

11.07.2019

B2Run Düsseldorf

Chefwertung männlich

the time is now!

Wertungen und Altersklassen nach Vorgaben des Veranstalters.

KLASSENWERTUNG - Männer

M Offene Klasse

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|-----------------------|----------|-----------------|------|------|--------|--|
| 0. | 2759 | Dietmar Ambacher | 00:25:14 | M Offene Klasse | 0 | 5 | GER | Aalberts material technology |
| 0. | 10021 | Henning Simon | 00:26:42 | M Offene Klasse | 0 | 9 | GER | NTN Wälzlager |
| 0. | 1018 | Roland Meyer | 00:26:45 | M Offene Klasse | 0 | 11 | GER | LeasePlan Deutschland GmbH |
| 0. | 7788 | Heiko Daniels | 00:26:48 | M Offene Klasse | 0 | 12 | GER | Heinz Zinke GmbH & Co. KG |
| 0. | 2694 | Johannes Schwiegk | 00:26:53 | M Offene Klasse | 0 | 14 | GER | 180° Datenschutz GmbH |
| 0. | 5397 | Arnd Ziebell | 00:26:55 | M Offene Klasse | 0 | 15 | GER | COHAUSZ & FLORACK |
| 0. | 12867 | Olaf Ley | 00:27:25 | M Offene Klasse | 0 | 21 | GER | Unibail-Rodamco-Westfield |
| 0. | 8322 | Henrik Bauwens | 00:27:42 | M Offene Klasse | 0 | 23 | GER | Intersnack Group GmbH & Co. KG |
| 0. | 191 | Mathias Andree | 00:28:08 | M Offene Klasse | 0 | 29 | GER | Andree Gartencenter GmbH |
| 0. | 13219 | Guido Weissbrich | 00:28:55 | M Offene Klasse | 0 | 31 | GER | Vodafone Runners |
| 0. | 2891 | Robert Backhaus | 00:29:06 | M Offene Klasse | 0 | 34 | GER | Accenture GmbH |
| 0. | 2151 | Andreas Schierenbeck | 00:29:19 | M Offene Klasse | 0 | 35 | GER | Uniper Global Commodities SE |
| 0. | 3043 | Burkhard Wagner | 00:29:50 | M Offene Klasse | 0 | 43 | GER | Advyce GmbH |
| 0. | 2770 | Marcus Wendel | 00:31:10 | M Offene Klasse | 0 | 52 | GER | Aalberts material technology |
| 0. | 6147 | Klemens Gaida | 00:31:11 | M Offene Klasse | 0 | 54 | GER | Digital Innovation Hub Düsseldorf/Rh |
| 0. | 1425 | Hannes Klühs | 00:31:17 | M Offene Klasse | 0 | 56 | GER | Notarin Johanna Brücker |
| 0. | 7802 | Alf-Henrik Bischke | 00:31:33 | M Offene Klasse | 0 | 61 | GER | Hengeler Mueller |
| 0. | 9148 | Marvin Grashof | 00:32:11 | M Offene Klasse | 0 | 68 | GER | LeasAG Leasing Aktiengesellschaft |
| 0. | 5396 | Philipe Walter | 00:32:52 | M Offene Klasse | 0 | 79 | GER | COHAUSZ & FLORACK |
| 0. | 5383 | Jochen Kapfenberger | 00:33:08 | M Offene Klasse | 0 | 82 | GER | COHAUSZ & FLORACK |
| 0. | 600 | Christian Deuß | 00:33:31 | M Offene Klasse | 0 | 89 | GER | Frankus ? Wirtschaftsprüfer Steuerbe |
| 0. | 13261 | Daniel Meisl | 00:33:50 | M Offene Klasse | 0 | 92 | GER | webArtig GmbH |
| 0. | 12796 | Ronny Preußel | 00:34:31 | M Offene Klasse | 0 | 102 | GER | UCI Multiplex GmbH Kinowelt Düsseldorf |
| 0. | 12399 | Sebastian Fissenewert | 00:34:45 | M Offene Klasse | 0 | 104 | GER | Comfort Hotel Monheim |
| 0. | 13019 | Adriaan Van Der Valk | 00:34:49 | M Offene Klasse | 0 | 106 | GER | Van der Valk Airporthotel |
| 0. | 6122 | Rolf Renkens | 00:34:51 | M Offene Klasse | 0 | 107 | GER | DIC Onsite GmbH |
| 0. | 5531 | No Name | 00:35:35 | M Offene Klasse | 0 | 113 | GER | Crawford & Company Deutschland GmbH |
| 0. | 4395 | Amir Ouadahi | 00:36:03 | M Offene Klasse | 0 | 119 | GER | BLKAGENCY GmbH |
| 0. | 5168 | Tom Wiegand | 00:36:16 | M Offene Klasse | 0 | 122 | GER | Capsid GmbH / jobvector |
| 0. | 9846 | Onur Ur | 00:36:40 | M Offene Klasse | 0 | 123 | GER | Monuta Versicherungen |
| 0. | 2882 | Stefan Kalla | 00:36:58 | M Offene Klasse | 0 | 131 | GER | Accenture GmbH |
| 0. | 1134 | Guido Zimmermann | 00:37:49 | M Offene Klasse | 0 | 138 | GER | Lindopharm GmbH |
| 0. | 944 | Nobuyuki Fuchimoto | 00:38:32 | M Offene Klasse | 0 | 146 | GER | Kyocera Document Solutions Deutschla |
| 0. | 13579 | Olaf Plömacher | 00:38:39 | M Offene Klasse | 0 | 147 | GER | Zoro Tools Europe GmbH |
| 0. | 253 | Rainer Autenrieb | 00:38:47 | M Offene Klasse | 0 | 150 | GER | Autenrieb GmbH |
| 0. | 9576 | Sebastian Kienert | 00:39:15 | M Offene Klasse | 0 | 156 | GER | MEC METRO-ECE Centermanagement GmbH |
| 0. | 10020 | Henning Simon | 00:39:58 | M Offene Klasse | 0 | 158 | GER | NTN Wälzlager |
| 0. | 2016 | Sascha Bibert | 00:40:08 | M Offene Klasse | 0 | 163 | GER | Uniper Global Commodities SE |

