klasse | 0 | 0 | GER | Fedrigoni Team |
| 0. | 3361 | Sebastian Stahlhut | 00:57:56.7 | offene Klasse | 0 | 0 | GER | CGI |
| 0. | 3334 | Maik Brandes | 00:58:00.9 | offene Klasse | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 8196 | Christoph Reimann | 00:58:02.6 | offene Klasse | 0 | 0 | GER | KSG - knackig, schön gebaut |
| 0. | 9341 | Gregor Bautz | 00:58:07.6 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 4345 | Armin Hänsch | 00:58:14.3 | offene Klasse | 0 | 0 | GER | Deutsche Post |
| 0. | 3233 | Elmar Pfülb | 00:58:24.0 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 2954 | Mareen Bockstette | 00:58:26.3 | offene Klasse | 0 | 0 | GER | Bethel im Norden |

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|----|-------|---------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 2623 | Christian Spang | 00:58:31.8 | offene Klasse | 0 | 0 | GER | Arvato Supply Chain Solutions |
| 0. | 3017 | Evelin Moschek | 00:58:42.6 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 11301 | Noname | 00:58:54.9 | offene Klasse | 0 | 0 | GER | ZAG Personal & Perspektiven |
| 0. | 3046 | Pauline Steiner | 00:58:57.4 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2981 | Rebecca Hahnelt | 00:59:01.6 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 3018 | Maria Müller | 00:59:09.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2976 | Birgit Glombitza | 00:59:14.3 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2354 | Ugur Kilic | 00:59:21.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 7099 | Noname | 00:59:24.6 | offene Klasse | 0 | 0 | GER | Hempelmann |
| 0. | 3322 | André Krüger | 00:59:33.4 | offene Klasse | 0 | 0 | GER | CENTERSCAPE |
| 0. | 7074 | Christian Gornetzki | 00:59:36.1 | offene Klasse | 0 | 0 | GER | Hempelmann |
| 0. | 4839 | Ina Flammiger | 00:59:43.6 | offene Klasse | 0 | 0 | GER | M6 |
| 0. | 4714 | Noname | 00:59:47.4 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 3047 | Simon Steinmetz | 01:00:08.1 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 4702 | Noname | 01:00:08.3 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 10016 | Luca Schöpke | 01:00:09.7 | offene Klasse | 0 | 0 | GER | Sympacon TS |
| 0. | 4704 | Noname | 01:00:10.6 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 2188 | Henning Jauns | 01:00:13.9 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 3059 | Nadine Zevenbergen | 01:00:14.0 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 9306 | Andreas Schlumbohm | 01:00:20.2 | offene Klasse | 0 | 0 | GER | Team Ray Events |
| 0. | 7914 | Niklas Sprave | 01:00:22.4 | offene Klasse | 0 | 0 | GER | KOENEN BAUANWÄLTE |
| 0. | 2998 | Christiane Kaune | 01:00:25.1 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 10538 | Marcel Garms | 01:00:27.8 | offene Klasse | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 2985 | Harry Heinrich | 01:00:30.4 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 4493 | Ricardo Grotemeier | 01:00:30.4 | offene Klasse | 0 | 0 | GER | KSRW |
| 0. | 2262 | Karya Atis | 01:00:32.2 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 2263 | Can Aytore | 01:00:33.4 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 2176 | Stefan Bork | 01:00:41.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 10507 | Baraa Soliemann | 01:00:44.4 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 11438 | Noname | 01:00:53.5 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 11069 | Klausdieter Hinze | 01:00:54.0 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 3009 | Jeremia Langeloth | 01:01:04.5 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 11093 | Torsten Wilhelm | 01:01:24.8 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 5733 | Max Trosien | 01:01:28.7 | offene Klasse | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 447 | Olaf Sprunk | 01:01:30.7 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 2972 | Ute Friederich | 01:01:35.6 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 10504 | Harold Götz | 01:01:56.9 | offene Klasse | 0 | 0 | GER | UPS |
| 0. | 10079 | Karim Hamoude Al Hadame | 01:02:06.1 | offene Klasse | 0 | 0 | GER | Running Winkulaner |
| 0. | 7987 | Marvin Terasa | 01:02:06.6 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 383 | Balaji Venkitasubramonian | 01:02:10.4 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 4441 | Mirko Schütte | 01:02:23.0 | offene Klasse | 0 | 0 | GER | Deutsches Taubblindenwerk |
| 0. | 10540 | Andreas Görlich | 01:02:32.6 | offene Klasse | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 7462 | Noname | 01:02:35.6 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 5534 | Lukas Weidich | 01:02:38.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 3241 | Dominik Von Berg | 01:02:47.2 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 11351 | Noname | 01:03:05.8 | offene Klasse | 0 | 0 | GER | Zahnarztpraxis |
| 0. | 11350 | Noname | 01:03:05.8 | offene Klasse | 0 | 0 | GER | Zahnarztpraxis |
| 0. | 10193 | Lutz Herrmann | 01:03:07.1 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 1368 | Frank Lade | 01:03:09.0 | offene Klasse | 0 | 0 | GER | H&P Bauingenieure GmbH & Co. KG |
| 0. | 403 | Noname | 01:03:09.8 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 11352 | Noname | 01:03:10.6 | offene Klasse | 0 | 0 | GER | Zahnarztpraxis |
| 0. | 9348 | Timo Hiller | 01:03:20.1 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 3420 | Ziyi Chen | 01:03:20.6 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |

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|----|-------|----------------------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 3751 | Mike Schumann | 01:03:34.2 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 5437 | Melvin Meyer | 01:03:34.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 5260 | Thorsten Palm | 01:03:47.9 | offene Klasse | 0 | 0 | GER | P16 Dreamteam |
| 0. | 2208 | Torben Schaffhauser | 01:04:23.8 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 4456 | Rainer Koslowski | 01:04:26.0 | offene Klasse | 0 | 0 | GER | DHL |
| 0. | 2953 | Christopher Bockisch | 01:04:27.8 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2962 | Isabella Czupala | 01:04:30.1 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 3051 | Marina Suchan | 01:04:35.2 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 3063 | Michelle Zureck | 01:04:36.4 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 1380 | Gunnar Georg | 01:04:43.1 | offene Klasse | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 8219 | Tim Niehaus | 01:04:44.9 | offene Klasse | 0 | 0 | GER | LNVG |
| 0. | 2164 | Florian Müller | 01:04:48.2 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 2154 | Uwe Backes | 01:04:49.7 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 2171 | Thomas Brendl | 01:04:51.7 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 5538 | Julius Weizemann | 01:04:52.8 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 6911 | Mumin Maljiseva | 01:05:13.2 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 7246 | Andreas Kulikklare | 01:05:25.0 | offene Klasse | 0 | 0 | GER | Infinigate Racing Team |
| 0. | 638 | Noname | 01:05:45.7 | offene Klasse | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 438 | Francisco Javier Paniagua Guzmán | 01:06:07.7 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 11319 | Fabian Bachmann | 01:06:09.9 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 11185 | Matthias Klauenberg | 01:06:30.9 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 11187 | Eduard Ochsner | 01:06:31.4 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 9905 | Benny Barth | 01:06:58.9 | offene Klasse | 0 | 0 | GER | SportScheck GmbH |
| 0. | 4173 | Björn Bockler | 01:07:04.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2177 | Kristoffer Bürsing | 01:07:16.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 2212 | Thimo Sonnabend | 01:07:18.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Beteiligungen |
| 0. | 9427 | Hani Aldebs | 01:07:19.5 | offene Klasse | 0 | 0 | GER | Röntgenpraxis Am Marstall® |
| 0. | 2974 | Marion Gellert | 01:08:47.2 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 8470 | Martin Model | 01:08:54.8 | offene Klasse | 0 | 0 | GER | mawis |
| 0. | 3013 | Willi Matus | 01:09:07.4 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 3027 | Jessica Pitcher | 01:09:07.7 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 3030 | Sascha Reischmann | 01:09:15.1 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 3045 | Elisabeth Steiner | 01:09:23.7 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 6999 | Noname | 01:09:28.7 | offene Klasse | 0 | 0 | GER | hm-pp |
| 0. | 2995 | Pranvera Kamberaj | 01:09:32.1 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 7001 | Martin Eichholz | 01:09:32.2 | offene Klasse | 0 | 0 | GER | hm-pp |
| 0. | 3052 | Mahin Torkieh | 01:09:33.4 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2944 | Elyane Adjei | 01:09:37.7 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2990 | Sanije Hoxhai | 01:09:37.9 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 9340 | Thomas Baumann | 01:09:47.1 | offene Klasse | 0 | 0 | GER | reinisch & Hopp+Flaig |
| 0. | 6037 | Noname | 01:10:12.4 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 3053 | Claudia Tschiersch | 01:10:17.7 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 3012 | Pardo Manalu | 01:10:22.9 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 3003 | Michaela Koch | 01:10:23.4 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2945 | Meriem Akyol | 01:10:23.7 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2838 | Maik König | 01:10:37.0 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 8501 | Noname | 01:10:52.2 | offene Klasse | 0 | 0 | GER | Martin Braun KG |
| 0. | 11423 | Noname | 01:11:37.5 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 11458 | Marc Robaszkiwicz | 01:11:37.5 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 4909 | Udo Falkenhagen | 01:11:42.4 | offene Klasse | 0 | 0 | GER | Energieversorgung Sehnde GmbH |
| 0. | 4967 | Janphilipp Güntherburmeister | 01:11:49.4 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 2375 | Christoph Motzke | 01:13:24.7 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 3661 | Ralf Smolla | 01:14:14.2 | offene Klasse | 0 | 0 | GER | DAK |

| | | | | | | | | |
|----|------|----------------------|------------|---------------|---|---|-----|-----------------------------|
| 0. | 4662 | Markus Mathias | 01:14:41.9 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 4701 | Noname | 01:18:05.2 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 4700 | Noname | 01:18:05.9 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 4655 | Dennis Hohls | 01:18:06.9 | offene Klasse | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 3034 | Leandra Sanchez | 01:21:10.7 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 3008 | Monika Lagdinz | 01:21:17.9 | offene Klasse | 0 | 0 | GER | Bethel im Norden |
| 0. | 2984 | Daniela Hartmannköhn | 01:21:19.7 | offene Klasse | 0 | 0 | GER | Bethel im Norden |

Ü30

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|-----------------------|------------|-----|------|------|--------|----------------------------------|
| 0. | 4875 | René Menzel | 00:19:42.4 | Ü30 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 8601 | Alexander Bley | 00:21:48.9 | Ü30 | 0 | 0 | GER | Der MeKo Laufftreff |
| 0. | 7442 | Maximilian Zarte | 00:23:05.4 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 10172 | Matti Hann | 00:24:22.6 | Ü30 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 8984 | Michael Ring | 00:24:51.7 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 10838 | René Petilliot | 00:24:56.7 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 11 | Fabian Baier | 00:25:03.2 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6020 | Michael Nguyen | 00:25:12.1 | Ü30 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 6451 | Henrik Wall | 00:25:25.9 | Ü30 | 0 | 0 | GER | Haufe Group |
| 0. | 3282 | Sebastian Pusch | 00:25:29.9 | Ü30 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 10684 | Philipp Beyer | 00:25:35.0 | Ü30 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 3470 | Linus Lietke | 00:25:48.6 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3740 | Luc Prevost | 00:25:49.1 | Ü30 | 0 | 0 | GER | Dassault Systemes |
| 0. | 5198 | Noname | 00:25:56.4 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 944 | Florian Siermann | 00:26:01.4 | Ü30 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 915 | Maximilian Manthey | 00:26:15.2 | Ü30 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 4879 | Viktor Priert | 00:26:15.8 | Ü30 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 10997 | Daniel Wildner | 00:26:16.4 | Ü30 | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 1728 | Kris Beutler | 00:26:35.7 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5388 | Simon Jelinek | 00:26:44.4 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3799 | Kim Nicolai Böttger | 00:26:47.9 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 7424 | Philip Buhmann | 00:26:48.3 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 1056 | Steffen Jürges | 00:26:50.2 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10260 | Felix Ziegler | 00:26:51.1 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 6343 | Daniel Napp | 00:27:02.5 | Ü30 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 10804 | Simon Kürschner | 00:27:04.0 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 407 | Javier Fernandez | 00:27:11.5 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 8605 | Randall Leong | 00:27:13.2 | Ü30 | 0 | 0 | GER | Der MeKo Laufftreff |
| 0. | 8807 | Jakob Schröder | 00:27:15.1 | Ü30 | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 10328 | Lasse Jannsen | 00:27:16.4 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 7458 | Lukas Grünig | 00:27:18.7 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 6874 | Axel Weiter | 00:27:19.2 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 1575 | Stephen McMillan | 00:27:31.4 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 10715 | Jan Bäßmann | 00:27:31.7 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 3909 | Björn Huwald | 00:27:33.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 8903 | Marvin Bürger | 00:27:34.0 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 4059 | Florian Scheller | 00:27:36.9 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10387 | Julien Podlech | 00:27:37.1 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 11370 | Robinson Bienfait | 00:27:42.2 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 5594 | Christian Kretzschmar | 00:27:43.6 | Ü30 | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 1656 | Michael Tieben | 00:27:43.6 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 80 | Kevin Glimm | 00:27:45.8 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |

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|----|-------|---------------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 11255 | Arne Grothaus | 00:27:50.5 | Ü30 | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 9600 | Simon Tarrach | 00:27:54.4 | Ü30 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 10632 | Fabian Gräfllich | 00:27:56.4 | Ü30 | 0 | 0 | GER | VEA |
| 0. | 9426 | Jan Adam | 00:27:57.8 | Ü30 | 0 | 0 | GER | Röntgenpraxis Am Marstall® |
| 0. | 10768 | Manuel Hentschke | 00:27:58.4 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9212 | Janchristoph Hohlfeld | 00:28:02.9 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 9190 | Nils Borchers | 00:28:03.7 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 6964 | Stefan Höhne | 00:28:05.0 | Ü30 | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 1738 | Solis Cabrera David Jaime | 00:28:07.9 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11436 | Jorge Martinez | 00:28:08.7 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 3942 | Lukas Kösterke | 00:28:11.9 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 7033 | Stefan Glowatzki | 00:28:15.7 | Ü30 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 4442 | Fabian Wecke | 00:28:17.7 | Ü30 | 0 | 0 | GER | Deutsches Taubblindenwerk |
| 0. | 10648 | Alexander Kohlmeier | 00:28:23.0 | Ü30 | 0 | 0 | GER | VSV |
| 0. | 11371 | Konrad Bild | 00:28:25.7 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 10881 | Stephan Alexander Spottke | 00:28:26.5 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 220 | Martin Ringekrause | 00:28:28.3 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11374 | Julian Borisch | 00:28:35.0 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 2642 | Pascal Blisse | 00:28:36.2 | Ü30 | 0 | 0 | GER | Aspria |
| 0. | 1783 | Sebastian Kühn | 00:28:36.2 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7865 | Nikolas Pérez Cvjetkovic | 00:28:36.6 | Ü30 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 7251 | Matthias Arthaus | 00:28:40.4 | Ü30 | 0 | 0 | GER | #weilwireslieben |
| 0. | 4163 | Frederik Wilker | 00:28:43.2 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 8961 | Sebastian Lüddecke | 00:28:45.4 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 11493 | Zygi Ziaukas | 00:28:48.0 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 8935 | Tobias Holz | 00:28:48.4 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 5453 | Fabian Passon | 00:28:51.4 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1643 | Marcel Peters | 00:28:51.4 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 9789 | Marius Luding | 00:28:52.5 | Ü30 | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 483 | Yannik Schröder | 00:28:52.9 | Ü30 | 0 | 0 | GER | Amadeus FiRe |
| 0. | 5353 | Daniel Fischbach | 00:28:52.9 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6388 | Tim Asmussen | 00:28:54.6 | Ü30 | 0 | 0 | GER | HAPEKO Hanseatisches Personalkontor |
| 0. | 9004 | Jakob Rose | 00:28:55.2 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 5180 | Antoine De Franssu | 00:28:55.5 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 3608 | Ole Heins | 00:28:56.1 | Ü30 | 0 | 0 | GER | Cratos & BlueTeam |
| 0. | 10366 | Corvin Martens | 00:29:00.6 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 1603 | Robert Schüßler | 00:29:01.9 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 7255 | Nils Nandzik | 00:29:02.6 | Ü30 | 0 | 0 | GER | #weilwireslieben |
| 0. | 1744 | Tony Elze | 00:29:05.0 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11462 | Christoph Schowe | 00:29:12.2 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 8708 | Dominik Rühr | 00:29:13.6 | Ü30 | 0 | 0 | GER | Mobil ISC |
| 0. | 9822 | Timo Knocke | 00:29:15.0 | Ü30 | 0 | 0 | GER | Sonepar |
| 0. | 10531 | Konstantin Brinkhoff | 00:29:15.5 | Ü30 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 8606 | Roman Menze | 00:29:16.9 | Ü30 | 0 | 0 | GER | Der MeKo Lauftreff |
| 0. | 11421 | Noname | 00:29:17.5 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 4738 | Daniel Gleiniger | 00:29:19.0 | Ü30 | 0 | 0 | GER | EBRC Consulting |
| 0. | 7326 | Joscha Dieckmann | 00:29:19.1 | Ü30 | 0 | 0 | GER | INSIDE M2M GmbH |
| 0. | 7951 | Noname | 00:29:20.7 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 1850 | Stefan Ahlers | 00:29:23.1 | Ü30 | 0 | 0 | GER | nass magnet GmbH |
| 0. | 10876 | Alex Seemann | 00:29:24.0 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10653 | Jörn Dresen | 00:29:27.9 | Ü30 | 0 | 0 | GER | VetZ GmbH |
| 0. | 6676 | Arne Kollat | 00:29:28.5 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 10126 | Marius Jankowsky | 00:29:30.1 | Ü30 | 0 | 0 | GER | Transnorm System GmbH |

| | | | | | | | | |
|----|-------|-----------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 9928 | André Jachting | 00:29:30.3 | Ü30 | 0 | 0 | GER | STEP-Niedersachsen |
| 0. | 1688 | Lennart Petersen | 00:29:32.8 | Ü30 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 2116 | Florian Ziora | 00:29:33.7 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 6819 | Thilo Schulz | 00:29:34.4 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 2779 | Eike Kieras | 00:29:34.9 | Ü30 | 0 | 0 | GER | Bahlsen Gmbh & Co. KG |
| 0. | 5363 | Lars Goossens | 00:29:36.2 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1440 | Nico Gläser | 00:29:37.7 | Ü30 | 0 | 0 | GER | itsc |
| 0. | 10217 | Torben Maronna | 00:29:39.9 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9680 | Pooria Mostafaei | 00:29:42.6 | Ü30 | 0 | 0 | GER | SHP Ingenieure |
| 0. | 68 | Kai Frankenstein | 00:29:42.8 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1962 | Dennis Hiller | 00:29:43.2 | Ü30 | 0 | 0 | GER | STRABAG AG |
| 0. | 8901 | Christian Brosy | 00:29:46.9 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 9210 | Gordon Henze | 00:29:47.2 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 11293 | Nils Ziemann | 00:29:48.7 | Ü30 | 0 | 0 | GER | WTS Group AG |
| 0. | 5493 | Bastian Schneider | 00:29:50.7 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10712 | Timo Ahrens | 00:29:53.2 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 4164 | Sascha Wolff | 00:29:54.7 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5879 | Lennart Vossler | 00:29:55.1 | Ü30 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7466 | Thomas Peterhansel | 00:29:55.2 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 8635 | Patrick Schiermeister | 00:29:56.6 | Ü30 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 2071 | Daniel Marquard | 00:29:58.7 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 1005 | Bo Dietrich | 00:30:00.1 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1859 | Jan Hollendung | 00:30:04.1 | Ü30 | 0 | 0 | GER | nass magnet GmbH |
| 0. | 3609 | Nils Kuhnke | 00:30:05.1 | Ü30 | 0 | 0 | GER | Cratos & BlueTeam |
| 0. | 6727 | Julian Milde | 00:30:08.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 10502 | Mirco Rode | 00:30:13.4 | Ü30 | 0 | 0 | GER | UPS |
| 0. | 10296 | Hannes Friebe | 00:30:14.1 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 10885 | Marvin Stewart | 00:30:16.5 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10365 | Lars Markgraf | 00:30:18.4 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 10909 | Christoph Würsig | 00:30:20.9 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 5843 | Sebastian Nieder | 00:30:22.1 | Ü30 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 5746 | Tobias Herrmann | 00:30:22.4 | Ü30 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 3550 | Philipp Radloff | 00:30:23.5 | Ü30 | 0 | 0 | GER | #therealcomNET |
| 0. | 1210 | James Ford | 00:30:23.5 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 6536 | Steffen Dahle | 00:30:25.2 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 6307 | Jan Carlo Märtens | 00:30:25.2 | Ü30 | 0 | 0 | GER | AUF DER BULT |
| 0. | 1093 | Zylka Marcus | 00:30:25.9 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 9408 | Alexander Demmler | 00:30:26.0 | Ü30 | 0 | 0 | GER | Laufteam Ronge |
| 0. | 7454 | Florian Zimmermann | 00:30:27.8 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 11381 | Jan Döhring | 00:30:29.7 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 1119 | Vincent Pakzad | 00:30:30.4 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6957 | Pascal Wissner | 00:30:31.4 | Ü30 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 482 | Rico Reisener | 00:30:32.6 | Ü30 | 0 | 0 | GER | Amadeus FiRe |
| 0. | 8638 | Sebastian Walter | 00:30:35.0 | Ü30 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 3272 | Jörg Heinz | 00:30:39.4 | Ü30 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 10427 | Jan Wehrspau | 00:30:39.4 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 2259 | Edward Stoye | 00:30:41.9 | Ü30 | 0 | 0 | GER | activelaw |
| 0. | 10480 | Melek Isso | 00:30:42.2 | Ü30 | 0 | 0 | GER | UPS |
| 0. | 4814 | Lukas Jülke | 00:30:46.4 | Ü30 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 343 | Vogel Arne | 00:30:46.1 | Ü30 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 1640 | Leon Eisenberg | 00:30:48.5 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 6651 | Noname | 00:30:48.7 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 10971 | Klaas Beckmann | 00:30:51.4 | Ü30 | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |

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|----|-------|---------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 9260 | Ingo Lemberger | 00:30:52.0 | Ü30 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 9039 | Daniel Wichert | 00:30:52.8 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 7937 | David Groß | 00:30:53.7 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 3895 | Mark Herrmann | 00:30:54.7 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10903 | Eric Wichmann | 00:30:56.0 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10574 | Hendrik Osterbuhr | 00:30:56.9 | Ü30 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 4046 | Yannick Rohlfing | 00:31:01.4 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10007 | Frederik Stoll | 00:31:01.8 | Ü30 | 0 | 0 | GER | Sweco GmbH |
| 0. | 1293 | Jan Gottesleben | 00:31:02.6 | Ü30 | 0 | 0 | GER | Gasunie |
| 0. | 148 | Robert Lange | 00:31:04.4 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1607 | Patrick Stucke | 00:31:06.0 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 9589 | Martin Müller | 00:31:08.3 | Ü30 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 9019 | Lukas Stübig | 00:31:10.4 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 7571 | Tobias Lakemann | 00:31:15.0 | Ü30 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 10835 | Dennis Ohme | 00:31:15.5 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1953 | Raimo Patzer | 00:31:17.4 | Ü30 | 0 | 0 | GER | SOLI Infratechnik GmbH |
| 0. | 4496 | Bruce Lange | 00:31:20.4 | Ü30 | 0 | 0 | GER | KSRW |
| 0. | 11199 | Maksim Hrupin | 00:31:21.0 | Ü30 | 0 | 0 | GER | Warburg Invest AG |
| 0. | 1627 | Sebastian Fiedel | 00:31:24.4 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 3931 | Sascha Kley | 00:31:25.9 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10412 | Marcel Ströer | 00:31:26.6 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 9198 | Sebastian Flügel | 00:31:32.2 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 1430 | Torben Mente | 00:31:33.1 | Ü30 | 0 | 0 | GER | IPH gGmbH |
| 0. | 5867 | Tim Schreiber | 00:31:34.1 | Ü30 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3254 | Philipp Sandvoß | 00:31:36.9 | Ü30 | 0 | 0 | GER | Busse & Coll Steuerberatung GmbH |
| 0. | 5476 | Peter Röhling | 00:31:37.4 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10756 | Timo Gewohn | 00:31:37.5 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10133 | Marcel Schwantes | 00:31:37.7 | Ü30 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 2012 | Florian Brüsewitz | 00:31:38.2 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 11397 | Abdullah Hakimi | 00:31:41.0 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 622 | Patrick Löffler | 00:31:41.6 | Ü30 | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 15 | Sascha Behr | 00:31:43.1 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1383 | Alexej Horosko | 00:31:43.5 | Ü30 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 5171 | Paul Braastadtiffon | 00:31:44.0 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 7209 | Nils Pallenberg | 00:31:44.7 | Ü30 | 0 | 0 | GER | Cool down... |
| 0. | 4888 | Frederic Türnau | 00:31:45.4 | Ü30 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 497 | Jannek Hisleiter | 00:31:45.9 | Ü30 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 4033 | Henrich Preuß | 00:31:46.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5507 | Yannic Siegfried | 00:31:47.2 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10223 | Jan Pielsticker | 00:31:47.9 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 2746 | Pascal Ludynia | 00:31:48.3 | Ü30 | 0 | 0 | GER | AyeT-Studios |
| 0. | 5233 | Raphael Kersuzan | 00:31:49.8 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 4903 | Rutger Senger | 00:31:51.2 | Ü30 | 0 | 0 | GER | Energie-Pensions-Management GmbH |
| 0. | 1129 | Martin Redweik | 00:31:52.4 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4742 | Arne Petersen | 00:31:54.2 | Ü30 | 0 | 0 | GER | EBRC Consulting |
| 0. | 5036 | Kevin Baldrich | 00:31:56.2 | Ü30 | 0 | 0 | GER | Event it |
| 0. | 1966 | Robert Rose | 00:31:58.2 | Ü30 | 0 | 0 | GER | STRABAG AG |
| 0. | 4175 | Dennis Asensio | 00:31:58.4 | Ü30 | 0 | 0 | GER | Debeka Hannover-Süd |
| 0. | 303 | Dennis Wagner | 00:31:59.8 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10203 | Dennis Kamenski | 00:32:01.6 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 2059 | Björn Kruse | 00:32:02.0 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10178 | Stephan Bartelt | 00:32:03.1 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 10614 | David Engelke | 00:32:03.2 | Ü30 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |

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|----|-------|----------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 9766 | Lutz Herting | 00:32:04.4 | Ü30 | 0 | 0 | GER | SK³ |
| 0. | 7845 | Marvin Linke | 00:32:07.7 | Ü30 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 6803 | Nolik Jona Schmidt | 00:32:08.5 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 171 | Marcel Merten | 00:32:08.6 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8343 | Philip Haupt | 00:32:13.6 | Ü30 | 0 | 0 | GER | Lorenzbau |
| 0. | 1810 | Christian Rolle | 00:32:14.7 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1519 | Angelos Apostolidis | 00:32:16.3 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 7984 | Noname | 00:32:16.9 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 1104 | Igor Mitnik | 00:32:17.1 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 2047 | Christian Jaensch | 00:32:17.2 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4463 | Sebastian Ulbricht | 00:32:23.2 | Ü30 | 0 | 0 | GER | DHL |
| 0. | 6650 | Michael Jung | 00:32:24.0 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 6366 | Nico Wessel | 00:32:24.0 | Ü30 | 0 | 0 | GER | Hannoversche Werkstätten gem. GmbH |
| 0. | 10421 | Henning Von Roon | 00:32:24.8 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 3578 | Oliver Bunert | 00:32:30.4 | Ü30 | 0 | 0 | GER | Connox |
| 0. | 1302 | Florian Lingemann | 00:32:37.8 | Ü30 | 0 | 0 | GER | Gasunie |
| 0. | 9175 | Martin Schulz | 00:32:38.7 | Ü30 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 11023 | Noname | 00:32:40.3 | Ü30 | 0 | 0 | GER | Viscom AG |
| 0. | 6337 | Dariush Kazemi | 00:32:41.5 | Ü30 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 7066 | Moritz Fischer | 00:32:42.1 | Ü30 | 0 | 0 | GER | Hörmann KG Verkaufsgesellschaft |
| 0. | 6625 | Denis Herrmann | 00:32:45.5 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 6410 | Dennis Grandke | 00:32:45.5 | Ü30 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 4159 | Lars Wendorf | 00:32:46.2 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 2477 | Marco Gewecke | 00:32:48.5 | Ü30 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 10640 | Frederik Richau | 00:32:50.6 | Ü30 | 0 | 0 | GER | VEA |
| 0. | 9200 | Maximilian Germerott | 00:32:51.0 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 11426 | Sebastian Lack | 00:32:52.7 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 11366 | Gökhan Ayar | 00:32:53.7 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 10006 | Moritz Stein | 00:32:56.5 | Ü30 | 0 | 0 | GER | Sweco GmbH |
| 0. | 3954 | Thorben Kuball | 00:32:57.2 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 2939 | Maximilian Kämpfer | 00:32:57.3 | Ü30 | 0 | 0 | GER | Behncke GmbH |
| 0. | 3547 | Philipp Kürschner | 00:32:57.5 | Ü30 | 0 | 0 | GER | #therealcomNET |
| 0. | 4804 | Patrick Behle | 00:32:58.9 | Ü30 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 11387 | Jan Fiebrandt | 00:32:59.2 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 3983 | Sören Masson | 00:33:01.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 263 | Patrick Skubella | 00:33:01.9 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 415 | Christoph Hahn | 00:33:02.4 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 6947 | Eike Hergemöller | 00:33:03.6 | Ü30 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 1556 | Erik Kaschke | 00:33:04.1 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 5937 | Julian Gorski | 00:33:05.2 | Ü30 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 6768 | Damian Reck | 00:33:05.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 7581 | Florian Adam | 00:33:05.3 | Ü30 | 0 | 0 | GER | KXL Athlytics |
| 0. | 8282 | Jaspar Tzschierter | 00:33:06.1 | Ü30 | 0 | 0 | GER | LBS Nord |
| 0. | 1274 | Hans Heinrich | 00:33:08.7 | Ü30 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 9235 | Jonas Richaus | 00:33:10.2 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 4089 | Jörn Bruns | 00:33:11.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 364 | Patryk Kubów | 00:33:11.1 | Ü30 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 1720 | Dominik Amberg | 00:33:11.8 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1427 | Philipp Harder | 00:33:12.2 | Ü30 | 0 | 0 | GER | IPH gGmbH |
| 0. | 1030 | Niklas Greve | 00:33:13.6 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6660 | Noname | 00:33:14.0 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 1107 | Daniel Mundt | 00:33:14.3 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4929 | Tom Krüger | 00:33:15.1 | Ü30 | 0 | 0 | GER | Enno Roggemann |

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|----|-------|------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 6994 | Sebastian Krämer | 00:33:15.3 | Ü30 | 0 | 0 | GER | M6 |
| 0. | 402 | Andreas Davidek | 00:33:15.7 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 1569 | Victor Lemeshko | 00:33:16.6 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 620 | Nils Kowert | 00:33:17.4 | Ü30 | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 5976 | Elvira Hilz | 00:33:19.1 | Ü30 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 5502 | Florian Selent | 00:33:21.0 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9336 | Robin Renner | 00:33:22.4 | Ü30 | 0 | 0 | GER | Gib Gummi |
| 0. | 225 | Jan Roggenbach | 00:33:22.9 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 621 | Benedikt Lang | 00:33:24.2 | Ü30 | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 10131 | Thomas Nahrendorf | 00:33:28.4 | Ü30 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 2438 | Maximilian Schrörs | 00:33:28.6 | Ü30 | 0 | 0 | GER | AirITSystems |
| 0. | 9163 | Johannes Liehmann | 00:33:29.0 | Ü30 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 5208 | Hamed Mobini | 00:33:29.2 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 1814 | Hakkan Salman | 00:33:30.0 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2429 | Christopher Heske | 00:33:35.9 | Ü30 | 0 | 0 | GER | AirITSystems |
| 0. | 5650 | Eric Giermann | 00:33:35.2 | Ü30 | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 9826 | Fabian Lewen | 00:33:37.7 | Ü30 | 0 | 0 | GER | Sonepar |
| 0. | 11165 | Janhendrik Schmedewitz | 00:33:37.9 | Ü30 | 0 | 0 | GER | #teamWAGNER |
| 0. | 361 | Manuel Höck | 00:33:39.4 | Ü30 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 10588 | Maximilian Schlüter | 00:33:40.2 | Ü30 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 5428 | Tim Ludwigkeit | 00:33:43.5 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11054 | Andreas Vogeler | 00:33:43.8 | Ü30 | 0 | 0 | GER | Vogeler |
| 0. | 89 | Felix Greune | 00:33:43.9 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 842 | Noname | 00:33:45.3 | Ü30 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 1570 | Benjamin Licht | 00:33:47.4 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 5982 | Lukas Müller | 00:33:50.8 | Ü30 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 2743 | David Heuer | 00:33:52.1 | Ü30 | 0 | 0 | GER | AyeT-Studios |
| 0. | 3306 | Dirk Pauling | 00:33:52.6 | Ü30 | 0 | 0 | GER | CARESTONE |
| 0. | 1635 | Michael Kalvelage | 00:33:56.7 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 7463 | Ali Ibrahim | 00:33:57.6 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 9997 | Claas Könenkamp | 00:33:58.3 | Ü30 | 0 | 0 | GER | Sweco GmbH |
| 0. | 1793 | Thomas Marten | 00:34:00.2 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1751 | Tim Fornacon | 00:34:00.5 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 752 | Patryk Pula | 00:34:01.2 | Ü30 | 0 | 0 | GER | Team Concordia |
| 0. | 10695 | Thomas Landgrafmielke | 00:34:03.2 | Ü30 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 6956 | Phil Kaufhold | 00:34:03.4 | Ü30 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 1864 | Jan Leichtenschlag | 00:34:03.8 | Ü30 | 0 | 0 | GER | nass magnet GmbH |
| 0. | 1289 | Simon Fischer | 00:34:04.3 | Ü30 | 0 | 0 | GER | Gasunie |
| 0. | 5410 | Niklas Kownatzki | 00:34:04.7 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 152 | Lucas Larm | 00:34:04.8 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6975 | Oliver Uliczka | 00:34:06.7 | Ü30 | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 10634 | Fabian Helmke | 00:34:12.7 | Ü30 | 0 | 0 | GER | VEA |
| 0. | 3844 | Endric Fleige | 00:34:12.7 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 507 | Viktor Zagorec | 00:34:13.4 | Ü30 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 9101 | Johannes Brörmann | 00:34:13.5 | Ü30 | 0 | 0 | GER | Plasma Service |
| 0. | 5551 | Steffen Zenker | 00:34:14.0 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1847 | Jannik Zoller | 00:34:14.8 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9239 | Daniel Schiller | 00:34:15.0 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 1295 | Maximilian Hellberg | 00:34:16.8 | Ü30 | 0 | 0 | GER | Gasunie |
| 0. | 2103 | Jakob Walther | 00:34:17.0 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 9176 | Paul Schulz | 00:34:17.7 | Ü30 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 9748 | Richard Westphal | 00:34:20.2 | Ü30 | 0 | 0 | GER | Siemens AG |
| 0. | 6421 | Arlind Krasniqi | 00:34:21.2 | Ü30 | 0 | 0 | GER | Harry Brot GmbH |