| | | | | | | | | |
|----|-------|---------------------|----------|-----------------|---|-----|-----|--|
| 0. | 11444 | Carsten Dorn | 00:41:00 | M Offene Klasse | 0 | 166 | GER | Score Media Group GmbH & Co. KG |
| 0. | 10827 | Lambert Pechan | 00:42:41 | M Offene Klasse | 0 | 167 | GER | Rechtsanwälte Weber Sauberschwartz |
| 0. | 8706 | Marco Schepers | 00:43:31 | M Offene Klasse | 0 | 173 | GER | Kentucky Fried Chicken (Great Britai |
| 0. | 12579 | Thomas Greif | 00:44:11 | M Offene Klasse | 0 | 174 | GER | Thul Patentanwalts GmbH |
| 0. | 2973 | Anton Klees | 00:45:44 | M Offene Klasse | 0 | 181 | GER | active value gmbh |
| 0. | 12791 | Stephan Kalkbrenner | 00:47:30 | M Offene Klasse | 0 | 183 | GER | UCI Multiplex GmbH Kinowelt Düsseldorf |
| 0. | 9847 | Arphassa Chalieowai | 00:48:46 | M Offene Klasse | 0 | 186 | GER | Monuta Versicherungen |
| 0. | 11848 | Bernhard Stenken | 00:54:01 | M Offene Klasse | 0 | 192 | GER | SMS Digital GmbH |

M Ü30

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|-------------------------|----------|-------|------|------|--------|--------------------------------------|
| 0. | 5843 | Ludger Staymann | 00:27:58 | M Ü30 | 0 | 27 | GER | DB Netz AG |
| 0. | 11232 | Tim Detert | 00:29:02 | M Ü30 | 0 | 33 | GER | Sandvik Holding GmbH |
| 0. | 698 | Philipp Bender | 00:29:28 | M Ü30 | 0 | 39 | GER | IGEFA Fachgroßhandlung GmbH & Co. Ve |
| 0. | 13537 | Sven Seelheim | 00:32:22 | M Ü30 | 0 | 71 | GER | Xact düsseldorf GmbH |
| 0. | 5453 | Nabil Belmezouar | 00:32:39 | M Ü30 | 0 | 73 | GER | COMPEON GmbH |
| 0. | 5186 | Frederick Wandschneider | 00:34:27 | M Ü30 | 0 | 101 | GER | CEG Europe |
| 0. | 10423 | Emre Coskun | 00:35:32 | M Ü30 | 0 | 112 | GER | Parfümerie Douglas GmbH |
| 0. | 8112 | Alexander Migunov | 00:36:57 | M Ü30 | 0 | 130 | GER | HSBC Germany |
| 0. | 5994 | Yosuke Tanaka | 00:37:52 | M Ü30 | 0 | 139 | GER | DENSO |
| 0. | 10817 | Christopher Koch | 00:38:30 | M Ü30 | 0 | 144 | GER | Rechtsanwälte Busekist Winter & Part |
| 0. | 10027 | Philipp Bürling | 00:44:25 | M Ü30 | 0 | 176 | GER | NumaFAST |
| 0. | 7532 | No Name | 00:44:30 | M Ü30 | 0 | 178 | GER | GRANDE ÉTOILE |
| 0. | 7533 | Adham Raghav | 00:52:53 | M Ü30 | 0 | 191 | GER | GRANDE ÉTOILE |
| 0. | 7627 | Jang Fateh Singh | 00:56:23 | M Ü30 | 0 | 193 | GER | Hach Lange GmbH |