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|----|-------|-------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 5876 | Taylan Tokan | 00:34:21.3 | Ü30 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 349 | Samuelramon Burger | 00:34:23.9 | Ü30 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 3525 | Daniel Walkowiak | 00:34:24.1 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 1600 | Christoph Schmidt | 00:34:26.1 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 9662 | Robert Bernstein | 00:34:27.1 | Ü30 | 0 | 0 | GER | shl ingenieure |
| 0. | 1137 | Marcel Rokahr | 00:34:28.1 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10137 | Philipp Tacke | 00:34:31.4 | Ü30 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 10382 | Finn Eike | 00:34:36.7 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 134 | Andreas Kloster | 00:34:37.6 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1463 | Dennis Kristof | 00:34:40.9 | Ü30 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 10350 | Ilya Kubrachenko | 00:34:43.1 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 5923 | Patrick Troitzsch | 00:34:43.1 | Ü30 | 0 | 0 | GER | All4Golf |
| 0. | 7889 | Lars Steinacker | 00:34:43.8 | Ü30 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 5841 | Louis Krüger | 00:34:46.1 | Ü30 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7258 | Chris Strobl | 00:34:48.7 | Ü30 | 0 | 0 | GER | #weilwireslieben |
| 0. | 9834 | Sven Reich | 00:34:49.0 | Ü30 | 0 | 0 | GER | Sonepar |
| 0. | 3668 | Tomas Vaverka | 00:34:50.1 | Ü30 | 0 | 0 | GER | DAK |
| 0. | 6772 | Benedict Reimann | 00:34:52.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 3996 | Patrick Möhle | 00:34:52.4 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 4503 | Julian Gißler | 00:34:54.3 | Ü30 | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 10985 | Hedemann Milan | 00:34:54.7 | Ü30 | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 10978 | Paul Hedemann | 00:34:58.1 | Ü30 | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 1679 | Felix Gehle | 00:35:01.8 | Ü30 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 5206 | Antony Martin | 00:35:06.3 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 532 | Marcel Vollbrecht | 00:35:07.3 | Ü30 | 0 | 0 | GER | Betonbau |
| 0. | 6439 | Memet Tulan | 00:35:10.2 | Ü30 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 11491 | Sercan Yünek | 00:35:11.7 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 11407 | Jan Hoffmann | 00:35:12.5 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 10499 | Lukas Poschkamp | 00:35:14.2 | Ü30 | 0 | 0 | GER | UPS |
| 0. | 1619 | Andreas Hogeback | 00:35:14.2 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 9036 | Paul Wegner | 00:35:17.2 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 9687 | Ibrahim Bouhaja | 00:35:17.5 | Ü30 | 0 | 0 | GER | Siemens AG |
| 0. | 5197 | Hugo Hennion | 00:35:17.8 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 9244 | Torben Sieg | 00:35:18.3 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 3813 | Bela David | 00:35:19.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 6891 | Jan Wiebusch | 00:35:20.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 981 | Dominik Bea | 00:35:20.9 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 992 | Phil Brückmann | 00:35:22.3 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10259 | Thomas Bartels | 00:35:28.1 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 7113 | Christian Suhr | 00:35:28.1 | Ü30 | 0 | 0 | GER | ibk IngenieurConsult GmbH |
| 0. | 9230 | Christoph Michler | 00:35:31.7 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 5116 | Arne Weykopf | 00:35:33.1 | Ü30 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 5371 | Timo Harbecke | 00:35:33.2 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4418 | Christian Egelkamp | 00:35:33.8 | Ü30 | 0 | 0 | GER | Dt. Inst. für Kautschuktechnologie |
| 0. | 3269 | Tobias Dölling | 00:35:38.1 | Ü30 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 4416 | Ole Bodem | 00:35:39.0 | Ü30 | 0 | 0 | GER | Dt. Inst. für Kautschuktechnologie |
| 0. | 8847 | Sven Röttering | 00:35:40.1 | Ü30 | 0 | 0 | GER | newcubator GmbH |
| 0. | 413 | Alejandro Gomez Viciano | 00:35:44.9 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 8741 | Serj Voskian | 00:35:46.6 | Ü30 | 0 | 0 | GER | MOSAIK architekt:innen bda |
| 0. | 4725 | Torben Runte | 00:35:48.1 | Ü30 | 0 | 0 | GER | E. ON Energie Deutschland GmbH |
| 0. | 66 | Jan Fox | 00:35:48.8 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4633 | Stefan Milosavljevic | 00:35:49.1 | Ü30 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 5455 | Tobias Pawollek | 00:35:50.9 | Ü30 | 0 | 0 | GER | Finanz Informatik |

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|----|-------|-----------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 1822 | Florian Schötz | 00:35:51.4 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1393 | Tobias Winkel | 00:35:55.0 | Ü30 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 3500 | Markus Pichler | 00:35:56.1 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 480 | Pascal Prange | 00:35:57.5 | Ü30 | 0 | 0 | GER | Amadeus FiRe |
| 0. | 295 | Tobias Vankerkom | 00:35:57.6 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2271 | Evgenij Henning | 00:35:57.9 | Ü30 | 0 | 0 | GER | AGILA Haustierversicherung AG |
| 0. | 2740 | Shahin Amirov | 00:36:01.1 | Ü30 | 0 | 0 | GER | AyeT-Studios |
| 0. | 2441 | Sven Westenberger | 00:36:03.1 | Ü30 | 0 | 0 | GER | AirITSystems |
| 0. | 4869 | Marcel Kaufholdt | 00:36:03.8 | Ü30 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 3816 | Noname | 00:36:04.4 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 654 | Ahmad Ramin Ahmad Yar | 00:36:07.3 | Ü30 | 0 | 0 | GER | CC Runners |
| 0. | 9660 | Andreas Arndt | 00:36:07.4 | Ü30 | 0 | 0 | GER | shI ingenieure |
| 0. | 2538 | Carl Hendrik Lahmann | 00:36:09.7 | Ü30 | 0 | 0 | GER | Alvotech Hannover |
| 0. | 4721 | Said Jaatit | 00:36:16.1 | Ü30 | 0 | 0 | GER | E. ON Energie Deutschland GmbH |
| 0. | 5199 | Yann Kaiser | 00:36:20.5 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 8848 | Jan Sauer | 00:36:21.3 | Ü30 | 0 | 0 | GER | newcubator GmbH |
| 0. | 6953 | Niclas Mönchmeyer | 00:36:21.6 | Ü30 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 1394 | Tarkan Acur | 00:36:24.1 | Ü30 | 0 | 0 | GER | HELMA Eigenheimbau AG |
| 0. | 4193 | Dennis Tokay | 00:36:24.2 | Ü30 | 0 | 0 | GER | Debeka |
| 0. | 4191 | Andreas Gatzmann | 00:36:24.5 | Ü30 | 0 | 0 | GER | Debeka |
| 0. | 7974 | Frederik Reygers | 00:36:25.2 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 5187 | Antoine Foubert | 00:36:26.8 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 787 | Denis Mueller | 00:36:27.4 | Ü30 | 0 | 0 | GER | Dachser SE |
| 0. | 8912 | Igor Drobot | 00:36:27.7 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 1256 | Sebastian Wöltje | 00:36:29.0 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 6268 | Roy Göring | 00:36:30.3 | Ü30 | 0 | 0 | GER | hannoverimpuls GmbH |
| 0. | 916 | Laurin Marks | 00:36:31.0 | Ü30 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 7566 | Constantin Gasch | 00:36:33.6 | Ü30 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 3827 | Christian Ellies | 00:36:35.2 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5852 | Noname | 00:36:35.6 | Ü30 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 1843 | Regina Witte | 00:36:39.0 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10974 | Temmo Habbe Dreesmann | 00:36:39.4 | Ü30 | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 3980 | Julien Mann | 00:36:41.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10419 | Alexander Voigt | 00:36:41.4 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 4819 | Kevin Müllerke | 00:36:43.1 | Ü30 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 4140 | Ben Veith | 00:36:45.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10606 | Jenschristian Winter | 00:36:45.5 | Ü30 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 9247 | Jan Wellmann | 00:36:48.9 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 5638 | Fabian Manthey | 00:36:48.9 | Ü30 | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 6276 | Georg Leuteritz | 00:36:49.4 | Ü30 | 0 | 0 | GER | hannoverimpuls GmbH |
| 0. | 10800 | Nik Kruska | 00:36:50.0 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1072 | Dieter Kuhn | 00:36:51.8 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 3860 | Florian Gieseler | 00:36:52.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5832 | Alexander Hemmen | 00:36:53.1 | Ü30 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 207 | Erik Piernicki | 00:36:53.6 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5213 | Luis Lazcano | 00:36:55.5 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 10142 | Jörn Wiethaup | 00:36:56.2 | Ü30 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 10486 | Svenferdinand Kohl | 00:36:56.6 | Ü30 | 0 | 0 | GER | UPS |
| 0. | 3890 | Sünke Hedemann | 00:36:57.2 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 4212 | Thilo Bratrich | 00:36:57.5 | Ü30 | 0 | 0 | GER | Deloitte |
| 0. | 5231 | Thomas Doré | 00:36:57.5 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 1787 | Ole Lauenstein | 00:37:00.5 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7362 | Niels Grabosch | 00:37:01.1 | Ü30 | 0 | 0 | GER | inTime Express Logistik GmbH |

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|----|-------|-------------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 10420 | Jan Schröder | 00:37:01.8 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 10245 | Yannic Winkler | 00:37:03.6 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4831 | Christoph Wiegand | 00:37:08.4 | Ü30 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 3395 | Andre Harmsen | 00:37:08.8 | Ü30 | 0 | 0 | GER | ChillServices |
| 0. | 1831 | Marius Trenschel | 00:37:10.2 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 3295 | Maurice Fuhrmann | 00:37:10.9 | Ü30 | 0 | 0 | GER | CARESTONE |
| 0. | 3914 | Ali Ismail | 00:37:21.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 6814 | Philipp Schreiber | 00:37:21.0 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 292 | Michael Tyca | 00:37:23.1 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10649 | Alexander Reimche | 00:37:23.7 | Ü30 | 0 | 0 | GER | VSV |
| 0. | 2045 | Dennis Horn | 00:37:25.7 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 5910 | James Ashraf | 00:37:30.4 | Ü30 | 0 | 0 | GER | All4Golf |
| 0. | 5481 | Andreas Martin Christopher | 00:37:32.0 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9514 | David Wiecki | 00:37:32.1 | Ü30 | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 6896 | Julian Winkelhake | 00:37:32.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 6491 | Patrick Becher | 00:37:32.5 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 10544 | Christoph Hennig | 00:37:33.3 | Ü30 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 788 | Lucas Homfeld | 00:37:35.9 | Ü30 | 0 | 0 | GER | Dachser SE |
| 0. | 2094 | Markus Sinnigen | 00:37:36.0 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 9779 | Tim Ebbecke | 00:37:36.5 | Ü30 | 0 | 0 | GER | SKC Beratungsgesellschaft |
| 0. | 7460 | Hendrik Hennies | 00:37:37.5 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 9956 | Noname | 00:37:38.0 | Ü30 | 0 | 0 | GER | sib |
| 0. | 789 | Mario Poljakovic | 00:37:40.4 | Ü30 | 0 | 0 | GER | Dachser SE |
| 0. | 2426 | Angelos Alfons Engelke | 00:37:44.7 | Ü30 | 0 | 0 | GER | AirITSystems |
| 0. | 6712 | Jörn Mang | 00:37:44.9 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 9763 | Stefan Bauer | 00:37:44.4 | Ü30 | 0 | 0 | GER | SK³ |
| 0. | 3662 | Mohyi Eldin Takriti | 00:37:45.1 | Ü30 | 0 | 0 | GER | DAK |
| 0. | 5956 | Jan Rehring | 00:37:47.2 | Ü30 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 4471 | David Großkleimann | 00:37:47.4 | Ü30 | 0 | 0 | GER | digital.manufaktur GmbH |
| 0. | 4775 | Olcay Esen | 00:37:47.9 | Ü30 | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 6019 | Andrii Mazhara | 00:37:50.1 | Ü30 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 1818 | Conrad Schmidt | 00:37:50.5 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1426 | Hendrik Gerland | 00:37:52.1 | Ü30 | 0 | 0 | GER | IPH gGmbH |
| 0. | 4473 | Dennis Schaa | 00:37:52.1 | Ü30 | 0 | 0 | GER | digital.manufaktur GmbH |
| 0. | 1800 | Chris Otten | 00:37:53.3 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9671 | Marco Szlakowski | 00:37:59.9 | Ü30 | 0 | 0 | GER | shl ingenieure |
| 0. | 1377 | Johannes Aljoscha Eberspächer | 00:38:02.5 | Ü30 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 6440 | Alexander Tündermann | 00:38:03.3 | Ü30 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 6298 | Henning Ensink | 00:38:04.2 | Ü30 | 0 | 0 | GER | AUF DER BULT |
| 0. | 9694 | Jangerrit Dörrie | 00:38:07.0 | Ü30 | 0 | 0 | GER | Siemens AG |
| 0. | 5059 | Max Bühlmann | 00:38:07.6 | Ü30 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 9586 | Eduard Lebsak | 00:38:07.6 | Ü30 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 1645 | Amadeus Pötschke | 00:38:09.0 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 1671 | Christopher Reinert | 00:38:09.7 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 6543 | Joerg Dirks | 00:38:12.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 3779 | Marcus Becker | 00:38:12.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 1122 | Bartosz Pilarski | 00:38:13.4 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 7414 | Gerrit Gädke | 00:38:15.1 | Ü30 | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 3554 | Simon Baumgarten | 00:38:21.5 | Ü30 | 0 | 0 | GER | #therealcomNET |
| 0. | 6858 | Albert Torno | 00:38:22.2 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 8 | Milad Atazai | 00:38:23.1 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 471 | James Donovan | 00:38:23.1 | Ü30 | 0 | 0 | GER | Amadeus FiRe |
| 0. | 3855 | Daniel Gerdes | 00:38:24.2 | Ü30 | 0 | 0 | GER | DB / VDES |

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|----|-------|------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 9656 | Pascal Richter | 00:38:27.0 | Ü30 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 10240 | M.eng. Stephan | 00:38:28.1 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 7948 | Dominic John | 00:38:28.2 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 3950 | Felix Kromer | 00:38:30.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 1858 | Fiete Heidenreich | 00:38:31.4 | Ü30 | 0 | 0 | GER | nass magnet GmbH |
| 0. | 4591 | Philjordan Neugebauer | 00:38:33.4 | Ü30 | 0 | 0 | GER | Drees & Sommer |
| 0. | 1734 | Marco Bruhn | 00:38:35.0 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2243 | Jonas Hausdorf | 00:38:38.5 | Ü30 | 0 | 0 | GER | ABB AG |
| 0. | 3850 | Tobias Fritsch | 00:38:40.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10123 | Tobias Herzog | 00:38:41.4 | Ü30 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 5720 | Lukas Kindel | 00:38:44.7 | Ü30 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 6765 | Gaurav Rathore | 00:38:44.8 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 7658 | Malte Blank | 00:38:46.6 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1756 | Sina Gnädig | 00:38:48.0 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1748 | Lena Farahbodsternahl | 00:38:48.8 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7656 | Christian Bidder | 00:38:50.1 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9139 | Jan Dönges | 00:38:52.9 | Ü30 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 6811 | Kai Schönborn | 00:39:01.2 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 1601 | Robin Schmidt | 00:39:02.2 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 8273 | Christian Körner | 00:39:02.9 | Ü30 | 0 | 0 | GER | LBS Nord |
| 0. | 7215 | Steve Dorn | 00:39:04.5 | Ü30 | 0 | 0 | GER | Cool down... |
| 0. | 11377 | Jaewon Choi | 00:39:09.7 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 6425 | Moritz Maure | 00:39:15.0 | Ü30 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 475 | Alexander Kling | 00:39:22.0 | Ü30 | 0 | 0 | GER | Amadeus FiRe |
| 0. | 5972 | Johannes Dieckmann | 00:39:25.0 | Ü30 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 8038 | Falk Schacht | 00:39:25.0 | Ü30 | 0 | 0 | GER | Köttermann GmbH |
| 0. | 10545 | Noname | 00:39:26.2 | Ü30 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 7166 | Nils Borchert | 00:39:28.3 | Ü30 | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 3838 | Nico Feige | 00:39:30.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 11172 | Sören Von Hertzberg | 00:39:30.2 | Ü30 | 0 | 0 | GER | #teamWAGNER |
| 0. | 1097 | Pascal Mauer | 00:39:31.8 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 9941 | Frederik Klaus | 00:39:32.1 | Ü30 | 0 | 0 | GER | Steuerberater am Aegi |
| 0. | 494 | Andrej Fendel | 00:39:34.7 | Ü30 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 5448 | Tom Osenberg | 00:39:35.5 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10802 | Martin Kühn | 00:39:39.3 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 4058 | Leon Scheiber | 00:39:40.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 427 | Rodrigo López | 00:39:40.3 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 9738 | Marc Schulze Schwering | 00:39:40.5 | Ü30 | 0 | 0 | GER | Siemens AG |
| 0. | 11207 | Adrian Schleffler | 00:39:44.0 | Ü30 | 0 | 0 | GER | Warburg Invest AG |
| 0. | 3243 | Golo Bauermeisterhaxel | 00:39:44.6 | Ü30 | 0 | 0 | GER | Busse & Coll Steuerberatung GmbH |
| 0. | 867 | Lucas Garbe | 00:39:44.7 | Ü30 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 5381 | Gerrit Hoppe | 00:39:49.8 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2010 | Bennet Brunke | 00:39:50.5 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 6551 | Jan Erik Dreyer | 00:39:51.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 4817 | Ancho Martinez | 00:39:53.9 | Ü30 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 1429 | Eike Lorenz | 00:39:53.9 | Ü30 | 0 | 0 | GER | IPH gGmbH |
| 0. | 2782 | Tim Köller | 00:39:57.7 | Ü30 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 7867 | Andre Prins | 00:40:00.0 | Ü30 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 7983 | Stanislav Stepanov | 00:40:00.4 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 9202 | Christopher Göldner | 00:40:02.2 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 1233 | Philipp Rempel | 00:40:03.9 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 5477 | Christian Rolf | 00:40:05.0 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4778 | Mike Kütemeier | 00:40:06.5 | Ü30 | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |

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|----|-------|-----------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 7565 | Maxim Degtjarev | 00:40:07.1 | Ü30 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 4179 | Daniel Kijac | 00:40:07.2 | Ü30 | 0 | 0 | GER | Debeka Hannover-Süd |
| 0. | 7420 | Yannic Vaupel | 00:40:09.6 | Ü30 | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 10005 | René Stölk | 00:40:12.5 | Ü30 | 0 | 0 | GER | Sweco GmbH |
| 0. | 9118 | Pablo Villalobos | 00:40:12.7 | Ü30 | 0 | 0 | GER | Plasma Service |
| 0. | 5356 | André Frischbier | 00:40:14.5 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10576 | Patrick Platek | 00:40:17.3 | Ü30 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 3086 | Patrick Jörn | 00:40:18.7 | Ü30 | 0 | 0 | GER | BG-Phoenix GmbH |
| 0. | 6527 | Marcel Burlage | 00:40:19.5 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 7176 | Marc Holewa | 00:40:23.0 | Ü30 | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 9220 | Robert Koch | 00:40:24.0 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 1 | Enis Aktas | 00:40:24.4 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 78 | Niels Germeroth | 00:40:29.9 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8645 | Anselm Derda | 00:40:32.7 | Ü30 | 0 | 0 | GER | MHHERZTEAM |
| 0. | 101 | Christian Helms | 00:40:36.3 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5364 | Gerrit Graën | 00:40:37.3 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10865 | Joseph Micheal Scherfenberg | 00:40:57.2 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 7129 | Alexander Wenzel | 00:41:00.1 | Ü30 | 0 | 0 | GER | IFA |
| 0. | 3542 | Noname | 00:41:02.4 | Ü30 | 0 | 0 | GER | collaboration Factory AG |
| 0. | 8740 | Thomas Strüber | 00:41:03.9 | Ü30 | 0 | 0 | GER | MOSAIK architekt:innen bda |
| 0. | 11145 | Philipp Körber | 00:41:06.9 | Ü30 | 0 | 0 | GER | #teamWAGNER |
| 0. | 10633 | Torben Harms | 00:41:08.4 | Ü30 | 0 | 0 | GER | VEA |
| 0. | 4043 | Giacomo Richard | 00:41:08.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 1319 | Jascha Becker | 00:41:08.9 | Ü30 | 0 | 0 | GER | Gasunie |
| 0. | 2431 | Felix Kuchenbäcker | 00:41:12.7 | Ü30 | 0 | 0 | GER | AirITSystems |
| 0. | 429 | Ulises Macías M. | 00:41:23.2 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 430 | Carlos Manzanares | 00:41:24.2 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 9667 | Armin Hamidovic | 00:41:25.1 | Ü30 | 0 | 0 | GER | shl ingenieure |
| 0. | 8569 | Roman Pöhler | 00:41:35.8 | Ü30 | 0 | 0 | GER | MT-Schule |
| 0. | 8804 | Marvin Proest | 00:41:39.1 | Ü30 | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 3571 | Benjamin Smith | 00:41:44.3 | Ü30 | 0 | 0 | GER | CGM Team Hannover |
| 0. | 7114 | Benjamin Wolfram | 00:41:47.4 | Ü30 | 0 | 0 | GER | ibk IngenieurConsult GmbH |
| 0. | 7947 | Marvin Jahn | 00:41:51.6 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 6016 | Edoé Yao Dovéné Lassey | 00:41:51.9 | Ü30 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 7982 | Alberto Steele | 00:41:52.2 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 248 | Nico Scholz | 00:41:52.6 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4185 | Arvin Hosseini | 00:41:55.6 | Ü30 | 0 | 0 | GER | Debeka Hannover-Süd |
| 0. | 7770 | Fabian Stahr | 00:41:56.9 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1165 | Bastian Struwe | 00:41:58.1 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1449 | Glenn Müller | 00:41:58.2 | Ü30 | 0 | 0 | GER | itsc |
| 0. | 3345 | Hanschristian Kautz | 00:41:59.9 | Ü30 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 6898 | Bjarne Witten | 00:42:00.0 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 2456 | Jan Oliver Flebbe | 00:42:02.8 | Ü30 | 0 | 0 | GER | ALCONTAS Steuerberatungsgesellschaft |
| 0. | 528 | Ali Mohebi | 00:42:04.1 | Ü30 | 0 | 0 | GER | Betonbau |
| 0. | 7050 | Julien Rasche | 00:42:15.0 | Ü30 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 5207 | Arthur Maury | 00:42:16.5 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 6430 | Christopher Pilz | 00:42:22.3 | Ü30 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 4132 | Maurice Tödtmann | 00:42:26.2 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 2144 | Hendrik Baumann | 00:42:29.1 | Ü30 | 0 | 0 | GER | VetSpezial |
| 0. | 130 | Kristof Kehrmann | 00:42:30.4 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10312 | Jens Mohme | 00:42:41.9 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 5325 | Tim Brockmann | 00:42:45.5 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6381 | Markus Jassens | 00:42:49.5 | Ü30 | 0 | 0 | GER | HPG Runners |

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|----|-------|---------------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 6432 | David Scholauschinow | 00:42:50.7 | Ü30 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 5042 | Leon Götzl | 00:42:59.7 | Ü30 | 0 | 0 | GER | Event it |
| 0. | 1790 | Bo Lubczyk | 00:43:01.0 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1839 | Sabine Werner | 00:43:03.2 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1167 | Lars Teuchert | 00:43:06.4 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4590 | Torben Lipke | 00:43:07.4 | Ü30 | 0 | 0 | GER | Drees & Sommer |
| 0. | 10834 | Gerrit Nünke | 00:43:08.0 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 5878 | Nils Von Knobloch | 00:43:10.6 | Ü30 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10729 | Alexander Brink | 00:43:11.5 | Ü30 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1805 | Kristian Zlatko Pranjic | 00:43:16.2 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10216 | Martin Lehnick | 00:43:22.6 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 5188 | Gabriel Gibut | 00:43:31.3 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 9688 | Dimitri Bruch | 00:43:37.7 | Ü30 | 0 | 0 | GER | Siemens AG |
| 0. | 1772 | Matthias Kittler | 00:43:38.2 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 3988 | Dennis Meier | 00:43:40.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 6833 | Yannik Staas | 00:43:41.5 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 6624 | Pascal Henschke | 00:44:01.8 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 11046 | Tamim Ahmadi | 00:44:07.6 | Ü30 | 0 | 0 | GER | Vogeler |
| 0. | 3795 | Björn Bornemann | 00:44:12.9 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 4484 | Miguel De La Cruz Garcia | 00:44:25.5 | Ü30 | 0 | 0 | GER | DIDImmo |
| 0. | 2748 | Ivan Ninov | 00:44:26.6 | Ü30 | 0 | 0 | GER | AyeT-Studios |
| 0. | 7047 | Martin Petzold | 00:44:27.0 | Ü30 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 5335 | Tolga Sahindas | 00:44:38.8 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3646 | Wissam Mawas | 00:44:42.3 | Ü30 | 0 | 0 | GER | DAK |
| 0. | 6952 | Christian Ratz | 00:44:47.7 | Ü30 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 52360 | Asif Shabirullah | 00:44:56.1 | Ü30 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 52 | Thomas Dorn | 00:45:07.1 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5739 | Juliancarlos De Diego Hernandez | 00:45:07.4 | Ü30 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 1115 | Denis Olma | 00:45:19.9 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5741 | Sascha Freier | 00:45:33.7 | Ü30 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 10132 | Bastian Schulz | 00:45:40.9 | Ü30 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 4882 | Selcuk Sahin | 00:45:47.4 | Ü30 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 9090 | Murat Samut | 00:46:00.5 | Ü30 | 0 | 0 | GER | Pfitznermoorkensarchitekten |
| 0. | 2056 | Axel Kreitelhaberhauffe | 00:46:03.7 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 9106 | Pascal Gutofski | 00:46:23.0 | Ü30 | 0 | 0 | GER | Plasma Service |
| 0. | 10561 | Nils Macke | 00:46:23.5 | Ü30 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 3911 | Haralampos Iakovidis | 00:47:18.8 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 4807 | Benjamin Brandes | 00:47:22.4 | Ü30 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 6422 | Sebastian Krüger | 00:47:28.8 | Ü30 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 1554 | Varun Kadi | 00:47:40.1 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 1608 | Stefan Stürmer | 00:47:42.6 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 1423 | Thomas Loschke | 00:47:53.4 | Ü30 | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 3475 | Sumit Mahajan | 00:48:03.6 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 7217 | Nico Wrede | 00:48:12.0 | Ü30 | 0 | 0 | GER | Cool down... |
| 0. | 3411 | Saulab Bangia | 00:48:20.1 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 473 | Alexander Holzki | 00:48:20.4 | Ü30 | 0 | 0 | GER | Amadeus FiRe |
| 0. | 6515 | Laszlo Brendel | 00:48:24.8 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 6509 | Fabian Böhmer | 00:48:35.8 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 1594 | Tim Rokohl | 00:48:36.4 | Ü30 | 0 | 0 | GER | Konica Minolta |
| 0. | 1227 | Sobbosachi Mojumder | 00:49:17.8 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 52265 | Gero Melcher | 00:49:18.2 | Ü30 | 0 | 0 | GER | DEGENER Verlag & ars mundi |
| 0. | 426 | Robert Liepelt | 00:49:48.4 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 677 | Timo Pfehr | 00:49:54.6 | Ü30 | 0 | 0 | GER | CC Runners |

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|----|-------|------------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 938 | Steffen Scholz | 00:49:57.0 | Ü30 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 9472 | Akin Demirkutlu | 00:50:07.2 | Ü30 | 0 | 0 | GER | Sappi Hannover |
| 0. | 2810 | Patrick Sgorzali | 00:50:34.1 | Ü30 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 5314 | Simon Barz | 00:50:36.8 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7830 | Max Ivens | 00:50:53.8 | Ü30 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 6970 | Dominic Petsch | 00:51:00.5 | Ü30 | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 8850 | Tim Tilch | 00:51:00.6 | Ü30 | 0 | 0 | GER | newcubator GmbH |
| 0. | 8618 | Mehmet Akyel | 00:51:04.1 | Ü30 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 3832 | Dustin Ernst | 00:51:18.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 417 | Dennis Heinze | 00:52:30.2 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 400 | Bryan Chlouba | 00:52:30.4 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 1941 | Henning Düselder | 00:56:49.7 | Ü30 | 0 | 0 | GER | SOLI Infratechnik GmbH |
| 0. | 3857 | Johannes Gerstmann | 00:57:12.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 3352 | Toni Rübsam | 00:57:59.7 | Ü30 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 2534 | Jonas Arndt | 00:58:52.7 | Ü30 | 0 | 0 | GER | Alvotech Hannover |
| 0. | 8475 | Olaf Van Hall | 00:59:21.8 | Ü30 | 0 | 0 | GER | mawis |
| 0. | 7080 | Noname | 00:59:24.6 | Ü30 | 0 | 0 | GER | Hempelmann |
| 0. | 11138 | Tim Gwosdz | 00:59:28.9 | Ü30 | 0 | 0 | GER | #teamWAGNER |
| 0. | 5864 | Felix Schmidt | 00:59:37.1 | Ü30 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10076 | Michael Eifler | 00:59:46.1 | Ü30 | 0 | 0 | GER | Running Winkulaner |
| 0. | 1693 | Anak Agung Sastrawan | 01:01:45.6 | Ü30 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 3749 | Fabian Rotsch | 01:03:33.9 | Ü30 | 0 | 0 | GER | Datatronic |
| 0. | 7991 | Piotr Turulski | 01:05:02.9 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 4672 | Florian Schütt | 01:06:33.7 | Ü30 | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 7037 | Diaz Wellington Joseph Milto | 01:07:06.7 | Ü30 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 9181 | Ekrem Subasi | 01:10:53.0 | Ü30 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 4665 | Leonard Netzel | 01:18:05.9 | Ü30 | 0 | 0 | GER | DRK-Regionsverband Hannover |

Ü35

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|--------------------------|------------|-----|------|------|--------|-------------------------------------|
| 0. | 991 | Sönke Brockwitz | 00:22:40.2 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1516 | Rouven Ahlers | 00:24:28.2 | Ü35 | 0 | 0 | GER | Konica Minolta |
| 0. | 10659 | Joachim Kaminsky | 00:24:42.7 | Ü35 | 0 | 0 | GER | VetZ GmbH |
| 0. | 9602 | Philippchristopher Deeke | 00:24:46.1 | Ü35 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 9272 | Patrick Gütz | 00:24:49.8 | Ü35 | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 104 | Kai Hennings | 00:25:10.7 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3595 | Benjamin Biel | 00:25:15.9 | Ü35 | 0 | 0 | GER | Continental Versicherungsbund |
| 0. | 10302 | Patrick Gayer | 00:25:39.3 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 7939 | Simon Nagel | 00:25:45.9 | Ü35 | 0 | 0 | GER | Team KONE |
| 0. | 1624 | Pascal Dobbert | 00:25:48.3 | Ü35 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 4162 | Joachim Wilhelm | 00:25:50.7 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 3770 | Eric Barabás | 00:25:58.9 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 2251 | Dominik Kehr | 00:26:00.2 | Ü35 | 0 | 0 | GER | ABUS Kransysteme GmbH |
| 0. | 2070 | Jan Marheineke | 00:26:00.4 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 859 | Alexander Ellwein | 00:26:03.9 | Ü35 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 1300 | Andreas Grüneberg | 00:26:29.3 | Ü35 | 0 | 0 | GER | Gasunie |
| 0. | 8925 | Andre Subbert | 00:26:30.2 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 6572 | Nils Frese | 00:26:32.4 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 6562 | Javier Fernandez | 00:26:35.2 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 6766 | Mihail Rau | 00:26:35.6 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 5861 | Enrico Sabisch | 00:26:39.1 | Ü35 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 296 | Patrick Varga | 00:26:40.0 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |

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|----|-------|----------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 4010 | Michael Neitzel | 00:26:53.2 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 5321 | Konrad Bleyl | 00:26:53.7 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7789 | Johannes Zachrau | 00:26:53.8 | Ü35 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 7380 | Sascha Fricke | 00:26:57.8 | Ü35 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 4030 | Boris Plumeyer | 00:26:57.9 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 6882 | Malte Wellbrock | 00:26:57.9 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 5715 | Olaf Domeier | 00:26:58.9 | Ü35 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 949 | Noname | 00:27:02.2 | Ü35 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 10605 | Timo Wilkens | 00:27:02.4 | Ü35 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 2051 | Eugen Klink | 00:27:05.2 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 11285 | Steffen Masbruch | 00:27:10.2 | Ü35 | 0 | 0 | GER | WTS Group AG |
| 0. | 5941 | Daniel Hoppe | 00:27:12.0 | Ü35 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 395 | Francisco Bizcocho | 00:27:14.6 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 1138 | Raoul Roßmann | 00:27:26.4 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5113 | Sten Thiemke | 00:27:28.3 | Ü35 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 3455 | Kim Hardy Hinckfuß | 00:27:33.2 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 838 | Raphael Bocklage | 00:27:43.7 | Ü35 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 103 | Jan Hennig | 00:27:50.1 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7719 | Stephan Kutschenko | 00:27:50.9 | Ü35 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 710 | Janhendrik Diederich | 00:27:53.5 | Ü35 | 0 | 0 | GER | Team Concordia |
| 0. | 4314 | Florian Eiben | 00:27:54.0 | Ü35 | 0 | 0 | GER | Hermesläufer |
| 0. | 8584 | Fabian Ecke | 00:27:54.2 | Ü35 | 0 | 0 | GER | MHH Running Snails |
| 0. | 1547 | Thomas Hofmann | 00:27:56.7 | Ü35 | 0 | 0 | GER | Konica Minolta |
| 0. | 3913 | Tobias Hanebuth | 00:27:57.5 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 1001 | Marcel Dempwolf | 00:28:19.2 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 3565 | Nils Gottheil | 00:28:21.8 | Ü35 | 0 | 0 | GER | CGM Team Hannover |
| 0. | 10607 | Michael Wolkenstein | 00:28:22.9 | Ü35 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 518 | Noname | 00:28:23.6 | Ü35 | 0 | 0 | GER | Betonbau |
| 0. | 5588 | Gregor Basters | 00:28:26.8 | Ü35 | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 11392 | Frederik Gerlach | 00:28:31.4 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 2031 | Michael Gellert | 00:28:32.9 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4953 | Erik Nievergall | 00:28:35.1 | Ü35 | 0 | 0 | GER | Erdinger Alkoholfrei |
| 0. | 5399 | Sebastian Klein | 00:28:37.7 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10808 | Sebastian Lange | 00:28:45.0 | Ü35 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 3340 | Hagen Hagemeyer | 00:28:45.1 | Ü35 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 9571 | Robert Falke | 00:28:45.2 | Ü35 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 4041 | Daniel Reinecke | 00:28:48.9 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 5176 | Peter Hackstedt | 00:28:49.4 | Ü35 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 9403 | Dima Lazarenko | 00:28:55.8 | Ü35 | 0 | 0 | GER | Stiftung Wadentest |
| 0. | 5323 | Sven Bragerkässens | 00:29:03.3 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 8911 | Matthias Dossow | 00:29:04.5 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 10849 | Martin Raebisch | 00:29:07.9 | Ü35 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 97 | Dennis Haustein | 00:29:11.6 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4283 | André Gehrke | 00:29:14.2 | Ü35 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 4955 | Fabian Töteberg | 00:29:14.8 | Ü35 | 0 | 0 | GER | Erdinger Alkoholfrei |
| 0. | 4874 | Peter Mathea | 00:29:16.1 | Ü35 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 9536 | Oleg Lang | 00:29:17.8 | Ü35 | 0 | 0 | GER | Rainer Scholz |
| 0. | 99 | Niklas Heidenreich | 00:29:20.6 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4933 | Jamie Pagegear | 00:29:24.6 | Ü35 | 0 | 0 | GER | Enno Roggemann |
| 0. | 3834 | Florian Exner | 00:29:25.9 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 10747 | Noname | 00:29:27.9 | Ü35 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 3875 | Pawel Gruca | 00:29:29.4 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 9365 | Andre Weiss | 00:29:31.3 | Ü35 | 0 | 0 | GER | REMONDIS Industrie Service / Uetze |

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|----|-------|--------------------------|------------|-----|---|---|-----|---------------------------------|
| 0. | 11456 | Eike Rindfleisch | 00:29:33.5 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 9668 | Robin Neubauer | 00:29:33.6 | Ü35 | 0 | 0 | GER | shl ingenieure |
| 0. | 7583 | Jochen Hüß | 00:29:36.6 | Ü35 | 0 | 0 | GER | KXL Athlytics |
| 0. | 6723 | Jonas Meyer | 00:29:39.5 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 6541 | Thomas Detmers | 00:29:41.0 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 5909 | Dominic Simm | 00:29:41.1 | Ü35 | 0 | 0 | GER | GOENOMICS |
| 0. | 8348 | Alexander Traue | 00:29:41.2 | Ü35 | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 1526 | David Bluhm | 00:29:43.4 | Ü35 | 0 | 0 | GER | Konica Minolta |
| 0. | 4481 | Mathias Borrelbach | 00:29:47.7 | Ü35 | 0 | 0 | GER | DIDImmo |
| 0. | 5860 | Alexander Rybka | 00:29:48.1 | Ü35 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 11287 | Noname | 00:29:49.0 | Ü35 | 0 | 0 | GER | WTS Group AG |
| 0. | 1633 | Sören Heidekorn | 00:29:49.4 | Ü35 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 8811 | Henning Von Der Werth | 00:29:53.3 | Ü35 | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 5870 | Steffen Siersleben | 00:29:54.6 | Ü35 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3785 | Noname | 00:29:55.7 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 5438 | Philip Middelstädt | 00:29:57.2 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5103 | Philipp Reihls | 00:30:03.4 | Ü35 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 9406 | Michael Kretschmer | 00:30:06.1 | Ü35 | 0 | 0 | GER | Stiftung Wadentest |
| 0. | 5881 | Benjamin Zibell | 00:30:08.6 | Ü35 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 5310 | Manuel Andrick | 00:30:18.7 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2048 | Moritz Jahns | 00:30:30.6 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 5094 | Marvin Moeschler | 00:30:33.8 | Ü35 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 6815 | Carsten Schulte | 00:30:38.3 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 5281 | Martin Szesch | 00:30:41.7 | Ü35 | 0 | 0 | GER | Fedrigoni Team |
| 0. | 9961 | Janrené Stöver | 00:30:43.1 | Ü35 | 0 | 0 | GER | STÖBICH |
| 0. | 1230 | Eduardo Jose Pallas Mata | 00:30:43.7 | Ü35 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 76 | Sascha Gehrke | 00:30:45.3 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6634 | Stephan Hitzschke | 00:30:45.5 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 6705 | Alexander Lipsky | 00:30:46.2 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 7225 | Martin Rosebrock | 00:30:48.0 | Ü35 | 0 | 0 | GER | ILFA Hannover 2023 |
| 0. | 9015 | Daniel Steglich | 00:30:49.2 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 9221 | Jarmo Kruse | 00:30:50.0 | Ü35 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 8846 | Dennis Hundertmark | 00:30:52.6 | Ü35 | 0 | 0 | GER | newcubator GmbH |
| 0. | 1290 | Raphael Braun | 00:30:52.8 | Ü35 | 0 | 0 | GER | Gasunie |
| 0. | 9164 | Robert Liepner | 00:30:54.9 | Ü35 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 5155 | Erik Klautzsch | 00:31:03.8 | Ü35 | 0 | 0 | GER | fairKauf-Runner |
| 0. | 451 | Kai Hahn | 00:31:04.9 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 7157 | Dimitrij Segulov | 00:31:04.9 | Ü35 | 0 | 0 | GER | IHK Hannover |
| 0. | 8345 | Jan Ressmeyer | 00:31:08.4 | Ü35 | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 1618 | Bastian Bisgwa | 00:31:08.9 | Ü35 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 5456 | Tobias Persson | 00:31:09.4 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7921 | Fabian Brachthäuser | 00:31:10.0 | Ü35 | 0 | 0 | GER | Team KONE |
| 0. | 10686 | Bernd Boven | 00:31:11.0 | Ü35 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 408 | Francisco Javier Flores | 00:31:12.2 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 9404 | Matthias Dalmer | 00:31:20.1 | Ü35 | 0 | 0 | GER | Stiftung Wadentest |
| 0. | 9132 | Helge Barz | 00:31:22.7 | Ü35 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 2081 | Rene Reuber | 00:31:22.7 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 2257 | Alexander Nefzger | 00:31:25.2 | Ü35 | 0 | 0 | GER | activelaw |
| 0. | 6848 | Christian Teuber | 00:31:28.2 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 5658 | Janfrederic Helbig | 00:31:29.4 | Ü35 | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 10498 | Bram Philips | 00:31:29.9 | Ü35 | 0 | 0 | GER | UPS |
| 0. | 1646 | Philipp Sennholz | 00:31:30.5 | Ü35 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 11123 | Florian Beermann | 00:31:32.1 | Ü35 | 0 | 0 | GER | #teamWAGNER |

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|----|-------|------------------------|------------|-----|---|---|-----|---------------------------------|
| 0. | 11446 | Dennis Nesor | 00:31:32.5 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 3437 | Rabih Ghandour | 00:31:38.9 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 11383 | Sridhar Duraisamy | 00:31:43.5 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 9369 | Viktor Fot | 00:31:45.6 | Ü35 | 0 | 0 | GER | Renk |
| 0. | 10247 | Deanmarcel Wöltje | 00:31:47.1 | Ü35 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 5183 | Dominik Derichs | 00:31:47.7 | Ü35 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 31 | Henning Bornemann | 00:31:52.3 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7145 | Mark Henschel | 00:31:53.1 | Ü35 | 0 | 0 | GER | IHK Hannover |
| 0. | 3611 | Christoph Radler | 00:31:54.6 | Ü35 | 0 | 0 | GER | Cratos & BlueTeam |
| 0. | 7650 | Arne Bauermeister | 00:31:55.1 | Ü35 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9027 | Konstantinos Tzontas | 00:31:56.5 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 1124 | Jonas Preuß | 00:31:56.7 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4825 | Markus Schleicher | 00:31:58.1 | Ü35 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 1028 | Kai Gleichmann | 00:31:59.4 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6598 | Andreas Grams | 00:31:59.5 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 10655 | Daniel Fischer | 00:32:01.5 | Ü35 | 0 | 0 | GER | VetZ GmbH |
| 0. | 8349 | Kai Paulig | 00:32:04.2 | Ü35 | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 7582 | Lennart Grote | 00:32:05.8 | Ü35 | 0 | 0 | GER | KXL Athlytics |
| 0. | 10189 | Christian Gähle | 00:32:06.9 | Ü35 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 11375 | Finn Brinkmann | 00:32:07.4 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 7334 | Mathias Holzer | 00:32:12.6 | Ü35 | 0 | 0 | GER | INSIDE M2M GmbH |
| 0. | 10547 | Robert Huber | 00:32:14.4 | Ü35 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 9829 | Marcel Motzkus | 00:32:16.0 | Ü35 | 0 | 0 | GER | Sonepar |
| 0. | 6575 | Tim Fritsche | 00:32:18.5 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 6644 | Arnehendrik Jakob | 00:32:20.7 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 4210 | Sebastian Bienert | 00:32:21.9 | Ü35 | 0 | 0 | GER | Deloitte |
| 0. | 6986 | Jan Suwalski | 00:32:22.5 | Ü35 | 0 | 0 | GER | Team HGK |
| 0. | 4155 | Dennis Wegner | 00:32:23.2 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 116 | Felix Huneke | 00:32:24.3 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9327 | Maik Holderith | 00:32:25.3 | Ü35 | 0 | 0 | GER | Reha Peiner Straße |
| 0. | 8352 | Christopher Bosse | 00:32:26.2 | Ü35 | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 5855 | Alexander Reich | 00:32:26.3 | Ü35 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10091 | Christopher Degenhardt | 00:32:26.6 | Ü35 | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 503 | Daniel Meyer | 00:32:27.9 | Ü35 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 10386 | Marcel Lorenz | 00:32:28.6 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 3085 | Simon Gehrke | 00:32:33.1 | Ü35 | 0 | 0 | GER | BG-Phoenix GmbH |
| 0. | 7967 | Simon Nagel | 00:32:34.0 | Ü35 | 0 | 0 | GER | Team KONE |
| 0. | 4 | Daniel Arnke | 00:32:34.3 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6740 | Lars Nielsen | 00:32:36.0 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 10711 | Simon Zinram | 00:32:36.9 | Ü35 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 6996 | Gerhard Thiessen | 00:32:40.4 | Ü35 | 0 | 0 | GER | M6 |
| 0. | 3812 | Noname | 00:32:49.2 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 6764 | Lasse Rasch | 00:32:49.7 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 1417 | Hauke Prang | 00:32:54.3 | Ü35 | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 3961 | Patrick Kutsche | 00:32:54.7 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 2657 | Robert Neitzel | 00:32:57.5 | Ü35 | 0 | 0 | GER | Asseco Solutions AG |
| 0. | 2278 | Nico Vaes | 00:32:58.4 | Ü35 | 0 | 0 | GER | AGILA Haustierversicherung AG |
| 0. | 6290 | Andréphilipp Tucholla | 00:32:59.5 | Ü35 | 0 | 0 | GER | HannoVers GmbH & Co.KG |
| 0. | 9160 | Michael Lehde | 00:33:00.2 | Ü35 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 6406 | Robert Dießl | 00:33:01.8 | Ü35 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 5821 | Volker Brökmann | 00:33:03.3 | Ü35 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 2139 | Sascha Engel | 00:33:04.1 | Ü35 | 0 | 0 | GER | Uniper HR Services |
| 0. | 9274 | Sebastian Meyer | 00:33:05.2 | Ü35 | 0 | 0 | GER | Ramboll Hannover Runners |

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|----|-------|----------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 9479 | Mario Heinzl | 00:33:06.1 | Ü35 | 0 | 0 | GER | Sappi Hannover |
| 0. | 2113 | Helge Wolter | 00:33:09.0 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 139 | Max Peter Koch | 00:33:09.6 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11479 | Marcelo Utida Borges | 00:33:13.0 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 165 | Johannes Lyda | 00:33:13.1 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5555 | Hannes Kreuzer | 00:33:13.5 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6809 | Hendrik Scholz | 00:33:14.3 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 3584 | Harm Henning Prigge | 00:33:15.4 | Ü35 | 0 | 0 | GER | Connox |
| 0. | 4809 | Christian Heit | 00:33:16.8 | Ü35 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 3541 | Daniel Sobucki | 00:33:17.7 | Ü35 | 0 | 0 | GER | collaboration Factory AG |
| 0. | 10754 | Andreas Gerlich | 00:33:18.3 | Ü35 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 127 | Christian Kassyda | 00:33:19.4 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11125 | Lutz Borker | 00:33:20.6 | Ü35 | 0 | 0 | GER | #teamWAGNER |
| 0. | 1422 | Vaceslav Kazancev | 00:33:22.1 | Ü35 | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 630 | Sebastian Salomon | 00:33:22.9 | Ü35 | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 1424 | Christian Böning | 00:33:23.2 | Ü35 | 0 | 0 | GER | IPH gGmbH |
| 0. | 5415 | Norman Krüger | 00:33:23.2 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3259 | Oliver Macke | 00:33:26.1 | Ü35 | 0 | 0 | GER | CADFEM Germany |
| 0. | 10175 | Wisny Adrian | 00:33:26.1 | Ü35 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 11376 | Jan Bruns | 00:33:30.2 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 3786 | Felix Bismark | 00:33:35.4 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 10801 | Oliver Kubertin | 00:33:40.0 | Ü35 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 392 | Carlos Bellido Feria | 00:33:41.1 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 2791 | Jan Müller | 00:33:41.4 | Ü35 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 7943 | Johannes Henneicke | 00:33:42.2 | Ü35 | 0 | 0 | GER | Team KONE |
| 0. | 391 | Noname | 00:33:42.4 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 6021 | Mohsen Noroozi | 00:33:43.8 | Ü35 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 1655 | Jens Teuchgraber | 00:33:44.9 | Ü35 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 6812 | Benjamin Schönfeld | 00:33:45.0 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 10743 | Tönnjes Eller | 00:33:48.0 | Ü35 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1678 | Elias Burkhardt | 00:33:49.5 | Ü35 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 8351 | Kenny Reinefeldt | 00:33:53.9 | Ü35 | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 617 | Silvio Heidenreich | 00:34:00.1 | Ü35 | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 362 | Julian Jentsch | 00:34:04.6 | Ü35 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 6900 | Noname | 00:34:06.5 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 3891 | Marco Hehmann | 00:34:07.4 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 512 | Patrick Köhler | 00:34:08.9 | Ü35 | 0 | 0 | GER | Team Többen |
| 0. | 4863 | Gabriel Dziurdzia | 00:34:09.8 | Ü35 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 9148 | Raik Gerisch | 00:34:11.2 | Ü35 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 3292 | Noname | 00:34:13.1 | Ü35 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 5378 | Michael Herbener | 00:34:17.7 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 264 | Christian Sohn | 00:34:18.6 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1272 | Bechir Hachicha | 00:34:20.1 | Ü35 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 3353 | Roland Scholz | 00:34:20.6 | Ü35 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 11478 | Przemek Tyndyra | 00:34:24.7 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 310 | Artur Wechsel | 00:34:26.1 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8915 | Leander Fiedler | 00:34:28.7 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 691 | Christoph Klatt | 00:34:29.5 | Ü35 | 0 | 0 | GER | COMRAMO AG |
| 0. | 5379 | Sebastian Heuer | 00:34:30.5 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9263 | Sven Reincke | 00:34:30.9 | Ü35 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 4047 | David Rossa | 00:34:35.7 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 9223 | Martin Kyeremateng | 00:34:44.5 | Ü35 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 10317 | Nico Herden | 00:34:45.4 | Ü35 | 0 | 0 | GER | TUI Group |

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|----|-------|--------------------------|------------|-----|---|---|-----|----------------------------------|
| 0. | 9942 | Marco Kuhlenkamp | 00:34:50.1 | Ü35 | 0 | 0 | GER | Steuerberater am Aegi |
| 0. | 10592 | Christian Schwarz | 00:34:53.4 | Ü35 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 10864 | Julius Stephan | 00:34:54.2 | Ü35 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 7417 | Daniel Mußmann | 00:34:55.4 | Ü35 | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 3780 | Tino Behn | 00:35:02.5 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 3738 | Maximilian Müller | 00:35:02.9 | Ü35 | 0 | 0 | GER | Dassault Systemes |
| 0. | 3348 | Martin Malosseklüssenhop | 00:35:03.6 | Ü35 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 10964 | Alexander Braune | 00:35:12.9 | Ü35 | 0 | 0 | GER | Vincenz Network GmbH & Co. KG |
| 0. | 2468 | Dennis Brinker | 00:35:13.0 | Ü35 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 5193 | Ruben Garcia Moreno | 00:35:14.8 | Ü35 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 6101 | Michael Happe | 00:35:15.6 | Ü35 | 0 | 0 | GER | FunIT |
| 0. | 10484 | Khalaf Khedir | 00:35:16.1 | Ü35 | 0 | 0 | GER | UPS |
| 0. | 8988 | Philip Parada | 00:35:19.0 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 7836 | Mathias Klemm | 00:35:19.5 | Ü35 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 9652 | Gero Irmischer | 00:35:22.5 | Ü35 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 9999 | Martin Paulini | 00:35:24.0 | Ü35 | 0 | 0 | GER | Sweco GmbH |
| 0. | 484 | Matthias Schuder | 00:35:25.6 | Ü35 | 0 | 0 | GER | Amadeus FiRe |
| 0. | 3493 | Noname | 00:35:29.9 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 6015 | Vitali Krebs | 00:35:30.6 | Ü35 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 10124 | Daniel Hoppe | 00:35:30.9 | Ü35 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 523 | Malte Janßen | 00:35:31.3 | Ü35 | 0 | 0 | GER | Betonbau |
| 0. | 6710 | Lukasz Maj | 00:35:32.0 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 2774 | Noname | 00:35:33.3 | Ü35 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 3858 | Fabian Gerth | 00:35:33.7 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 2040 | Christoph Held | 00:35:34.7 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 6537 | Noname | 00:35:39.6 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 7069 | Benjamin Pludra | 00:35:40.4 | Ü35 | 0 | 0 | GER | Hörmann KG Verkaufsgesellschaft |
| 0. | 5166 | Christian Beer | 00:35:40.8 | Ü35 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 1797 | Niklas Neupert | 00:35:41.7 | Ü35 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1767 | Lucas Ilias | 00:35:41.7 | Ü35 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6777 | Erik Reuber | 00:35:42.5 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 6283 | Benedikt Funke | 00:35:48.0 | Ü35 | 0 | 0 | GER | HannoVers GmbH & Co.KG |
| 0. | 7603 | Kai Von Luckwald | 00:35:52.4 | Ü35 | 0 | 0 | GER | Team Kerck |
| 0. | 3976 | Andrey Ludwigs | 00:35:52.5 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 7602 | Alexander Pflug | 00:35:54.2 | Ü35 | 0 | 0 | GER | Team Kerck |
| 0. | 11139 | Jonas Hartwig | 00:35:54.8 | Ü35 | 0 | 0 | GER | #teamWAGNER |
| 0. | 520 | Marius Dittmann | 00:35:55.6 | Ü35 | 0 | 0 | GER | Betonbau |
| 0. | 3899 | Bastian Hinze | 00:35:55.7 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 9682 | Stefan Thiele | 00:35:56.6 | Ü35 | 0 | 0 | GER | SHP Ingenieure |
| 0. | 8887 | Sören Reulecke | 00:35:57.8 | Ü35 | 0 | 0 | GER | NORD/FM |
| 0. | 1680 | Cihan Gök | 00:36:00.8 | Ü35 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 1525 | Stefan Bloch | 00:36:05.4 | Ü35 | 0 | 0 | GER | Konica Minolta |
| 0. | 1304 | Noname | 00:36:05.6 | Ü35 | 0 | 0 | GER | Gasunie |
| 0. | 1632 | Sergej Hausauer | 00:36:06.4 | Ü35 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 4146 | Patrick Volbers | 00:36:09.5 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 9506 | Noname | 00:36:12.1 | Ü35 | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 10399 | Lukas Schack | 00:36:24.2 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 356 | Hendrik Fullriede | 00:36:25.1 | Ü35 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 5930 | Eugen Borisenko | 00:36:26.5 | Ü35 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 1384 | Marvin Klippe | 00:36:34.0 | Ü35 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 9690 | Michael Claus | 00:36:35.5 | Ü35 | 0 | 0 | GER | Siemens AG |
| 0. | 388 | Lars Wittwer | 00:36:36.9 | Ü35 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 10482 | Alex Jungmann | 00:36:37.9 | Ü35 | 0 | 0 | GER | UPS |

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|----|-------|-----------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 4919 | Julian Bokelmann | 00:36:39.6 | Ü35 | 0 | 0 | GER | Enno Roggemann |
| 0. | 4133 | Marco Trebing | 00:36:39.7 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 6776 | Timo Ressel | 00:36:41.3 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 499 | Alexander Knipstein | 00:36:41.7 | Ü35 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 4900 | Florian Kuhnt | 00:36:44.5 | Ü35 | 0 | 0 | GER | Energie-Pensions-Management GmbH |
| 0. | 8627 | Tobias Hohnroth | 00:36:46.3 | Ü35 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 2747 | Ivan Marinkovic | 00:36:46.3 | Ü35 | 0 | 0 | GER | AyeT-Studios |
| 0. | 11343 | Sven Schwenke De Wall | 00:36:49.9 | Ü35 | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 5634 | Johann Herrmann | 00:37:11.9 | Ü35 | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 6580 | Steffen Gärtner | 00:37:12.7 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 465 | Noname | 00:37:13.7 | Ü35 | 0 | 0 | GER | akut... Personallogistik |
| 0. | 10325 | Mirco Hübner | 00:37:20.4 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 100 | Andreas Hellwig | 00:37:21.3 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9383 | Marcel Ketteniß | 00:37:24.4 | Ü35 | 0 | 0 | GER | Team RHB Hannover |
| 0. | 11494 | Lukas Zochowski | 00:37:25.0 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 3951 | Torben Krumbein | 00:37:28.0 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 6013 | Hendrik Kantelberg | 00:37:29.4 | Ü35 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 7645 | Dirk Alschner | 00:37:34.3 | Ü35 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 11341 | Podbi344 !! | 00:37:34.4 | Ü35 | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 4066 | Sebastian Schmidt | 00:37:35.0 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 2123 | Laszlo Gergely | 00:37:39.4 | Ü35 | 0 | 0 | GER | Uniper HR Services |
| 0. | 10093 | Noname | 00:37:40.9 | Ü35 | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 5709 | Stefan Ammon | 00:37:41.7 | Ü35 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 479 | Christoph Pemp | 00:37:44.6 | Ü35 | 0 | 0 | GER | Amadeus FiRe |
| 0. | 9102 | Christoph Czyperreck | 00:37:44.0 | Ü35 | 0 | 0 | GER | Plasma Service |
| 0. | 5466 | Saeed Rastegar | 00:37:45.7 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3467 | René Krickemeyer | 00:37:51.9 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 11152 | Paul Levitan | 00:37:58.9 | Ü35 | 0 | 0 | GER | #teamWAGNER |
| 0. | 10775 | Kjell Isberner | 00:38:03.3 | Ü35 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9836 | Denis Schöneis | 00:38:08.5 | Ü35 | 0 | 0 | GER | Sonepar |
| 0. | 10232 | Vitalij Schwarz | 00:38:11.9 | Ü35 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4035 | Oliver Rahnis | 00:38:15.8 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 10405 | Stefan Siemon | 00:38:20.2 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 2839 | Jan Dismer | 00:38:20.7 | Ü35 | 0 | 0 | GER | BANTLEON |
| 0. | 1690 | Gregor Raabe | 00:38:22.1 | Ü35 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 881 | Tommy Güds | 00:38:23.2 | Ü35 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 11452 | Raju Purushothaman | 00:38:24.0 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 879 | Nicolas Große | 00:38:24.0 | Ü35 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 10597 | Harald Voge | 00:38:26.5 | Ü35 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 6011 | Stefanos Georgakakis | 00:38:27.4 | Ü35 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 9580 | Marco Kastens | 00:38:32.1 | Ü35 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 6427 | Nikolaos Nanis | 00:38:33.5 | Ü35 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 3528 | Sebastian Wieprich | 00:38:34.9 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 6955 | Michael Tesmer | 00:38:36.9 | Ü35 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 3826 | Dray Noname | 00:38:38.2 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 3265 | Noname | 00:38:39.1 | Ü35 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 8983 | Noname | 00:38:39.7 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 9823 | Noname | 00:38:39.7 | Ü35 | 0 | 0 | GER | Sonepar |
| 0. | 5344 | Sebastian Drücker | 00:38:43.3 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 213 | Tobias Pusch | 00:38:43.6 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3908 | Stefan Hunstock | 00:38:46.2 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 5435 | Stefan Menschner | 00:38:48.8 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3256 | Jürgen Schaper | 00:38:48.9 | Ü35 | 0 | 0 | GER | Busse & Coll Steuerberatung GmbH |

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|----|-------|----------------------------|------------|-----|---|---|-----|----------------------------------|
| 0. | 2014 | Ramin Dabhashi | 00:38:52.0 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4515 | Roberto Kulf | 00:38:53.0 | Ü35 | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 9958 | Sebastian Jeschke | 00:38:53.9 | Ü35 | 0 | 0 | GER | STÖBICH |
| 0. | 1238 | Daniel Schillert | 00:38:55.4 | Ü35 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 1215 | Marcus Hotzkow | 00:38:56.5 | Ü35 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 1218 | Timo Kaiser | 00:38:56.7 | Ü35 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 6826 | Thomas Skowron | 00:38:57.8 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 1000 | Vincent De Wiljes | 00:39:00.9 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 3477 | Sven Meier | 00:39:01.9 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 6213 | Noname | 00:39:02.1 | Ü35 | 0 | 0 | GER | AGS |
| 0. | 5105 | Lennart Rösemann | 00:39:04.6 | Ü35 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 8156 | Marian Kobus | 00:39:06.7 | Ü35 | 0 | 0 | GER | Ausgleich-Runners 2.0 |
| 0. | 3822 | Sebastian Dralle | 00:39:07.5 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 3346 | --- | 00:39:09.1 | Ü35 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 3828 | Konstantin Elpel | 00:39:09.2 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 1949 | Florian Sonntag | 00:39:12.9 | Ü35 | 0 | 0 | GER | SOLI Infratechnik GmbH |
| 0. | 712 | Jan Emektas | 00:39:18.2 | Ü35 | 0 | 0 | GER | Team Concordia |
| 0. | 1303 | Tobias Loeck | 00:39:23.1 | Ü35 | 0 | 0 | GER | Gasunie |
| 0. | 6483 | Pascal Banusch | 00:39:26.7 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 8002 | Steven Eltzroth | 00:39:27.2 | Ü35 | 0 | 0 | GER | Team KONE |
| 0. | 9742 | Jonathan Suhartono | 00:39:31.5 | Ü35 | 0 | 0 | GER | Siemens AG |
| 0. | 5332 | Gökhan Cakir | 00:39:35.2 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11480 | Praveen Vellaichamy | 00:39:39.0 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 7600 | Daniel Urban | 00:39:42.2 | Ü35 | 0 | 0 | GER | FristabLAUF! |
| 0. | 175 | Patrick Meyer | 00:39:48.4 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8990 | Benjamin Petrusjanz | 00:39:50.7 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 5498 | Sören Schulz | 00:39:52.5 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 185 | Thomas Muders | 00:39:53.1 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1951 | Eric Wildgrube | 00:39:55.9 | Ü35 | 0 | 0 | GER | SOLI Infratechnik GmbH |
| 0. | 10666 | Andreas Möritz | 00:39:56.2 | Ü35 | 0 | 0 | GER | VetZ GmbH |
| 0. | 10636 | Nicolas Koch | 00:40:03.4 | Ü35 | 0 | 0 | GER | VEA |
| 0. | 2255 | Sebastian Jöckel | 00:40:10.0 | Ü35 | 0 | 0 | GER | activelaw |
| 0. | 5947 | Seran Kizilyel | 00:40:10.7 | Ü35 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 2413 | Alexander Lorenz | 00:40:11.2 | Ü35 | 0 | 0 | GER | AIM |
| 0. | 10200 | Benjamin Hubert | 00:40:11.4 | Ü35 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 2733 | Andrea Fioroni | 00:40:17.0 | Ü35 | 0 | 0 | GER | Awin AG |
| 0. | 320 | Maximilian Wimmer | 00:40:32.6 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11492 | Svenalexander Zeidler | 00:40:38.7 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 9023 | Kai Sygusch | 00:40:42.5 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 5289 | Umut Yilmaz | 00:40:47.0 | Ü35 | 0 | 0 | GER | Fedrigoni Team |
| 0. | 3536 | Kersten Burkhardt | 00:40:48.2 | Ü35 | 0 | 0 | GER | collaboration Factory AG |
| 0. | 7960 | Sebastian Lietz | 00:40:49.2 | Ü35 | 0 | 0 | GER | Team KONE |
| 0. | 6503 | Roland Birth | 00:40:51.0 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 6792 | Sebastian Schab | 00:40:52.0 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 7456 | Steven Bouajila | 00:40:52.2 | Ü35 | 0 | 0 | GER | Jäger Group |
| 0. | 5463 | Benjamin Puls | 00:40:52.7 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6889 | Noname | 00:40:58.0 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 9195 | Marcel Detmering | 00:40:58.2 | Ü35 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 6490 | Daniel Basten | 00:40:59.2 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 167 | Unnikrishnan Madhava Mendu | 00:40:59.5 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7313 | Philipp Sterling | 00:41:01.7 | Ü35 | 0 | 0 | GER | IMFun! |
| 0. | 267 | Henning Spiegelberg | 00:41:09.1 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10805 | Fabian Küster | 00:41:09.7 | Ü35 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |

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|----|-------|----------------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 547 | Hanschriani Klück | 00:41:16.0 | Ü35 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 1747 | Özlem Evin | 00:41:24.5 | Ü35 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7533 | Daniel Religa | 00:41:27.2 | Ü35 | 0 | 0 | GER | JCI |
| 0. | 2752 | Dominik Michalzik | 00:41:28.0 | Ü35 | 0 | 0 | GER | b.telligent GmbH & Co. KG |
| 0. | 10433 | David Wermuth | 00:41:35.9 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 6035 | Noname | 00:41:37.1 | Ü35 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 3081 | Marcel Kunst | 00:41:45.9 | Ü35 | 0 | 0 | GER | BG-Phoenix GmbH |
| 0. | 6310 | Frank Roloff | 00:41:48.3 | Ü35 | 0 | 0 | GER | AUF DER BULT |
| 0. | 9051 | Stephan Renders | 00:41:53.7 | Ü35 | 0 | 0 | GER | Nordwest Gruppe / Freiraum 180 Grad |
| 0. | 1446 | Jonathan Koontz | 00:41:58.2 | Ü35 | 0 | 0 | GER | itsc |
| 0. | 6684 | Simon Kruse | 00:42:11.5 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 6807 | Philipp Maximilian Schnell | 00:42:12.0 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 1807 | Danny Reiske | 00:42:20.8 | Ü35 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6745 | Johannes Otto | 00:42:24.3 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 3302 | Maurice Lindenblatt | 00:42:24.6 | Ü35 | 0 | 0 | GER | CARESTONE |
| 0. | 11471 | Unni Raja Somaraj | 00:42:26.5 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 5492 | Wladislaw Schmidt | 00:42:46.3 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5158 | Micha Michler | 00:42:58.3 | Ü35 | 0 | 0 | GER | fairKauf-Runner |
| 0. | 10526 | Sebastian Borsum | 00:43:04.0 | Ü35 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 11413 | Chandramouli Kannan | 00:43:07.3 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 6402 | Nejdet Celikdal | 00:43:12.7 | Ü35 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 4737 | Bastian Dörnte | 00:43:17.9 | Ü35 | 0 | 0 | GER | EBRC Consulting |
| 0. | 6593 | Florian Gloris | 00:43:18.0 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 9825 | Sascha Letz | 00:43:22.0 | Ü35 | 0 | 0 | GER | Sonepar |
| 0. | 9357 | Maximilian Brendel | 00:43:24.7 | Ü35 | 0 | 0 | GER | REMONDIS Industrie Service / Uetze |
| 0. | 1842 | Matthias Winkelmann | 00:43:38.3 | Ü35 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4930 | Benjamin May | 00:43:40.9 | Ü35 | 0 | 0 | GER | Enno Roggemann |
| 0. | 9601 | Benjamin Weikum | 00:44:14.8 | Ü35 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 5641 | Torben Nehrhoff | 00:44:19.9 | Ü35 | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 105 | Jan Hentschel | 00:44:24.9 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4039 | Alexander Rehwagen | 00:44:56.0 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 398 | Fabian Brandts | 00:45:03.7 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 3515 | Noname | 00:45:14.6 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 5458 | Matthias Bandt | 00:45:21.5 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3551 | Christian Rinne | 00:45:26.0 | Ü35 | 0 | 0 | GER | #therealcomNET |
| 0. | 1241 | Michael Schmidt | 00:45:38.7 | Ü35 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 7840 | Messiah Aissa Korte | 00:45:44.5 | Ü35 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 1692 | Patrick Sand | 00:45:48.1 | Ü35 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 1557 | Alexander Kayser | 00:45:57.1 | Ü35 | 0 | 0 | GER | Konica Minolta |
| 0. | 11156 | Patrick Narjes | 00:46:04.2 | Ü35 | 0 | 0 | GER | #teamWAGNER |
| 0. | 6437 | Benjamin Stolte | 00:46:06.5 | Ü35 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 9500 | Dennis Bregas | 00:46:07.6 | Ü35 | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 1925 | Shams Din Hamo | 00:46:09.8 | Ü35 | 0 | 0 | GER | medi terra |
| 0. | 10445 | Kai Wolfram | 00:46:12.2 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 11477 | Prince Thomas | 00:46:12.2 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 7952 | Petar Kehayov | 00:46:19.0 | Ü35 | 0 | 0 | GER | Team KONE |
| 0. | 10500 | Sebastian Quellmalz | 00:46:56.7 | Ü35 | 0 | 0 | GER | UPS |
| 0. | 4756 | Andreas Mehl | 00:47:09.7 | Ü35 | 0 | 0 | GER | Ecovis Hannover |
| 0. | 176 | Philipp Meyertöns | 00:47:16.6 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 514 | Dean Zagrabca | 00:47:18.9 | Ü35 | 0 | 0 | GER | Team Többen |
| 0. | 3748 | Andreas Huber | 00:47:20.9 | Ü35 | 0 | 0 | GER | Datatronic |
| 0. | 5545 | Marlon Serkowski | 00:47:24.3 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 52262 | Dennis Juhnke | 00:48:00.2 | Ü35 | 0 | 0 | GER | DEGENER Verlag & ars mundi |

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|----|-------|---------------------|------------|-----|---|---|-----|------------------------------|
| 0. | 500 | Noname | 00:49:08.0 | Ü35 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 52270 | Patrick Sauter | 00:49:14.2 | Ü35 | 0 | 0 | GER | DEGENER Verlag & ars mundi |
| 0. | 4109 | Bastian Stichtenoth | 00:49:38.0 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 7444 | Florian Benske | 00:49:41.0 | Ü35 | 0 | 0 | GER | Jäger Group |
| 0. | 3527 | Thilo Wenzel | 00:50:00.9 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 7214 | Florian Seitz | 00:50:23.5 | Ü35 | 0 | 0 | GER | Cool down... |
| 0. | 3614 | Arame Shanazari | 00:53:10.1 | Ü35 | 0 | 0 | GER | Cratos & BlueTeam |
| 0. | 6415 | Axel Hopf | 00:54:11.0 | Ü35 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 431 | Daniel Mares | 00:57:19.2 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 5079 | Thomas Kanthak | 00:57:42.4 | Ü35 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 5229 | Rohan Kulkarni | 00:58:59.0 | Ü35 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 3606 | Sebastian Busch | 01:01:35.6 | Ü35 | 0 | 0 | GER | Cratos & BlueTeam |
| 0. | 418 | Pascal Herburg | 01:03:05.9 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 3754 | Thomas Wilfinger | 01:03:36.2 | Ü35 | 0 | 0 | GER | Datatronic |

Ü40

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|---------------------|------------|-----|------|------|--------|-------------------------------------|
| 0. | 4094 | Andreas Solter | 00:21:15.4 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 3508 | Dirk Schwarzbach | 00:22:22.9 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 5445 | Nils Nolte | 00:22:35.4 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5723 | Markus Knobloch | 00:24:00.6 | Ü40 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 6897 | Frank Wintzer | 00:24:10.4 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 1184 | Michael Winter | 00:24:15.2 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 7811 | René Deißler | 00:24:20.7 | Ü40 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 4488 | Jens Prilop | 00:24:57.4 | Ü40 | 0 | 0 | GER | DIDImmo |
| 0. | 9165 | Steffen Meyerreus | 00:25:06.4 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 440 | Jesús Rodríguez | 00:25:09.0 | Ü40 | 0 | 0 | GER | Airbus |
| 0. | 3769 | Michael Arnold | 00:25:45.9 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 11053 | Alex Vogeler | 00:26:05.8 | Ü40 | 0 | 0 | GER | Vogeler |
| 0. | 1507 | Benedikt Schurm | 00:26:13.2 | Ü40 | 0 | 0 | GER | Klinikum Peine |
| 0. | 6592 | Oystein Gisnas | 00:26:18.0 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 1314 | Steffen Reger | 00:26:28.8 | Ü40 | 0 | 0 | GER | Gasunie |
| 0. | 9603 | Florian Zablowky | 00:26:39.9 | Ü40 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 2126 | Christian Meyer | 00:26:55.1 | Ü40 | 0 | 0 | GER | Uniper HR Services |
| 0. | 10287 | Jan Dohren | 00:26:58.4 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 10683 | Marcus Apel | 00:27:01.4 | Ü40 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 3818 | Jonah Derespina | 00:27:12.2 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 1508 | Noname | 00:27:12.4 | Ü40 | 0 | 0 | GER | Klinikum Peine |
| 0. | 2870 | Patrick Nahmendorff | 00:27:22.6 | Ü40 | 0 | 0 | GER | BAUM Unternehmensgruppe |
| 0. | 4169 | Simon Zaake | 00:27:24.9 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 9675 | Christan Claus | 00:27:30.1 | Ü40 | 0 | 0 | GER | SHP Ingenieure |
| 0. | 6431 | Benjamin Riewesell | 00:27:34.2 | Ü40 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 7366 | Michał Perdion | 00:27:37.5 | Ü40 | 0 | 0 | GER | inTime Express Logistik GmbH |
| 0. | 4626 | Torsten Voigtländer | 00:27:41.3 | Ü40 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 9722 | Jörg Lehmann | 00:27:43.5 | Ü40 | 0 | 0 | GER | Siemens AG |
| 0. | 1277 | Enrico Krüger | 00:27:44.2 | Ü40 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 8916 | Thomas Fischer | 00:27:47.2 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 8488 | René Dorn | 00:27:47.4 | Ü40 | 0 | 0 | GER | Martin Braun KG |
| 0. | 740 | Nicolas Maekeler | 00:27:49.5 | Ü40 | 0 | 0 | GER | Team Concordia |
| 0. | 2 | Stefan Liebig | 00:27:50.4 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1604 | Noname | 00:27:53.9 | Ü40 | 0 | 0 | GER | Konica Minolta |
| 0. | 6938 | Oliver König | 00:27:54.2 | Ü40 | 0 | 0 | GER | Heinz-Piest-Institut |

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|----|-------|---------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 11218 | Tobias Paaris | 00:27:57.5 | Ü40 | 0 | 0 | GER | WDT/VLO on Tour |
| 0. | 4943 | Florian Bons | 00:27:57.6 | Ü40 | 0 | 0 | GER | Erdinger Alkoholfrei |
| 0. | 9959 | Thomas Karbe | 00:28:00.4 | Ü40 | 0 | 0 | GER | STÖBICH |
| 0. | 3836 | Stefan Fahldieck | 00:28:05.4 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 1325 | Sönke Stahl | 00:28:09.0 | Ü40 | 0 | 0 | GER | GRENKE AG |
| 0. | 6853 | Dennis Thömen | 00:28:09.4 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 4315 | Fabian Perschke | 00:28:10.4 | Ü40 | 0 | 0 | GER | Hermesläufer |
| 0. | 2115 | Sebastian Zichnerkonopka | 00:28:17.2 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 9275 | Tobias Rolf | 00:28:32.2 | Ü40 | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 11042 | Marco Lühs | 00:28:32.8 | Ü40 | 0 | 0 | GER | Viscom AG |
| 0. | 1596 | Noname | 00:28:35.8 | Ü40 | 0 | 0 | GER | Konica Minolta |
| 0. | 5854 | Alexander Rachko | 00:28:36.1 | Ü40 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 1253 | Sebastian Weinrich | 00:28:36.4 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 4568 | Sven Jünke | 00:28:38.1 | Ü40 | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 4567 | Daniel Kayser | 00:28:40.4 | Ü40 | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 6720 | Markus Mergard | 00:28:45.7 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 11175 | Andreas Wrobel | 00:28:47.3 | Ü40 | 0 | 0 | GER | #teamWAGNER |
| 0. | 8817 | Sebastian Rudolph | 00:28:47.9 | Ü40 | 0 | 0 | GER | NBank |
| 0. | 9663 | Florian Cappellaro | 00:28:55.4 | Ü40 | 0 | 0 | GER | shl ingenieure |
| 0. | 9991 | Timo Baars | 00:29:01.8 | Ü40 | 0 | 0 | GER | Sweco GmbH |
| 0. | 11389 | Philipp Fröhling | 00:29:03.2 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 5863 | Sebastian Schick | 00:29:09.5 | Ü40 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10961 | Ruholla Shahrami | 00:29:11.0 | Ü40 | 0 | 0 | GER | Vincentz Network GmbH & Co. KG |
| 0. | 8600 | Markus Binder | 00:29:13.9 | Ü40 | 0 | 0 | GER | Der MeKo Lauftreff |
| 0. | 1219 | Matthias Kier | 00:29:16.2 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 9570 | Henning Hein | 00:29:16.7 | Ü40 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 6558 | André Falkenberg | 00:29:22.7 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 5714 | Sven Dierking | 00:29:25.9 | Ü40 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 7154 | Mirko Samson | 00:29:26.5 | Ü40 | 0 | 0 | GER | IHK Hannover |
| 0. | 201 | Tasso Papaioannou | 00:29:29.5 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5056 | Niklas Brasat | 00:29:29.6 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 10402 | Loic Mathieu | 00:29:33.7 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 4017 | Martin Nossack | 00:29:36.2 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 277 | Robin Struwe | 00:29:36.6 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8564 | Marcos Jesus Martel Lopez | 00:29:39.8 | Ü40 | 0 | 0 | GER | MT-Schule |
| 0. | 9038 | Daniel Weiß | 00:29:44.7 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 4064 | Jens Schlötelburg | 00:29:50.7 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 2272 | Valentin Konrad | 00:29:52.1 | Ü40 | 0 | 0 | GER | AGILA Haustierversicherung AG |
| 0. | 9151 | Sebastian Hahn | 00:29:54.9 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 4717 | Matthias Buhl | 00:29:57.1 | Ü40 | 0 | 0 | GER | E. ON Energie Deutschland GmbH |
| 0. | 556 | Marcel Thater | 00:29:57.2 | Ü40 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 216 | Oliver Reihls | 00:30:00.1 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10685 | Martin Blase | 00:30:01.7 | Ü40 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 6773 | Andreas Reisch | 00:30:04.2 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 3815 | Michael Dazko | 00:30:06.7 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 9192 | Florian Brodersen | 00:30:07.0 | Ü40 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 7563 | Kai Wessollek | 00:30:14.4 | Ü40 | 0 | 0 | GER | Running Bulls |
| 0. | 6629 | Andre Hiebing | 00:30:16.6 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 4632 | Carsten Keil | 00:30:17.3 | Ü40 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 10591 | Timon Schulze | 00:30:21.5 | Ü40 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 4773 | Alexander Bell | 00:30:23.5 | Ü40 | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 145 | Thomas Kunze | 00:30:24.4 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6443 | Heinrich Weizel | 00:30:26.2 | Ü40 | 0 | 0 | GER | Harry Brot GmbH |

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|----|-------|--------------------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 10779 | Robin Katzera | 00:30:27.0 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 545 | Raiko Berger | 00:30:27.5 | Ü40 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 7390 | Patrick Sander | 00:30:30.6 | Ü40 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 1642 | Dirk Wischinski | 00:30:32.4 | Ü40 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 3168 | Andreas Rohmert | 00:30:33.9 | Ü40 | 0 | 0 | GER | BNP Paribas |
| 0. | 4880 | Sascha Römer | 00:30:35.3 | Ü40 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 157 | Christian Leimbach | 00:30:35.6 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7744 | Alexander Raymann | 00:30:36.6 | Ü40 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 3458 | Dominik Höhn | 00:30:37.1 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 10271 | Sascha Brakel | 00:30:37.4 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 11390 | Alexander Fuchs | 00:30:37.7 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 6104 | Pablo José Tammen | 00:30:37.9 | Ü40 | 0 | 0 | GER | FunIT |
| 0. | 10190 | Alexander Gartenfluss | 00:30:39.6 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9380 | Alexander Unger | 00:30:39.6 | Ü40 | 0 | 0 | GER | Renk |
| 0. | 5418 | Sebastian Kumke | 00:30:40.2 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7900 | Sven Linnert | 00:30:43.7 | Ü40 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 5787 | Enrico Patan | 00:30:47.5 | Ü40 | 0 | 0 | GER | Genossenschaftsverband e. V. |
| 0. | 1610 | Matthuas Weimann | 00:30:47.6 | Ü40 | 0 | 0 | GER | Konica Minolta |
| 0. | 1683 | Sören Koch | 00:30:49.5 | Ü40 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 8275 | Marcel Leez | 00:30:50.1 | Ü40 | 0 | 0 | GER | LBS Nord |
| 0. | 9000 | Nico Rittstieg | 00:30:55.7 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 9664 | Jan Dubois | 00:31:02.6 | Ü40 | 0 | 0 | GER | shl ingenieure |
| 0. | 7682 | Luer Geerken | 00:31:03.6 | Ü40 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 10604 | Lars Vorreiter | 00:31:04.5 | Ü40 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 1573 | Ole Maaz | 00:31:08.1 | Ü40 | 0 | 0 | GER | Konica Minolta |
| 0. | 4440 | Tony Schnitzer | 00:31:08.7 | Ü40 | 0 | 0 | GER | Deutsches Taubblindenwerk |
| 0. | 4090 | Ingo Siegmann | 00:31:09.4 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 10888 | Nazim Tekmen | 00:31:10.4 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 6977 | Patrick Welc | 00:31:11.5 | Ü40 | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 1264 | Noname | 00:31:12.3 | Ü40 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 10819 | Benjamin Marquardt | 00:31:12.4 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 2065 | Sven Liebscher | 00:31:22.7 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 7432 | Daniel Hell | 00:31:22.8 | Ü40 | 0 | 0 | GER | Jäger Group |
| 0. | 8970 | Daniel Meyer | 00:31:28.7 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 5360 | Thomas Gleitz | 00:31:32.4 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6556 | Christian Alejandro Espinoza Schaper | 00:31:35.9 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 7882 | André Schramm | 00:31:36.7 | Ü40 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 414 | Mathias Grafe | 00:31:37.5 | Ü40 | 0 | 0 | GER | Airbus |
| 0. | 6671 | Thomas Knott | 00:31:44.3 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 6374 | Benjamin Scholz | 00:31:45.7 | Ü40 | 0 | 0 | GER | Hannoversche Werkstätten gem. GmbH |
| 0. | 4419 | Benjamin Klie | 00:31:46.0 | Ü40 | 0 | 0 | GER | Dt. Inst. für Kautschuktechnologie |
| 0. | 5711 | Christian Bork | 00:31:46.4 | Ü40 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 10379 | Stefan Knake | 00:31:46.9 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 3396 | Christian Marx | 00:31:50.8 | Ü40 | 0 | 0 | GER | ChillServices |
| 0. | 7240 | Daniel Wendler | 00:31:51.0 | Ü40 | 0 | 0 | GER | imug |
| 0. | 10488 | Marko Lange | 00:31:51.4 | Ü40 | 0 | 0 | GER | UPS |
| 0. | 6873 | Arne Volkmer | 00:31:51.5 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 8631 | Wilhelm Neujahr | 00:31:55.2 | Ü40 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 3193 | Felix Sommerlad | 00:31:56.6 | Ü40 | 0 | 0 | GER | btp architekten BDA |
| 0. | 70 | Christian Friedrich | 00:31:57.3 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1723 | Daniel Apel | 00:32:00.8 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10470 | Daniel Brown | 00:32:01.4 | Ü40 | 0 | 0 | GER | UPS |
| 0. | 2087 | Daniel Schaper | 00:32:01.7 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |

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|----|-------|---------------------|------------|-----|---|---|-----|--|
| 0. | 1511 | Paul Voll | 00:32:04.4 | Ü40 | 0 | 0 | GER | Knauf Interfer Stahl Service Center GmbH |
| 0. | 3916 | Michael Jeanvré | 00:32:05.3 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 9189 | Florian Becker | 00:32:08.8 | Ü40 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 3363 | Philipp Bendick | 00:32:09.7 | Ü40 | 0 | 0 | GER | CGI |
| 0. | 1355 | Benjamin Küster | 00:32:11.4 | Ü40 | 0 | 0 | GER | GWE GmbH |
| 0. | 11209 | Stefan Strehlau | 00:32:11.5 | Ü40 | 0 | 0 | GER | Warburg Invest AG |
| 0. | 5968 | Florian Melching | 00:32:11.9 | Ü40 | 0 | 0 | GER | GPI Hanover GmbH |
| 0. | 275 | Sören Stricker | 00:32:14.1 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3423 | Marian De Salvo | 00:32:15.4 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 623 | Willy Mattheus | 00:32:18.1 | Ü40 | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 7407 | Dennis Scheele | 00:32:18.9 | Ü40 | 0 | 0 | GER | IT-P GmbH |
| 0. | 9155 | Christian Knublauch | 00:32:20.7 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 10940 | Alexander Gehrke | 00:32:22.2 | Ü40 | 0 | 0 | GER | Viatrix |
| 0. | 7975 | Malte Rubin | 00:32:22.5 | Ü40 | 0 | 0 | GER | Team KONE |
| 0. | 4862 | Michael Britzger | 00:32:25.0 | Ü40 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 5102 | Christoph Radke | 00:32:25.8 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 6738 | Sven Neumann | 00:32:26.8 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 4012 | Robert Nestler | 00:32:27.5 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 48 | Andre Sydow | 00:32:28.3 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6654 | Tim Kannewischer | 00:32:29.0 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 3990 | Martin Merten | 00:32:30.7 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 10975 | Agbor Besong Egbe | 00:32:32.1 | Ü40 | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 8279 | Noname | 00:32:34.1 | Ü40 | 0 | 0 | GER | LBS Nord |
| 0. | 4158 | Christoph Weitkamp | 00:32:35.7 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 9960 | Dirkolaf Petersen | 00:32:37.6 | Ü40 | 0 | 0 | GER | STÖBICH |
| 0. | 6687 | Henning Kuschewitz | 00:32:38.5 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 4787 | Stefan Sieberg | 00:32:47.0 | Ü40 | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 10894 | Boris Unckel | 00:32:47.7 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 682 | Hans Bergman | 00:32:48.3 | Ü40 | 0 | 0 | GER | COMRAMO AG |
| 0. | 6505 | Florian Bode | 00:32:49.2 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 8699 | John Gilewitsch | 00:32:52.0 | Ü40 | 0 | 0 | GER | Mobil ISC |
| 0. | 785 | Sebastian Kölbel | 00:32:53.4 | Ü40 | 0 | 0 | GER | Dachser SE |
| 0. | 10417 | Andreas Vermöhlen | 00:32:56.6 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 2658 | Elmar Rothhäuser | 00:32:57.0 | Ü40 | 0 | 0 | GER | Asseco Solutions AG |
| 0. | 7579 | Steffen Unnasch | 00:32:58.5 | Ü40 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 10416 | Eliard Velososilva | 00:32:59.7 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 9022 | Dennis Suhari | 00:33:01.4 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 8344 | Marc Lorenz | 00:33:03.6 | Ü40 | 0 | 0 | GER | Lorenzbau |
| 0. | 7048 | Dennis Poschlod | 00:33:04.7 | Ü40 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 10796 | Thorben Kretschmann | 00:33:05.2 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10136 | Lars Steinweh | 00:33:09.4 | Ü40 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 4044 | Noname | 00:33:10.5 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 7422 | Robert Wiesner | 00:33:11.1 | Ü40 | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 498 | Abdelhakim Jallouli | 00:33:12.7 | Ü40 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 6730 | Hugo Mouton | 00:33:14.5 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 24 | Karl Bernqvist | 00:33:16.1 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5153 | Christian Genzke | 00:33:18.9 | Ü40 | 0 | 0 | GER | fairKauf-Runner |
| 0. | 1568 | Dominik Lehnhoff | 00:33:21.8 | Ü40 | 0 | 0 | GER | Konica Minolta |
| 0. | 1428 | Ake Kriwall | 00:33:24.1 | Ü40 | 0 | 0 | GER | IPH gGmbH |
| 0. | 5932 | Carsten Buehmann | 00:33:24.2 | Ü40 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 10505 | Noname | 00:33:24.6 | Ü40 | 0 | 0 | GER | UPS |
| 0. | 9386 | Andy Polok | 00:33:28.9 | Ü40 | 0 | 0 | GER | Team RHB Hannover |
| 0. | 10396 | Lars Drossel | 00:33:30.1 | Ü40 | 0 | 0 | GER | TUI Group |

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|----|-------|-----------------------|------------|-----|---|---|-----|---------------------------------|
| 0. | 4199 | Steffen Klapproth | 00:33:31.7 | Ü40 | 0 | 0 | GER | deister electronic GmbH |
| 0. | 3940 | Andreas Koschinski | 00:33:34.2 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 9156 | Kim Nils Kraut | 00:33:38.5 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 6568 | Stephan Frank | 00:33:38.8 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 5088 | Nils Luther | 00:33:40.3 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 9370 | Steffen Gegel | 00:33:40.6 | Ü40 | 0 | 0 | GER | Renk |
| 0. | 9374 | Martin Laue | 00:33:40.9 | Ü40 | 0 | 0 | GER | Renk |
| 0. | 7576 | Alexander Stangel | 00:33:43.1 | Ü40 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 1459 | Steffen Haußmann | 00:33:43.2 | Ü40 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 10201 | Nikola Jonceski | 00:33:44.1 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 1743 | Steffen Dürkoop | 00:33:45.7 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1509 | Maschtag Ahmad Yusofi | 00:33:45.9 | Ü40 | 0 | 0 | GER | Klinikum Peine |
| 0. | 4995 | Benjamin Förster | 00:33:46.3 | Ü40 | 0 | 0 | GER | C. Förster & Kollegen |
| 0. | 11367 | Dirk Basedau | 00:33:46.9 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 4452 | Mathias Duckert | 00:33:48.2 | Ü40 | 0 | 0 | GER | DHL |
| 0. | 9131 | Ferdinand Bartels | 00:33:50.5 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 1553 | Flo Jung | 00:33:51.3 | Ü40 | 0 | 0 | GER | Konica Minolta |
| 0. | 3459 | Marco Jansen | 00:33:53.4 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 129 | Jens Kaufmann | 00:33:53.9 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1731 | Florian Breimeier | 00:33:54.5 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6639 | Fabian Hupe | 00:33:54.7 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 385 | Robert Walisko | 00:33:57.9 | Ü40 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 5965 | Oiiver Christiansen | 00:33:58.6 | Ü40 | 0 | 0 | GER | GPI Hanover GmbH |
| 0. | 5513 | Christopher Snay | 00:33:59.4 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1208 | Dirk Dittrich | 00:34:00.2 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 2246 | Thorsten Stiewe | 00:34:02.7 | Ü40 | 0 | 0 | GER | ABB AG |
| 0. | 11216 | Andreas Mahn | 00:34:02.8 | Ü40 | 0 | 0 | GER | WDT/VLO on Tour |
| 0. | 2638 | Jan Blume | 00:34:03.4 | Ü40 | 0 | 0 | GER | asertonis |
| 0. | 4860 | Daniel Block | 00:34:05.1 | Ü40 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 3517 | Paulo Teixeira | 00:34:05.4 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 1305 | Stefan Mertens | 00:34:06.6 | Ü40 | 0 | 0 | GER | Gasunie |
| 0. | 90 | Valentin Griep | 00:34:07.9 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7564 | Malte Decho | 00:34:09.8 | Ü40 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 7226 | Martin Soethe | 00:34:10.5 | Ü40 | 0 | 0 | GER | ILFA Hannover 2023 |
| 0. | 5385 | Marc Huszar | 00:34:10.8 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10181 | Steffen Braune | 00:34:11.8 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 7445 | Ben Eisfeld | 00:34:12.8 | Ü40 | 0 | 0 | GER | Jäger Group |
| 0. | 1003 | Christoph Diecke | 00:34:14.2 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1455 | Lars Sporleder | 00:34:15.7 | Ü40 | 0 | 0 | GER | itsc |
| 0. | 6214 | Christopher Kulozik | 00:34:15.8 | Ü40 | 0 | 0 | GER | AGS |
| 0. | 3575 | Lennart Balke | 00:34:18.1 | Ü40 | 0 | 0 | GER | Connox |
| 0. | 11382 | Sébastien Doillon | 00:34:18.7 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 542 | Lukas Grittner | 00:34:19.4 | Ü40 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 4646 | Sven Friesacher | 00:34:20.3 | Ü40 | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 6217 | Christian Seifert | 00:34:20.3 | Ü40 | 0 | 0 | GER | AGS |
| 0. | 6734 | Felix Naujokat | 00:34:22.2 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 9037 | Stefan Ryll | 00:34:22.7 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 4411 | Noname | 00:34:23.6 | Ü40 | 0 | 0 | GER | div Laufteam |
| 0. | 11486 | Dirk Wijnen | 00:34:23.7 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 7319 | Stefan Kübler | 00:34:24.8 | Ü40 | 0 | 0 | GER | IZ Runners |
| 0. | 6518 | Steffen Brock | 00:34:31.3 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 6342 | Tim Mußmann | 00:34:33.2 | Ü40 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 3564 | Nils Gajek | 00:34:37.8 | Ü40 | 0 | 0 | GER | CGM Team Hannover |

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|----|-------|--------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 9226 | Lukasz Mehl | 00:34:39.0 | Ü40 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 2677 | Leon Hanke | 00:34:41.0 | Ü40 | 0 | 0 | GER | AUCOTEC AG |
| 0. | 4485 | Alexander Koll | 00:34:42.0 | Ü40 | 0 | 0 | GER | DIDImmo |
| 0. | 3487 | Matthias Pfafferodt | 00:34:42.6 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 4218 | Steffen Eickemeyer | 00:34:45.2 | Ü40 | 0 | 0 | GER | Deloitte |
| 0. | 10593 | Birkan Sezgin | 00:34:47.3 | Ü40 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 7393 | Sebastian Weiß | 00:34:49.6 | Ü40 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 1832 | Eugen Türin | 00:34:52.0 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 244 | Hagen Schmieder | 00:34:54.3 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 634 | Christian Schreeck | 00:34:57.4 | Ü40 | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 10241 | Michael Suchy | 00:34:58.3 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 1405 | Noname | 00:34:59.6 | Ü40 | 0 | 0 | GER | HELMA Eigenheimbau AG |
| 0. | 351 | Henning Deitmer | 00:34:59.9 | Ü40 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 7161 | Georg Thomas | 00:35:01.8 | Ü40 | 0 | 0 | GER | IHK Hannover |
| 0. | 3482 | Jan Neumeister | 00:35:02.9 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 11467 | Evgenij Schütz | 00:35:03.1 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 3449 | Noname | 00:35:06.9 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 7821 | Noname | 00:35:07.0 | Ü40 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 3519 | Jörg Tiburcy | 00:35:07.2 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3607 | Michael Damm | 00:35:14.1 | Ü40 | 0 | 0 | GER | Cratos & BlueTeam |
| 0. | 3462 | Waldemar Kisler | 00:35:14.3 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 5936 | Jens Ewald | 00:35:14.5 | Ü40 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 2008 | Nils Bremer | 00:35:19.0 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 7068 | Florian Magritz | 00:35:25.1 | Ü40 | 0 | 0 | GER | Hörmann KG Verkaufsgesellschaft |
| 0. | 154 | Dominik Laumann | 00:35:25.4 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1764 | Patrick Holzkamp | 00:35:26.5 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1235 | André Rohde | 00:35:28.7 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 1400 | Tim Rohleder | 00:35:29.1 | Ü40 | 0 | 0 | GER | HELMA Eigenheimbau AG |
| 0. | 10299 | Markus Fromm | 00:35:29.9 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 10226 | Joonas Rossi | 00:35:30.3 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 5411 | Alexander Krenizki | 00:35:32.2 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 8939 | Holger Igel | 00:35:38.2 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 8965 | Hanno Martell | 00:35:40.0 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 3579 | Nicolas Denecke | 00:35:40.6 | Ü40 | 0 | 0 | GER | Connox |
| 0. | 11206 | Alexander Peetz | 00:35:42.7 | Ü40 | 0 | 0 | GER | Warburg Invest AG |
| 0. | 10706 | Mathias Von Salzen | 00:35:44.5 | Ü40 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 3582 | Christoph Kuhn | 00:35:45.1 | Ü40 | 0 | 0 | GER | Connox |
| 0. | 1838 | Christian Weinsheimer | 00:35:45.5 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10897 | René Vespermann | 00:35:45.8 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1625 | Noname | 00:35:46.4 | Ü40 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 10910 | Volker Wysk | 00:35:47.7 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1079 | Stephan Löpke | 00:35:51.7 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4779 | Christoph Laroche | 00:35:52.7 | Ü40 | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 4276 | Jan Lautenschläger | 00:35:52.8 | Ü40 | 0 | 0 | GER | apoBank Hannover |
| 0. | 1308 | Kaiphilipp Pirwitz | 00:35:57.3 | Ü40 | 0 | 0 | GER | Gasunie |
| 0. | 6744 | Johannes Orlob | 00:35:58.8 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 10823 | Matthias Mielkeschlichte | 00:35:59.5 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10279 | Marco Ciomperlik | 00:36:05.7 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 11388 | Dennis Fredrich | 00:36:06.7 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 2099 | Corbach Thomas | 00:36:07.7 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10186 | Thomas Dunemann | 00:36:09.8 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9420 | Christian Wüstefeld | 00:36:11.5 | Ü40 | 0 | 0 | GER | Laufteam Ronge |
| 0. | 6942 | Claas Blume | 00:36:11.7 | Ü40 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |

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|----|-------|----------------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 9501 | Georg Brinkmann | 00:36:11.9 | Ü40 | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 181 | Stephan Mogck | 00:36:15.4 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5075 | Roger Hoffmann | 00:36:17.1 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 7063 | Jens Witting | 00:36:21.1 | Ü40 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 11434 | Christoph Lücking | 00:36:21.2 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 10533 | Kristian Cizmesija | 00:36:22.5 | Ü40 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 1713 | Michael Klüsener | 00:36:23.0 | Ü40 | 0 | 0 | GER | msg |
| 0. | 6697 | Christian Lau | 00:36:24.0 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 6481 | Pradeep Bamal | 00:36:29.7 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 4768 | Philipp Lindsay | 00:36:31.6 | Ü40 | 0 | 0 | GER | edding |
| 0. | 10253 | Jan Andree | 00:36:32.6 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 8962 | Grzegorz Ludwig | 00:36:35.0 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 8636 | Michel Schuchardt | 00:36:37.5 | Ü40 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 1845 | Silke Zantopp | 00:36:39.0 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9486 | Christoph Pesing | 00:36:39.4 | Ü40 | 0 | 0 | GER | Sappi Hannover |
| 0. | 3964 | Jan Lange | 00:36:46.2 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 7053 | Patrick Schulz | 00:36:47.9 | Ü40 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 8033 | Andreas Dumler | 00:36:50.5 | Ü40 | 0 | 0 | GER | Köttermann GmbH |
| 0. | 7269 | Torben Mikus | 00:36:52.0 | Ü40 | 0 | 0 | GER | infra GmbH |
| 0. | 9170 | Joel Pingel | 00:36:52.7 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 1911 | Moritz Töller | 00:36:54.6 | Ü40 | 0 | 0 | GER | PREUSS Gruppe |
| 0. | 10130 | Stefan Modersitzki | 00:36:59.2 | Ü40 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 5078 | Daniel Kaiser | 00:37:01.4 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 6837 | Vladislav Stengel | 00:37:03.5 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 8354 | Noname | 00:37:05.2 | Ü40 | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 10452 | Lars Lindwedel | 00:37:05.5 | Ü40 | 0 | 0 | GER | TÜV SÜD |
| 0. | 3394 | Frederikmatti Bartels | 00:37:06.6 | Ü40 | 0 | 0 | GER | ChillServices |
| 0. | 10348 | Jan Schwenke | 00:37:06.9 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 9488 | Marcel Pochert | 00:37:07.8 | Ü40 | 0 | 0 | GER | Sappi Hannover |
| 0. | 2110 | Thorsten Winskowsky | 00:37:10.0 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10267 | Michael Bleckwehl | 00:37:13.1 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 7018 | Jens Beermann | 00:37:17.0 | Ü40 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 7167 | Nils Diekmann | 00:37:26.5 | Ü40 | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 918 | Michael Christopher Melber | 00:37:27.2 | Ü40 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 10957 | Christian Filies | 00:37:27.5 | Ü40 | 0 | 0 | GER | Vincentz Network GmbH & Co. KG |
| 0. | 11273 | Antonio Marchionna | 00:37:29.0 | Ü40 | 0 | 0 | GER | WSP Deutschland AG |
| 0. | 3977 | Niklas Mach | 00:37:29.9 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 5774 | Daniel Gehrke | 00:37:30.2 | Ü40 | 0 | 0 | GER | Genossenschaftsverband e. V. |
| 0. | 8703 | Stefan Klingberg | 00:37:31.2 | Ü40 | 0 | 0 | GER | Mobil ISC |
| 0. | 6386 | Stefan Schmidt | 00:37:32.0 | Ü40 | 0 | 0 | GER | HPG Runners |
| 0. | 6382 | Christian König | 00:37:32.5 | Ü40 | 0 | 0 | GER | HPG Runners |
| 0. | 9651 | Christian Holze | 00:37:36.2 | Ü40 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 9495 | Sertan Soenmez | 00:37:36.6 | Ü40 | 0 | 0 | GER | Sappi Hannover |
| 0. | 10397 | Nils Sarbok | 00:37:40.1 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 5721 | Cord Warnecke | 00:37:40.2 | Ü40 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 6389 | Marius Hebig | 00:37:44.1 | Ü40 | 0 | 0 | GER | HAPEKO Hanseatisches Personalkontor |
| 0. | 10906 | Stephan Wolf | 00:37:45.7 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9493 | Cord Runne | 00:37:46.9 | Ü40 | 0 | 0 | GER | Sappi Hannover |
| 0. | 7968 | Jan Niemeyer | 00:37:47.2 | Ü40 | 0 | 0 | GER | Team KONE |
| 0. | 10580 | Jörg Reimann | 00:37:49.5 | Ü40 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 10208 | Dmitri Kisselman | 00:37:52.6 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4548 | Nils Sonntag | 00:37:57.3 | Ü40 | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 7046 | Noname | 00:37:59.7 | Ü40 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |

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|----|-------|---------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 8004 | Florian Hammer | 00:38:00.7 | Ü40 | 0 | 0 | GER | Team KONE |
| 0. | 7385 | Dennis Loschen | 00:38:03.8 | Ü40 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 6582 | Jurij Gass | 00:38:05.8 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 730 | Chris Jeschke | 00:38:08.7 | Ü40 | 0 | 0 | GER | Team Concordia |
| 0. | 9358 | Kimoliver Ebeling | 00:38:09.7 | Ü40 | 0 | 0 | GER | REMONDIS Industrie Service / Uetze |
| 0. | 8936 | Markus Honerlage | 00:38:10.7 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 7786 | Florian Wesemeier | 00:38:10.9 | Ü40 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 7263 | Martin Altemöller | 00:38:15.0 | Ü40 | 0 | 0 | GER | infra GmbH |
| 0. | 472 | Marcus Ebers | 00:38:19.6 | Ü40 | 0 | 0 | GER | Amadeus FiRe |
| 0. | 5288 | Axelinho Kienast | 00:38:20.7 | Ü40 | 0 | 0 | GER | Fedrigoni Team |
| 0. | 3410 | Mohamed Amine Askri | 00:38:24.6 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 1583 | Thomas Sebastian Muschali | 00:38:29.2 | Ü40 | 0 | 0 | GER | Konica Minolta |
| 0. | 4777 | Uwe Kreye | 00:38:29.7 | Ü40 | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 6426 | Adrian Mikrut | 00:38:30.2 | Ü40 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 11385 | Timo Ewert | 00:38:31.0 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 5829 | Lorenz Fuchs | 00:38:33.6 | Ü40 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 2006 | Tim Bökers | 00:38:33.7 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 9257 | Oliver Martin | 00:38:35.6 | Ü40 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 8955 | Stephan Kunzelmann | 00:38:36.9 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 1444 | Christian Jindra | 00:38:39.0 | Ü40 | 0 | 0 | GER | itsc |
| 0. | 10088 | Michael Bock | 00:38:41.6 | Ü40 | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 47 | Özcan Colak | 00:38:47.0 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3331 | Marcus Adrians | 00:38:48.1 | Ü40 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 2639 | Marcel Drews | 00:38:54.1 | Ü40 | 0 | 0 | GER | asertonis |
| 0. | 5414 | Sven Krügener | 00:38:57.5 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11475 | Tom Stautmeister | 00:38:59.7 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 5913 | Ebrahim Kaviani | 00:39:00.4 | Ü40 | 0 | 0 | GER | All4Golf |
| 0. | 11057 | Marcus Vogeler | 00:39:02.3 | Ü40 | 0 | 0 | GER | Vogeler |
| 0. | 10762 | Rolf Harren | 00:39:03.3 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9816 | Florian Hübner | 00:39:03.7 | Ü40 | 0 | 0 | GER | Sonepar |
| 0. | 1283 | Vladimir Strocka | 00:39:06.2 | Ü40 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 2136 | Sebastian Hanke | 00:39:06.4 | Ü40 | 0 | 0 | GER | Uniper HR Services |
| 0. | 9419 | Dirk Vogt | 00:39:09.7 | Ü40 | 0 | 0 | GER | Laufteam Ronge |
| 0. | 10764 | Tim Heinrich | 00:39:10.5 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10813 | Tobias Liedtke | 00:39:11.0 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9266 | Matthias Wojke | 00:39:12.1 | Ü40 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 616 | Jan Haehnel | 00:39:14.6 | Ü40 | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 4928 | Dominic Knieke | 00:39:16.9 | Ü40 | 0 | 0 | GER | Enno Roggemann |
| 0. | 6354 | Milan Wick | 00:39:19.7 | Ü40 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 9476 | Daniel Fickerl | 00:39:20.4 | Ü40 | 0 | 0 | GER | Sappi Hannover |
| 0. | 3775 | Mirco Baumann | 00:39:24.7 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 2909 | Noname | 00:39:29.6 | Ü40 | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |
| 0. | 637 | Torsten Wohlberedt | 00:39:31.1 | Ü40 | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 5603 | Gerrit Wolkenmöhlmann | 00:39:34.3 | Ü40 | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 11254 | Dennis Greschner | 00:39:40.2 | Ü40 | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 8890 | Ahmad Alzoubi | 00:39:44.2 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 1114 | Mehmet Odabasi | 00:39:50.1 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6888 | Dennis Westphal | 00:39:54.5 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 5380 | Dennis Hoppe | 00:39:56.0 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3287 | Nedim Vaizovic | 00:39:56.6 | Ü40 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 6943 | Martin Fischer | 00:39:57.4 | Ü40 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 3275 | Noname | 00:39:57.6 | Ü40 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 10913 | Jan Martin Becker | 00:39:57.7 | Ü40 | 0 | 0 | GER | Viatrix |

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|----|-------|----------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 3984 | Arne Matthaei | 00:39:59.7 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 11296 | Daniel Arlitt | 00:40:03.4 | Ü40 | 0 | 0 | GER | ZAG Personal & Perspektiven |
| 0. | 7828 | Holger Heipl | 00:40:21.5 | Ü40 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 200 | Mark Pander | 00:40:26.8 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10789 | Noname | 00:40:27.3 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 2937 | Marius Seidel | 00:40:37.4 | Ü40 | 0 | 0 | GER | Behncke GmbH |
| 0. | 4551 | Christian Wensierski | 00:40:38.0 | Ü40 | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 5514 | Henning Steege | 00:40:38.5 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5377 | Stefan Henke | 00:40:41.7 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11144 | Dirk Köbernick | 00:40:43.9 | Ü40 | 0 | 0 | GER | #teamWAGNER |
| 0. | 6485 | Jakob Baron | 00:40:47.3 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 5098 | Tjerk Nolte | 00:40:55.1 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 10770 | Marcandré Hirte | 00:41:02.5 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 8529 | Timo Bräcker | 00:41:11.3 | Ü40 | 0 | 0 | GER | MED-EL Deutschland GmbH |
| 0. | 389 | Jan Wormuth | 00:41:12.9 | Ü40 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 10144 | Robert Kopplin | 00:41:17.2 | Ü40 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 2425 | Michael Engelcke | 00:41:19.7 | Ü40 | 0 | 0 | GER | AirITSystems |
| 0. | 10959 | Noname | 00:41:22.4 | Ü40 | 0 | 0 | GER | Vincentz Network GmbH & Co. KG |
| 0. | 3428 | Björn O. Eggers | 00:41:32.6 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 7371 | Bernhard Schneider | 00:41:34.9 | Ü40 | 0 | 0 | GER | inTime Express Logistik GmbH |
| 0. | 5308 | Christoph Alm | 00:41:36.8 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11242 | Johann Wedemeier | 00:41:36.9 | Ü40 | 0 | 0 | GER | Wedemeier Wirtschaftsprüfer |
| 0. | 8941 | Christian Juraske | 00:41:43.7 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 4671 | Christian Schmitz | 00:41:44.6 | Ü40 | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 4504 | Jan Homeyer | 00:41:45.0 | Ü40 | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 4669 | Paul Reißland | 00:41:47.1 | Ü40 | 0 | 0 | GER | DRK-Regionsverband Hannover |
| 0. | 10324 | Mark Hoepfner | 00:41:52.4 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 659 | Benjamin Lewerenz | 00:41:53.1 | Ü40 | 0 | 0 | GER | CC Runners |
| 0. | 10439 | Florian Windeck | 00:41:55.4 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 4558 | Benedikt Sommer | 00:41:57.6 | Ü40 | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 11037 | Hanno Seegers | 00:42:04.4 | Ü40 | 0 | 0 | GER | Viscom AG |
| 0. | 11306 | Gino Lamberz | 00:42:06.2 | Ü40 | 0 | 0 | GER | ZAG Personal & Perspektiven |
| 0. | 7993 | Noname | 00:42:08.3 | Ü40 | 0 | 0 | GER | Team KONE |
| 0. | 10087 | Gregor Kähling | 00:42:15.6 | Ü40 | 0 | 0 | GER | Thermo Fisher Scientific |
| 0. | 10242 | Okan Tosun | 00:42:21.4 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 3312 | Lars Wagner | 00:42:27.6 | Ü40 | 0 | 0 | GER | CARESTONE |
| 0. | 10776 | Bent Jakuboski | 00:42:32.0 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 6717 | Ulf Martin | 00:42:32.1 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 1389 | Taner Schütter | 00:42:33.8 | Ü40 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 3847 | Stefan Francke | 00:42:35.5 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 7722 | Stefan Leifels | 00:42:36.6 | Ü40 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 10777 | Adrian Peter Jaron | 00:42:41.2 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 6004 | Robert Cegla | 00:42:57.2 | Ü40 | 0 | 0 | GER | GSR Strahlentherapie Hannover |
| 0. | 2869 | Andreas Müller | 00:42:58.6 | Ü40 | 0 | 0 | GER | BAUM Unternehmensgruppe |
| 0. | 10285 | Patrick Roth | 00:42:59.9 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 3585 | Tobias Röbig | 00:43:06.4 | Ü40 | 0 | 0 | GER | Connox |
| 0. | 52260 | Sven Höppner | 00:43:28.4 | Ü40 | 0 | 0 | GER | DEGENER Verlag & ars mundi |
| 0. | 7052 | Martin Schulz | 00:43:29.2 | Ü40 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 7202 | Daniel Jahnke | 00:43:31.2 | Ü40 | 0 | 0 | GER | Cool down... |
| 0. | 6407 | Marc Dirlich | 00:43:33.3 | Ü40 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 9551 | Karl Schulze | 00:43:41.9 | Ü40 | 0 | 0 | GER | Die schnellen SCHUFA Runners |
| 0. | 10014 | Kai Naujoks | 00:43:42.9 | Ü40 | 0 | 0 | GER | Sympacon TS |
| 0. | 3878 | Mirko Haase | 00:43:43.7 | Ü40 | 0 | 0 | GER | DB / VDES |

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|----|-------|--------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 2247 | Andreas Strube | 00:43:55.0 | Ü40 | 0 | 0 | GER | ABB AG |
| 0. | 4781 | Falk Obermeier | 00:44:01.0 | Ü40 | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 1259 | Wojciech Frackowiak | 00:44:05.8 | Ü40 | 0 | 0 | GER | ehb electronics gmbh |
| 0. | 10202 | Alexander Junker | 00:44:15.9 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9214 | Carsten Horst | 00:44:17.0 | Ü40 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 10941 | Noname | 00:44:22.7 | Ü40 | 0 | 0 | GER | Viatrix |
| 0. | 11143 | Sebastian Klocke | 00:44:23.4 | Ü40 | 0 | 0 | GER | #teamWAGNER |
| 0. | 749 | Tim Peiske | 00:44:30.5 | Ü40 | 0 | 0 | GER | Team Concordia |
| 0. | 2046 | Sebastian Intas | 00:44:33.0 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8040 | Sascha Streu | 00:44:42.0 | Ü40 | 0 | 0 | GER | Köttermann GmbH |
| 0. | 3309 | Sven Schulz | 00:44:48.1 | Ü40 | 0 | 0 | GER | CARESTONE |
| 0. | 923 | Dennis Nadzeika | 00:44:49.0 | Ü40 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 5940 | Marcus Herrmann | 00:44:59.6 | Ü40 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 7425 | Dominik Cwik | 00:45:00.7 | Ü40 | 0 | 0 | GER | Jäger Group |
| 0. | 5474 | Julian Riedel | 00:45:01.3 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7659 | Matthias Blaton | 00:45:06.9 | Ü40 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 322 | Christoph Wloka | 00:45:07.4 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5348 | Anas El Abboud | 00:45:08.8 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5743 | Christian Götze | 00:45:28.4 | Ü40 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 6680 | Daniil Kovalev | 00:45:29.3 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 1247 | Robert Staas | 00:45:32.7 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 5826 | Bastian Fengler | 00:45:33.1 | Ü40 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7643 | Aiman Abbas | 00:45:38.6 | Ü40 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 10900 | Thomas Weber | 00:45:39.3 | Ü40 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 321 | Lars Witschel | 00:45:45.1 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10125 | Jakob Ibrom | 00:45:58.2 | Ü40 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 7203 | Carsten Pfetzing | 00:45:59.2 | Ü40 | 0 | 0 | GER | Cool down... |
| 0. | 2516 | Markus Weiner | 00:46:37.8 | Ü40 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 6984 | Ingolf Stautz | 00:46:42.0 | Ü40 | 0 | 0 | GER | Team HGK |
| 0. | 9391 | Mathias Otto | 00:46:44.6 | Ü40 | 0 | 0 | GER | riera - elektrisiert |
| 0. | 11315 | Fatih Ulucay | 00:46:48.4 | Ü40 | 0 | 0 | GER | ZAG Personal & Perspektiven |
| 0. | 1213 | Christian Hochwald | 00:46:58.0 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 6419 | Christian Klöser | 00:47:02.8 | Ü40 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 515 | Thomas Rothe | 00:47:19.9 | Ü40 | 0 | 0 | GER | Team Többen |
| 0. | 5951 | Matthias Merx | 00:47:34.5 | Ü40 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 1721 | Karau Andreas | 00:47:37.8 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9392 | Stefan Otto | 00:48:03.4 | Ü40 | 0 | 0 | GER | riera - elektrisiert |
| 0. | 1467 | Sven Wendemuth | 00:48:16.5 | Ü40 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 5280 | Nils Lohmann | 00:49:10.4 | Ü40 | 0 | 0 | GER | Fedrigoni Team |
| 0. | 4237 | Sascha Meyer | 00:49:23.5 | Ü40 | 0 | 0 | GER | Deloitte |
| 0. | 6631 | Andy Hilker | 00:49:41.0 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 8968 | Kevin Merchel | 00:49:57.7 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 9481 | Gian Luigi Idili | 00:50:07.9 | Ü40 | 0 | 0 | GER | Sappi Hannover |
| 0. | 1538 | Sebastian Dienert | 00:50:32.1 | Ü40 | 0 | 0 | GER | Konica Minolta |
| 0. | 4450 | Lucas De Oliveira Raasch | 00:50:47.8 | Ü40 | 0 | 0 | GER | DHL |
| 0. | 1144 | Noname | 00:51:37.4 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 445 | Steffen Schwamb | 00:52:30.4 | Ü40 | 0 | 0 | GER | Airbus |
| 0. | 6950 | Markus Montz | 00:52:30.9 | Ü40 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 1549 | Kieran Hope | 00:52:32.6 | Ü40 | 0 | 0 | GER | Konica Minolta |
| 0. | 449 | Stefan Wasgien | 00:52:47.9 | Ü40 | 0 | 0 | GER | Airbus |
| 0. | 1581 | Timo Möller | 00:54:01.9 | Ü40 | 0 | 0 | GER | Konica Minolta |
| 0. | 6378 | Hossein Dousiyeh | 00:55:52.3 | Ü40 | 0 | 0 | GER | HPG Runners |
| 0. | 9525 | Daniel Ringling | 00:56:25.8 | Ü40 | 0 | 0 | GER | Schmitt + Sohn Aufzüge GmbH & Co. KG |

| | | | | | | | | |
|----|------|------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 5156 | Noname | 00:56:26.1 | Ü40 | 0 | 0 | GER | fairKauf-Runner |
| 0. | 9520 | Florian Jabben | 00:56:27.6 | Ü40 | 0 | 0 | GER | Schmitt + Sohn Aufzüge GmbH & Co. KG |
| 0. | 432 | Noname | 00:57:17.4 | Ü40 | 0 | 0 | GER | Airbus |
| 0. | 6805 | Ingo Schneider | 01:00:58.4 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 9432 | Thomas Plagemann | 01:03:12.4 | Ü40 | 0 | 0 | GER | Röntgenpraxis Am Marstall® |
| 0. | 6800 | Alexander Schlei | 01:05:26.1 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 6674 | Matthias Koch | 01:05:27.1 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 3744 | Daniel Bormann | 01:06:41.4 | Ü40 | 0 | 0 | GER | Datatronic |
| 0. | 2117 | Brian Taylor | 01:08:59.0 | Ü40 | 0 | 0 | GER | Uniper HR Services |

Ü45

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|-----------------------------|------------|-----|------|------|--------|--------------------------------------|
| 0. | 3810 | Hikmet Ciftci | 00:22:45.4 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 7331 | Ingo Haase | 00:23:49.7 | Ü45 | 0 | 0 | GER | INSIDE M2M GmbH |
| 0. | 4944 | Francisco Cabanillas Garcia | 00:24:07.1 | Ü45 | 0 | 0 | GER | Erdinger Alkoholfrei |
| 0. | 4482 | Helmut Dannenberg | 00:24:46.7 | Ü45 | 0 | 0 | GER | DIDImmo |
| 0. | 8497 | René Weisheit | 00:24:47.9 | Ü45 | 0 | 0 | GER | Martin Braun KG |
| 0. | 1780 | Oliver Kressin | 00:25:08.9 | Ü45 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4267 | Marat Rahmatulin | 00:25:28.6 | Ü45 | 0 | 0 | GER | Team Delticom |
| 0. | 5421 | Timm Lange | 00:25:32.2 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9597 | Andreas Sennheiser | 00:25:34.4 | Ü45 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 669 | Timo Weckman | 00:25:35.7 | Ü45 | 0 | 0 | GER | CC Runners |
| 0. | 5394 | Daniel Kanabaj | 00:25:51.7 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 420 | Markus Jung | 00:26:18.1 | Ü45 | 0 | 0 | GER | Airbus |
| 0. | 10517 | Mike Asche | 00:26:34.9 | Ü45 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 707 | Thomas Martens | 00:26:37.2 | Ü45 | 0 | 0 | GER | Team Concordia |
| 0. | 7321 | Thomas Schulmeyer | 00:26:46.4 | Ü45 | 0 | 0 | GER | IZ Runners |
| 0. | 1578 | Robert Mifsud | 00:26:53.7 | Ü45 | 0 | 0 | GER | Konica Minolta |
| 0. | 5168 | Rico Beier | 00:26:54.9 | Ü45 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 10699 | Jobst Regul | 00:27:03.4 | Ü45 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 3079 | Ingo Arnecke | 00:27:04.8 | Ü45 | 0 | 0 | GER | BG-Phoenix GmbH |
| 0. | 1536 | Frank Datz | 00:27:22.4 | Ü45 | 0 | 0 | GER | Konica Minolta |
| 0. | 6721 | Timo Merten | 00:27:54.0 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 3441 | Nico Gudra | 00:27:55.2 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 9267 | Lars Wonneberg | 00:28:10.7 | Ü45 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 3078 | Pierre Lakaw | 00:28:11.6 | Ü45 | 0 | 0 | GER | BG-Phoenix GmbH |
| 0. | 11029 | Niels Joppien | 00:28:16.3 | Ü45 | 0 | 0 | GER | Viscom AG |
| 0. | 3965 | Stefan Lange | 00:28:17.9 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 3782 | Christian Bergers | 00:28:19.4 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 10825 | Stefan Mischok | 00:28:28.9 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1356 | Andreas Rauls | 00:28:36.7 | Ü45 | 0 | 0 | GER | GWE GmbH |
| 0. | 5115 | Daniel Trosiner | 00:28:41.1 | Ü45 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 9599 | Gerson Struß | 00:28:43.1 | Ü45 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 8265 | Nico Bruscek | 00:28:43.6 | Ü45 | 0 | 0 | GER | LBS Nord |
| 0. | 4792 | Dietmar Zühlke | 00:28:47.7 | Ü45 | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 5970 | Frank Stiller | 00:28:50.6 | Ü45 | 0 | 0 | GER | GPI Hanover GmbH |
| 0. | 5883 | Hanno Hentis | 00:28:51.3 | Ü45 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 11417 | Sebastian Klemann | 00:28:57.4 | Ü45 | 0 | 0 | GER | ZF Group |
| 0. | 52272 | Philipp Seeck | 00:28:58.9 | Ü45 | 0 | 0 | GER | DEGENER Verlag & ars mundi |
| 0. | 1634 | Markus Hillreiner | 00:29:10.9 | Ü45 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 728 | Fabian Hübner | 00:29:14.0 | Ü45 | 0 | 0 | GER | Team Concordia |
| 0. | 2122 | Robert Hollatz | 00:29:14.2 | Ü45 | 0 | 0 | GER | Uniper HR Services |

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|----|-------|----------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 73 | David Garcia | 00:29:26.1 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3835 | Helge Eydeler | 00:29:28.5 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 4122 | Markus Tamaschke | 00:29:30.0 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 10085 | Patrik Zuchowicz | 00:29:39.1 | Ü45 | 0 | 0 | GER | Running Winkulaner |
| 0. | 6617 | Christian Hedrich | 00:29:41.1 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 6002 | Stefan Janssen | 00:29:41.1 | Ü45 | 0 | 0 | GER | GSR Strahlentherapie Hannover |
| 0. | 4087 | Christian Selzer | 00:29:41.7 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 6769 | Lars Regner | 00:29:44.7 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 3930 | Martin Kladny | 00:29:46.0 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 5076 | Jan Hillebrand | 00:29:46.8 | Ü45 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 1310 | Michael Pohl | 00:29:48.4 | Ü45 | 0 | 0 | GER | Gasunie |
| 0. | 5406 | Florian Herbort | 00:29:48.4 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1217 | Malte Joachim | 00:29:50.2 | Ü45 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 183 | Hendrik Mück | 00:29:51.1 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5390 | Fabian Jochim | 00:29:56.0 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5328 | Henning Bruns | 00:29:58.4 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2464 | Jens Ahrndt | 00:30:04.5 | Ü45 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 6413 | Bledar Haveri | 00:30:09.0 | Ü45 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 1673 | Andrej Kemner | 00:30:09.2 | Ü45 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 3824 | Heiner Eichenberg | 00:30:14.9 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 2633 | Stephan Martens | 00:30:18.2 | Ü45 | 0 | 0 | GER | ASB Hannover |
| 0. | 6467 | Andreas Adenäuer | 00:30:21.4 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 539 | Tobias Buchloh | 00:30:22.0 | Ü45 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 1204 | Mario Beck | 00:30:23.5 | Ü45 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 7042 | Frank Lauderbach | 00:30:26.7 | Ü45 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 6820 | Noname | 00:30:31.3 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 74 | Joost Garen | 00:30:32.6 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1276 | Benjamin Kabore | 00:30:34.6 | Ü45 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 7026 | Ingo Choina | 00:30:39.1 | Ü45 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 306 | Mark Wandel | 00:30:40.1 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5279 | Christian Lieb | 00:30:41.2 | Ü45 | 0 | 0 | GER | Fedrigoni Team |
| 0. | 10788 | Mirko Kötter | 00:30:44.1 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10139 | Charly Vetault | 00:30:45.9 | Ü45 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 10830 | Lars Munstermann | 00:30:46.5 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9185 | Tammo Wetjen | 00:30:49.7 | Ü45 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 4746 | Daniel Vetter | 00:30:52.7 | Ü45 | 0 | 0 | GER | EBRC Consulting |
| 0. | 52261 | Michael Hühn | 00:30:53.6 | Ü45 | 0 | 0 | GER | DEGENER Verlag & ars mundi |
| 0. | 6560 | Federico Felix Pereira | 00:30:59.7 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 4429 | Eduard Göbel | 00:31:00.9 | Ü45 | 0 | 0 | GER | Deutsches Taubblindenwerk |
| 0. | 6479 | Thomas Bähre | 00:31:01.7 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 3867 | Sebastian Grafenthien | 00:31:11.1 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 10749 | Björn Gall | 00:31:14.5 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 7111 | Holger Milsch | 00:31:15.2 | Ü45 | 0 | 0 | GER | ibk IngenieurConsult GmbH |
| 0. | 10844 | Sascha Pierau | 00:31:20.2 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 928 | Matthias Peterek | 00:31:22.7 | Ü45 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 889 | Sebastian Heuer | 00:31:29.0 | Ü45 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 2716 | Rudolf Dickers | 00:31:30.2 | Ü45 | 0 | 0 | GER | Team GIB & AZH |
| 0. | 10263 | Stefan Baumert | 00:31:32.9 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 8963 | Heiko Ludwig | 00:31:35.9 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 6997 | Heiko Zies | 00:31:37.8 | Ü45 | 0 | 0 | GER | M6 |
| 0. | 8665 | Pawel Milkiewicz | 00:31:38.9 | Ü45 | 0 | 0 | GER | Mileway |
| 0. | 5512 | Peter Skulski | 00:31:44.0 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2049 | Jan Jschemmann@Tuevnord.de | 00:31:47.5 | Ü45 | 0 | 0 | GER | TÜV NORD GROUP |

| | | | | | | | | |
|----|-------|-------------------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 60 | Christian Enderwitz | 00:31:47.8 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9593 | Holger Schmidt | 00:31:48.4 | Ü45 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 1869 | Carsten Rust | 00:31:48.6 | Ü45 | 0 | 0 | GER | nass magnet GmbH |
| 0. | 3612 | Ernst Sboron | 00:31:49.6 | Ü45 | 0 | 0 | GER | Cratos & BlueTeam |
| 0. | 2866 | André Böder | 00:31:50.6 | Ü45 | 0 | 0 | GER | BAUM Unternehmensgruppe |
| 0. | 10919 | Sven Hartmann | 00:31:52.2 | Ü45 | 0 | 0 | GER | Viatrix |
| 0. | 10716 | Martin Bäumler | 00:31:55.2 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 660 | Immo Heinzl | 00:32:02.3 | Ü45 | 0 | 0 | GER | CC Runners |
| 0. | 5979 | Harold Kötz | 00:32:06.1 | Ü45 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 894 | Daniel Ecke | 00:32:07.7 | Ü45 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 6965 | Sascha Huber | 00:32:10.7 | Ü45 | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 1211 | Malte Friedrichs | 00:32:14.9 | Ü45 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 8711 | Helko Dodenhöft | 00:32:17.7 | Ü45 | 0 | 0 | GER | Mobil ISC |
| 0. | 6357 | Stefan Gerke | 00:32:20.7 | Ü45 | 0 | 0 | GER | Hannoversche Werkstätten gem. GmbH |
| 0. | 1263 | Patrick Alpers | 00:32:21.4 | Ü45 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 4004 | Carstenalexander Müller | 00:32:23.0 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 2033 | Holger Grafe | 00:32:24.5 | Ü45 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 2054 | Jan Koppelman | 00:32:27.4 | Ü45 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4480 | Philipp Weber | 00:32:37.2 | Ü45 | 0 | 0 | GER | Weber Massivhaus |
| 0. | 6966 | Thomas Kaune | 00:32:37.6 | Ü45 | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 9025 | Christoph Taube | 00:32:38.2 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 5946 | Marco Kempe | 00:32:43.2 | Ü45 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 4303 | York Hübner | 00:32:45.7 | Ü45 | 0 | 0 | GER | Hermesläufer |
| 0. | 2107 | Kai Wessolowski | 00:32:49.7 | Ü45 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 6362 | Ilias Symeonidis | 00:32:54.7 | Ü45 | 0 | 0 | GER | Hannoversche Werkstätten gem. GmbH |
| 0. | 10258 | Michael Barg | 00:32:55.1 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 50 | Rino Angelo Desiderio | 00:32:59.6 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7257 | Andreas Rosenbauer | 00:33:00.6 | Ü45 | 0 | 0 | GER | #weilwireslieben |
| 0. | 5354 | Götz Freiherr Von Münchhausen | 00:33:04.0 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10438 | Lars Wilhelms | 00:33:06.4 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 5509 | Maik Sindermann | 00:33:07.2 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9180 | Maik Stolzenberger | 00:33:09.5 | Ü45 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 10981 | Moritz Kleine | 00:33:11.2 | Ü45 | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 8938 | Marcus Huber | 00:33:16.9 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 6849 | Christian Teufel | 00:33:18.0 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 5431 | Alexander Masur | 00:33:18.5 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5505 | Frank Sgonina | 00:33:19.2 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4284 | Thorsten Gill | 00:33:24.8 | Ü45 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 5724 | Lars Krümmel | 00:33:28.0 | Ü45 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 7727 | Dennis Martens | 00:33:35.3 | Ü45 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 8460 | Nils Grabarse | 00:33:46.2 | Ü45 | 0 | 0 | GER | mawis |
| 0. | 10374 | Tim Meyer | 00:33:50.9 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 1719 | René Heinz Warweitzky | 00:33:52.0 | Ü45 | 0 | 0 | GER | msg |
| 0. | 5973 | Björn Baron | 00:34:02.4 | Ü45 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 2825 | Thomas Wurst | 00:34:06.4 | Ü45 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 9713 | Mike Kamphuis | 00:34:09.3 | Ü45 | 0 | 0 | GER | Siemens AG |
| 0. | 252 | Noname | 00:34:10.1 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10430 | Oliver Weinitschke | 00:34:11.9 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 4569 | Magdalena Janiszewska | 00:34:17.1 | Ü45 | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 4887 | Fabian Trage | 00:34:22.6 | Ü45 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 4940 | Mike Baade | 00:34:26.1 | Ü45 | 0 | 0 | GER | Erdinger Alkoholfrei |
| 0. | 5441 | Heiko Nawrazalla | 00:34:27.0 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1776 | Andreas Koeppen | 00:34:30.8 | Ü45 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |

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|----|-------|-------------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 2826 | Behcet Yavsan | 00:34:35.4 | Ü45 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 7039 | Ole Koch | 00:34:41.2 | Ü45 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 3438 | Michael Gossner | 00:34:41.8 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 5326 | Stefan Brosig | 00:34:42.7 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1686 | Mirko Paulmann | 00:34:44.0 | Ü45 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 162 | Rafael Lucia | 00:34:44.3 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10281 | Dennis Coors | 00:34:44.9 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 10841 | Jens Hensel | 00:34:48.5 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 8894 | Thomas Bender | 00:34:50.9 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 6309 | Philipp Reuther | 00:34:51.2 | Ü45 | 0 | 0 | GER | AUF DER BULT |
| 0. | 1476 | Jörg Warneke | 00:34:55.5 | Ü45 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 1436 | Matthias Bartsch | 00:34:57.2 | Ü45 | 0 | 0 | GER | itsc |
| 0. | 10719 | Björn Bernotat | 00:35:13.7 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 5319 | Thomas Bergen | 00:35:15.2 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3539 | Florian Kamke | 00:35:18.2 | Ü45 | 0 | 0 | GER | collaboration Factory AG |
| 0. | 10738 | Aris Dölle | 00:35:20.0 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10187 | Bernd Fait | 00:35:21.3 | Ü45 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9009 | Frank Schrader | 00:35:21.4 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 8948 | Stefan Kenda | 00:35:22.7 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 5967 | Norman Holzner | 00:35:23.4 | Ü45 | 0 | 0 | GER | GPI Hanover GmbH |
| 0. | 5915 | Björn Kratzke | 00:35:27.9 | Ü45 | 0 | 0 | GER | All4Golf |
| 0. | 4116 | Gerrit Streit | 00:35:29.0 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 10283 | Dietmar Deffert | 00:35:30.1 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 10360 | Mika Linke | 00:35:30.4 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 193 | Tobias Neumann | 00:35:31.6 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3879 | Andreas Hahn | 00:35:31.7 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 4280 | Dirk Bergmann | 00:35:35.2 | Ü45 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 10105 | Tim Karow | 00:35:38.4 | Ü45 | 0 | 0 | GER | Atmosphäre & Spaß |
| 0. | 5186 | Fast Forvia | 00:35:40.8 | Ü45 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 10338 | Andreas Koch | 00:35:46.2 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 11170 | Noname | 00:35:46.2 | Ü45 | 0 | 0 | GER | #teamWAGNER |
| 0. | 10380 | Thomas Neupert | 00:35:48.6 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 3804 | Gunnar Brückner | 00:35:48.9 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 1134 | Stefan Röder | 00:35:55.6 | Ü45 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 9569 | Thorsten Dösselmann | 00:36:04.3 | Ü45 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 10333 | Mathias Kiep | 00:36:05.1 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 1395 | Robin Faull | 00:36:06.6 | Ü45 | 0 | 0 | GER | HELMA Eigenheimbau AG |
| 0. | 2100 | Holger Thye | 00:36:07.0 | Ü45 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 9483 | Christian Krause | 00:36:08.9 | Ü45 | 0 | 0 | GER | Sappi Hannover |
| 0. | 8603 | Andreas Gladitz | 00:36:08.9 | Ü45 | 0 | 0 | GER | Der MeKo Lauftreff |
| 0. | 3974 | Lars Lücking | 00:36:09.2 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 7415 | Oleg Hilt | 00:36:10.6 | Ü45 | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 9224 | Steffen Leffler | 00:36:17.2 | Ü45 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 7431 | Markus Grutza | 00:36:18.8 | Ü45 | 0 | 0 | GER | Jäger Group |
| 0. | 3167 | Daniel Mundt | 00:36:20.4 | Ü45 | 0 | 0 | GER | BNP Paribas |
| 0. | 9558 | Sebastian Michelwildner | 00:36:22.4 | Ü45 | 0 | 0 | GER | Niffers |
| 0. | 287 | Sascha Tönnies | 00:36:23.1 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5907 | Martin Kollmar | 00:36:24.9 | Ü45 | 0 | 0 | GER | GOENOMICS |
| 0. | 4815 | Samuel Kellermann | 00:36:26.4 | Ü45 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 9329 | Thomas Wilcke | 00:36:28.3 | Ü45 | 0 | 0 | GER | Reha Peiner Straße |
| 0. | 5053 | Andreas Berthel | 00:36:32.4 | Ü45 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 9184 | Maik Werthmann | 00:36:34.2 | Ü45 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 2275 | Christian Scheunemann | 00:36:37.9 | Ü45 | 0 | 0 | GER | AGILA Haustierversicherung AG |

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|----|-------|----------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 1473 | Marco Kling | 00:36:42.0 | Ü45 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 11214 | Oleg Kolomoiez | 00:36:43.5 | Ü45 | 0 | 0 | GER | WDT/VLO on Tour |
| 0. | 7446 | Stephan Esser | 00:36:49.3 | Ü45 | 0 | 0 | GER | Jäger Group |
| 0. | 6356 | Teja Brühne | 00:36:52.5 | Ü45 | 0 | 0 | GER | Hannoversche Werkstätten gem. GmbH |
| 0. | 1910 | Torsten Pretzsch | 00:36:55.1 | Ü45 | 0 | 0 | GER | PREUSS Gruppe |
| 0. | 1710 | Jan Dreiocker | 00:36:55.5 | Ü45 | 0 | 0 | GER | msg |
| 0. | 1714 | Philipp Krause | 00:36:56.3 | Ü45 | 0 | 0 | GER | msg |
| 0. | 7020 | Mario Behrendt | 00:36:56.7 | Ü45 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 703 | Marco Aßmann | 00:37:04.0 | Ü45 | 0 | 0 | GER | Team Concordia |
| 0. | 3414 | Andreas Heinrich | 00:37:04.1 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 10204 | Oliver Kastenbein | 00:37:04.3 | Ü45 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 10453 | Thorsten Ramm | 00:37:04.5 | Ü45 | 0 | 0 | GER | TÜV SÜD |
| 0. | 1826 | Matthias Stein | 00:37:06.2 | Ü45 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6590 | Thomas Gieseke | 00:37:07.3 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 9567 | Timm Boesken | 00:37:08.3 | Ü45 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 1228 | Tarek Mouzaouer | 00:37:14.4 | Ü45 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 9216 | Arne Jacobi | 00:37:14.4 | Ü45 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 150 | Niels Langer | 00:37:15.4 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10329 | Nikolai Katterfeldt | 00:37:18.1 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 9167 | Dirk Ohsenbrügge | 00:37:19.2 | Ü45 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 1563 | Christian Kreide | 00:37:22.1 | Ü45 | 0 | 0 | GER | Konica Minolta |
| 0. | 5447 | Valeri Oberdörfer | 00:37:23.8 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6649 | Noname | 00:37:30.3 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 10710 | Philip Ziemek | 00:37:43.2 | Ü45 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 658 | Dirk Dehnert | 00:37:45.2 | Ü45 | 0 | 0 | GER | CC Runners |
| 0. | 6411 | Marcus Gronwald | 00:37:47.7 | Ü45 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 10525 | Oliver Bock | 00:37:48.4 | Ü45 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 7155 | Henning Schiel | 00:37:48.9 | Ü45 | 0 | 0 | GER | IHK Hannover |
| 0. | 4013 | Carsten Neuhaus | 00:37:51.5 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 1461 | Peterphilipp Kienast | 00:37:52.5 | Ü45 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 758 | Andre Hartmann | 00:37:53.0 | Ü45 | 0 | 0 | GER | Team Concordia |
| 0. | 771 | Tomasz Welc | 00:38:03.0 | Ü45 | 0 | 0 | GER | Team Concordia |
| 0. | 35 | Steffen Brand | 00:38:09.1 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6836 | Kristian Stelter | 00:38:11.3 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 6747 | Ronny Paskamp | 00:38:12.8 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 9 | Dirk Auf Dem Berge | 00:38:13.6 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4726 | Robert Wenzel | 00:38:17.1 | Ü45 | 0 | 0 | GER | E. ON Energie Deutschland GmbH |
| 0. | 10705 | Tobias Utecht | 00:38:19.5 | Ü45 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 10264 | Jens Beinhorn | 00:38:23.6 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 10237 | Alexey Soloshenko | 00:38:26.1 | Ü45 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 1970 | Jan Wöbking | 00:38:33.0 | Ü45 | 0 | 0 | GER | STRABAG AG |
| 0. | 6794 | Carsten Schalm | 00:38:34.7 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 3484 | Noname | 00:38:34.9 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 6701 | Noname | 00:38:37.5 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 6215 | Noname | 00:38:40.1 | Ü45 | 0 | 0 | GER | AGS |
| 0. | 10907 | Hermann Wulke | 00:38:44.5 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10358 | Florian Lenser | 00:38:45.4 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 9582 | Thorsten Koch | 00:38:48.1 | Ü45 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 11311 | Marcel Seidler | 00:38:49.6 | Ü45 | 0 | 0 | GER | ZAG Personal & Perspektiven |
| 0. | 1639 | Kai Lüttmann | 00:38:56.6 | Ü45 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 6688 | Torben Küssner | 00:38:59.5 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 1503 | Alexander Schmidt | 00:39:05.5 | Ü45 | 0 | 0 | GER | Klinikum Peine |
| 0. | 10566 | Ingo Neelen | 00:39:07.3 | Ü45 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |

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|----|-------|------------------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 7562 | Dennis Richter | 00:39:09.7 | Ü45 | 0 | 0 | GER | Running Bulls |
| 0. | 8154 | Sven Bunsen | 00:39:10.5 | Ü45 | 0 | 0 | GER | Ausgleich-Runners 2.0 |
| 0. | 7755 | Stefan Schomaker | 00:39:13.4 | Ü45 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 6340 | Sebastian Marhenke | 00:39:15.0 | Ü45 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 11026 | Arne Friebe | 00:39:20.2 | Ü45 | 0 | 0 | GER | Viscom AG |
| 0. | 1315 | Mark Wagener | 00:39:22.1 | Ü45 | 0 | 0 | GER | Gasunie |
| 0. | 9415 | Markus Keck | 00:39:24.0 | Ü45 | 0 | 0 | GER | Laufteam Ronge |
| 0. | 5080 | Daniel Kees | 00:39:25.8 | Ü45 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 9382 | Dominic Brockmann | 00:39:26.1 | Ü45 | 0 | 0 | GER | Team RHB Hannover |
| 0. | 731 | Andreas Kokott | 00:39:26.2 | Ü45 | 0 | 0 | GER | Team Concordia |
| 0. | 3253 | Steffen Rohde | 00:39:31.1 | Ü45 | 0 | 0 | GER | Busse & Coll Steuerberatung GmbH |
| 0. | 6414 | Nikolas Henschel | 00:39:43.0 | Ü45 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 4566 | Enrico Kuhnt | 00:39:44.2 | Ü45 | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 9153 | Jens Hilker | 00:39:49.2 | Ü45 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 352 | Ralf Delto | 00:39:51.6 | Ü45 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 4077 | Noname | 00:39:51.9 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 10411 | Dirk Stresing | 00:39:52.2 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 1270 | Sascha Goly | 00:39:54.4 | Ü45 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 8274 | Daniel Kubail | 00:39:57.7 | Ü45 | 0 | 0 | GER | LBS Nord |
| 0. | 5777 | Thorsten Jähne | 00:40:01.0 | Ü45 | 0 | 0 | GER | Genossenschaftsverband e. V. |
| 0. | 11440 | Marco Michael | 00:40:06.9 | Ü45 | 0 | 0 | GER | ZF Group |
| 0. | 10497 | Michael Patschul | 00:40:20.6 | Ü45 | 0 | 0 | GER | UPS |
| 0. | 1983 | Olaf Reichmann | 00:40:28.5 | Ü45 | 0 | 0 | GER | Ströer Media Deutschland GmbH |
| 0. | 8656 | Jochen Tillmanns | 00:40:31.2 | Ü45 | 0 | 0 | GER | MHHERZTEAM |
| 0. | 4271 | Steffen Ebert | 00:40:33.8 | Ü45 | 0 | 0 | GER | apoBank Hannover |
| 0. | 5472 | Jens Rethmann | 00:40:34.0 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7416 | Sven Mares | 00:40:35.9 | Ü45 | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 443 | Simon Scholz | 00:40:36.9 | Ü45 | 0 | 0 | GER | Airbus |
| 0. | 4192 | Enrico Richter | 00:40:37.4 | Ü45 | 0 | 0 | GER | Debeka |
| 0. | 8942 | Maro Just | 00:40:38.0 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 11441 | Florian Modrich | 00:40:39.2 | Ü45 | 0 | 0 | GER | ZF Group |
| 0. | 6522 | Steve Brüske | 00:40:47.1 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 4514 | Markus Kilp | 00:40:49.3 | Ü45 | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 1668 | Carsten Borsum | 00:40:50.2 | Ü45 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 5340 | Frank Döpker | 00:40:50.2 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3471 | Martin Linne | 00:40:57.4 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 2446 | Martin Scholz | 00:40:58.1 | Ü45 | 0 | 0 | GER | alcera Kommunikationstechnik GmbH |
| 0. | 3264 | Björn Ahrens | 00:41:05.4 | Ü45 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 6612 | Andreas Hartmann | 00:41:10.0 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 5537 | Ronny Weippert | 00:41:33.2 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5375 | Hani Hawel | 00:41:34.0 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7584 | Thomas Knauer | 00:41:37.1 | Ü45 | 0 | 0 | GER | KXL Athlytics |
| 0. | 5095 | Florian Müller | 00:41:39.8 | Ü45 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 4894 | Guido Zimny | 00:41:46.8 | Ü45 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 6018 | Lars Lohmann | 00:41:48.9 | Ü45 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 257 | Sascha Schwekendiek | 00:41:53.9 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2668 | Noname | 00:42:00.2 | Ü45 | 0 | 0 | GER | Atos GmbH |
| 0. | 326 | Can Yildizhan | 00:42:00.4 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3772 | Christian Bartling | 00:42:08.0 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 6567 | Marco Antonio Fraga Gonzalez | 00:42:20.8 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 22 | Lars Bergmann | 00:42:23.6 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 239 | Aleksandar Iliev | 00:42:26.7 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8736 | Andreas Lokitek | 00:42:27.4 | Ü45 | 0 | 0 | GER | MOSAIK architekt:innen bda |

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|----|-------|-----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 182 | Micha Möller | 00:42:29.4 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 62 | Grzegorz Foc | 00:42:29.6 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10846 | Torsten Prüsse | 00:42:30.5 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 3640 | Thorsten Klein | 00:42:39.6 | Ü45 | 0 | 0 | GER | DAK |
| 0. | 10473 | Norman Ehlert | 00:42:48.4 | Ü45 | 0 | 0 | GER | UPS |
| 0. | 4114 | Kor Straat | 00:42:50.7 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 5468 | Jörn Rautenberg | 00:42:53.7 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5345 | Michael Dunkhorst | 00:42:54.2 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 8822 | Noname | 00:43:03.2 | Ü45 | 0 | 0 | GER | NBank |
| 0. | 1837 | Björn Weigelt | 00:43:13.5 | Ü45 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 969 | Sebastian Zenz | 00:43:16.0 | Ü45 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 3596 | Noname | 00:43:39.6 | Ü45 | 0 | 0 | GER | Continentale Versicherungsverbund |
| 0. | 6632 | Björn Hille | 00:43:46.6 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 6690 | Gunther Lach | 00:43:47.8 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 2448 | Jörg Brandlhoffmann | 00:43:48.9 | Ü45 | 0 | 0 | GER | alcera Kommunikationstechnik GmbH |
| 0. | 868 | Dietrich Gemwarowski | 00:43:49.2 | Ü45 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 5106 | Heiko Ruskamp | 00:43:59.2 | Ü45 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 489 | Nils Bertram | 00:44:01.2 | Ü45 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 9053 | Simon Peterburs | 00:44:05.4 | Ü45 | 0 | 0 | GER | Nordwest Gruppe / Freiraum 180 Grad |
| 0. | 10163 | Michael Gobrecht | 00:44:06.1 | Ü45 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 1919 | Rainer Rauch | 00:44:15.3 | Ü45 | 0 | 0 | GER | ROLAND Rechtsschutz-Versicherungs-AG |
| 0. | 1472 | Jan Wegener | 00:44:29.6 | Ü45 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 4513 | Oliver Hagemann | 00:44:37.8 | Ü45 | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 1296 | Volker Höfling | 00:44:46.9 | Ü45 | 0 | 0 | GER | Gasunie |
| 0. | 1306 | Stefan Nitz | 00:44:48.4 | Ü45 | 0 | 0 | GER | Gasunie |
| 0. | 4748 | Klaas Zöllner | 00:44:55.0 | Ü45 | 0 | 0 | GER | EBRC Consulting |
| 0. | 4502 | Florian Förster | 00:44:55.3 | Ü45 | 0 | 0 | GER | DJH Deutsches Jugendherbergswerk |
| 0. | 5151 | Noname | 00:44:56.3 | Ü45 | 0 | 0 | GER | fairKauf-Runner |
| 0. | 10723 | Andreas Binder | 00:45:07.8 | Ü45 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 2562 | Gavin Ennulat | 00:45:32.5 | Ü45 | 0 | 0 | GER | Architektenkammer Niedersachsen |
| 0. | 3905 | Thorben Holze | 00:45:49.2 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 123 | Christoph Jarzombek | 00:45:58.0 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9371 | Jens Gremmel | 00:46:16.9 | Ü45 | 0 | 0 | GER | Renk |
| 0. | 9827 | Noname | 00:46:23.9 | Ü45 | 0 | 0 | GER | Sonepar |
| 0. | 9930 | Rico Liebig | 00:47:00.7 | Ü45 | 0 | 0 | GER | STEP-Niedersachsen |
| 0. | 7378 | Ralf Behrens | 00:47:15.4 | Ü45 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 3491 | Marian Prinz | 00:47:16.1 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 6448 | Tobias Ahlers | 00:47:34.0 | Ü45 | 0 | 0 | GER | Haufe Group |
| 0. | 3898 | Christian Heuer | 00:47:56.2 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 1571 | Noname | 00:48:02.4 | Ü45 | 0 | 0 | GER | Konica Minolta |
| 0. | 6963 | Alexander Grünescholz | 00:48:26.2 | Ü45 | 0 | 0 | GER | Hermann Albert Bumke GmbH & Co. KG |
| 0. | 10462 | Stefan Ihle | 00:49:04.6 | Ü45 | 0 | 0 | GER | Untis Niedersachsen |
| 0. | 10927 | Uwe Niesner | 00:49:17.4 | Ü45 | 0 | 0 | GER | Viatrix |
| 0. | 11398 | Noname | 00:49:17.5 | Ü45 | 0 | 0 | GER | ZF Group |
| 0. | 5750 | Sascha Klemme | 00:49:49.7 | Ü45 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 10701 | Stefan Rupnik | 00:50:09.5 | Ü45 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 9797 | Oliver Busjahn | 00:50:50.5 | Ü45 | 0 | 0 | GER | Laufzeitmesser |
| 0. | 5021 | Daniel Lindam | 00:50:50.7 | Ü45 | 0 | 0 | GER | Eurest Deutschland GmbH |
| 0. | 1089 | Maik Ludwig | 00:51:37.2 | Ü45 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 9359 | Sebastian Göhre | 00:52:11.6 | Ü45 | 0 | 0 | GER | REMONDIS Industrie Service / Uetze |
| 0. | 6615 | Kai Haseloh | 00:52:47.0 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 10534 | Björn Duffens | 00:53:17.8 | Ü45 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 521 | Lars Engelhardt | 00:53:55.1 | Ü45 | 0 | 0 | GER | Betonbau |

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|----|-------|----------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 6767 | Panneerselvan Raya Narayan | 00:55:27.8 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 2089 | Jan Schepmann | 00:55:13.3 | Ü45 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8633 | René Obermeier | 00:55:18.8 | Ü45 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 10122 | Oliver Gückel | 00:57:02.2 | Ü45 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 10476 | Jens Friederichs | 00:59:06.2 | Ü45 | 0 | 0 | GER | UPS |
| 0. | 7175 | Stephan Henrich | 01:01:01.1 | Ü45 | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 10100 | Noname | 01:01:28.4 | Ü45 | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 534 | Michael Werner | 01:01:45.3 | Ü45 | 0 | 0 | GER | Betonbau |
| 0. | 6361 | Jens Scholz | 01:04:44.7 | Ü45 | 0 | 0 | GER | Hannoversche Werkstätten gem. GmbH |
| 0. | 4571 | Matthias Hörl | 01:09:41.6 | Ü45 | 0 | 0 | GER | Dialyse-Hannover.de |

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| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|----------------------|------------|-----|------|------|--------|------------------------------------|
| 0. | 11484 | Bogdan Weiser | 00:24:29.4 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 1252 | Sebastian Walz | 00:24:34.7 | Ü50 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 11411 | Andreas Jörss | 00:25:00.4 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 10568 | Bernd Buchholz | 00:25:21.4 | Ü50 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 5400 | Peter Kniesch | 00:25:33.2 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11373 | Thomas Bolik | 00:26:08.7 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 7322 | Jochen Selle | 00:26:08.9 | Ü50 | 0 | 0 | GER | IZ Runners |
| 0. | 37 | Martin Braun | 00:26:29.9 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10601 | Jens Teuscher | 00:26:54.2 | Ü50 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 6602 | Martin Gunia | 00:27:10.6 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 10582 | Michael Rode | 00:27:10.7 | Ü50 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 10739 | Frank Dowe | 00:27:25.4 | Ü50 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1399 | Alfred Neugebauer | 00:27:28.7 | Ü50 | 0 | 0 | GER | HELMA Eigenheimbau AG |
| 0. | 4127 | Steffen Teller | 00:27:30.4 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 6270 | Jens Hoerner | 00:27:32.8 | Ü50 | 0 | 0 | GER | hannoverimpuls GmbH |
| 0. | 5212 | Fabian Robert | 00:27:33.0 | Ü50 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 7688 | Wolfgang Großart | 00:27:36.6 | Ü50 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 6399 | Michael Biedermann | 00:28:08.5 | Ü50 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 4873 | Harald Lippold | 00:28:10.4 | Ü50 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 864 | Martin Fuchs | 00:28:22.5 | Ü50 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 8480 | Stefan Suckow | 00:28:24.4 | Ü50 | 0 | 0 | GER | Martin Braun KG |
| 0. | 7032 | Michael Gärtner | 00:28:27.4 | Ü50 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 6521 | Jens Brummermann | 00:28:28.2 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 1821 | Ralf Schökel | 00:28:30.4 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10552 | Thomas Keese | 00:28:37.7 | Ü50 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 3794 | Frank Borgolte | 00:28:40.7 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 6351 | Helge Stille | 00:28:43.7 | Ü50 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 3801 | Marius Brodehl | 00:28:47.7 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 3604 | Jens Robert Schulz | 00:28:59.9 | Ü50 | 0 | 0 | GER | Continental Versicherungsverbund |
| 0. | 5315 | Boris Becker | 00:29:03.6 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4494 | Christoph Hurrelberg | 00:29:06.2 | Ü50 | 0 | 0 | GER | KSRW |
| 0. | 4870 | Martin Knöb | 00:29:09.1 | Ü50 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 2132 | Alexander Otto | 00:29:10.9 | Ü50 | 0 | 0 | GER | Uniper HR Services |
| 0. | 4255 | Lars Brinkmann | 00:29:14.7 | Ü50 | 0 | 0 | GER | Deloitte |
| 0. | 5719 | Carsten Laue | 00:29:15.7 | Ü50 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 6339 | Philipp Lange | 00:29:18.0 | Ü50 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 8924 | Christian Göbel | 00:29:27.4 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 9140 | Andreas Ehlert | 00:29:27.9 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 4560 | Georg Schlieper | 00:29:29.4 | Ü50 | 0 | 0 | GER | Dialyse-Hannover.de |

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|----|-------|---------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 1234 | Hellmut Ringena | 00:29:29.9 | Ü50 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 10657 | Marc Hornus | 00:29:33.7 | Ü50 | 0 | 0 | GER | VetZ GmbH |
| 0. | 5273 | Fehmi Deliu | 00:29:34.7 | Ü50 | 0 | 0 | GER | Fedrigoni Team |
| 0. | 9561 | Mirco Fischer | 00:29:42.0 | Ü50 | 0 | 0 | GER | SEIDEL Service Team |
| 0. | 11391 | Axel Gau | 00:29:57.0 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 9729 | Heiko Platter | 00:30:02.0 | Ü50 | 0 | 0 | GER | Siemens AG |
| 0. | 3657 | Torsten Richter | 00:30:09.8 | Ü50 | 0 | 0 | GER | DAK |
| 0. | 8929 | Frank Haarstik | 00:30:16.0 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 5392 | Thomas Kaiser | 00:30:20.4 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5971 | Rouven Brückner | 00:30:21.1 | Ü50 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 744 | André Molter | 00:30:21.2 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 743 | Michael Mikolon | 00:30:25.9 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 5975 | Thomas Hensel | 00:30:35.1 | Ü50 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 10895 | Sven Unruh | 00:30:42.8 | Ü50 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 7094 | Noname | 00:30:44.3 | Ü50 | 0 | 0 | GER | Hempelmann |
| 0. | 6806 | Olaf Schneider | 00:30:48.7 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 5543 | Matthias Wieners | 00:30:52.7 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4762 | Markus Breutmann | 00:30:56.1 | Ü50 | 0 | 0 | GER | edding |
| 0. | 8956 | Michael Lambert | 00:30:58.2 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 1268 | Frank Drescher | 00:31:01.8 | Ü50 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 10862 | Swen Schaffranietz | 00:31:03.7 | Ü50 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1145 | Michael Schaeffer | 00:31:08.8 | Ü50 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8992 | Frédéric Pigouet | 00:31:09.4 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 7739 | Michael Pflingsten | 00:31:13.4 | Ü50 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 3496 | Christian Riedel | 00:31:14.1 | Ü50 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 4785 | Oliver Salewski | 00:31:15.7 | Ü50 | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 2872 | Harald Siemens | 00:31:18.8 | Ü50 | 0 | 0 | GER | BAUM Unternehmensgruppe |
| 0. | 7375 | Kai Wischeropp | 00:31:18.9 | Ü50 | 0 | 0 | GER | inTime Express Logistik GmbH |
| 0. | 11271 | Tobias Barkmann | 00:31:21.0 | Ü50 | 0 | 0 | GER | WSP Deutschland AG |
| 0. | 2815 | Jörg Thenert | 00:31:23.1 | Ü50 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 10298 | Jürgen Fries De Las Heras | 00:31:23.6 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 11124 | Pieter Bikker | 00:31:30.1 | Ü50 | 0 | 0 | GER | #teamWAGNER |
| 0. | 9088 | Serge Moorkens | 00:31:33.2 | Ü50 | 0 | 0 | GER | Pfitznermoorkensarchitekten |
| 0. | 10391 | Carsten Reinhard | 00:31:39.1 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 1240 | Dirk Schlung | 00:31:41.0 | Ü50 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 998 | Jean Clooth | 00:31:41.4 | Ü50 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 345 | Dirk Bodendorf | 00:31:41.9 | Ü50 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 6827 | Stefan Söchtig | 00:31:44.0 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 3793 | Rainer Borges | 00:31:46.8 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 6679 | Noname | 00:31:47.7 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 9480 | Nicolas Stuth | 00:31:53.4 | Ü50 | 0 | 0 | GER | Sappi Hannover |
| 0. | 2440 | Hanno Sohr | 00:31:59.1 | Ü50 | 0 | 0 | GER | AirITSystems |
| 0. | 6831 | Björn Somoff | 00:32:07.0 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 2842 | Dominik Runkel | 00:32:12.9 | Ü50 | 0 | 0 | GER | BANTLEON |
| 0. | 3207 | Holger Schädel | 00:32:23.0 | Ü50 | 0 | 0 | GER | Bucher Municipal |
| 0. | 7718 | Stanislaw Kurka | 00:32:25.9 | Ü50 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1154 | Klausmartin Schöttker | 00:32:26.1 | Ü50 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5521 | René Thiedmann | 00:32:30.4 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6702 | Andreas Lerch | 00:32:31.0 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 860 | Jörn Engelking | 00:32:32.0 | Ü50 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 5384 | Lars Schumacher | 00:32:32.9 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5099 | Oliver Pickert | 00:32:34.3 | Ü50 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 4272 | Hartmut Ehlers | 00:32:34.9 | Ü50 | 0 | 0 | GER | apoBank Hannover |

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|----|-------|----------------------|------------|-----|---|---|-----|---------------------------------|
| 0. | 88 | Henning Greulich | 00:32:38.6 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5386 | Markus Van Kempen | 00:32:40.2 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10422 | Stefan Wagenführ | 00:32:40.9 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 7065 | Stefan Engler | 00:32:42.1 | Ü50 | 0 | 0 | GER | Hörmann KG Verkaufsgesellschaft |
| 0. | 5503 | Stefan Senkowski | 00:32:43.2 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5341 | Kai Dr. Müller | 00:32:44.0 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4553 | Stefan Scholz | 00:32:44.5 | Ü50 | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 10511 | Andree Heinbockel | 00:32:59.6 | Ü50 | 0 | 0 | GER | UPS |
| 0. | 11040 | Dirk Wozniak | 00:32:59.3 | Ü50 | 0 | 0 | GER | Viscom AG |
| 0. | 118 | Rosario Ippolito | 00:33:00.4 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3190 | Nils Brandenburg | 00:33:05.3 | Ü50 | 0 | 0 | GER | btp architekten BDA |
| 0. | 3194 | Oliver Tebarth | 00:33:05.6 | Ü50 | 0 | 0 | GER | btp architekten BDA |
| 0. | 5352 | Carsten Fiedler | 00:33:08.9 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5504 | Raif Serin | 00:33:11.7 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10899 | Christian Voutta | 00:33:11.9 | Ü50 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 751 | Frank Pioch | 00:33:17.7 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 9219 | Sven Klose | 00:33:18.0 | Ü50 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 6423 | Jens Kühne | 00:33:19.0 | Ü50 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 8996 | Oliver Preuss | 00:33:19.4 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 9848 | Noname | 00:33:26.0 | Ü50 | 0 | 0 | GER | Sonepar |
| 0. | 49 | Björn Dammermann | 00:33:26.5 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5342 | Boris Drozd | 00:33:29.7 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1629 | Ulrich Gerbitz | 00:33:29.9 | Ü50 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 2511 | Björn Schäfer | 00:33:35.3 | Ü50 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 9963 | Wolfgang Van Pels | 00:33:46.1 | Ü50 | 0 | 0 | GER | STÖBICH |
| 0. | 1861 | Michael Kurze | 00:33:51.3 | Ü50 | 0 | 0 | GER | nass magnet GmbH |
| 0. | 3842 | Noname | 00:33:57.7 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 205 | Lutz Petrat | 00:33:58.1 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 163 | Bernd Ludolph | 00:34:00.3 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5190 | Torsten Greth | 00:34:02.0 | Ü50 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 5324 | Ralf Brandt | 00:34:04.2 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 8692 | Martin Sondermann | 00:34:07.2 | Ü50 | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 9010 | Marc Schwambach | 00:34:07.4 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 11394 | Thomas Göhring | 00:34:14.0 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 7570 | Frank Koslowski | 00:34:15.0 | Ü50 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 3929 | Michael Kitschun | 00:34:15.0 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 2050 | Thomas Klein | 00:34:19.2 | Ü50 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 3522 | Marco Ulber | 00:34:19.4 | Ü50 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 11126 | Carl Bryan | 00:34:23.9 | Ü50 | 0 | 0 | GER | #teamWAGNER |
| 0. | 1265 | Axel Berlage | 00:34:24.6 | Ü50 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 10693 | Stephan Kraft | 00:34:24.7 | Ü50 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 1670 | Dirk Wischinski | 00:34:25.5 | Ü50 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 8907 | Stephan Cordes | 00:34:25.7 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 10708 | Christian Wischinski | 00:34:27.2 | Ü50 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 1288 | Matthias Altenhoff | 00:34:30.6 | Ü50 | 0 | 0 | GER | Gasunie |
| 0. | 10129 | Jürgen Meyer | 00:34:32.2 | Ü50 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 4112 | Christian Stitz | 00:34:32.2 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 4294 | Thomas Wornath | 00:34:33.7 | Ü50 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 1746 | Andre Evert | 00:34:33.7 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4858 | Carsten Ammann | 00:34:38.6 | Ü50 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 1191 | Oliver Zindel | 00:34:41.1 | Ü50 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5346 | Harald Eichler | 00:34:44.2 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11465 | Andreas Schrenk | 00:34:46.5 | Ü50 | 0 | 0 | GER | ZF Group |

| | | | | | | | | |
|----|-------|-------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 9196 | Fabian Ebner | 00:34:46.7 | Ü50 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 6599 | Marc Granthien | 00:34:47.7 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 4780 | Sven Minits | 00:34:48.0 | Ü50 | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 6903 | Michael Zimmermann | 00:34:51.3 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 11197 | Andreas Faber | 00:35:04.2 | Ü50 | 0 | 0 | GER | Warburg Invest AG |
| 0. | 6992 | Urban Uttenweiler | 00:35:04.5 | Ü50 | 0 | 0 | GER | Team HGK |
| 0. | 9261 | Torsten Mende | 00:35:04.9 | Ü50 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 6548 | Kyrill Dorochin | 00:35:11.2 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 10944 | Dirk Venzke | 00:35:14.2 | Ü50 | 0 | 0 | GER | Viatrix |
| 0. | 8917 | André Fasterding | 00:35:17.4 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 9807 | Toke Von Tryller | 00:35:18.0 | Ü50 | 0 | 0 | GER | Laufzeitmesser |
| 0. | 11449 | Frank Patjens | 00:35:20.5 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 1782 | Thorsten Kugge | 00:35:24.0 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6636 | Quoc Hua | 00:35:24.5 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 3823 | Jens Eberstein | 00:35:24.5 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 2102 | Stefano Viridis | 00:35:27.5 | Ü50 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 7219 | Jörg Wunderlich | 00:35:30.7 | Ü50 | 0 | 0 | GER | Cool down... |
| 0. | 1872 | Nader Tabbara | 00:35:36.7 | Ü50 | 0 | 0 | GER | nass magnet GmbH |
| 0. | 3201 | Calogero Ippolito | 00:35:38.2 | Ü50 | 0 | 0 | GER | Bucher Municipal |
| 0. | 2125 | Dirk Dolata | 00:35:41.4 | Ü50 | 0 | 0 | GER | Uniper HR Services |
| 0. | 1376 | Volker Brock | 00:35:47.8 | Ü50 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 6653 | Michael Kämpchen | 00:35:48.8 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 7429 | Noname | 00:35:49.2 | Ü50 | 0 | 0 | GER | Jäger Group |
| 0. | 6675 | Uwe Koch | 00:35:50.0 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 5533 | Jörn Wehry | 00:35:50.5 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4003 | Jens Mühlmann | 00:35:50.5 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 10336 | Markus Klocke | 00:35:52.9 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 112 | Philipp Hoffmann | 00:35:53.6 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7036 | Torsten Jeltsch | 00:35:53.9 | Ü50 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 5484 | Christoph Rutter | 00:35:57.5 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11429 | Ulf Laude | 00:35:58.7 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 1438 | Volker Ebert | 00:35:59.5 | Ü50 | 0 | 0 | GER | itsc |
| 0. | 11443 | Christian Moss | 00:35:59.5 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 760 | Christian Seegers | 00:36:11.0 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 232 | Dietmar Sachsschünemann | 00:36:12.9 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8995 | Dirk Poschlod | 00:36:14.7 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 7104 | Holger Mühlenhardt | 00:36:22.6 | Ü50 | 0 | 0 | GER | Huber Fock Steuerberatung |
| 0. | 10581 | Lars Neese | 00:36:27.0 | Ü50 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 8032 | Jens Buchholz | 00:36:27.5 | Ü50 | 0 | 0 | GER | Köttermann GmbH |
| 0. | 775 | Christian Wulfert | 00:36:31.2 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 663 | Fritz Scheffer | 00:36:31.8 | Ü50 | 0 | 0 | GER | CC Runners |
| 0. | 5236 | Thomas Sperling | 00:36:33.8 | Ü50 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 4025 | Markus Patyk | 00:36:35.5 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 285 | Frank Tetzlaff | 00:36:37.6 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10118 | Elmar Burmeister | 00:36:38.9 | Ü50 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 106 | Stefan Herberg | 00:36:40.8 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2495 | Thorsten Lange | 00:36:41.0 | Ü50 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 5444 | Karsten Nolte | 00:36:41.8 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 67 | Noname | 00:36:43.3 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2112 | Ingo Wolf | 00:36:46.0 | Ü50 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 1381 | Matthias Haschke | 00:36:46.6 | Ü50 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 5070 | Jens Gräber | 00:36:55.8 | Ü50 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 3972 | Jens Lohmann | 00:37:01.2 | Ü50 | 0 | 0 | GER | DB / VDES |