M Ü35

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|---------------------------|----------|-------|------|------|--------|--------------------------------------|
| 0. | 8949 | Daniel Graetsch | 00:22:19 | M Ü35 | 0 | 2 | GER | Krieger Mes & Graf v. der Groeben |
| 0. | 9131 | Jan Dobertin | 00:27:28 | M Ü35 | 0 | 22 | GER | Landesverband Erneuerbare Energien N |
| 0. | 11239 | Eurion Kemish | 00:30:44 | M Ü35 | 0 | 47 | GER | Sandvik Holding GmbH |
| 0. | 13536 | Samuel Schmidt | 00:30:51 | M Ü35 | 0 | 51 | GER | Wunderwerk AG |
| 0. | 6439 | Christian Leiendecker | 00:31:27 | M Ü35 | 0 | 57 | GER | Eggeling & Partner Steuerberater mbB |
| 0. | 4398 | Philip Wilk | 00:32:17 | M Ü35 | 0 | 70 | GER | BLKAGENCY GmbH |
| 0. | 4282 | Kevin Roders | 00:32:43 | M Ü35 | 0 | 78 | GER | BI2run GmbH & Co. KG |
| 0. | 9833 | Patrik Gester - Gerstmann | 00:33:04 | M Ü35 | 0 | 81 | GER | Monuta Versicherungen |
| 0. | 3697 | Patrik Urbanowicz | 00:33:13 | M Ü35 | 0 | 85 | GER | Autozentrum P&A GmbH |
| 0. | 7299 | Samed Yilmaz | 00:33:45 | M Ü35 | 0 | 91 | GER | FXFlat |
| 0. | 1592 | Christian Knebel | 00:34:03 | M Ü35 | 0 | 97 | GER | publicplan GmbH |
| 0. | 1750 | Silke Burgers | 00:35:53 | M Ü35 | 0 | 116 | GER | Robert Half Deutschland GmbH & Co. K |
| 0. | 8184 | Kush Mishra | 00:36:43 | M Ü35 | 0 | 126 | GER | HA Group |
| 0. | 5367 | Jan Ackermann | 00:36:53 | M Ü35 | 0 | 127 | GER | COHAUSZ & FLORACK |
| 0. | 7256 | Akira Iwamoto | 00:38:56 | M Ü35 | 0 | 154 | GER | Fujitsu |
| 0. | 3040 | Tobias Polka | 00:40:03 | M Ü35 | 0 | 161 | GER | ADKL |
| 0. | 9840 | Thomas Peußner | 00:42:53 | M Ü35 | 0 | 169 | GER | Monuta Versicherungen |
| 0. | 6438 | Thomas Forc | 00:43:05 | M Ü35 | 0 | 170 | GER | Eggeling & Partner Steuerberater mbB |
| 0. | 7295 | Rafael Neustadt | 00:45:06 | M Ü35 | 0 | 180 | GER | FXFlat |
| 0. | 9839 | Apostolos Karavasiliis | 00:47:51 | M Ü35 | 0 | 185 | GER | Monuta Versicherungen |