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|----|-------|------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 10783 | Stefan Klasen | 00:37:04.5 | Ü50 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 3170 | Thomas Rakebrand | 00:37:04.9 | Ü50 | 0 | 0 | GER | BNP Paribas |
| 0. | 11250 | Dario Kupresanin | 00:37:07.2 | Ü50 | 0 | 0 | GER | Weiss IT - Runner |
| 0. | 4634 | Roland Mölgen | 00:37:10.9 | Ü50 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 11457 | Olaf Ritter | 00:37:11.5 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 10905 | Thomas Winkler | 00:37:12.5 | Ü50 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1873 | Tino Wiggers | 00:37:13.8 | Ü50 | 0 | 0 | GER | nass magnet GmbH |
| 0. | 6790 | Mirco Salomon | 00:37:15.0 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 5643 | Christian Plich | 00:37:16.1 | Ü50 | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 3445 | Peter Hagemann | 00:37:16.6 | Ü50 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 692 | Stefan Kömp | 00:37:18.7 | Ü50 | 0 | 0 | GER | COMRAMO AG |
| 0. | 9655 | Ingo Plagge | 00:37:21.2 | Ü50 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 4048 | Jens Rudolph | 00:37:21.4 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 5767 | Frank Wißbröcker | 00:37:24.4 | Ü50 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 346 | Gregor Brodkorb | 00:37:27.1 | Ü50 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 9678 | Andreas Krawczyk | 00:37:27.8 | Ü50 | 0 | 0 | GER | SHP Ingenieure |
| 0. | 10523 | Detlef Bickmeyer | 00:37:28.6 | Ü50 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 9179 | Uwe Sievers | 00:37:32.2 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 7117 | Heiko Heimbürger | 00:37:32.9 | Ü50 | 0 | 0 | GER | IC-L Ingenieur Consulting Langenh. |
| 0. | 6553 | Tobias Eberhard | 00:37:47.0 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 10049 | Jens Drexhage | 00:37:50.1 | Ü50 | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 4469 | Brian Chenier | 00:37:51.6 | Ü50 | 0 | 0 | GER | digital.manufaktur GmbH |
| 0. | 9248 | Thomas Ull | 00:37:59.3 | Ü50 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 10243 | Markus Wachter | 00:37:59.8 | Ü50 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 95 | Thomas Harms | 00:37:59.9 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6830 | Paulo Sogayar | 00:38:00.5 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 10170 | Uwe Wiczorek | 00:38:13.3 | Ü50 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 963 | Rene Wendland | 00:38:14.4 | Ü50 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 11153 | Oliver Linden | 00:38:14.8 | Ü50 | 0 | 0 | GER | #teamWAGNER |
| 0. | 496 | Jörn Gründemann | 00:38:15.9 | Ü50 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 3897 | Frank Heuchler | 00:38:16.7 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 10682 | Jens Alberts | 00:38:18.5 | Ü50 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 7034 | Volker Gremler | 00:38:19.0 | Ü50 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 5487 | Karsten Schäfer | 00:38:19.5 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4616 | Andreas Nüskerammos | 00:38:21.1 | Ü50 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 7808 | Daniel Clark | 00:38:21.2 | Ü50 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 10472 | Marco Da Silva Cabrita | 00:38:26.1 | Ü50 | 0 | 0 | GER | UPS |
| 0. | 11420 | Jansjörg Kraft | 00:38:27.0 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 11473 | Stefan Spötter | 00:38:27.0 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 5846 | Patrick Notzon | 00:38:29.4 | Ü50 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 5593 | Martin Kohlmeier | 00:38:31.1 | Ü50 | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 4486 | Dirk Meier | 00:38:31.7 | Ü50 | 0 | 0 | GER | DIDImmo |
| 0. | 9468 | Jens Bachmann | 00:38:32.9 | Ü50 | 0 | 0 | GER | Sappi Hannover |
| 0. | 10521 | Eike Becker | 00:38:33.0 | Ü50 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 1586 | Marko Ostrau | 00:38:34.4 | Ü50 | 0 | 0 | GER | Konica Minolta |
| 0. | 557 | Matthias Walden | 00:38:35.5 | Ü50 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 2445 | Jörg De Haan | 00:38:36.3 | Ü50 | 0 | 0 | GER | alcera Kommunikationstechnik GmbH |
| 0. | 4080 | Markus Schulz | 00:38:37.7 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 6526 | Dirk Bullmann | 00:38:38.8 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 653 | Rüdiger Opitz | 00:38:39.1 | Ü50 | 0 | 0 | GER | CC Runners |
| 0. | 947 | Arthur Starnofsky | 00:38:40.9 | Ü50 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 9774 | Stefan Zwingmann | 00:38:43.2 | Ü50 | 0 | 0 | GER | SK³ |
| 0. | 1659 | Eddie Wall | 00:38:45.5 | Ü50 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |

| | | | | | | | | |
|----|-------|-------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 146 | Dirk Lahmann | 00:38:47.3 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 650 | Markus Hiller | 00:38:48.8 | Ü50 | 0 | 0 | GER | CC Runners |
| 0. | 10231 | Thomas Schulz | 00:38:49.1 | Ü50 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 249 | Volkmar Schöning | 00:38:53.6 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11466 | Wolfram Klussmann | 00:38:56.2 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 1574 | Masen Marei | 00:38:56.9 | Ü50 | 0 | 0 | GER | Konica Minolta |
| 0. | 4466 | Marcus Turk | 00:39:03.5 | Ü50 | 0 | 0 | GER | Die Project Werbung GmbH |
| 0. | 7379 | Jörg Erdmann | 00:39:04.6 | Ü50 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 618 | Raphael Kappei | 00:39:04.6 | Ü50 | 0 | 0 | GER | Cochlear Deutschland GmbH & Co. KG |
| 0. | 690 | Noname | 00:39:07.5 | Ü50 | 0 | 0 | GER | COMRAMO AG |
| 0. | 8158 | Volker Wagner | 00:39:07.7 | Ü50 | 0 | 0 | GER | Ausgleich-Runners 2.0 |
| 0. | 10598 | Carsten Stürmer | 00:39:09.9 | Ü50 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 1969 | Thomas Seim | 00:39:13.7 | Ü50 | 0 | 0 | GER | STRABAG AG |
| 0. | 5443 | Eugen Niedens | 00:39:14.7 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1437 | Axel Bergmann | 00:39:14.2 | Ü50 | 0 | 0 | GER | itsc |
| 0. | 644 | Björn Eckhardt | 00:39:14.3 | Ü50 | 0 | 0 | GER | CC Runners |
| 0. | 670 | Maik Richter | 00:39:17.8 | Ü50 | 0 | 0 | GER | CC Runners |
| 0. | 4478 | Torsten Grafe | 00:39:21.5 | Ü50 | 0 | 0 | GER | Weber Massivhaus |
| 0. | 7206 | Frank Lichomski | 00:39:24.2 | Ü50 | 0 | 0 | GER | Cool down... |
| 0. | 9145 | Frank Frerichs | 00:39:29.7 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 8632 | Dirk Noltemeyer | 00:39:32.6 | Ü50 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 6397 | Hartwig Arndt | 00:39:32.7 | Ü50 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 1739 | Olaf Diedrich | 00:39:33.0 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1846 | Frank Zilian | 00:39:33.3 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10444 | Harald Wolf | 00:39:39.1 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 7370 | Steffen Roloff | 00:39:41.4 | Ü50 | 0 | 0 | GER | inTime Express Logistik GmbH |
| 0. | 10721 | Stefan Bettels | 00:39:41.8 | Ü50 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 555 | Rüdiger Stanke | 00:39:42.1 | Ü50 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 6489 | Martin Bartsch | 00:39:42.5 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 8816 | Michael Rudnick | 00:39:45.4 | Ü50 | 0 | 0 | GER | NaturaRunnies |
| 0. | 9701 | Martin Förster | 00:39:48.7 | Ü50 | 0 | 0 | GER | Siemens AG |
| 0. | 6277 | Noname | 00:39:52.6 | Ü50 | 0 | 0 | GER | hannoverimpuls GmbH |
| 0. | 5338 | Michael Dettmar | 00:39:54.8 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5404 | Jörg Koch | 00:39:55.7 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3932 | Noname | 00:39:56.0 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 6758 | Joachim Preuß | 00:40:17.0 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 166 | Waldemar Maciuga | 00:40:17.3 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5420 | Heiko Lange | 00:40:23.3 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 753 | Roland Räcker | 00:40:29.2 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 3176 | Adam Botor | 00:40:31.6 | Ü50 | 0 | 0 | GER | BOTOR TROJAN & PARTNERS StBG mbH |
| 0. | 10012 | Roland Heine | 00:40:36.7 | Ü50 | 0 | 0 | GER | Sympacon TS |
| 0. | 10011 | Markus Heine | 00:40:37.1 | Ü50 | 0 | 0 | GER | Sympacon TS |
| 0. | 6034 | Dietrich Maier | 00:40:37.4 | Ü50 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 4204 | Carsten Schröter | 00:40:39.2 | Ü50 | 0 | 0 | GER | deister electronic GmbH |
| 0. | 10494 | Peter Mueller | 00:40:40.6 | Ü50 | 0 | 0 | GER | UPS |
| 0. | 7931 | Ulf Gall | 00:40:42.0 | Ü50 | 0 | 0 | GER | Team KONE |
| 0. | 701 | Andreas Campe | 00:40:44.3 | Ü50 | 0 | 0 | GER | COMRAMO AG |
| 0. | 5368 | Michael Haase | 00:40:52.0 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 551 | Frank Recoulle | 00:40:58.7 | Ü50 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 10315 | Peter Helmstaedt | 00:41:02.1 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 10197 | Thomas Holzer | 00:41:04.1 | Ü50 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 10667 | Andreas Peter | 00:41:06.9 | Ü50 | 0 | 0 | GER | VetZ GmbH |
| 0. | 5648 | Mirko Weindok | 00:41:09.4 | Ü50 | 0 | 0 | GER | Fujitsu Hannover |

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|----|-------|-------------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 10162 | Jens Gaile | 00:41:10.1 | Ü50 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 11455 | Martin Richter | 00:41:10.9 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 10643 | Christian Otto | 00:41:11.7 | Ü50 | 0 | 0 | GER | VEA |
| 0. | 9104 | Alexander Funkschultz | 00:41:14.0 | Ü50 | 0 | 0 | GER | Plasma Service |
| 0. | 1043 | Ulf Herrmann | 00:41:18.2 | Ü50 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1539 | Markus Dietzsch | 00:41:18.8 | Ü50 | 0 | 0 | GER | Konica Minolta |
| 0. | 9490 | Stefan Raabe | 00:41:20.9 | Ü50 | 0 | 0 | GER | Sappi Hannover |
| 0. | 6001 | Michael Tartz | 00:41:22.1 | Ü50 | 0 | 0 | GER | GSR Strahlentherapie Hannover |
| 0. | 126 | Holger Kahler | 00:41:24.9 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 541 | Michael Frodl | 00:41:29.7 | Ü50 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 1537 | Thomas Dieckmann | 00:41:34.3 | Ü50 | 0 | 0 | GER | Konica Minolta |
| 0. | 6471 | Angelos Aggou | 00:41:36.1 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 5983 | Jörg Münstermann | 00:41:37.1 | Ü50 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 3310 | Noname | 00:41:37.1 | Ü50 | 0 | 0 | GER | CARESTONE |
| 0. | 1830 | Schmidt Thomas | 00:41:42.7 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 8671 | Jörg Möller | 00:41:44.2 | Ü50 | 0 | 0 | GER | Milkron |
| 0. | 5718 | Olaf Goldmann | 00:41:46.0 | Ü50 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 10887 | David Tan | 00:41:58.1 | Ü50 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 768 | Gerald Voltmer | 00:41:59.5 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 1774 | Sascha Klein | 00:42:00.5 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11463 | Thomas Schrader | 00:42:01.0 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 56 | Dirk Eggers | 00:42:03.9 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8466 | André Loheide | 00:42:04.5 | Ü50 | 0 | 0 | GER | mawis |
| 0. | 5114 | Sven Thometzki | 00:42:04.9 | Ü50 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 552 | Andreas Richter | 00:42:08.0 | Ü50 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 9585 | Markus Latuske | 00:42:14.6 | Ü50 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 323 | Stefan Wolf | 00:42:26.8 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10758 | Andreas Grube | 00:42:30.0 | Ü50 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 5194 | Andreas Haentsch | 00:42:31.3 | Ü50 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 10102 | Karsten Schock | 00:42:35.4 | Ü50 | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 919 | Andreas Menke | 00:42:42.7 | Ü50 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 11261 | Thomas Wirries | 00:42:45.0 | Ü50 | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 5464 | Jens Pytel | 00:42:48.9 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5945 | Seref Kayikci | 00:42:54.6 | Ü50 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 8918 | Holger Fullriede | 00:43:02.4 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 10400 | Henrik Schauf | 00:43:06.4 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 6435 | Christian Sirgesvon Roy | 00:43:08.7 | Ü50 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 9143 | Swen Ewald | 00:43:09.8 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 7227 | Vasco Horn | 00:43:09.8 | Ü50 | 0 | 0 | GER | ILFA Hannover 2023 |
| 0. | 8283 | Manhtien Vu | 00:43:11.1 | Ü50 | 0 | 0 | GER | LBS Nord |
| 0. | 6442 | Volker Weiß | 00:43:16.0 | Ü50 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 4601 | Thomas Dreier | 00:43:17.9 | Ü50 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 1765 | Jörg Hoops | 00:43:38.5 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10138 | Guido Vaupel | 00:43:38.9 | Ü50 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 6877 | Roman Waßmann | 00:43:41.0 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 9772 | Markus Schmieta | 00:43:41.2 | Ü50 | 0 | 0 | GER | SK³ |
| 0. | 6286 | Jens Oberbeck | 00:43:48.5 | Ü50 | 0 | 0 | GER | HannoVers GmbH & Co.KG |
| 0. | 1773 | Heike Klasen | 00:43:49.5 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5425 | Karsten Lenze | 00:43:50.8 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2245 | Thomas Rose | 00:43:52.5 | Ü50 | 0 | 0 | GER | ABB AG |
| 0. | 10491 | Olaf Meyer | 00:43:55.4 | Ü50 | 0 | 0 | GER | UPS |
| 0. | 5107 | Torsten Schmidt | 00:44:16.4 | Ü50 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 7577 | Saban Ünal | 00:44:23.6 | Ü50 | 0 | 0 | GER | KAG - The Endurance Runners |

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|----|-------|-----------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 5387 | Uwe Jastrow | 00:44:27.2 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10543 | Heiko Hasse | 00:44:27.3 | Ü50 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 7062 | Christian Werner | 00:44:36.7 | Ü50 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 7027 | Noname | 00:44:37.4 | Ü50 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 1453 | Hayno Ries | 00:44:45.0 | Ü50 | 0 | 0 | GER | itsc |
| 0. | 772 | Andreas Wilkening | 00:44:49.7 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 8654 | Carsten Ritter | 00:45:04.2 | Ü50 | 0 | 0 | GER | MHHERZTEAM |
| 0. | 6946 | Matthias Grün | 00:45:08.7 | Ü50 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 186 | Helge Mühlenbruch | 00:45:20.4 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4451 | Lutz Döpke | 00:45:26.5 | Ü50 | 0 | 0 | GER | DHL |
| 0. | 5752 | Kai Lahmann | 00:45:29.7 | Ü50 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 1206 | Hartwig Bode | 00:45:31.2 | Ü50 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 4561 | Christian Protte | 00:45:42.1 | Ü50 | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 5546 | Dirk Buschmann | 00:45:49.2 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1605 | Ralf Spillmann | 00:45:49.8 | Ü50 | 0 | 0 | GER | Konica Minolta |
| 0. | 2537 | Nicolas Grammel | 00:45:54.4 | Ü50 | 0 | 0 | GER | Alvotech Hannover |
| 0. | 5728 | Ralf Schnippengerd | 00:45:59.2 | Ü50 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 6445 | Matthias Ziegler | 00:45:59.5 | Ü50 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 5825 | Kadir Erbek | 00:46:00.6 | Ü50 | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 195 | Michael Obrowski | 00:46:01.7 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5361 | Berthold Gnaub | 00:46:04.8 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9799 | Henning Engelke | 00:46:06.5 | Ü50 | 0 | 0 | GER | Laufzeitmesser |
| 0. | 9146 | Hansjürgen Friede | 00:46:22.9 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 1550 | Mauricio Hoyos | 00:46:23.1 | Ü50 | 0 | 0 | GER | Konica Minolta |
| 0. | 1812 | Jens Rosemeyer | 00:46:29.8 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9683 | Siegfried Grillmeyer | 00:46:39.0 | Ü50 | 0 | 0 | GER | Akademie CPH |
| 0. | 3658 | Markus Röhrs | 00:47:06.1 | Ü50 | 0 | 0 | GER | DAK |
| 0. | 4846 | Samuel Victor | 00:47:09.5 | Ü50 | 0 | 0 | GER | einZA Farben GmbH & Co KG |
| 0. | 766 | Sven Vogt | 00:47:14.7 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 3969 | René Liebmann | 00:47:42.0 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 4555 | Jens Hogrefe | 00:47:42.8 | Ü50 | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 7151 | Karsten Nehls | 00:48:13.2 | Ü50 | 0 | 0 | GER | IHK Hannover |
| 0. | 11450 | Wolfgangkaiser Paulat | 00:48:24.5 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 10096 | Peter Lichtenstein | 00:48:34.7 | Ü50 | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 10407 | Olaf Sokolowsky | 00:48:45.9 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 529 | Jens Müller | 00:49:01.9 | Ü50 | 0 | 0 | GER | Betonbau |
| 0. | 3451 | Holger Heins | 00:49:05.4 | Ü50 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3249 | Christian Müllerchen | 00:49:13.1 | Ü50 | 0 | 0 | GER | Busse & Coll Steuerberatung GmbH |
| 0. | 5462 | Nils Pudenz | 00:49:15.3 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6212 | Sascha Hoh | 00:49:54.1 | Ü50 | 0 | 0 | GER | AGS |
| 0. | 10468 | Michael Behmann | 00:50:26.7 | Ü50 | 0 | 0 | GER | UPS |
| 0. | 1928 | Omar Kambi | 00:51:01.1 | Ü50 | 0 | 0 | GER | medi terra |
| 0. | 6983 | Andreas Thormann | 00:51:31.0 | Ü50 | 0 | 0 | GER | Team HGK |
| 0. | 2420 | Arvin Arora | 00:51:35.9 | Ü50 | 0 | 0 | GER | AIM |
| 0. | 7976 | Alexander Schipp | 00:51:44.0 | Ü50 | 0 | 0 | GER | Team KONE |
| 0. | 7389 | Volker Roth | 00:52:18.4 | Ü50 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 96 | Dennis Harre | 00:52:19.5 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7651 | Christoph Beimesche | 00:53:11.6 | Ü50 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 422 | Michail Karagiannidis | 00:53:18.9 | Ü50 | 0 | 0 | GER | Airbus |
| 0. | 5398 | Ali Khabbazian | 00:54:04.7 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4117 | Michael Stuewing | 00:54:23.7 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 7336 | Torsten Knochenhauer | 00:54:59.6 | Ü50 | 0 | 0 | GER | INSIDE M2M GmbH |
| 0. | 9416 | Michael Motz | 00:55:18.0 | Ü50 | 0 | 0 | GER | Laufteam Ronge |

| | | | | | | | | |
|----|-------|-------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 9526 | Sven Scheer Von Wieding | 00:56:27.9 | Ü50 | 0 | 0 | GER | Schmitt + Sohn Aufzüge GmbH & Co. KG |
| 0. | 10101 | Daniel Schmidt | 00:57:14.7 | Ü50 | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 4069 | Heiko Schmoltdt | 00:58:08.3 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 7761 | Heiko Schumacher | 00:58:40.9 | Ü50 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1587 | Mirko Pelzer | 00:58:58.6 | Ü50 | 0 | 0 | GER | Konica Minolta |
| 0. | 4079 | Noname | 01:00:42.5 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 5475 | Michael Rohde | 01:00:58.8 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10089 | Jan Brodaritsch | 01:01:28.7 | Ü50 | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 6895 | Thomas Windheim | 01:03:25.8 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 10714 | Florian Aust | 01:04:33.1 | Ü50 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 8628 | Ingo Kampf | 01:08:15.1 | Ü50 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 10658 | Carsten Jendro | 01:10:41.3 | Ü50 | 0 | 0 | GER | VetZ GmbH |
| 0. | 5373 | Oliver Hartmann | 02:10:16.5 | Ü50 | 0 | 0 | GER | Finanz Informatik |

Ü55

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|---------------------|------------|-----|------|------|--------|---------------------------------|
| 0. | 6473 | Wolfgang Lenz | 00:22:20.1 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 10567 | Olaf Battermann | 00:24:15.9 | Ü55 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 6347 | Ingo Schultz | 00:26:10.5 | Ü55 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 8921 | Heino Gärtner | 00:26:40.2 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 8489 | Herbert Lange | 00:26:47.1 | Ü55 | 0 | 0 | GER | Martin Braun KG |
| 0. | 10266 | Heiner Bente | 00:26:50.6 | Ü55 | 0 | 0 | GER | TUI Group |
| 0. | 3869 | Frank Grause | 00:26:54.2 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 6695 | Michael Lange | 00:27:26.4 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 11412 | Jörg Kahde | 00:27:31.5 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 4581 | Martin Maue | 00:27:35.7 | Ü55 | 0 | 0 | GER | Dream Chip Runners |
| 0. | 52264 | Marc Marschner | 00:28:05.0 | Ü55 | 0 | 0 | GER | DEGENER Verlag & ars mundi |
| 0. | 11386 | Martin Falkschulz | 00:28:06.2 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 11127 | Guido Conrad | 00:28:12.3 | Ü55 | 0 | 0 | GER | #teamWAGNER |
| 0. | 5587 | Holger Bannies | 00:28:16.1 | Ü55 | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 11453 | Matthias Radtke | 00:28:23.7 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 8997 | Jens Rachfahl | 00:28:29.4 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 5086 | Dirk Leutner | 00:28:42.8 | Ü55 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 425 | Karl Klemp | 00:28:50.1 | Ü55 | 0 | 0 | GER | Airbus |
| 0. | 9879 | Jan Hetebrügge | 00:29:06.1 | Ü55 | 0 | 0 | GER | Team SOPHIE |
| 0. | 3943 | Lutz Kotter | 00:29:13.2 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 206 | Stefan Pfeiffer | 00:29:14.0 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5508 | Frank Sievers | 00:29:25.2 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7759 | Marc Schult | 00:29:30.7 | Ü55 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 900 | Stefan Keunecke | 00:29:50.7 | Ü55 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 9929 | Thomas Klingsporn | 00:29:57.2 | Ü55 | 0 | 0 | GER | STEP-Niedersachsen |
| 0. | 10530 | Ralf Brettschneider | 00:30:10.5 | Ü55 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 330 | Erwin Scholze | 00:30:17.1 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7842 | Oliver Krone | 00:30:20.3 | Ü55 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 240 | Martin Schewik | 00:30:22.6 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8969 | Frank Oppermann | 00:30:40.9 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 4156 | Holger Weiland | 00:30:50.9 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 6941 | Markus Klemmt | 00:31:03.9 | Ü55 | 0 | 0 | GER | Heinz-Piest-Institut |
| 0. | 5362 | Andreas Weiss | 00:31:06.4 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10520 | Thomas Bätge | 00:31:06.5 | Ü55 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 3512 | Joaquin Soriano | 00:31:15.6 | Ü55 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 9028 | Axel Vaje | 00:31:16.7 | Ü55 | 0 | 0 | GER | NORD/LB |

| | | | | | | | | |
|----|-------|-----------------------------|------------|-----|---|---|-----|---------------------------------|
| 0. | 4724 | Jens Löffler | 00:31:18.1 | Ü55 | 0 | 0 | GER | E. ON Energie Deutschland GmbH |
| 0. | 4252 | Albert Ziegler | 00:31:21.9 | Ü55 | 0 | 0 | GER | Deloitte |
| 0. | 7559 | Matthias Gnessner | 00:31:23.6 | Ü55 | 0 | 0 | GER | Running Bulls |
| 0. | 5523 | Ralf Uhde | 00:31:33.2 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5216 | Markus Schnetzke | 00:31:43.9 | Ü55 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 5712 | Jens Bruns | 00:31:46.2 | Ü55 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 10613 | Thorsten Sprotte | 00:31:50.8 | Ü55 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 651 | Klausdieter Ebeling | 00:31:58.0 | Ü55 | 0 | 0 | GER | CC Runners |
| 0. | 6105 | Dieter Jopp | 00:31:59.1 | Ü55 | 0 | 0 | GER | FunIT |
| 0. | 276 | Dirk Strübe | 00:31:59.1 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8904 | José Luis Calderón Martínez | 00:31:59.7 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 6416 | Oliver Jacobs | 00:32:03.3 | Ü55 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 3206 | Jens Papenburg | 00:32:20.5 | Ü55 | 0 | 0 | GER | Bucher Municipal |
| 0. | 4767 | Uwe Kumrow | 00:32:20.6 | Ü55 | 0 | 0 | GER | edding |
| 0. | 6751 | Jörg Pfannenschmidt | 00:32:36.0 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 739 | Thomas Madry | 00:32:39.5 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 7075 | Leschek Hekenberger | 00:32:39.8 | Ü55 | 0 | 0 | GER | Hempelmann |
| 0. | 9469 | Michael Bohnsack | 00:32:45.9 | Ü55 | 0 | 0 | GER | Sappi Hannover |
| 0. | 7106 | Michael Becker | 00:32:46.1 | Ü55 | 0 | 0 | GER | ibk IngenieurConsult GmbH |
| 0. | 5554 | Herbert Ziefle | 00:32:49.7 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5442 | Jörg Littelmann | 00:32:53.0 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 8910 | Jens Dierksen | 00:32:53.4 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 11488 | Jens Willms | 00:32:54.4 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 1590 | Detlef Reinhardt | 00:33:01.3 | Ü55 | 0 | 0 | GER | Konica Minolta |
| 0. | 10878 | Dirk Sennholz | 00:33:08.0 | Ü55 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 3457 | Markus Hoh | 00:33:09.4 | Ü55 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 1609 | Alf Trostbach | 00:33:11.8 | Ü55 | 0 | 0 | GER | Konica Minolta |
| 0. | 9957 | Conrad Vinken | 00:33:17.2 | Ü55 | 0 | 0 | GER | slb |
| 0. | 301 | Carsten Von Appen | 00:33:18.6 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4062 | Michael Schindler | 00:33:19.7 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 38 | Siegmar Braun | 00:33:21.4 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6218 | Frank Sonnabend | 00:33:21.6 | Ü55 | 0 | 0 | GER | AGS |
| 0. | 54 | Günther Ebbecke | 00:33:25.1 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 554 | Andreas Schüring | 00:33:25.4 | Ü55 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 5664 | Heinzwilli Gödecke | 00:33:26.5 | Ü55 | 0 | 0 | GER | Strate Running Team 2023 |
| 0. | 354 | Gerhard Endres | 00:33:33.4 | Ü55 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 10745 | Peter Flöge | 00:33:34.0 | Ü55 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9768 | Detlef Meier | 00:33:39.7 | Ü55 | 0 | 0 | GER | SK³ |
| 0. | 10183 | Stephan Deibele | 00:33:44.1 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 5424 | Carsten Lenz | 00:33:45.0 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4861 | Joerg Brahm | 00:33:45.5 | Ü55 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 5748 | Tobias Hoyzer | 00:33:53.1 | Ü55 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 6678 | Thomas Köppen | 00:33:58.7 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 6662 | Andreas Keuchel | 00:34:02.0 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 7491 | Hanschristian Von Consbruch | 00:34:03.5 | Ü55 | 0 | 0 | GER | Jäger Group |
| 0. | 6308 | Burkhard Neuhaus | 00:34:07.7 | Ü55 | 0 | 0 | GER | AUF DER BULT |
| 0. | 4946 | Ralph Heuer | 00:34:08.1 | Ü55 | 0 | 0 | GER | Erdinger Alkoholfrei |
| 0. | 2487 | Thomas Höfer | 00:34:21.7 | Ü55 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 11251 | Rainer Ohlendorf | 00:34:24.0 | Ü55 | 0 | 0 | GER | Weiss IT - Runner |
| 0. | 10431 | Norbert Weiß | 00:34:24.6 | Ü55 | 0 | 0 | GER | TUI Group |
| 0. | 11461 | Matthias Schmidbauer | 00:34:28.5 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 5642 | Jan Pfister | 00:34:32.6 | Ü55 | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 504 | Olaf Meyer | 00:34:34.4 | Ü55 | 0 | 0 | GER | AntonPaar OptoTec GmbH |