M Ü40

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|---------------------|----------|-------|------|------|--------|--------------------------------------|
| 0. | 4861 | Christian Schneider | 00:26:44 | M Ü40 | 0 | 10 | GER | Agenturen für Arbeit/Jobcenter NRW |
| 0. | 3591 | Markus Gunst | 00:26:52 | M Ü40 | 0 | 13 | GER | Attachmate Group Germany GmbH |
| 0. | 9871 | Christian Büchner | 00:27:03 | M Ü40 | 0 | 17 | GER | Multiton Running Team 2019 |
| 0. | 52455 | Thomas Wokurka | 00:27:50 | M Ü40 | 0 | 25 | GER | Saba Lumesse |
| 0. | 4698 | Ralf Von Der Heyden | 00:27:59 | M Ü40 | 0 | 28 | GER | Bucher Reisen |
| 0. | 13344 | Mark Michaelis | 00:29:26 | M Ü40 | 0 | 38 | GER | WHU - Otto Beisheim School of Manage |
| 0. | 1830 | Christian Weyers | 00:30:45 | M Ü40 | 0 | 48 | GER | RSM GmbH |
| 0. | 6262 | David Reuker | 00:30:46 | M Ü40 | 0 | 49 | GER | DXC Technology |
| 0. | 3814 | Jens Rubart | 00:31:32 | M Ü40 | 0 | 60 | GER | Baker & McKenzie |
| 0. | 13284 | René Kunze | 00:31:34 | M Ü40 | 0 | 62 | GER | Werkstatt für angepasste Arbeit GmbH |
| 0. | 11373 | Nils Schley | 00:31:36 | M Ü40 | 0 | 63 | GER | Schley's Blumenparadies |
| 0. | 829 | Jörg Brinkmann | 00:33:01 | M Ü40 | 0 | 80 | GER | James Hardie Europe GmbH |
| 0. | 11916 | Stefan Erfurth | 00:33:27 | M Ü40 | 0 | 88 | GER | St. Martinus-Krankenhaus |
| 0. | 1827 | Oliver Schmitz | 00:33:56 | M Ü40 | 0 | 95 | GER | RSM GmbH |
| 0. | 2433 | Martin Nebgen | 00:34:38 | M Ü40 | 0 | 103 | GER | Universitätsklinikum Düsseldorf AÖR |
| 0. | 345 | Jörg Golz | 00:35:01 | M Ü40 | 0 | 109 | GER | BÖCKER-Wohnimmobilien GmbH |
| 0. | 8872 | Matthias Vorbeck | 00:35:58 | M Ü40 | 0 | 118 | GER | Klaus Pahlke GmbH & Co. Fördertechni |
| 0. | 12297 | Christian Eick | 00:36:41 | M Ü40 | 0 | 124 | GER | SV (Deutschland) GmbH |
| 0. | 10838 | Christian Reitmeyer | 00:37:42 | M Ü40 | 0 | 136 | GER | redi-Group GmbH |
| 0. | 10433 | Ingo Mommertz | 00:37:47 | M Ü40 | 0 | 137 | GER | Parfümerie Douglas GmbH |
| 0. | 4815 | Sebastian Lohr | 00:38:50 | M Ü40 | 0 | 151 | GER | Agenturen für Arbeit/Jobcenter NRW |
| 0. | 3055 | Carsten Koschel | 00:49:57 | M Ü40 | 0 | 188 | GER | Agility |