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|----|-------|----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 4201 | Norman Maaß | 00:34:34.5 | Ü55 | 0 | 0 | GER | deister electronic GmbH |
| 0. | 6594 | Oliver Gnädig | 00:34:34.5 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 7426 | Paulo Da Silva | 00:34:34.5 | Ü55 | 0 | 0 | GER | Jäger Group |
| 0. | 6630 | Christof Hielscher | 00:34:40.5 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 6823 | Martin Sellmann | 00:34:53.7 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 10443 | Peter Wittmann | 00:34:54.6 | Ü55 | 0 | 0 | GER | TUI Group |
| 0. | 3205 | Volker Mau | 00:34:56.0 | Ü55 | 0 | 0 | GER | Bucher Municipal |
| 0. | 9265 | Michael Añez | 00:35:01.1 | Ü55 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 9030 | Jörg Völker | 00:35:08.4 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 10331 | Guido Kessener | 00:35:11.9 | Ü55 | 0 | 0 | GER | TUI Group |
| 0. | 5060 | Vincenzo De Ruvo | 00:35:14.6 | Ü55 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 3924 | Ingo Keufner | 00:35:19.0 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 11243 | Mike Volland | 00:35:19.4 | Ü55 | 0 | 0 | GER | Wedemeier Wirtschaftsprüfer |
| 0. | 1448 | Dieter Loewe | 00:35:21.2 | Ü55 | 0 | 0 | GER | itsc |
| 0. | 8898 | Ingo Albrecht | 00:35:24.9 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 6514 | Norbert Bremer | 00:35:25.5 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 3734 | Matthias Eck | 00:35:26.3 | Ü55 | 0 | 0 | GER | Dassault Systemes |
| 0. | 9583 | Steffen Kulhawy | 00:35:27.6 | Ü55 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 9016 | Thomas Stephen | 00:35:37.5 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 4042 | Christian Reinhard | 00:35:43.2 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 5527 | Volker Neubauer | 00:35:45.7 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4594 | Ralf Benninghoff | 00:35:47.6 | Ü55 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 5278 | Marcus Lange | 00:35:47.7 | Ü55 | 0 | 0 | GER | Fedrigoni Team |
| 0. | 2816 | Noname | 00:36:06.6 | Ü55 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 756 | Uwe Riemenschneider | 00:36:07.9 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 5535 | Udo Weigl | 00:36:09.9 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10180 | Stefan Böttcher | 00:36:10.4 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9159 | Frankpeter Laube | 00:36:13.0 | Ü55 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 10244 | Klaus Warnecke | 00:36:14.4 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4631 | Christoph Strey | 00:36:23.4 | Ü55 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 2666 | Bernd Harms | 00:36:28.2 | Ü55 | 0 | 0 | GER | Atos GmbH |
| 0. | 10128 | Rainer Lustig | 00:36:30.4 | Ü55 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 5355 | Marcus Friedrich | 00:36:34.0 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9182 | Georg Weiß | 00:36:40.6 | Ü55 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 5203 | Horst Langner | 00:36:41.4 | Ü55 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 723 | Dirk Hensel | 00:36:44.5 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 6424 | Stephan Löhr | 00:36:50.0 | Ü55 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 11428 | Frank Latzel | 00:36:53.2 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 10589 | Holger Schomburg | 00:36:57.8 | Ü55 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 761 | Axel Simon | 00:37:05.2 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 4479 | Sergej Krasnosselski | 00:37:06.2 | Ü55 | 0 | 0 | GER | Weber Massivhaus |
| 0. | 11215 | Marco Kruse | 00:37:08.2 | Ü55 | 0 | 0 | GER | WDT/VLO on Tour |
| 0. | 3347 | Jan Kröger | 00:37:09.1 | Ü55 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 8482 | Andreas Kern | 00:37:10.7 | Ü55 | 0 | 0 | GER | Martin Braun KG |
| 0. | 11154 | Klaus Linhart | 00:37:13.1 | Ü55 | 0 | 0 | GER | #teamWAGNER |
| 0. | 2436 | Dirk Remmers | 00:37:18.1 | Ü55 | 0 | 0 | GER | AirITSystems |
| 0. | 6839 | Michael Stopp | 00:37:20.6 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 5311 | Christian Arnemann | 00:37:25.2 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 13 | Johann Bauer | 00:37:27.4 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 717 | Carsten Gotthardt | 00:37:30.7 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 9191 | Michael Borgmann | 00:37:31.3 | Ü55 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 2561 | Dr. Mathias Meyer | 00:37:32.0 | Ü55 | 0 | 0 | GER | Architektenkammer Niedersachsen |
| 0. | 9521 | Frank Kaschner | 00:37:33.1 | Ü55 | 0 | 0 | GER | Schmitt + Sohn Aufzüge GmbH & Co. KG |

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|----|-------|----------------------|------------|-----|---|---|-----|---------------------------------|
| 0. | 4118 | Dirk Stumpe | 00:37:38.2 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 2665 | Martin Eggebrecht | 00:37:39.0 | Ü55 | 0 | 0 | GER | Atos GmbH |
| 0. | 7861 | Jens Pampel | 00:37:43.3 | Ü55 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 2030 | Uwe Gaßmann | 00:37:45.5 | Ü55 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 168 | Frank Maron | 00:37:48.3 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5050 | Rainer Barfuß | 00:37:58.1 | Ü55 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 1648 | Gerhard Scheel | 00:37:58.7 | Ü55 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 314 | Jens Wendler | 00:38:00.6 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 113 | Eric Holthoff | 00:38:00.7 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4187 | Clemens Bull | 00:38:01.2 | Ü55 | 0 | 0 | GER | Debeka Geschäftsstelle Celle |
| 0. | 4144 | Holger Voigt | 00:38:03.0 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 549 | Abel Ndagijimana | 00:38:08.5 | Ü55 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 3973 | Rainer Lorenz | 00:38:12.5 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 11275 | Thorsten Rösner | 00:38:16.3 | Ü55 | 0 | 0 | GER | WSP Deutschland AG |
| 0. | 1297 | Rüdiger Höft | 00:38:18.1 | Ü55 | 0 | 0 | GER | Gasunie |
| 0. | 5274 | Felatio Hake | 00:38:20.2 | Ü55 | 0 | 0 | GER | Fedrigoni Team |
| 0. | 10487 | Thomas Köthke | 00:38:29.7 | Ü55 | 0 | 0 | GER | UPS |
| 0. | 4096 | Ralf Sondermann | 00:38:32.0 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 10558 | Thomas Kumrow | 00:38:34.5 | Ü55 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 6010 | Andreas Bange | 00:38:34.6 | Ü55 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 738 | Thomas Lüer | 00:38:34.9 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 2244 | Andreas Heyer | 00:38:35.0 | Ü55 | 0 | 0 | GER | ABB AG |
| 0. | 719 | Stefan Hanekopf | 00:38:39.7 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 6441 | Ralfmichael Weddige | 00:38:41.5 | Ü55 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 6864 | Andreas Ungerechts | 00:38:43.8 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 5307 | Christian Adloff | 00:38:44.3 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10854 | Carsten Rohde | 00:38:44.4 | Ü55 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9944 | Herwig Porada | 00:38:46.1 | Ü55 | 0 | 0 | GER | Steuerberater am Aegi |
| 0. | 6449 | Svenfolker Busch | 00:38:55.8 | Ü55 | 0 | 0 | GER | Haufe Group |
| 0. | 3849 | Josef Frische | 00:38:57.0 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 5524 | Jörg Uhlig | 00:38:59.0 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5516 | Michael Strauß | 00:39:01.5 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6216 | Rolf Riebartsch | 00:39:03.4 | Ü55 | 0 | 0 | GER | AGS |
| 0. | 10257 | Volker Banschbach | 00:39:03.4 | Ü55 | 0 | 0 | GER | TUI Group |
| 0. | 8909 | Ulrich Deppe | 00:39:05.0 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 9388 | Martin Suhr | 00:39:09.6 | Ü55 | 0 | 0 | GER | Team RHB Hannover |
| 0. | 5205 | Josef Loboda | 00:39:12.1 | Ü55 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 6264 | Torsten Bethke | 00:39:23.1 | Ü55 | 0 | 0 | GER | hannoverimpuls GmbH |
| 0. | 9496 | Patrick Steinbrenner | 00:39:28.9 | Ü55 | 0 | 0 | GER | Sappi Hannover |
| 0. | 6666 | Marco Kirschke | 00:39:30.8 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 4020 | Frank Oestreich | 00:39:36.3 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 10198 | Dirk Holzfuß | 00:39:38.6 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 11257 | Fouad Kobeissi | 00:39:41.0 | Ü55 | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 9747 | Dirk Werner | 00:39:42.5 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 7596 | Stefan Gerold | 00:39:43.0 | Ü55 | 0 | 0 | GER | FristabLAUF! |
| 0. | 1647 | Andreas Rudolf | 00:39:45.9 | Ü55 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 1387 | Frank Peters | 00:39:47.0 | Ü55 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 4289 | Michael Schnebeck | 00:39:50.2 | Ü55 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 5553 | Ralf Ziebolz | 00:39:50.5 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2074 | Caypeter Meyer | 00:39:50.7 | Ü55 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 6664 | Udo Killermann | 00:39:51.5 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 9559 | Heiko Pusch | 00:39:52.9 | Ü55 | 0 | 0 | GER | Niffers |
| 0. | 2111 | Dietmar Winter | 00:39:55.0 | Ü55 | 0 | 0 | GER | TÜV NORD GROUP |

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|----|-------|------------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 6208 | Juan Garcia David | 00:40:01.1 | Ü55 | 0 | 0 | GER | AGS |
| 0. | 4154 | Mario Weding | 00:40:01.7 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 4290 | Ralph Seeger | 00:40:06.7 | Ü55 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 11276 | Gerold Siegfanz | 00:40:12.8 | Ü55 | 0 | 0 | GER | WSP Deutschland AG |
| 0. | 11469 | Andreas Schwarzer | 00:40:13.7 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 8926 | Claus Gottschlich | 00:40:17.7 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 11425 | Stefan Kunze | 00:40:28.5 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 5329 | Holger Bumke | 00:40:32.8 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9653 | Christian Klavehn | 00:40:34.2 | Ü55 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 2938 | Henning Junge | 00:40:37.4 | Ü55 | 0 | 0 | GER | Behncke GmbH |
| 0. | 9725 | Hansjürgen Lika | 00:40:53.2 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 3304 | Jens Lüssenhop | 00:40:53.4 | Ü55 | 0 | 0 | GER | CARESTONE |
| 0. | 5405 | Thomas Kohn | 00:41:08.2 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1622 | Xiaojun Cui | 00:41:32.2 | Ü55 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 9437 | Andreas Gallmeister | 00:41:34.9 | Ü55 | 0 | 0 | GER | Röntgenpraxis Am Marstall® |
| 0. | 4453 | Stefan Henrich | 00:41:39.0 | Ü55 | 0 | 0 | GER | DHL |
| 0. | 10951 | Christian Pahl | 00:41:42.5 | Ü55 | 0 | 0 | GER | Vincentz Network GmbH & Co. KG |
| 0. | 9952 | Oliver Klingner | 00:41:48.1 | Ü55 | 0 | 0 | GER | Steuerberatung Schönenberg |
| 0. | 160 | Ricardo Longo | 00:41:52.3 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9707 | Thomas Hein | 00:41:52.5 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 4275 | Andreas Hinsching | 00:41:57.3 | Ü55 | 0 | 0 | GER | apoBank Hannover |
| 0. | 5600 | Andreas Reuter | 00:42:01.1 | Ü55 | 0 | 0 | GER | Fraunhofer IWES |
| 0. | 9256 | Udo Beuse | 00:42:02.6 | Ü55 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 6958 | Thomas Kaltschmidt | 00:42:07.4 | Ü55 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 3742 | Bernhard Stillger | 00:42:15.9 | Ü55 | 0 | 0 | GER | Dassault Systemes |
| 0. | 10467 | Komla Atisu | 00:42:27.8 | Ü55 | 0 | 0 | GER | UPS |
| 0. | 254 | Klaus Schuster | 00:42:37.7 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5540 | Frank Wenzel | 00:42:45.5 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1434 | Jens Adebahr | 00:42:47.2 | Ü55 | 0 | 0 | GER | itsc |
| 0. | 4578 | Jens Benndorf | 00:42:52.2 | Ü55 | 0 | 0 | GER | Dream Chip Runners |
| 0. | 9700 | Holger Bohlmann | 00:42:53.3 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 4769 | Markus Soot | 00:43:05.1 | Ü55 | 0 | 0 | GER | edding |
| 0. | 7272 | Christian Weske | 00:43:07.8 | Ü55 | 0 | 0 | GER | infra GmbH |
| 0. | 7 | Thorsten Ast | 00:43:15.1 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2498 | Uwe Lüdtke | 00:43:23.0 | Ü55 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 3837 | Axel Fehse | 00:43:38.2 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 9736 | Jörg Schlamilch | 00:43:39.7 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 540 | Karsten Engel | 00:43:54.0 | Ü55 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 119 | Ingo Jäger | 00:44:05.8 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8342 | Olaf Götz | 00:44:33.9 | Ü55 | 0 | 0 | GER | Lorenzbau |
| 0. | 7909 | Andreas Koenen | 00:44:43.6 | Ü55 | 0 | 0 | GER | KOENEN BAUANWÄLTE |
| 0. | 7769 | Thorsten Sommer | 00:44:57.4 | Ü55 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 4579 | Martin Köhler | 00:44:58.8 | Ü55 | 0 | 0 | GER | Dream Chip Runners |
| 0. | 10872 | Norman Schorl | 00:45:14.8 | Ü55 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1214 | Gregor Holtmannspötter | 00:45:24.5 | Ü55 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 211 | Jörg Plumeier | 00:45:59.2 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5948 | Jens Kleinert | 00:46:22.0 | Ü55 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 5759 | Frank Piassek | 00:46:26.2 | Ü55 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 7531 | Noname | 00:46:32.1 | Ü55 | 0 | 0 | GER | JCI |
| 0. | 9919 | Wolfgang Bruns | 00:46:32.5 | Ü55 | 0 | 0 | GER | Stadt Sehnde |
| 0. | 11142 | Michael Kirk | 00:46:52.6 | Ü55 | 0 | 0 | GER | #teamWAGNER |
| 0. | 10818 | Bernd Markhoff | 00:47:05.0 | Ü55 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 424 | Jan Ketelsen | 00:47:09.7 | Ü55 | 0 | 0 | GER | Airbus |

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|----|-------|------------------------|------------|-----|---|---|-----|-------------------------------|
| 0. | 405 | Oliver Dusing | 00:47:10.9 | Ü55 | 0 | 0 | GER | Airbus |
| 0. | 1281 | Peter Van Der Klooster | 00:47:42.6 | Ü55 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 5401 | Matthias Knobel | 00:47:43.9 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1419 | Martin Teimann | 00:48:26.1 | Ü55 | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 770 | Jens Weding | 00:48:29.5 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 1260 | Olaf Gerberding | 00:48:52.5 | Ü55 | 0 | 0 | GER | ehb electronics gmbh |
| 0. | 7771 | Gerd Staschek | 00:49:00.4 | Ü55 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1968 | Uwe Seiler | 00:49:34.0 | Ü55 | 0 | 0 | GER | STRABAG AG |
| 0. | 6288 | Aloys Sczepanski | 00:49:52.8 | Ü55 | 0 | 0 | GER | HannoVers GmbH & Co.KG |
| 0. | 5460 | Konrad Plückebaum | 00:50:20.5 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10508 | Udo Thiemann | 00:50:29.2 | Ü55 | 0 | 0 | GER | UPS |
| 0. | 10227 | Dirk Schmidt | 00:50:39.4 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 10082 | Reinhard Lamche | 00:51:27.1 | Ü55 | 0 | 0 | GER | Running Winkulaner |
| 0. | 3747 | Walter Gundlach | 00:51:33.4 | Ü55 | 0 | 0 | GER | Datatronik |
| 0. | 5423 | Reinhold Schröder | 00:51:45.3 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5357 | Rainer Gampe | 00:52:16.5 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6033 | Axel Manthey | 00:53:22.4 | Ü55 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 6409 | Kaiuwe Faske | 00:54:56.5 | Ü55 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 9720 | Thomas Lauenstein | 00:56:04.0 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 9727 | Kai Nülle | 00:57:57.9 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 8272 | Frank Hirnich | 00:57:59.5 | Ü55 | 0 | 0 | GER | LBS Nord |
| 0. | 1534 | Stefan Büscher | 00:58:30.6 | Ü55 | 0 | 0 | GER | Konica Minolta |
| 0. | 4268 | Carsten Schaub | 00:58:33.0 | Ü55 | 0 | 0 | GER | Team Delticom |
| 0. | 141 | Matthias Kronig | 00:59:02.2 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9749 | Frank Wiese | 00:59:15.0 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 7441 | Frank Thews | 01:02:37.3 | Ü55 | 0 | 0 | GER | Jäger Group |
| 0. | 5026 | Michael Vollbrecht | 01:02:54.7 | Ü55 | 0 | 0 | GER | Eurest Deutschland GmbH |
| 0. | 9444 | Leo Grusie | 01:03:12.9 | Ü55 | 0 | 0 | GER | Röntgenpraxis Am Marstall® |
| 0. | 9515 | Ulrich Wilk | 01:03:32.9 | Ü55 | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 419 | Stefan Hibbeln | 01:06:07.9 | Ü55 | 0 | 0 | GER | Airbus |
| 0. | 10078 | Stefan Fruth | 01:07:00.4 | Ü55 | 0 | 0 | GER | Running Winkulaner |
| 0. | 6570 | Jon Frenc | 01:17:05.2 | Ü55 | 0 | 0 | GER | HDI AG |

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| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|-------------------|------------|-----|------|------|--------|--------------------------------|
| 0. | 4054 | Andreas Schacht | 00:26:40.4 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 10880 | Tristan Splett | 00:27:35.2 | Ü60 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 4128 | Andreas Tennhard | 00:29:27.7 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 4604 | Noname | 00:29:32.6 | Ü60 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 736 | Thorsten Lilje | 00:29:48.7 | Ü60 | 0 | 0 | GER | Team Concordia |
| 0. | 4291 | Ralf Sudmann | 00:29:51.2 | Ü60 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 4583 | Klaus Roth | 00:30:26.2 | Ü60 | 0 | 0 | GER | Dream Chip Runners |
| 0. | 9326 | Leonid Gelman | 00:30:31.3 | Ü60 | 0 | 0 | GER | Reha Peiner Straße |
| 0. | 3918 | Andreas Jende | 00:30:35.2 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 704 | Frank Beermann | 00:30:36.4 | Ü60 | 0 | 0 | GER | Team Concordia |
| 0. | 9368 | Noname | 00:30:48.1 | Ü60 | 0 | 0 | GER | Renk |
| 0. | 4152 | Matthias Wahner | 00:30:51.0 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 5351 | Bijan Farajollahi | 00:31:28.5 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4477 | Uwe Böhm | 00:31:43.2 | Ü60 | 0 | 0 | GER | Weber Massivhaus |
| 0. | 3520 | Noname | 00:31:54.0 | Ü60 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 1598 | Bernd Scheibner | 00:31:55.7 | Ü60 | 0 | 0 | GER | Konica Minolta |
| 0. | 10843 | Peter Rasche | 00:32:07.5 | Ü60 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |

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|----|-------|----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 1854 | Jakob Dückmann | 00:32:07.8 | Ü60 | 0 | 0 | GER | nass magnet GmbH |
| 0. | 6681 | Jochen Krause | 00:32:08.5 | Ü60 | 0 | 0 | GER | HDI AG |
| 0. | 9174 | Thomas Schnepf | 00:32:18.4 | Ü60 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 1592 | Thomas Rogalla | 00:32:26.1 | Ü60 | 0 | 0 | GER | Konica Minolta |
| 0. | 4435 | Ralph Manthei | 00:32:33.9 | Ü60 | 0 | 0 | GER | Deutsches Taubblindenwerk |
| 0. | 215 | Jürgen Rammelkamp | 00:32:34.9 | Ü60 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10946 | Dirk Hennies | 00:32:49.5 | Ü60 | 0 | 0 | GER | Vincentz Network GmbH & Co. KG |
| 0. | 4196 | Michael Dreyer | 00:32:52.0 | Ü60 | 0 | 0 | GER | deister electronic GmbH |
| 0. | 10551 | Norbert Juhnke | 00:32:56.2 | Ü60 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 3819 | Harald Dickmann | 00:32:58.2 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 9470 | Friedhelm Labrenz | 00:33:16.9 | Ü60 | 0 | 0 | GER | Sappi Hannover |
| 0. | 11338 | Gerald Schillig | 00:33:26.7 | Ü60 | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 6846 | Klaus Teichmann | 00:33:31.2 | Ü60 | 0 | 0 | GER | HDI AG |
| 0. | 7695 | Jörg Hattingen | 00:33:34.1 | Ü60 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1475 | Holger Scholz | 00:33:58.8 | Ü60 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 527 | Steffen Liekefett | 00:34:00.1 | Ü60 | 0 | 0 | GER | Betonbau |
| 0. | 10572 | Wilfried Oberheide | 00:34:23.3 | Ü60 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 4786 | Michael Schäfer | 00:34:36.2 | Ü60 | 0 | 0 | GER | EDEKA Foodservice Unternehmensgruppe |
| 0. | 203 | Reinhardt Passuth | 00:34:37.3 | Ü60 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9588 | Hartmut Mangold | 00:34:43.3 | Ü60 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 4409 | Reinhold Lödige | 00:34:47.6 | Ü60 | 0 | 0 | GER | dlv Laufteam |
| 0. | 10724 | Caspar Blom | 00:34:48.5 | Ü60 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1266 | Roland Böhm | 00:34:52.4 | Ü60 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 10261 | Uli Bauer | 00:34:53.9 | Ü60 | 0 | 0 | GER | TUI Group |
| 0. | 2028 | Hansjürgen Fromm | 00:34:58.9 | Ü60 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10890 | Oliver Thormann | 00:34:59.4 | Ü60 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1496 | Ralph Kather | 00:35:00.0 | Ü60 | 0 | 0 | GER | Klinikum Peine |
| 0. | 8518 | Thomas Peters | 00:35:00.3 | Ü60 | 0 | 0 | GER | Milch-Schritte |
| 0. | 1439 | Uwe Fengler | 00:35:06.5 | Ü60 | 0 | 0 | GER | itsc |
| 0. | 2541 | Frank Dittrich | 00:35:10.4 | Ü60 | 0 | 0 | GER | Alvotech Hannover |
| 0. | 10347 | Thorsten Krogel | 00:35:13.6 | Ü60 | 0 | 0 | GER | TUI Group |
| 0. | 2007 | Stephan Brandt | 00:35:21.3 | Ü60 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 11408 | Dirk Hohmeier | 00:35:36.7 | Ü60 | 0 | 0 | GER | ZF Group |
| 0. | 2052 | Frank Klose | 00:36:00.0 | Ü60 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 791 | Theo Sing | 00:36:05.2 | Ü60 | 0 | 0 | GER | Dachser SE |
| 0. | 913 | Helmut Lill | 00:36:08.9 | Ü60 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 9412 | Michael Jannet | 00:36:11.0 | Ü60 | 0 | 0 | GER | Laufteam Ronge |
| 0. | 10404 | Gerhard Siebert | 00:36:17.7 | Ü60 | 0 | 0 | GER | TUI Group |
| 0. | 4050 | Iván Saavedra Gerke | 00:36:18.5 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 1855 | Jakob Dückmann | 00:36:26.1 | Ü60 | 0 | 0 | GER | nass magnet GmbH |
| 0. | 226 | Thomas Roland | 00:36:30.9 | Ü60 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7843 | Harald Kukla | 00:36:40.3 | Ü60 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 39 | Wolfgang Bredthauer | 00:36:45.3 | Ü60 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4286 | Axel Hanebeck | 00:36:55.0 | Ü60 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 10354 | Michael Langer | 00:36:57.6 | Ü60 | 0 | 0 | GER | TUI Group |
| 0. | 4293 | Hans Thomas Wernicke | 00:36:58.0 | Ü60 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 4884 | Carsten Schwabe | 00:37:05.6 | Ü60 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 7532 | Ralf Offene | 00:37:06.9 | Ü60 | 0 | 0 | GER | JCI |
| 0. | 9739 | Burkhard Steinhoff | 00:37:10.2 | Ü60 | 0 | 0 | GER | Siemens AG |
| 0. | 7307 | Axel Buntrock | 00:37:10.9 | Ü60 | 0 | 0 | GER | IMFun! |
| 0. | 3197 | Friedrich Dinkhauser | 00:37:15.0 | Ü60 | 0 | 0 | GER | Bucher Municipal |
| 0. | 1620 | Bernhard Grocholl | 00:37:15.7 | Ü60 | 0 | 0 | GER | KraussMaffei Extrusion GmbH |
| 0. | 665 | Christoph Kottrup | 00:37:28.0 | Ü60 | 0 | 0 | GER | CC Runners |

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|----|-------|----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 10713 | Ingo Albrecht | 00:37:31.1 | Ü60 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10529 | Manfred Starker | 00:37:54.8 | Ü60 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 10599 | Nuray Tatlican | 00:38:01.5 | Ü60 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 10084 | Jörghubertus Wilhelm | 00:38:03.1 | Ü60 | 0 | 0 | GER | Running Winkulaner |
| 0. | 4281 | Steffen Brosig | 00:38:07.5 | Ü60 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 10095 | Jürgen Layritz | 00:38:08.9 | Ü60 | 0 | 0 | GER | thyssenkrupp Schulte GmbH |
| 0. | 5494 | Bernhard Schoof | 00:38:08.9 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9719 | Stefan Lange | 00:38:09.5 | Ü60 | 0 | 0 | GER | Siemens AG |
| 0. | 11444 | Michael Müller | 00:38:10.7 | Ü60 | 0 | 0 | GER | ZF Group |
| 0. | 5717 | Ulrich Gehrke | 00:38:15.0 | Ü60 | 0 | 0 | GER | GEHRKE ECON GMBH & Co. KG |
| 0. | 3463 | Bernd Knopke | 00:38:15.6 | Ü60 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 2841 | Michael Kleinschmidt | 00:38:19.8 | Ü60 | 0 | 0 | GER | BANTLEON |
| 0. | 7273 | Jürgen Zimmermann | 00:38:23.5 | Ü60 | 0 | 0 | GER | infra GmbH |
| 0. | 7729 | Dietrich Meer | 00:38:27.3 | Ü60 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 6949 | Jörg Menden | 00:38:42.1 | Ü60 | 0 | 0 | GER | Heise Medien Gruppe GmbH & Co. KG |
| 0. | 10415 | Frank Meißner | 00:38:49.9 | Ü60 | 0 | 0 | GER | TUI Group |
| 0. | 8278 | Thomas Runge | 00:38:51.9 | Ü60 | 0 | 0 | GER | LBS Nord |
| 0. | 10728 | Michael Bringmann | 00:39:08.5 | Ü60 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 9693 | Michael Diekmann | 00:39:23.0 | Ü60 | 0 | 0 | GER | Siemens AG |
| 0. | 544 | Roland Heres | 00:39:23.7 | Ü60 | 0 | 0 | GER | Bundesdruckerei |
| 0. | 675 | Jefim Feldmann | 00:39:25.5 | Ü60 | 0 | 0 | GER | CC Runners |
| 0. | 3570 | Gotthard Richter | 00:39:28.3 | Ü60 | 0 | 0 | GER | CGM Team Hannover |
| 0. | 9573 | Johan Giesberts | 00:39:36.4 | Ü60 | 0 | 0 | GER | Sennheiser electronic GmbH & Co. KG |
| 0. | 3198 | Peter Gerkens | 00:39:43.5 | Ü60 | 0 | 0 | GER | Bucher Municipal |
| 0. | 8814 | Thomas Hongimann | 00:39:44.4 | Ü60 | 0 | 0 | GER | NaturaRunnies |
| 0. | 1403 | Uwe Sehrt | 00:39:58.1 | Ü60 | 0 | 0 | GER | HELMA Eigenheimbau AG |
| 0. | 6508 | Frank Böger | 00:39:59.2 | Ü60 | 0 | 0 | GER | HDI AG |
| 0. | 3503 | Thomas Schneider | 00:40:02.1 | Ü60 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 7029 | Jürgen Friedrich | 00:40:22.2 | Ü60 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 10229 | Peter Schmidt | 00:40:27.9 | Ü60 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4312 | Reinhold Umminger | 00:40:29.5 | Ü60 | 0 | 0 | GER | Hermesläufer |
| 0. | 10184 | Jürgen Dieterich | 00:40:40.6 | Ü60 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 10778 | Roland Kallidat | 00:40:50.0 | Ü60 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 4865 | Rainer Henkner | 00:40:58.3 | Ü60 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 5640 | Heinz Nagel | 00:41:09.2 | Ü60 | 0 | 0 | GER | Fujitsu Hannover |
| 0. | 1174 | Lutz Uven | 00:41:09.7 | Ü60 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6429 | Udo Petersen | 00:41:10.5 | Ü60 | 0 | 0 | GER | Harry Brot GmbH |
| 0. | 10195 | Wieland Hoffmann | 00:41:35.4 | Ü60 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 488 | Volker Baumann | 00:41:47.0 | Ü60 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 10121 | Andreas Grenz | 00:41:53.9 | Ü60 | 0 | 0 | GER | Transnorm System GmbH |
| 0. | 861 | Michael Fantini | 00:42:03.5 | Ü60 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 7329 | Michael Emmert | 00:42:09.1 | Ü60 | 0 | 0 | GER | INSIDE M2M GmbH |
| 0. | 3768 | Wolfgang Andres | 00:42:13.2 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 510 | Martin Többen | 00:42:33.9 | Ü60 | 0 | 0 | GER | Team Többen |
| 0. | 3635 | Werner Bursch | 00:42:39.9 | Ü60 | 0 | 0 | GER | DAK |
| 0. | 5519 | Manfred Tarne | 00:42:49.0 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9750 | Andreas Wildführ | 00:43:18.5 | Ü60 | 0 | 0 | GER | Siemens AG |
| 0. | 10898 | Noname | 00:43:24.0 | Ü60 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 1917 | Stefan Lagleder | 00:43:41.1 | Ü60 | 0 | 0 | GER | ROLAND Rechtsschutz-Versicherungs-AG |
| 0. | 10575 | Siegfried Pentke | 00:43:41.8 | Ü60 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 1495 | Zbigniew Kajca | 00:44:09.3 | Ü60 | 0 | 0 | GER | Klinikum Peine |
| 0. | 1273 | Soeren Hannemose | 00:44:23.1 | Ü60 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 9717 | Ekkehard Kretschmer | 00:45:04.2 | Ü60 | 0 | 0 | GER | Siemens AG |

| | | | | | | | | |
|----|-------|---------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 3602 | Eric Rehwinkel | 00:45:29.1 | Ü60 | 0 | 0 | GER | Continentale Versicherungsverbund |
| 0. | 11299 | Eckart Dr. Gaude | 00:45:35.1 | Ü60 | 0 | 0 | GER | ZAG Personal & Perspektiven |
| 0. | 6267 | Ernst Gehrke | 00:45:51.9 | Ü60 | 0 | 0 | GER | hannoverimpuls GmbH |
| 0. | 9731 | Wolfgang Rebert | 00:46:09.2 | Ü60 | 0 | 0 | GER | Siemens AG |
| 0. | 81 | Wolfgang Gloistein | 00:46:13.4 | Ü60 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3274 | Günter Jantzen | 00:46:59.4 | Ü60 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 513 | Mario Corradini | 00:47:19.2 | Ü60 | 0 | 0 | GER | Team Többen |
| 0. | 7660 | Achim Böttcher | 00:47:25.1 | Ü60 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9994 | Lothar Horn | 00:47:34.3 | Ü60 | 0 | 0 | GER | Sweco GmbH |
| 0. | 6520 | Andreas Josef Bronk | 00:48:09.8 | Ü60 | 0 | 0 | GER | HDI AG |
| 0. | 3598 | Walter Fischer | 00:48:20.6 | Ü60 | 0 | 0 | GER | Continentale Versicherungsverbund |
| 0. | 3454 | Paul Herdegen | 00:48:34.4 | Ü60 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3245 | Hermann Fricke | 00:49:11.1 | Ü60 | 0 | 0 | GER | Busse & Coll Steuerberatung GmbH |
| 0. | 3357 | Harry Wuerriehausen | 00:50:46.9 | Ü60 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 8519 | Klaus Beddig | 00:51:16.9 | Ü60 | 0 | 0 | GER | MBG / NBB Hannover GmbH |
| 0. | 5938 | Matthias Heck | 00:51:24.7 | Ü60 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 308 | Holger Weber | 00:52:37.7 | Ü60 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10206 | Tayfun Kesebir | 00:53:57.4 | Ü60 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4202 | Stefan Mosler | 00:54:10.0 | Ü60 | 0 | 0 | GER | deister electronic GmbH |
| 0. | 5769 | Julius Ammann | 00:54:36.7 | Ü60 | 0 | 0 | GER | Genossenschaftsverband e. V. |
| 0. | 8496 | Noname | 00:57:36.4 | Ü60 | 0 | 0 | GER | Martin Braun KG |
| 0. | 10842 | Eckhard Piepmeyer | 00:58:36.3 | Ü60 | 0 | 0 | GER | VHV Allgemeine Versicherung AG |
| 0. | 10528 | Paul Braun | 01:01:18.3 | Ü60 | 0 | 0 | GER | ÜSTRA - regiobus - ÜSTRA-Reisen |
| 0. | 3927 | Andreas Kindermann | 01:02:06.7 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 10236 | Karsten Sohns | 01:03:08.4 | Ü60 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 5489 | Carsten Schiller | 01:03:35.0 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11395 | Mark Griffith | 01:05:44.7 | Ü60 | 0 | 0 | GER | ZF Group |

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