M Ü45

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|------------------------|----------|-------|------|------|--------|--------------------------------------|
| 0. | 52549 | Muharrem Yilmaz | 00:22:01 | M Ü45 | 0 | 1 | GER | Ayyo GmbH |
| 0. | 8397 | Thomas Ehman | 00:27:01 | M Ü45 | 0 | 16 | GER | ITW (Deutschland) GmbH |
| 0. | 52453 | Michel Geurts | 00:27:10 | M Ü45 | 0 | 19 | GER | Saba Lumesse |
| 0. | 8953 | Dirk Jestaedt | 00:27:52 | M Ü45 | 0 | 26 | GER | Krieger Mes & Graf v. der Groeben |
| 0. | 3808 | Christian Horstkotte | 00:29:00 | M Ü45 | 0 | 32 | GER | Baker & McKenzie |
| 0. | 7814 | Oliver Rieckers | 00:29:24 | M Ü45 | 0 | 36 | GER | Hengeler Mueller |
| 0. | 3468 | Jörn-Christian Schulze | 00:29:26 | M Ü45 | 0 | 37 | GER | ARQIS |
| 0. | 10105 | Holger Thalheimer | 00:30:02 | M Ü45 | 0 | 45 | GER | Omnicom Media Group Germany GmbH |
| 0. | 7862 | Stephan Freund | 00:31:30 | M Ü45 | 0 | 59 | GER | Heuking Kühn Lüer Wojtek Partnerscha |
| 0. | 4938 | Christoph Bug | 00:31:50 | M Ü45 | 0 | 65 | GER | Campus Janssen/ Johnson & Johnson |
| 0. | 3451 | David Mintert | 00:32:42 | M Ü45 | 0 | 76 | GER | Arbeit und Leben DGB/VHS NRW e.V. |
| 0. | 7325 | Tobias Starosky | 00:33:38 | M Ü45 | 0 | 90 | GER | GEL Express Logistik GmbH |
| 0. | 10088 | Sascha Jansen | 00:33:56 | M Ü45 | 0 | 94 | GER | Omnicom Media Group Germany GmbH |
| 0. | 8894 | Sascha Torsten Mayer | 00:34:19 | M Ü45 | 0 | 98 | GER | KLK Emmerich GmbH |
| 0. | 6411 | Ralf M. Kronenberg | 00:34:24 | M Ü45 | 0 | 99 | GER | EDUARD KRONENBERG GmbH |
| 0. | 10596 | Christof Deckers | 00:35:57 | M Ü45 | 0 | 117 | GER | procuratio GmbH |
| 0. | 2983 | Volker Richert | 00:36:58 | M Ü45 | 0 | 132 | GER | addmore GmbH |
| 0. | 7410 | Tom Gilles | 00:37:56 | M Ü45 | 0 | 140 | GER | Gilles Consulting |
| 0. | 10821 | Holger Van Vlodrop | 00:40:00 | M Ü45 | 0 | 159 | GER | Rechtsanwälte Busekist Winter & Part |
| 0. | 9831 | Michael Bogensperger | 00:44:12 | M Ü45 | 0 | 175 | GER | Monuta Versicherungen |
| 0. | 2359 | Thomas Klein | 00:44:27 | M Ü45 | 0 | 177 | GER | Universitätsklinikum Düsseldorf AÖR |
| 0. | 836 | Glenn Jason | 00:57:22 | M Ü45 | 0 | 194 | GER | James Hardie Europe GmbH |

M Ü50

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|----------------------|----------|-------|------|------|--------|--------------------------------------|
| 0. | 7769 | Volker Keim | 00:24:19 | M Ü50 | 0 | 4 | GER | hc:VISION Technologie GmbH |
| 0. | 2674 | Christian Kläsener | 00:26:03 | M Ü50 | 0 | 7 | GER | 1&1 Versatel GmbH |
| 0. | 9845 | Oliver Suhre | 00:27:47 | M Ü50 | 0 | 24 | GER | Monuta Versicherungen |
| 0. | 11190 | Markus Dummel | 00:29:38 | M Ü50 | 0 | 40 | GER | Sandvik Holding GmbH |
| 0. | 3255 | Detlef Niehues | 00:29:39 | M Ü50 | 0 | 41 | GER | Apleona HSG Rhein-Ruhr- Düsseldorf |
| 0. | 2956 | Oliver Bargfeld | 00:29:54 | M Ü50 | 0 | 44 | GER | active value gmbh |
| 0. | 623 | Günther Schnell | 00:30:48 | M Ü50 | 0 | 50 | GER | Friedrich Kocks GmbH & Co KG |
| 0. | 5179 | Sven Wiedenhöfer | 00:31:37 | M Ü50 | 0 | 64 | GER | Cassini Consulting AG |
| 0. | 10461 | Jan Gerlach | 00:32:39 | M Ü50 | 0 | 72 | GER | Peakwork AG - Sneakers on the run |
| 0. | 3813 | Heiko Plaßmeier | 00:32:40 | M Ü50 | 0 | 74 | GER | Baker & McKenzie |
| 0. | 417 | Norman Meyer | 00:32:41 | M Ü50 | 0 | 75 | GER | DKV MOBILITY SERVICES BUSINESS CENTE |
| 0. | 7836 | Ralf Winterfeld | 00:32:43 | M Ü50 | 0 | 77 | GER | Henseler & Partner Rechtsanwälte mbB |
| 0. | 1967 | Uli Stalter | 00:33:09 | M Ü50 | 0 | 84 | GER | Surplex GmbH |
| 0. | 9001 | Gregor Jorasch | 00:33:22 | M Ü50 | 0 | 86 | GER | Land Nordrhein-Westfalen |
| 0. | 12015 | Michael Assenmacher | 00:33:59 | M Ü50 | 0 | 96 | GER | Stadt Meerbusch |
| 0. | 2723 | John Bölts | 00:34:54 | M Ü50 | 0 | 108 | GER | a. hartrodt CZ s.r.o. |
| 0. | 1347 | Thomas Pröpper | 00:35:40 | M Ü50 | 0 | 114 | GER | MT AG |
| 0. | 1480 | Dietmar Cremers | 00:36:12 | M Ü50 | 0 | 120 | GER | Poolia Deutschland |
| 0. | 6516 | Marco Block | 00:36:13 | M Ü50 | 0 | 121 | GER | EKP Engel, Kronenberg & Partner mbB |
| 0. | 8231 | Gregor Berghausen | 00:36:53 | M Ü50 | 0 | 128 | GER | IHK Düsseldorf |
| 0. | 8395 | Stephan Adam | 00:38:07 | M Ü50 | 0 | 142 | GER | ITW (Deutschland) GmbH |
| 0. | 12559 | Tim Felgner | 00:38:30 | M Ü50 | 0 | 145 | GER | Terminal A0 GmbH |
| 0. | 5472 | Jörg Hering | 00:38:42 | M Ü50 | 0 | 148 | GER | Compo Expert GmbH Krefeld |
| 0. | 9581 | Christian Schröder | 00:39:15 | M Ü50 | 0 | 155 | GER | MEC METRO-ECE Centermanagement GmbH |
| 0. | 13296 | Andreas Tholl | 00:39:38 | M Ü50 | 0 | 157 | GER | Werner Tholl GmbH |
| 0. | 7411 | Reisen Harald | 00:40:03 | M Ü50 | 0 | 160 | GER | Gilz Reisen & Partner |
| 0. | 3722 | Günter Wahlers | 00:40:04 | M Ü50 | 0 | 162 | GER | AVL Emission Test Systems GmbH |
| 0. | 9832 | Ralf Dolz | 00:40:21 | M Ü50 | 0 | 164 | GER | Monuta Versicherungen |
| 0. | 1333 | Bernhard Möllerke | 00:40:45 | M Ü50 | 0 | 165 | GER | Möllerke Gebäudemanagement GmbH |
| 0. | 1969 | Michael Werker | 00:42:43 | M Ü50 | 0 | 168 | GER | Surplex GmbH |
| 0. | 9779 | Christoph Dammermann | 00:47:26 | M Ü50 | 0 | 182 | GER | Ministerium für Wirtschaft, Innovati |
| 0. | 498 | Hauke Niehus | 00:47:42 | M Ü50 | 0 | 184 | GER | EPLAN Software & Service GmbH |
| 0. | 3290 | Peter Szyuka | 00:50:06 | M Ü50 | 0 | 189 | GER | Apothekerverband Nordrhein e.V. |
| 0. | 975 | No Name | 00:50:38 | M Ü50 | 0 | 190 | GER | Kyocera Document Solutions Deutschla |

M Ü55

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|--------------------|----------|-------|------|------|--------|----------------------------------|
| 0. | 11952 | Stephan Schmitz | 00:27:25 | M Ü55 | 0 | 20 | GER | St. Martinus-Krankenhaus |
| 0. | 5111 | Peter Birwe | 00:30:17 | M Ü55 | 0 | 46 | GER | Capgemini Deutschland |
| 0. | 7183 | No Name | 00:32:14 | M Ü55 | 0 | 69 | GER | FSWLA Landschaftsarchitektur |
| 0. | 11893 | Jürgen Cramer | 00:36:54 | M Ü55 | 0 | 129 | GER | Sparkassen Direktversicherung AG |
| 0. | 8843 | Takuo Hattori | 00:37:21 | M Ü55 | 0 | 134 | GER | Kinyo Germany GmbH |
| 0. | 451 | Andreas Fuchs | 00:37:59 | M Ü55 | 0 | 141 | GER | Emerson Process Management |
| 0. | 5385 | Hans-Joachim Meyer | 00:38:43 | M Ü55 | 0 | 149 | GER | COHAUSZ & FLORACK |
| 0. | 11019 | Wolfgang Schirmer | 00:38:54 | M Ü55 | 0 | 153 | GER | Rheinmetall AG |

M Ü60

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|------|-------------------|----------|-------|------|------|--------|-------------------------------------|
| 0. | 5604 | Rainer Haack | 00:32:02 | M Ü60 | 0 | 67 | GER | D.RUN - Runners of Düsseldorf |
| 0. | 2202 | Burkhardt Bannach | 00:58:10 | M Ü60 | 0 | 195 | GER | Universitätsklinikum Düsseldorf AÖR |

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| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|---------------------|----------|-----|------|------|--------|-------------------------------------|
| 0. | 10251 | Marten Franz | 00:23:31 | M | 0 | 3 | GER | Outokumpu Nirosta GmbH |
| 0. | 6130 | Constantin Hartwig | 00:25:37 | M | 0 | 6 | GER | Die Zahnarztpraxis Dr. Hausweiler & |
| 0. | 7816 | Martin Ulbrich | 00:26:41 | M | 0 | 8 | GER | Hengeler Mueller |
| 0. | 6493 | Sebastian Labud | 00:27:07 | M | 0 | 18 | GER | eismann Tiefkühl-Heimservice GmbH |
| 0. | 10242 | Christian Dufhaus | 00:28:40 | M | 0 | 30 | GER | Outokumpu Nirosta GmbH |
| 0. | 10032 | Christian Schwarz | 00:29:41 | M | 0 | 42 | GER | NumaFAST |
| 0. | 52441 | Senthuran Jeyarasan | 00:31:11 | M | 0 | 53 | GER | Hotel Asahi |
| 0. | 10239 | Tim Nieszen | 00:31:16 | M | 0 | 55 | GER | Outokumpu Nirosta GmbH |
| 0. | 13569 | Holger Bachtenkirch | 00:31:29 | M | 0 | 58 | GER | Zoro Tools Europe GmbH |
| 0. | 13164 | Daniel Bäumer | 00:31:55 | M | 0 | 66 | GER | Vodafone Runners |
| 0. | 13573 | Falko Fuhrig | 00:33:09 | M | 0 | 83 | GER | Zoro Tools Europe GmbH |
| 0. | 2090 | Stefan Werner | 00:33:25 | M | 0 | 87 | GER | Uniper Global Commodities SE |
| 0. | 10295 | Dietmar Paul | 00:33:55 | M | 0 | 93 | GER | Outokumpu Nirosta GmbH |
| 0. | 6121 | Einar Osterhage | 00:34:24 | M | 0 | 100 | GER | DIC Onsite GmbH |
| 0. | 13581 | Christopher Harreus | 00:34:49 | M | 0 | 105 | GER | Zoro Tools Europe GmbH |
| 0. | 9149 | Holger Harmsen | 00:35:15 | M | 0 | 110 | GER | LeasAG Leasing Aktiengesellschaft |
| 0. | 9873 | Dirk-Olaf Groschke | 00:35:16 | M | 0 | 111 | GER | Multiton Running Team 2019 |
| 0. | 6503 | Elmar Westermeyer | 00:35:51 | M | 0 | 115 | GER | eismann Tiefkühl-Heimservice GmbH |
| 0. | 13538 | Michael Sauerland | 00:36:42 | M | 0 | 125 | GER | Xact düsseldorf GmbH |
| 0. | 13572 | -Hüseyin Demirel | 00:37:08 | M | 0 | 133 | GER | Zoro Tools Europe GmbH |
| 0. | 6124 | Joachim Von Bredow | 00:37:37 | M | 0 | 135 | GER | DIC Onsite GmbH |
| 0. | 13582 | Pascal Wichelhaus | 00:38:19 | M | 0 | 143 | GER | Zoro Tools Europe GmbH |
| 0. | 13577 | Paolo Piras | 00:38:51 | M | 0 | 152 | GER | Zoro Tools Europe GmbH |
| 0. | 13580 | Jithin Joy Thomas | 00:43:17 | M | 0 | 171 | GER | Zoro Tools Europe GmbH |
| 0. | 13571 | Nihat Can Nagis | 00:43:21 | M | 0 | 172 | GER | Zoro Tools Europe GmbH |
| 0. | 8387 | Karsten Agten | 00:44:41 | M | 0 | 179 | GER | IT-On.NET GmbH |
| 0. | 8372 | Jens Platzhoff | 00:49:04 | M | 0 | 187 | GER | It Works GmbH |